



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

August 7, 2021 • 29 Av 5781 • Candle Lighting 7:47 pm • Shabbos Concludes 8:49

Parshas Re'eh
Haftorah

Deuteronomy 11:26 - 16:17
Isaiah 54:11 – 55:5
1 Samuel 20:18
1 Samuel 20:42

Stone Chumash pp. 998 – 1023
Stone Chumash p. 1199
Stone Chumash p. 1207
Stone Chumash p. 1208

We thank our generous sponsors

- Dr. Stephen & Myra Radinsky for today's Kiddush Lunch
in celebration of their 55th Wedding Anniversary
- Ed & Helayne Levitt for this week's bulletin
in celebration of their 33rd Wedding Anniversary

Prayer

Erev Shabbos, Friday, August 6

- 7:00 pm Mincha, Kabbalat Shabbat, Ma'ariv
- 7:47 pm Candle Lighting

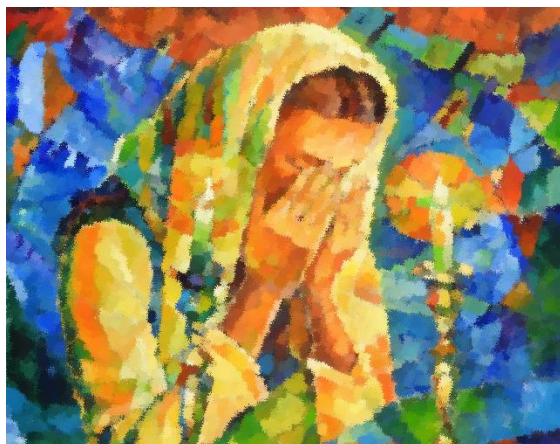
Shabbos, Saturday, August 7

- 9:00 am Shachris followed by Musaf
 - Haftorah by Reuben Tzadok
- 7:25 pm Mincha, Shalosh Seudos, Ma'ariv
- 8:49 pm Shabbos concludes

Minyan Times August 5 – August 14

	Thu Aug 5	Fri Aug 6	Shabbos Aug 7	Sun Aug * 8	Mon Aug * 9	Tues Aug 10	Wed Aug 11	Thur Aug 12	Fri Aug 13	Shabbos Aug 14
Shachris (am)	7:00	7:00	9:00	8:00	6:45	7:00	7:00	7:00	7:00	9:00
Mincha/Ma'ariv (pm)	7:00	7:00	7:25	7:00	7:00	7:00	7:00	7:00	7:00	7:20

* Rosh Chodesh Elul



Congregation News

Mazel Tov on Simchas This Week! August 7 – August 13

Happy Birthday

Isaac Amon August 12
Judy Ziegelman August 14

Happy Anniversary

Edward & Helayne Levitt August 7
Dr. Stephen & Myra Radinsky August 7
Jeff & Terri Schnitzer August 8

Special Thanks

We thank Don and Julie Eisenberg for their generous donation for Children's Programming and Services on the High Holidays, in merit of the complete and speedy recovery of their grandson Luca (Dovid Eliyahu ben Daniella Devorah).

Tributes for the month of July, 2021

Trib-ute (trib'yoot)

A gift, payment, declaration, or other acknowledgement of gratitude, respect or admiration. Make a tribute in honor of someone's simcha or good health, or in memory of a loved one

*Call the office at 991-2100 ext 2, or email to office@nhbz.org to make a tribute.
Tributes are listed monthly in the Shabbos bulletin.*

A SPEEDY RECOVERY TO

Jerry Cohen
Trudy Sudin

SENT BY

Abert & Shiela Goodman
Ruth Novack Alper

IN MEMORY OF

Goldie Rickermann

SENT BY

Jesse & Debra Barash
Dr. Eliot and Sally Katz
Helayne & Ed Levitt
Howard & Phyllis Loiterstein
(Irwin) Fredman Family Charitable Trust
Dr. Craig & Jackie Berkin
Jackie Smason
Debbie Finland
Ruth Novack Alper

Sandy Segal
Sy Gaiber
Goldie Hogan
Jerrold Chervitz

IN HONOR OF

Rabbi Ze'ev & Chani Smason - New Grandson

Don & Julie Eisenberg – New Grandson

Fran Cohen - Birthday

Sam & Shirley Bluestein – New great-grandson

Michelle & Ephraim Mufson – New grandson
Dr. David & Fran Reisler - Anniversary

SENT BY

Dr. Craig & Jackie Berkin
Bob & Joni Kaiser
Howard & Phyllis Loiterstein
Bob & Joni Kaiser
Howard & Phyllis Loiterstein
Dr. Craig & Jackie Berkin
Bob & Joni Kaiser
Libby Sorkin Routman
Bob & Joni Kaiser
Helayne & Ed Levitt
Rabbi Ze'ev & Chani Smason
Helayne & Ed Levitt
Keith & Karen Zeff

Fund Raising

Special Gifts Campaign UPDATE

The Campaign is well underway, and gift-matching is extended for another two weeks! Don't be left out! Call today with your pledge. The upcoming Phone-a-thon will then reach out to the handful of members who have not yet participated. This is your opportunity to help form the future of our Shul. A vibrant Nusach Hari B'nai Zion is our responsibility for ourselves and our children and our community. DO YOUR PART. Funds raised will go directly towards programming and activities designed to attract children, young people and young families into NHBZ.

I thank you for your time, your commitment and your support of NHBZ.

Jay B. Umansky, Chair



Events

Coming Soon

- Sunday, August 22 – "Preparing for a Sweet New Year"
- Sunday, August 29 – All-you-can-eat PIZZA NIGHT returns
- Monday, Nov 15 – Teen Schmooze Restarts
- Sunday, December 12 – "14 Days Living in Eshkol, Israel"
- Save the Date 😎

On-Going

- Online Classes – See listing on Page 6
- Every Shabbos, 9:15 am – Learners Service with Rabbi David
- Every Shabbos, 10:15 am – Starting Points with Rabbi Smason
- Every Wednesday, 12:15 pm – Pirkei Avos Class with Rabbi Smason
- Every Thursday, 7:30 pm – Mishmar Learning with Rabbi Okin

High Holiday Seating

Believe it or not – Rosh Hashanah is just around the corner! All members of NHBZ (not Associate Members) are entitled to their own seat for the High Holidays, so they can come and go as much as needed, and return to their own seat. If you weren't entirely happy with your seat last year (too noisy? too cold? too close to the front?), you can change it! If you are a new member we can help you pick out a seat to your liking. Please contact Lenny Alper at lenny.alper@outlook.com to review your seating options, or contact Nancy at office@nhbz.org.

Lulav & Esrog Sets

With High Holidays only a few weeks away, it is time to place your orders for Lulav & Esrog sets. Please email your orders to Nancy at office@nhbz.org, or call 314-991-2100, ext. 2. Please be sure to leave your name, call back phone number and your order. Prices are as follows:

- Basic Lulav & Esrog set \$50
- Deluxe Lulav & Esrog set \$70
- Standard Lulav & Esrog set \$60
- Premium Lulav & Esrog set \$85

*** All orders must be received and paid for on or before Thursday, Sept. 2, 2021.
No exceptions, as order will be placed first thing Friday morning.**

Yizkor Book of Remembrance

We will be sending information about this year's Yizkor Book in the next few days, including last year's entries, so please watch for it. As in the past, we will request a \$10 donation for each name listed (or group of names such as "and family") in the Book of Remembrance, and an additional \$36 donation for each Name Read Aloud during Yizkor. The Book of Remembrance is used on Yizkor throughout the year for Yom Kippur, Shemini Atzeres, Passover and Shavuot.

On-going Covid Guidelines

New mask policy

Based on recommendations from the CDC and the Rabbi's medical and health professional consultants, NHBZ is now requiring *everyone* ages 5 and over, including those who are vaccinated, to wear a mask indoors. This applies to weekday prayer services, classes and programs, as well as on Shabbos. The exception will be those who are eating and drinking *while seated* at a food event such as at a Kiddush. While it is no doubt disappointing to revert to this mandatory mask policy, we must continue to do what we can to protect ourselves and others. Further guidelines will soon be forthcoming. *Rabbi Ze'ev Smason*

Temporary Safeguards

- We are not carrying the Torah around the Sanctuary
- Men with an Aliyah do not remain at the Bima for the next Aliyah, but return to their seats
- The "choir" is not leading singing from the Bima at the end of services
- The last two rows of seats in the sanctuary have every-other seat taped-off for those who prefer social distancing

Reminders

An *eruv* is an enclosure, constructed according to halacha (Jewish law), as a way to permit Jewish residents or visitors to carry certain objects outside their own homes on Shabbos and Yom Tov. The St. Louis *eruv* encompasses parts (but not all) of Olivette, U.City and Clayton. We respectfully request that Shabbos bulletins or any other item not be removed from the synagogue by those who do not live within the *eruv*. Also, the bulletin contains *Divrei Torah* (words of Torah) and as such, must not be thrown into the trash. For questions on either or both of these guidelines, please contact Rabbi Smason.

A note from Rabbi Smason regarding taking food home from Kiddushim and Lunch

Individuals have asked whether the prepackaged food currently being served on Shabbos at our Kiddushim and lunches may be taken home following services or our food events. Our synagogue policy is that no one may take home any food -- prepackaged or otherwise -- following an NHBZ food event. This rule involves both halachic considerations of items being taken outside the *eruv*, as well as the synagogue's need to save reusable food for future food events.

Exceptions can be made on a case-by-case basis only by speaking directly to Rabbi Smason. We thank you for your understanding and cooperation in this matter.

Youth Programming

“Preparing for a Sweet New Year” Join the Young Families program of NHBZ for a fun and tasty event as we prepare for Rosh Hashanah and a sweet new year! Learn about how honeybees produce honey. Enjoy tasting fresh, natural honey, and learning why Jews traditionally have honey on Rosh Hashanah!

8/22 from 1-2pm (Please RSVP to office@nhbz.org by 8/16 so we have enough supplies for everyone!). Feel free to contact Rabbi Okin at aviokin@nhbz.org with any questions.



Teen Schmooze is RETURNING, Sunday, August 29, 2021.

“Teen Schmooze”, a special opportunity just for teens in an informal group setting, is now underway. This program meets every Sunday – middle school students start at 9:00 am, and high school students at 9:30 am. **Join us indoors at the back of the NHBZ Sanctuary.** Refreshments will be served! For details, contact Rabbi Okin at aviokin@nhbz.org.

Israel

Israeli Olive Oil

Get ready to place your orders! Once again, we can support Israeli business and to eat well while doing it! Yes, you can adopt an olive tree! Stay tuned for details.

14 Days Living in Eshkol, Israel

Reserve the evening of Monday, November 15 for a program entitled “14 Days Living in Eshkol, Israel” to take place at NHBZ. The program will be presented by Lieutenant Colonel Keith Isaacson and a security official from the Eshkol Region of Israel. We thank Irl Solomon, of Friends of Israel, and Pastor Bryan Sharp for enabling us to host this event.

Learning at NHBZ

Ask Our Rabbis!

- Q:** If there are two identical items on a store shelf, one with a Kashrus symbol and one without the symbol, can I take the one without the symbol on the assumption that they are the same? I looked at the ingredients and I do not see anything different between the two items.
- A:** According to the Orthodox Union, the Kashrus organization behind the OU symbol, the consumer should only buy the product with the Kashrus symbol. There are a number of reasons why a product may sometimes appear with an OU and sometimes without. Sometimes different sizes of the same product are made on different production lines or at facilities that are not certified. Similarly, the product without the OU may be manufactured in a non-certified plant. Another possibility is that the product without the OU is from an old batch that was produced prior to OU certification. This rationale applies to all Kashrus symbols and certifying agencies.

Learning at NHBZ (continued)

● Parshas Re'eh - by Rabbi Smason

Moses informs the Jewish people that each of us face a choice: choose to observe G-d's directions for living (i.e., the Torah) and receive blessings, or choose to ignore G-d and experience estrangement and its consequences. Moses then turns to describing a number of religious, civil and social laws relevant once the Jewish people enter the Promised Land. Included in this listing are:

- Don't imitate the abominable ways of the nations surrounding you
- A false prophet who attempts to entice you to idolatry should be put to death
- Self-infliction of wounds on the body as a sign of mourning is prohibited
- As a holy people, refrain from eating 'non-kosher' food
- Be particularly warm-hearted and charitable to our fellow Jews
- The three pilgrimage festivals (Passover, Shavuos and Sukkos) are opportunities to ascend (make aliyah) to Jerusalem and the Temple to celebrate our blessings

● The Month of Elul

In the month of Elul we begin to recite Psalm 27 in the Shacharis and Mincha (morning and afternoon) services. Psalm 27 begins with the words "To David: The L-rd is my light and my salvation." The Midrash tells us that "my light" (אֹרֵי) is associated with Rosh Hashanah and "my salvation" (וַיִּשְׁעִי) is associated with Yom Kippur. We also find a later verse in the Psalm, "That He will hide me in His tabernacle . . ." (כִּי יִצְפֶּנִּי בְּסֻכּוֹ), is associated with Sukkos. In this Psalm, King David exclaims: "One thing I ask... is to dwell in the house of G-d all the days of my life." We focus on the unifying force of G-d in our lives, and strive to increase our connection to Him as we begin the month of Elul. Rosh Chodesh Elul this year is on Sunday and Monday, August 8 & 9.

● NHBZ Mishmar - *on Hiatus until August 19*

Join Rabbi Okin and young men from all over St. Louis for Mishmar, an evening gathering of Torah and Camaraderie on Thursday Nights from 7:30 pm – 8:00 pm. **We will meet indoors at the back of the NHBZ sanctuary** with a text-based and interactive learning session. If you are interested, join the WhatsApp group with this link:

<https://chat.whatsapp.com/leuwWw6NTFIDC96XIXkRGv>

● Rabbi Smason's Shabbos Shoutout

The complete list of Shabbos Shoutouts, with most recent listed first, can be found at

https://www.youtube.com/playlist?list=PLI_MFI0zsmKlImpR3KpHROrHDWIDNbqsN

● Rabbi Okin's Torah Thoughts

The complete list of Torah Thoughts, with most recent listed first, can be found at:

https://www.youtube.com/playlist?list=PLI_MFI0zsmKJG-HuXMG1Ej2aUImgQHkJ-

● Rabbi David's Learners Service

Every Shabbos at 9:15 am. Just starting out? No worries. Rabbi David teaches the basics of Shabbos prayers.

● Rabbi Smason's Starting Points

Join Rabbi Smason for a 45-minute presentation/discussion of relevant, contemporary topics every Shabbos at 10:15 am in the Feigenbaum-Pepose Multi-Purpose Room. Following is the list of upcoming topics:

- August 7: Are You Really Living or Just Alive?
- August 14: How Do You Measure a Life Well-Lived?
- August 21: The Best Advice I Ever (and Never) Got
- August 28: (No Starting Points)
- Sept. 4: Begin Again - What Can Make This the Best Year Ever?
- Sept. 11: Mistakes We Need to Stop Making



NHBZ Online Classes

Rabbi Ze'ev Smason will keep you connected during this challenging time. The classes listed below are easy to join and you can drop in on one without having previously attended. All classes are offered through Zoom video conferencing on your computer or smart phone (you do not need to download the Zoom application to see the class) AND through audio only on your telephone.

Instructions to Attend Classes

For audio through your telephone, connect in one of two ways:

1. *Preferred option* - Call 312-626-6799 which connects you to the ZOOM audio number and will enable you to participate fully, except for the video. Toll Free.
2. Or call 314-325-8791 for our old audio connection. We encourage you to use the *preferred option* since this way might become unavailable soon.

For Zoom video, each class has a Zoom link shown underlined in blue below. Click or tap on the link, or copy and paste the link into your browser to join the class.

List of Rabbi Ze'ev Smason's Zoom Classes

1. Weekdays, 8:15 am (Sun 9:15 am) ~ New topic "Tehillim Tips: Insights Into Our Prayers". Sessions are approximately 30 minutes.
Zoom video link: <https://zoom.us/j/99013706617>
2. Monday thru Friday, 3:00 pm - 3:30 pm ~ "King Solomon: His Wisdom, Wealth and Wives".
Zoom video link: <https://zoom.us/j/136785930>
3. Fridays, 8:15 am ~ Discussion of the "Haftorah of the Week"
Zoom video link: <https://zoom.us/j/99013706617>
4. Mondays, 7:45 pm ~ **"To the Source"** covers contemporary Torah topics using classic and modern English and Hebrew texts.
Zoom video link: <https://zoom.us/j/295822730>

"To The Source" is now on pause, possibly continuing after the Holidays



THE SISTERHOOD SCOOP

AUGUST 7

Volume 4

Number 30

29 Av 5781

August 7, 2021

Why Does G-d Allow the Poor to be Poor?

—from *Rebbetzin Esther Jungreis* (www.aish.com)

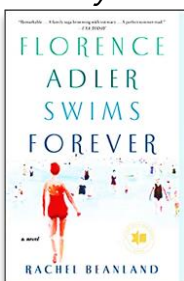
...A Roman nobleman once challenged Rabbi Akiva, "If your G-d is so concerned for the poor, why did He create them?" "For the same reason that He didn't create bread trees," came the answer. "G-d wants us to join Him in partnership to continue the work that He began. Through the act of giving, we become kinder and better people and can make *tikun olam*; we can participate in the process of perfecting the world.

"Can you imagine what the world would look like if we were all self-sufficient and never needed one another? Can you imagine the selfishness, the greed, and the baseness if no one ever felt compassion or gratitude? Therefore, the Torah teaches that 'destitute people will not cease to exist within the Land; therefore I command you, saying, "You shall surely open your hand to your brother, to your poor, and to your destitute in your Land."

Indeed, it is through the act of giving that humanity is elevated and the spark of G-d lying dormant in the soul becomes visible. The Torah teaches... that which we give away is the only thing we really have.

Sisterhood's Book Club News

The next book club meeting will be on **Monday, August 23, 7:15-8:45 pm**, at the home of *Sallie Volatzky*. The book will be "*Florence Adler Swims Forever*," a novel by Rachel Beanland. Winner of the 2020 National Jewish Book Award for Debut Fiction, and set in 1934 Atlantic City, it tells the story of a Jewish family struggling to conceal a tragic secret. *Faith Waxman* will lead the discussion.



Mark your calendars now for these upcoming Book Club discussions:

- ☐ **Oct. 25** "*The Third Daughter*" by Talia Carner
— discussion led by *Ilene Brooks Scharnhorst*
- ☐ **Dec. 27** "*The Ghost of Hannah Mendes*"
by Naomi Ragen

For more information or to **RSVP** call **Terri Schnitzer** at 314-518-4107 or email terrischnitzer@yahoo.com



Everyone is Invited to participate in Sisterhood's

New Year Greetings



Fundraiser for 5782

The *NHBZ Sisterhood* wishes you Health, Happiness & Prosperity in the New Year...

...and invites you to wish *L'Shana Tova Tikatevu* to everyone in our NHBZ family!

Names of donors will be published in the NHBZ – 5782 Rosh Hashanah Bulletin

Make checks payable to '*NHBZ*' and write '*Sisterhood Greeting*' on the memo line. \$5 minimum donation – no maximum!

Be sure to Include:

- how to list your name
- your phone number
- your email address
- the amount enclosed

Mail your contribution by **August 27** to:

NHBZ Sisterhood
650 North Price Road
St. Louis, MO 63132

or email your greeting information directly to bookkeeper@nhbz.org and visit the website www.nhbz.org to make a payment

FOR QUESTIONS, CALL THE NHBZ OFFICE, 314-991-2100, EXT. 3 OR EMAIL: sisterhood@nhbz.org



"According to Kabbalah, everything we consume not only becomes part of us physically, but also spiritually. The food or drink which we consume affects us on a spiritual plane, on a soul-level, influencing our character and affecting our natural tendencies... The Torah gives us ways to elevate this otherwise routine aspect of our lives, to infuse it with holiness, and to learn from it."

— excerpted from *Rabbi Mordechai Wollenberg* (www.chabad.org)

NHBZ Sisterhood will serve as a Congregational Table Host for the JFed's Women's Philanthropy Annual *L'Chaim Event* on October 27, 5:00-9:00 pm

Watch for details!



New Year Greetings

fundraiser

The **NHBZ Sisterhood** wishes you
Health, Happiness & Prosperity in the New Year...

**...and invites you to wish *L'Shana Tova Tikatevu*
to everyone in our NHBZ family!**

Make your check payable to NHBZ,
and write '*Sisterhood Greeting*' on the memo line
\$5 minimum donation, please – no maximum!

Names will be published in the 5782 Rosh Hashanah Bulletin

Send your contribution, along with the form below, **by August 27** to:
NHBZ Sisterhood
650 North Price Road
St. Louis, MO 63132

or you may email your greeting information directly to bookkeeper@nhbz.org
or visit the website www.nhbz.org to make a payment

FOR QUESTIONS, CALL THE NHBZ OFFICE, 314-991-2100, EXT.3, OR EMAIL: sisterhood@nhbz.org

NHBZ SISTERHOOD NEW YEAR GREETING ~ FOR ROSH HASHANAH 5782 BULLETIN

Name _____

Phone _____ Email _____

Amount enclosed \$ _____ (\$5 per name minimum – no maximum!)

Please list my name(s) as follows:



Proceeds benefit NHBZ's Passport to Israel Program and other NHBZ Sisterhood projects

A Good and Sweet Year !



Join NH-BZ for a **BUZZIN'** Good Time!

Preparing for a Sweet New Year **SUNDAY, AUG. 22, 1-2PM**

RSVP to office@nhbz.org by 8/18 to reserve your spot.

NO cost to attend ♥ NHBZ membership is not required ♥ Sponsorships are welcome!



Join the Young Families program of NHBZ for a fun and tasty event as we prepare for Rosh Hashanah and a sweet new year!

Learn about how honeybees produce honey. Enjoy tasting fresh, natural honey, while learning about why Jews traditionally have honey on Rosh Hashanah!

Kashrus under the supervision of Rabbi Ze'ev Smason





MEAT ★ UP ★



WIN A
WEBER SMOKEY
MOUNTAIN COOKER

- ★ Gourmet BBQ featuring Romanian Meats
- ★ Sushi
- ★ Craft Beer and Wine
- ★ Scotch and Bourbon
- ★ Learn to make your own Meat Rubs
- ★ Professional Cigar Roller
- ★ Live Music
- ★ Free Gift Bags



Sunday, August 29th
5:30 PM - 8:30PM



World's Fair Pavilion
at Forest park



\$100 per person
(\$125 after Aug. 22nd)



RSVP at jsustl.org/MeatUp

For sponsorship opportunities or more information
contact Alana Umansky Minoff @ (314) 303-0861
or info@jsustl.org

