

Shabbos and Yom Tov Edition



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

Shabbos - September 3, 2021 • 26 Elul 5781

Candle Lighting 7:09 pm • Shabbos Concludes 8:10 pm

Parshas Nitzavim
Haftarah

Deuteronomy 29:9 - 30:20
Isaiah 61:10 – 63:9

Stone Chumash pp. 1086 – 1093
Stone Chumash pp. 1202 – 1204

We thank our generous sponsors, Mindy, Richard and Evan Woolf, for sponsoring Kiddush Lunch on Shabbos in honor of Corey Woolf becoming a Bar Mitzvah

Prayer

Erev Shabbos, Friday, September 3

- 7:00 pm Mincha, Kabbalat Shabbat, Ma'ariv
- 7:09 pm Candle Lighting

Shabbos, Saturday, September 4

- 9:00 am Shachris followed by Musaf

Thank You for Leading Services

- Pesukei D'Zimra: **Howard Sandler** - Haftarah: **Corey Woolf**
- Shacharis: **Rabbi Avi Okin** - Sermon: **Rabbi Ze'ev Smason**
- Leyning: **Corey Woolf** - Musaf: **Rabbi Avi Okin**

- 6:50 pm Mincha, Shalosh Seudos, Ma'ariv
- 8:10 pm Shabbos concludes



Minyan Times September 2 – September 11, 2021

	Thu Sep 2	Fri Sep 3	Shabbos Sep 4	Sun Sep 5	Mon Sep 6	Tues Sep 7*	Wed Sep 8*	Thur Sep 9**	Fri Sep 10	Shabbos Sep 11
Selichos (am)	6:30	6:30		7:30	7:15					
Shachris (am)	7:00	7:00	9:00	8:00	8:00	8:00	8:00	6:30	7:00	9:00
Mincha/Ma'ariv (pm)	7:00	7:00	6:50	6:55	6:55	6:55	6:55	6:45	6:55	6:40

*Sep 7 – Sep 8: Rosh Hashanah

**Sep 9: Fast of Gedaliah

Yizkor Book of Remembrance *Final Week to Update* - Remind your Friends!

Have you confirmed your Yizkor listings? As in the past, we request a \$10 donation for each name listed (or group of names such as "and family") in the Book of Remembrance, and an additional \$36 donation for each Name Read Aloud during Yizkor. The Book of Remembrance is used on Yizkor throughout the year for Yom Kippur, Shemini Atzeres, Passover and Shavuot. Please notify the Office today (office@nhbz.org or call 314-991-2100, ext. 2) of how you want to honor the memory of your loved ones.

Rosh Hashanah Day 1 - September 7, 2021 • 1 Tishrei 5782

Candle Lighting Day 1 7:04 pm

Torah Portion	Genesis 21:1–34	Machzor pp. 164–166	Stone Chumash pp. 94–99
Maftir	Numbers 29:1–6	Machzor p. 169	Stone Chumash pp. 894-895
Haftarah	1 Samuel 1:1–2:10	Machzor pp. 170–172	Stone Chumash pp. 1234–1236

Erev Rosh Hashanah Day 1, Monday, September 6

- 6:55 pm Mincha/Ma'ariv
- 7:04 pm Candle Lighting

Rosh Hashanah Day 1, Tuesday, September 7

- 8:00 am Shachris followed by Musaf
 - Thank You for Leading Services
 - Pesukei D'Zimra: **Menachem Szus**
 - Shacharis: **Elie Needle**
 - Leyning: **Elie Needle**
 - Haftarah: **Naftali Kadosh**
 - Sermon: **Rabbi Ze'ev Smason**
 - Musaf: **Rabbi Avi Okin**
 - Shofar: **Rabbi Ze'ev Smason**
- 6:55 pm Mincha/Ma'ariv
- 8:06 pm Yom Tov Candle Lighting for Day 2

Rosh Hashanah Day 2 - September 8, 2021 • 2 Tishrei 5782

Candle Lighting Day 2 8:06 pm • Yom Tov Concludes 8:05 pm

Torah Portion	Genesis 22:1 – 24	Machzor pp. 164 – 166	Stone Chumash pp. 100 - 105
Maftir	Numbers 29:1 – 6	Machzor p. 169	Stone Chumash pp 894 - 895
Haftarah	Jeremiah 31:1 – 19	Machzor pp. 170 - 172	Stone Chumash pp. 1236 – 1237

Erev Rosh Hashanah Day 2, Tuesday, September 7

- 6:55 pm Mincha/Ma'ariv
- 8:06 pm Yom Tov Candle Lighting

Rosh Hashanah Day 2, Wednesday, September 8

- 8:00 am Shachris followed by Musaf
 - Thank You for Leading Services
 - Pesukei D'Zimra: **Menachem Szus**
 - Shacharis: **Elie Needle**
 - Leyning: **Elie Needle**
 - Haftarah: **Lenny Alper**
 - Sermon: **Rabbi Ze'ev Smason**
 - Musaf: **Rabbi Avi Okin**
 - Shofar: **Rabbi Ze'ev Smason**
- 6:55 pm Mincha/Ma'ariv
- 8:05 pm Yom Tov concludes

Congregation News

Mazel Tov on Simchas This Week! September 5 – September 11, 2021

Happy Birthday

Myra Solomon September 5
 Fran Hoffman September 10
 Dr. Daniel Morgensztern September 10
 Irwin Rosen September 10
 Corey Woolf September 10
 Jesse Barash September 11



Happy Anniversary

Louis & Rebecca Goldman September 5
 Dr. Michael & Charlene Kass September 7

On-going Covid Guidelines *New Shul Policy* *Please see important update*

Starting with Rosh Hashanah, NHBZ requires that all people praying inside the shul show proof of vaccination. You may show your vaccination card to Rabbi Smason before the holidays or as you enter the shul. **If we have no proof of vaccination**, you are welcome to join services from the Kaiser Terrace on the West side of the synagogue.

Masks required of all inside attendees (age 3 and older); masks are strongly encouraged for those outside, too. Children above age 13 have the same vaccination requirements as adults.

Please enter the synagogue from the South entrance (near Logos School).

May this be a year of good health. May this be a year of peace. With our efforts and cooperation, may we help end this pandemic. L'Shana Tova.

Events

Coming Soon

- Sunday, September 12 – Family Tashlich Program
- Sunday, September 19 – Edible Sukkah Event
- Monday, November 15 – "14 Days Living in Eshkol, Israel"
- Sunday, December 12 – 116th Anniversary Event

On-Going

- Online Classes – See listing on Page 6
- Every Shabbos, 9:15 am – Learners' Service with Rabbi David (*On Hiatus*)
- Every Shabbos, 10:15 am – Starting Points with Rabbi Smason
- Every Wednesday, 12:15 pm – Pirkei Avos Class with Rabbi Smason (*On Hiatus**)
- Every Thursday, 7:30 pm – Mishmar Learning with Rabbi Okin
- Every Sunday, 9:00 – Teen Schmooze with Rabbi Okin

* Due to the Holidays, Rabbi Smason's Wednesday classes will pause for September. Next class: October 6, 2021.



New Year Greetings

5782 ~ 2021/22

The NHBZ Sisterhood thanks the following for participating in this year's New Year Greeting campaign to wish everyone in our NHBZ family Good Health, Happiness, and Prosperity in the New Year!

Shana Tova U'metuka

Caryn Alper
 Joanna Alper
 Lenny & Fran Alper
 Ruth Novack Alper & Family
 Debbie & Jesse Barash
 Craig & Jackie Berkin
 Sam & Shirley Bluestein
 Helen Bolt & Family
 Alan, Marcie, Nathan
 & Eliana Brook
 Faye Cohen & Family
 Frances Cohen & Family
 Julie & Don Eisenberg
 Teree Farbstein
 Denny & Amy Feit & Family
 Mimi Fiszal
 The Gelbs
 Andrea & Stan Goldenberg
 & Family
 Sandy & Marvin Greenberg

Joni & Bob Kaiser
 Hannah, Lee, Nesya &
 Emuna Mirowitz
 Sally & Eliot Katz
 Ed & Helayne Levitt
 Phyllis & Howard Loiterstein
 Hesh & Marcia Lyons
 Sally Needle
 Larry & Robin Pevnick & Family
 Rachael Pevnick & Family
 Steve & Myra Radinsky
 Fran & David Reisler
 Ellen & Hal Rosen & Family
 Libby Sorkin Routman & Family
 Debbie & Brian Sher & Family
 Jerry & Gail Tullman
 Margo & Reuven Tzadok
 Peggy & Jay Umansky
 Stella & Leonid Vladimirov
 Faith & Bruce Waxman

**Help us meet our New Year Greeting fundraising goal for this year.
 There is still time to add your name to the list. Please be generous.**



Call the Office @ 991-2100, ext.3



Email: sisterhood@nhbz.org



Support our NHBZ Sisterhood





"Everyone, age 3 and older, wears a mask in the shul. Adults (age 13 and older) must also show proof of vaccination to the Rabbi. Health and safety, first!"

High Holiday Seating

All members of NHBZ (not Associate Members) are entitled to their own seat for the High Holidays, so they can come and go as much as needed, and return to their own seat. If you weren't entirely happy with your seat last year (too noisy? too cold? too close to the front?), you can change it! If you are a new member we can help you pick out a seat to your liking. Please contact Lenny Alper at lenny.alper@outlook.com to review your seating options, or contact Nancy at office@nhbz.org.

Check out Rabbi Okin's Rosh Hashana play list! Go to nhbz.org, and click on the "Read more" link. It will take you to a playlist of songs to get you in the holiday mood! Find your new family favorite! ***Weekday listening only, please.***

High Holiday Parking

Parking will be available on the Logos School Parking Lot. Please ONLY park in the spaces closest to the synagogue. Someone will be there to guide you. Thank you to Logos School!!!!

MEN'S MIKVAH USE AT THE STAENBERG BUILDING FOR YOMIM NORAIM

HOURS: 7:00 am-4:30 pm erev Rosh Hashanah
6:30 am-4:00 pm erev Yom Kippur

PRICES: \$7.50 ADULT
\$5.00 PRE-BAR MITZVAH AND YESHIVA BOCHRIM
\$5.00 KLEI KODESH
"FREE" FOR SON'S OF KLEI KODESH (pre-bar mitzvah age)

We are still requesting that all men use the sign in sheet when they enter and please read and observe the current Covid protocol in place. If anyone is experiencing any of the listed symptoms, please do not enter. Men are still requested to bring their own towels and prepare in advance as bathrooms will be unavailable for use.

Hours for Erev Sukkos and Erev Shmini Atzeres will be posted at a later date.

Schedule here for Erev Rosh Hashana and Erev Yom Kippur:

<https://docs.google.com/spreadsheets/d/1sCWuUEPrkLG1jwMU7XgtrOoVgsAJRTxtrtajGUWKXzA/edit>

Please: wear a mask; bring your own towel; pay the attendant and sign in.

Please contact Lynda Cohen (314) 795-3982 with questions.

Youth Programming



Teen Schmooze is BACK, Sundays

"Teen Schmooze", a special opportunity just for teens in an informal group setting, is now underway. This program meets every Sunday – middle school students start at 9:00 am, and high school students at 9:30 am. **Join us on the patio at the back of the NHBZ Sanctuary.** Breakfast will be served! For details, contact **Rabbi Okin** at aviokin@nhbz.org.

Family Tashlich BBQ and Program Sunday, Sept. 12, 2021

Watch your emails (and read the Bulletin!). Registration starts now! Come play, eat and learn with NHBZ Young Families! Everyone invited. Email Nancy (office@nhbz.org) with your RSVP (see flyer for details).

Israel

Israeli Olive Oil

Get ready to place your orders! Once again, we can support Israeli business and eat well while doing it! Yes, you can adopt an olive tree! Stay tuned for details.

14 Days Living in Eshkol, Israel

Reserve the evening of Monday, November 15 for a program entitled "14 Days Living in Eshkol, Israel" to take place at NHBZ. The program will be presented by Lieutenant Colonel Keith Isaacson and a security official from the Eshkol Region of Israel. We thank Irl Solomon, of Friends of Israel, and Pastor Bryan Sharp for enabling us to host this event.

Learning at NHBZ

● **Parshas Nitzavim - by Rabbi Smason**

Nitzavim begins with Moses gathering every member of the Jewish people for the final time. He initiates them into a Covenant with G-d as the Almighty's 'Chosen People'. This Covenant applied not only to those present on that day, but to all future Jewish generations. A question for your consideration: how could someone not present be bound to a commitment made by their ancestors? What is the binding force today that obligates all Jews to keep a Torah accepted over 3,000 years ago?

Moses tells the people that although eventually they will sin, in time they will repent and return to the Torah, and G-d will usher in the messianic era when we all return to the land of Israel. Furthermore, he assures them that the commandments are neither distant nor inaccessible ('it is not in heaven'). This means that a committed Jewish life is well within everyone's reach.

Learning at NHBZ (continued)

Ask Our Rabbis!

Q: Rosh HaShana is approaching. Do I bake the *challa* rounded or braided?

A: Round, according to the Chasam Sofer, in contrast to braided the rest of the year. Why? Because the circle is an "unending" shape, with no end to it, and we want a never-ending *bracha* for the year!

Is there something you've always wanted to know about Judaism, but were afraid to ask? Email your questions to: Pepshort613@gmail.com and enter 'Ask Our Rabbis' as the subject of the email.

● **NHBZ Mishmar**

Join Rabbi Okin and young men from all over St. Louis for Mishmar, an evening gathering of Torah and Camaraderie on Thursday Nights from 7:30 pm – 8:00 pm. **We will meet indoors at the back of the NHBZ sanctuary** with a text-based and interactive learning session. If you are interested, join the WhatsApp group with this link:

<https://chat.whatsapp.com/leuwWw6NTFIDC96XIXkRGv>

● **Rabbi Smason's Shabbos Shoutout**

The complete list of Shabbos Shoutouts, with most recent listed first, can be found at

https://www.youtube.com/playlist?list=PLI_MFI0zsmKlImpR3KpHROrHDWIDNbqsN

● **Rabbi Okin's Torah Thoughts**

The complete list of Torah Thoughts, with most recent listed first, can be found at:

https://www.youtube.com/playlist?list=PLI_MFI0zsmKJG-HuXMG1Ej2aUImqQHkJ-

● **Rabbi David's Learners' Service – *On Hiatus until Rosh Hashanah***

Every Shabbos at 9:15 am. Just starting out? No worries. Rabbi David teaches the basics of Shabbos prayers.

Rosh Hashanah Learner's Service & Class

With great joy and excitement, we announce this year's learner's service and class. Please join us!

- Tuesday, September 7, 2021 10 am – 12:30 pm
 - **Educational Service with Rabbi David**
- Wednesday, September 8, 2021 11 am
 - **"Rosh Hashanah: All Week Long" with Rebbitzen Mimi David**

● **Rabbi Smason's Starting Points**

Join Rabbi Smason for a 45-minute presentation/discussion of relevant, contemporary topics every Shabbos at 10:15 am in the Feigenbaum-Pepose Multi-Purpose Room. Following is the list of upcoming topics:

- Sept. 4: Begin Again - What Can Make This the Best Year Ever?
- Sept. 11: Mistakes We Need to Stop Making



NHBZ Online Classes

Rabbi Ze'ev Smason will keep you connected during this challenging time. The classes listed below are easy to join and you can drop in on one without having previously attended. All classes are offered through Zoom video conferencing on your computer or smart phone (you do not need to download the Zoom application to see the class) AND through audio only on your telephone.

Instructions to Attend Classes

For audio through your telephone, connect in one of two ways:

1. *Preferred option* - Call 312-626-6799 which connects you to the ZOOM audio number and will enable you to participate fully, except for the video. Toll Free.
2. Or call 314-325-8791 for our old audio connection. We encourage you to use the *preferred option* since this way might become unavailable soon.

For Zoom video, each class has a Zoom link shown underlined in blue below. Click or tap on the link, or copy and paste the link into your browser to join the class.

List of Rabbi Ze'ev Smason's Zoom Classes

1. Weekdays, 8:15 am (Sun 9:15 am) ~ New topic "Tehillim Tips: Insights Into Our Prayers". Sessions are approximately 30 minutes.
Zoom video link: <https://zoom.us/j/99013706617>
2. Monday thru Friday, 3:00 pm - 3:30 pm ~ "King Solomon: His Wisdom, Wealth and Wives".
Zoom video link: <https://zoom.us/j/136785930> **Final class in September: Friday, Sept. 3. Class will resume October 4**
3. Fridays, 8:15 am ~ Discussion of the "Haftorah of the Week"
Zoom video link: <https://zoom.us/j/99013706617>
4. Mondays, 7:45 pm ~ **"To the Source"** covers contemporary Torah topics using classic and modern English and Hebrew texts.
Zoom video link: <https://zoom.us/j/295822730> **"To The Source" is now on pause, possibly continuing after the Holidays**



THE SISTERHOOD SCOOP

SEPTEMBER 4



Volume 4

Number 34

27 Elul 5781

September 4, 2021

NHBZ Sisterhood wishes you and your family a healthy, happy, and *sweet* New Year!

HEADS UP! It's the New Year



Rosh Hashanah means “**Head of the Year.**” Just like your head (brain) tells your body what to do, how you behave on Rosh Hashanah has far-reaching consequences for the entire year.

The central observance of Rosh Hashanah is listening to the blowing of the **shofar** (except on Shabbos).

Like Shabbos and other Jewish holidays, the Rosh Hashanah meals should be eaten in the joyous glow of candles, lit by the woman of the house. On the first night, remember to light before the onset of the holiday. On the second night, light only after nightfall, taking care to use a preexisting flame and not blow out your match when done.

On Rosh Hashanah we traditionally start our holiday feasts with two loaves of round challah, sweetened with raisins – for a sweet new year. To add sweetness to our already sweet wish, we dip the challah in honey before taking the first bite.

—adapted from www.chabad.org

Book Club News

Mark your calendars now for these upcoming Book Club discussions:

- ☐ **Oct. 25 “The Third Daughter”** by Talia Carner
– discussion led by Ilene Brooks Scharnhorst
- ☐ **Dec. 27 “The Ghost of Hannah Mendes”**
by Naomi Ragen

For more information or to **RSVP** call **Terri Schnitzer** at 314-518-4107 or email terrischnitzer@yahoo.com



New Year Greetings Fundraiser for 5782

Final chance to help us meet our fundraising goal and wish ‘*L’Shana Tova*’ to everyone in our NHBZ family. Contact the office **ASAP** to make your donation and have your name listed in the 5782 Holiday Bulletin.



\$5 minimum donation – no maximum!

Send in **by September 9** to: NHBZ Sisterhood, 650 N. Price Rd, St. Louis, MO 63132. For questions, call the NHBZ office, 314-991-2100, ext.3, or email: sisterhood@nhbz.org

St. Louis Jewish Federation – Women’s Philanthropy presents: *L’Chaim! Make a Fresh Start*

A virtual evening of celebration, community, and giving, on **October 27, 5:00-9:00 pm** featuring Clea Shearer and Joanna Teplin, founders of *The Home Edit* who will share how Jewish values have shaped them into powerful female entrepreneurs with an inspirational Instagram account, celebrity clients, and a hit Netflix series. NHBZ Sisterhood will serve as a Congregational Table Host for the Event. You can register online at JFedSTL.org/LChaim2021 by Oct. 20.

All Women are Invited to Sisterhood’s ‘Welcome Back’ Open House Thurs., Sept. 23, 5:00-6:30pm

Join us for schmoozing, appetizers, and drinks in the Sukkah!



For information or to join Sisterhood, call the NHBZ office at 314-991-2100, ext. 3, or email: sisterhood@nhbz.org



2021



5782



314-991-2100

WWW.NHBZ.ORG

KIDS' PROGRAMS for the HIGH HOLIDAYS

**Come join NHBZ as we celebrate
the Birthday of the World ...**

Rosh Hashanah!

10:00 AM-12: 30 PM on Rosh Hashanah.

NHBZ will be offering meaningful and age-appropriate Jewish programs, interactive games, snacks & lunch for ages <1-12 years old.

The separate groups will be:

'GAN'- Babysitting for ages 0-4,

'APPLES & HONEY'- Program for ages 5-8, and

'SHOFROT'- Program for ages 9-12.

Please RSVP to office@nhbz.org to sign your kids up for the program!

Stay tuned for information about our Yom Kippur Children's program. Membership isn't required and there is no cost to participate. Feel free to contact **Rabbi Okin** at aviokin@nhbz.org with any questions.

NUSACH HARI B'NAI ZION - 650 N. PRICE ROAD - ST. LOUIS MISSOURI 63132



Teen Schmooze

Teens of all levels of observance welcome

***A special opportunity just for teens
in an informal group setting***

***Weekly, starting Sunday, August 29
On the NHBZ Patio***

Refreshments will be served

Join Rabbi Avi Okin to talk about . . . life,
Jewish stuff, not-so Jewish stuff, concerns,
questions . . . and whatever is on your mind!

5th-8th graders 9:00 am - 9:30 am

9th-12th graders 9:30 am - 10:00 am

Got Questions

There is no charge for this program
NHBZ membership not required

Please RSVP to Rabbi Okin at aviokin@nhbz.org





Family Tashlich

Sunday, September 12

11am-2pm

Town Square Pavilion

13360 Clayton Road, Town and Country

\$10/plate

BBQ plate includes choice of Hamburger or Hot Dog
PLUS sides, a drink, and dessert.

\$5 for each *additional* hamburger or hot dog

RSVP by NOON on Friday, Sept. 3 – call 314-991-2100, ext. 2

- Short Tashlich Service with explanations!
- Games for Kids!
- Food and Fun for Families!



All food under the supervision of Rabbi Ze'ev Smason



Celebrate Sukkot Together!

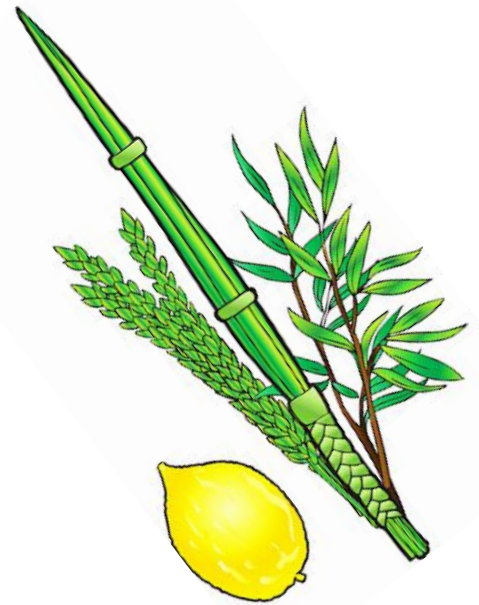
A New Program of
the NHBZ Children & Young Families Committee

Sunday, September 19

10:00 - 11:00 am

**Kids and Young Families are invited for a
fun and delicious “Edible Sukkah-Making”
activity on the NHBZ Patio**

- Learn the meaning of the Mitzvah of Sukkot
- See old friends
- Earn bragging rights for the most creative edible Sukkah west of the Mississippi and then enjoy eating the fruits of your labor!



**There is no cost for this event.
You need not be a member of NHBZ to attend!**

**Please RSVP by Wednesday, Sept. 15
to the NHBZ Office at office@nhbz.org
or call 314-991-2100, ext. 2.**

Sukkot ~ The time of our rejoicing