Shabbos and Yom Tov Edition



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

Shabbos - September 11, 2021 • 4 Tishrei 5782

Candle Lighting 6:59 pm • Shabbos Concludes 8:00 pm

Parshas Vayelech

Deuteronomy 31:1 – 31:30

Stone Chumash pp. 1094 - 1099

Shabbos Shuvah

Haftorah Hosea 14:2 - 10, Micha 7:18 - 20

Stone Chumash pp. 1204 – 1205

This bulletin is lovingly sponsored by Nancy Stenn, your new Synagogue Administrator. May the NHBZ community, family and friends have a safe, happy and healthy New Year and may you each be inscribed and sealed in the Book of Life.

Prayer

Erev Shabbos, Friday, September 10

- 6:55 pm Mincha, Kabbalat Shabbat, Ma'ariv
- 6:59 pm Candle Lighting

Shabbos, Saturday, September 11

9:00 am Shachris followed by Musaf

Pesukei D'Zimra: Howard Sandler Haftorah: TBA

Shacharis: TBA Sermon: Rabbi Ze'ev Smason

Leyning: TBA Musaf: TBA

- 6:50 pm Mincha, Shalosh Seudos, Ma'ariv
- 8:00 pm Shabbos concludes

Minyan Times September 9 - September 18, 2021

	Thu	Fri	Shabbos	Sun	Mon	Tues	Wed	Thur	Fri	Shabbos
	Sep	Sep	Sep	Sep	Sep	Sep	Sep	Sep	Sep	Sep
	9*	10	11	12	13	14	15**	16**	17	18
Shachris (am)	6:30	7:00	9:00	8:00	7:00	7:00	7:00	8:30	7:00	9:00
Mincha/Ma'ariv (pm)	6:45	6:55	6:40	6:45	6:45	6:45	-	•	6:55	6:40
Mincha only (pm)	-	-	-	-	-	-	1:30	5:00	-	-
Ma'ariv only (pm)	-	-	-	-	-	-	6:25	7:40	-	-

* Sep 9: Fast of Gedaliah Fast begins 5:25 am Fast concludes 8:00 pm

** Sep 15: Erev Yom Kippur Fast begins 7:09 pm

** Sep 16: Yom Kippur

Yom Kippur – Annual Canned Food Drive – Wednesday, September 15

As in the past, we're conducting a food drive for the Jewish Food Pantry. Please bring your non-perishable, canned or boxed food items to the lobby when you arrive for Kol Nidre on September 15.

We ask everyone to bring an amount of food that would be **at least** equal to the amount you would eat during the time of the Yom Kippur fast.

Erev Yom Kippur • September 15, 2021 • 9 Tishrei 5782

Candle lighting <u>at home</u> before 6:51 pm (No candle lighting at NHBZ) Fast begins at 7:09 pm

Erev Yom Kippur, Wednesday, September 15

- 1:30 pm Mincha
- 6:51 pm or earlier Candle lighting (at home)
- 6:20 pm Take out Torahs
- 6:25 pm Kol Nidre
- 9:00 pm Ma'ariv Concludes

Yom Kippur • September 16, 2021 • 10 Tishrei 5782

Fast Concludes after Shofar is Sounded

Torah Portion Leviticus 16:1–17 Machzor pp. 202 Stone Chumash pp. 636-645 Maftir Numbers 29:7–11 Machzor p. 206 Stone Chumash pp. 894-895 Haftorah Isaiah 57:14–58:14 Machzor pp. 207-208 Stone Chumash pp. 1237-1238

Yom Kippur, Thursday, September 16

8:30 am Shachris

Pesukei D'Zimra: Menachem Szus Sermon: Rabbi Ze'ev Smason

Shacharis: Elie Needle Musaf: Rabbi Avi Okin Leyning: Elie Needle Neila: Elie Needle

Haftorah: Kenny Bressler

10:00 am Learners' Service
 TBD Children's Service
 11:15 am Drasha
 6:30 pm Neila
 7:40 pm Ma'ariv
 7:55 pm Havdalah

11:45 am Yizkor
 12:30 pm Musaf
 8:00 pm Shofar sounded
 After Shofar Fast concludes

Congregation News

Mazel Tov on Simchas This Week! September 12 - September 18, 2021

Happy Birthday

Ayelet Smason	September 12
Rebecca Goldman	September 14
Sheilah Gross	September 14
Robert Schnurman	September 17
Jackie Berkin	September 18
Marcela Morgensztern	September 18



On-going Covid Guidelines Shul Policy *Please see important update*

NHBZ requires that all people praying inside the shul show proof of vaccination. You may show your vaccination card to Rabbi Smason before the holidays or as you enter the shul. **If** we have no proof of vaccination, you are welcome to join services from the Kaiser Terrace on the West side of the synagogue.

Masks required of all inside attendees (age 3 and older); masks are strongly encouraged for those outside, too. Children above age 13 have the same vaccination requirements as adults.

Please enter the synagogue from the South entrance (near Logos School).

May this be a year of good health. May this be a year of peace. With our efforts and cooperation, may we help end this pandemic. L'Shana Tova.

Events

Coming Soon

- Sunday, September 12 Family Tashlich Program
- Sunday, September 19 Edible Sukkah Event
- Monday, November 15 "14 Days Living in Eshkol, Israel"
- Sunday, December 12 116th Anniversary Event

On-Going

- Online Classes See listing on Page 6
- Every Shabbos, 9:15 am
 Every Shabbos, 10:15 am
 Learners' Service with Rabbi David
 Starting Points with Rabbi Smason
- Every Wednesday, 12:15 pm Pirkei Avos Class with Rabbi Smason (On Hiatus*)
- Every Thursday, 7:30 pm
 Every Sunday, 9:00
 Mishmar Learning with Rabbi Okin
 Teen Schmooze with Rabbi Okin

^{*} Due to the Holidays, Rabbi Smason's Wednesday classes will pause for September. Next class: October 6. 2021.

Tributes for the month of August, 2021

Trib-ute (trib'yoot)

A gift, payment, declaration, or other acknowledgement of gratitude, respect or admiration. Make a tribute in honor of someone's simcha or good health, or in memory of a loved one

Call the office at 991-2100 ext 2, or email to <u>office@nhbz.org</u> to make a tribute.

Tributes are listed monthly in the Shabbos bulletin.

A SPEEDY RECOVERY TO

Trudy Sudin

IN MEMORY OF

Goldie Rickermann Dan Rudman

IN HONOR OF

Dr. Stephen & Myra Radinsky – 55th Anniversary

Ed & Helayne Levitt –33rd Anniversary

Jeff & Terri Schnitzer Anniversary
Hal & Ellen Rosen Anniversary
Rabbi Ze'ev & Chani Smason – New Grandson
Don & Julie Eisenberg – New Grandson
Don Eisenberg – Photographic expertise
Corey Woolf's Bar Mitzvah

SENT BY

Bruce & Faith Waxman

SENT BY

Bruce & Faith Waxman
Ed & Helayne Levitt
Linda & Menachem Szus

SENT BY

Bob & Joni Kaiser
Libby Sorkin Routman
Jerry & Gail Tullman
Bob & Joni Kaiser
Jerry & Gail Tullman
Bruce & Faith Waxman
Bruce & Faith Waxman
Jerry & Gail Tullman
Bruce & Faith Waxman

Family Tashlich BBQ and Program Sunday, Sept. 12, 2021

Come play, eat and learn with NHBZ Young Families! Everyone invited. See flyer for details.

High Holiday Parking

Parking will be available on the Logos School Parking Lot. Please ONLY park in the spaces closest to the synagogue. Someone will be there to guide you. Thank you to Logos School!!!!

NHBZ - Yom Kippur Appeal - 2021 - 5781

Psalm 100 enjoins us to "Ivdu et Hashem B'simcha", which translates to "Serve Hashem with Joy".

During the last year, plus, that mitzva has been very challenging to fulfil. We continue to calculate each step we make, as individuals, as families, as a congregation, as a nation and as a whole world.

Nevertheless, at our shul we decided from the outset that, together with being medically responsible, we would press on and find ways to move the needle on the great compass, as far forward as possible and to do so with creativity and joy.



One year ago, we hired Rav Okin to be our Assistant Rabbi in charge of young family and youth and singles programming. This year we hired both a new bookkeeper, Hindy Anton, and Nancy Stenn, our new Shul Administrator. Together with Rabbi Smason and our other staff, they form a dynamic team, who truly believes in our shul's mission. They are of course, always complemented by our tremendous team of volunteers.

Many new members have joined us, in all age groups. Most recently we have been joined by a family whose children represent a fifth generation of NHBZ members. Our youth programming and young adults programming is accelerating, and I am very optimistic about our shul's future.

All of the above could not and would not be possible, without your generous donations and gifts to your shul. I am reaching out to you to fulfil the mitzva of Tzedaka at this propitious moment of the Jewish year cycle. Please donate generously to your shul so that we can continue with our missions of in-reach and outreach and make sure that no Jew is left behind. There are many ways that you can donate and also have friends and relatives be recognized in the process. Let's together fulfil the mitzva of "Ivdu et Hashem B'simcha"

Shana Tova and G'mar Chatima Tova Menachem Szus, Shul President.



"Everyone, age 3 and older, wears a mask in the shul. Adults (age 13 and older) must also show proof of vaccination to the Rabbi. Health and safety, first!"





The NHBZ Sisterhood thanks the following for participating in this year's New Year Greeting campaign to wish everyone in our NHBZ family Good Health, Happiness, Prosperity in the New Year...and a good Final Sealing!

Gemar Chatimah Tovah

Caryn Alper Joanna Alper Lenny & Fran Alper Ruth Novack Alper & Family Debbie & Jesse Barash Craig & Jackie Berkin Sam & Shirley Bluestein Helen Bolt & Family Alan, Marcie, Nathan & Eliana Brook Faye Cohen & Family Frances Cohen & Family June Cohen & Family Julie & Don Eisenberg Teree Farbstein Denny & Amy Feit & Family Mimi Fiszel The Gelbs Andrea & Stan Goldenberg Aida Greenberg Sandy & Marvin Greenberg

Joni & Bob Kaiser Hannah, Lee, Nesya & Emuna Mirowitz Sally & Eliot Katz Estelle Kram Ed & Helayne Levitt Phyllis & Howard Loiterstein Hesh & Marcia Lyons Sally Needle Larry & Robin Pevnick & Family Rachael Pevnick & Family Steve & Myra Radinsky Fran & David Reisler Ellen & Hal Rosen & Family Libby Sorkin Routman & Family Debbie & Brian Sher & Family Jerry & Gail Tullman Margo & Reuven Tzadok Peggy & Jay Umansky Stella & Leonid Vladimirov Faith & Bruce Waxman

Thank you for your generosity in support of our Sisterhood!



Rabbi Okin's High Holiday Message

What is Missing from Avinu Malkeinu?

One of the most iconic Tefillos ("Prayers") of the High Holiday Season is known as 'Avinu Malkeinu.' It is a series of supplications that are directed to Hashem, where each line begins with the couplet "Avinu Malkeinu- Our Father, Our King." This couplet touches on two of the dynamics that describe how Jews connect to the Creator of the World. One is that we interact with Hashem like a son does to a father, and this is referred to with the word Avinu. In the other, we interact with Hashem like a subject would to a king, and this is referred to with the word Malkeinu.

However, there seems to be something missing from the phrase Avinu Malkeinu. The Rambam (Laws of Repentance 10:3) says that the highest level of connection to God is akin to the love that a husband has to his wife. As this position is widely accepted in Rabbinic literature, why are we not mentioning that paradigm here? Why not say, "Isheinu, Avinu, Malkeinu- Our Spouse, Our Father, Our King?"

It is because during Rosh Hashanah, the 10 Days of Teshuvah, on Yom Kippur, and the other times in which Avinu Malkeinu is recited throughout the year, we are standing humbly before the Almighty. We acknowledge that these special days have a serious nature to them. We recognize that we are being evaluated as part of the determination as to what the upcoming year will look like. We realize that the best way to endeavor to have a good year is to stand before God and resolve that we can do better.

We beseech Hashem to give us a better year than we may deserve, and to give us life, blessing, health, prosperity -- in short, to give us only good. We do not mention this spousal relationship on Rosh Hashanah because we do not get complacent or feel entitled when we ask Hashem for a year of blessing, because we are likely asking for much more than we deserve.

During the 10 Days of Repentance and on Yom Kippur, we need to recognize that if there is a need to ask for forgiveness, then we have allowed our relationship with the Almighty to deteriorate. We have not made our relationship with God the most important factor in our life, although we should have. We know that we do not always include God in the picture when we make a decision. Deep down, we understand that God is providing us with many more opportunities and blessings than we deserve. Yom Kippur, the opportunity to begin our new year with a clean slate, is one of the best of those amazing opportunities.

We do not mention the idea of Isheinu -- that Hashem is our spouse -- during these times because we need to realize that we have to own up to our mistakes and our failings if we want to be as close to God as we wish to be. It is up to us to use the upcoming year to reconnect with Hashem and to strengthen our bond with Him.

May God help us to connect to Him during the 10 Days of Repentance and may we all feel close to Hashem throughout the year.

Youth Programming

Teen Schmooze is BACK, Sundays

"Teen Schmooze", a special opportunity just for teens in an informal group setting, is now underway. This program meets every Sunday – middle school students start at 9:00 am, and high school students at 9:30 am. Join us on the patio at the back of the NHBZ Sanctuary. Breakfast will be served! For details, contact Rabbi Okin at aviokin@nhbz.org.



<u>Israel</u>

Israeli Olive Oil

Get ready to place your orders! Once again, we can support an Israeli business and eat well while doing it! Yes, you can adopt an olive tree! See attached flyer for details.

14 Days Living in Eshkol, Israel

Reserve the evening of Monday, November 15 for a program entitled "14 Days Living in Eshkol, Israel" to take place at NHBZ. The program will be presented by Lieutenant Colonel Keith Isaacson and a security official from the Eshkol Region of Israel. We thank Irl Solomon, of Friends of Israel, and Pastor Bryan Sharp for enabling us to host this event.

MEN'S MIKVAH USE AT THE STAENBERG BUILDING FOR YOMIM NORAIM

HOURS: 6:30 am-4:00 pm erev Yom Kippur (there will be 2 slots per time period)

10:30 am-4:30 pm erev Succos 9:30 am-4:30 pm Hoshana Rabba

PRICES: \$7.50 ADULT

\$5.00 PRE-BAR MITZVAH AND YESHIVA BOCHRIM

\$5.00 KLEI KODESH

"FREE" FOR SON'S OF KLEI KODESH (pre-bar mitzvah age)

Schedule here for Erev Yom Kippur:

https://docs.google.com/spreadsheets/d/1sCWuUEPrkLG1jwMU7XgtrOoVgsAJRTxtrtajGUWKXzA/edit

Please: wear a mask; bring your own towel; pay the attendant and sign in.

Please contact Lynda Cohen (314) 795-3982 with questions.

Learning at NHBZ

Vayelech - by Rabbi Smason

Vayelech opens with Moses walking through the Jewish camp on the final day of his life to say goodbye to his beloved people. He teaches them the mitzvah of *Hakel*, the once-in-seven-years gathering of the entire nation to hear the king read certain passages from the Torah. G-d commands that a special Torah, written by Moses, be placed by the Levites at the side of the Holy Ark to bear witness against Israel if they were to ever deviate from its teachings.

Shabbos Shuvah – by Rabbi Smason

The Shabbos between Rosh Hashanah and Yom Kippur is called *Shabbos Shuvah*, *Shabbos of Return* because its special *haftarah* reading begins with the words *Shuvah Yisrael* "Return O Israel," from the prophecy of Hoshea. It is also referred to as *Shabbos Teshuvah* because it falls during the Ten Days of Repentance.

NHBZ Mishmar

Join Rabbi Okin and young men from all over St. Louis for Mishmar, an evening gathering of Torah and Camaraderie on Thursday Nights from 7:30 pm – 8:00 pm. **We will meet indoors at the back of the NHBZ sanctuary** with a text-based and interactive learning session. If you are interested, join the WhatsApp group with this link: https://chat.whatsapp.com/leuwWw6NTFIDC96XIXkRGv

Rabbi Smason's Shabbos Shoutout

The complete list of Shabbos Shoutouts, with most recent listed first, can be found at https://www.youtube.com/playlist?list=PLI_MFI0zsmKIImpR3KpHROrHDWIDNbqsN

• Rabbi Okin's Torah Thoughts

The complete list of Torah Thoughts, with most recent listed first, can be found at: https://www.youtube.com/playlist?list=PLI MFI0zsmKJG-HuXMG1Ej2aUImgQHkJ-

Rabbi David's Learners' Service

Every Shabbos at 9:15 am. Just starting out? No worries. Rabbi David teaches the basics of Shabbos prayers.

Yom Kippur Learner's Service & Class

With great joy and excitement, we announce this year's learner's service and class. Please join us for an **Educational Service with Rabbi David** Thursday, September 16, 2021 10 am – 12:30 pm

Rabbi Smason's Starting Points

Join Rabbi Smason for a 45-minute presentation/discussion of relevant, contemporary topics every Shabbos at 10:15 am in the Feigenbaum-Pepose Multi-Purpose Room. Following is the list of upcoming topics:

Sept. 11: Mistakes We Need to Stop Making



NHBZ Online Classes

Rabbi Ze'ev Smason will keep you connected during this challenging time. The classes listed below are easy to join and you can drop in on one without having previously attended. All classes are offered through Zoom video conferencing on your computer or smart phone (you do not need to download the Zoom application to see the class) AND through audio only on your telephone.

Instructions to Attend Classes

For audio through your telephone, connect in one of two ways:

- 1. *Preferred option* Call 312-626-6799 which connects you to the ZOOM audio number and will enable you to participate fully, except for the video. Toll Free.
- 2. Or call 314-325-8791 for our old audio connection. We encourage you to use the *preferred option* since this way might become unavailable soon.

For Zoom video, each class has a Zoom link shown underlined in blue below. Click or tap on the link, or copy and paste the link into your browser to join the class.

List of Rabbi Ze'ev Smason's Zoom Classes

1. Weekdays, 8:15 am (Sun 9:15 am) ~ New topic "Tehillim Tips: Insights Into Our Prayers". Sessions are approximately 30 minutes.

Zoom video link: https://zoom.us/j/99013706617

- 2. Monday thru Friday, 3:00 pm 3:30 pm ~ "King Solomon: His Wisdom, Wealth and Wives". Zoom video link: https://zoom.us/j/136785930 Class will resume October 4
- 3. Fridays, 8:15 am ~ Discussion of the "Haftorah of the Week" Zoom video link: https://zoom.us/j/99013706617
- 4. Mondays, 7:45 pm ~ "To the Source" covers contemporary Torah topics using classic and modern English and Hebrew texts.

Zoom video link: https://zoom.us/j/295822730 "To The Source" is now on pause, possibly continuing after the Holidays





Volume 4 Number 35 5 Tishrei 5781 September 11, 2021

NHBZ Sisterhood wishes you and your family a healthy, happy, and sweet New Year!

"Gemar chatimah tovah"

The Jewish new year is not just a time to renew our resolve to lose another fifteen pounds. Rather, it's the time when our fate stands in the balance as G-d reviews our past year and decides whether or not to renew our lease on His planet. As such, Jewish greetings for this time of year reflect our prayers for a good, sweet year up ahead.

From noon on **Rosh Hashanah**, when our fates are already written, until **Yom Kippur**, when our fates for the coming year are to be sealed, we wish each other "Gemar chatimah tovah" (חתימה טובה), "A good final sealing." (Note that it is not standard to wish someone a "happy Yom Kippur," but it is perfectly acceptable to wish them a meaningful one.)

Now for the Yiddish version: The standard wish is for "A gut gebentsht yohr," "A good and blessed year" (א גוט געבענטשט יאהר). And since tradition tells us that our fate is not really sealed until **Hoshanah Rabba**, the customary salutation for that day is "A gutten kvittl" (א גוט'ן קוויטל), "A good inscription."

No matter what we say, the main thing is to wish each other a good, sweet year with all our heart – because that is what G-d values the most.

-adapted from www.chabad.org

Book Club News

Mark your calendars now for these upcoming Book Club discussions:

- ☐ Oct. 25 "The Third Daughter" by Talia Carner discussion led by Ilene Brooks Scharnhorst
- □ Dec. 27 "The Ghost of Hannah Mendes" by Naomi Ragen

For more information or to RSVP call *Terri Schnitzer* at 314-518-4107 or email terrischnitzer@yahoo.com



All Women are Invited to Sisterhood's 'Welcome Back' Open House

Thurs., Sept. 23, 5:00-6:30pm Join us for schmoozing & socializing and appetizers & drinks – *LIVE* – in the Sukkah!



Thanks to all who participated in Sisterhood's



New Year Greetings

Fundraiser for 5782

Proceeds help to fund NHBZ's Passport to Israel Program

St. Louis Jewish Federation – Women's Philanthropy presents:

L'Chaim! Make a Fresh Start

A virtual evening of celebration, community, and giving, on October 27, 5:00-9:00 pm featuring Clea Shearer and Joanna Teplin, founders of *The Home Edit* who will share how Jewish values have shaped them into powerful female entrepreneurs with an inspirational Instagram account, celebrity clients, and a hit Netflix series. NHBZ Sisterhood will serve as a Congregational Table Host for the Event. You can register online at JFedSTL.org/LChaim2021 by Oct. 20.







DELIGIOUS PARTNERSHIP

NHBZ is giving you the opportunity to connect to an Israeli farmer who will create for you your private brand of boutique olive oil bottles!

For you and your family

As an incredible gift In memory of a loved one

Promote Israel! Support your community! A part of the money goes back to NHBZ

mytree.org.il/nhbz

Email for questions: tmargo@sbcglobal.net













Sunday, September 12 11am-2pm

Town Square Pavilion 13360 Clayton Road, Town and Country

\$10/plate

BBQ plate includes choice of Hamburger or Hot Dog PLUS sides, a drink, and dessert.

\$5 for each additional hamburger or hot dog

RSVP by NOON on Friday, Sept. 3 - call 314-991-2100, ext. 2

- Short Tashlich Service with explanations!
- Games for Kids!
- Food and Fun for Families!





Celebrate Sukkot Together!

A New Program of the NHBZ Children & Young Families Committee

Sunday, September 19 10:00 - 11:00 am

Kids and Young Families are invited for a fun and delicious "Edible Sukkah-Making" activity on the NHBZ Patio

- Learn the meaning of the Mitzvah of Sukkot
- See old friends
- Earn bragging rights for the most creative edible Sukkah west of the Mississippi and then enjoy eating the fruits of your labor!





There is no cost for this event.

You need not be a member of NHBZ to attend!

Please RSVP by Wednesday, Sept. 15 to the NHBZ Office at office@nhbz.org or call 314-991-2100, ext. 2.

Sukkot ~ The time of our rejoicing



Teen Schmooze

Teens of all levels of observance welcome

A special opportunity just for teens in an informal group setting

Weekly, starting Sunday, August 29 On the NHBZ Patio Refreshments will be served

Join Rabbi Avi Okin to talk about ... life, Jewish stuff, not-so Jewish stuff, concerns, questions ... and whatever is on your mind!

5th-8th graders 9:00 am - 9:30 am 9th-12th graders 9:30 am - 10:00 am



There is no charge for this program
NHBZ membership not required
Please RSVP to Rabbi Okin at aviokin@nhbz.org

