

# Shabbos and Yom Tov Edition



## NHBZ Weekly News

*Welcome to Nusach Hari B'nai Zion*

Affiliated with Union of Orthodox Congregations of America

**Shabbos - September 25, 2021 • 19 Tishrei 5782**

Candle Lighting 6:36 pm • Shabbos Concludes 7:38 pm

Shabbos Chol HaMoed	Exodus 33:12–34:26	Siddur pp. 478–79	Chumash pp. 504–12
Maftir	Numbers 29:20–29:25	Siddur pp. 476–77	Chumash pp. 896
Haftarah	Ezekiel 38:18–39:16	Siddur p. 480	Chumash pp. 1243–44

**ATTENTION: The eruv is down for this Shabbos.** You will need to verify its availability week to week. Each week, before Shabbos, please call the Eruv Hotline at 314-863-1811.

## Prayer

### Erev Shabbos, Friday, September 24

- 6:35 pm Mincha, Kabbalat Shabbat, Ma'ariv
- 6:36 pm Candle Lighting

### Shabbos, Saturday, September 25

- 9:00 am Shachris followed by Musaf  
Pesukei D'Zimra: **Menachem Szus** Haftarah: **Hal Rosen**  
Shacharis: **TBA** Sermon: **Rabbi Ze'ev Smason**  
Leyning: **TBA** Musaf: **Rabbi Avi Okin**
- 6:15 pm Mincha, Shalosh Seudos, Ma'ariv
- 7:38 pm Shabbos concludes



### Minyan Times September 23 – October 2, 2021

	Thu Sep 23*	Fri Sep 24*	Shabbos Sep 25*	Sun Sep 26*	Mon Sep 27**	Tues Sep 28***	Wed Sep 29****	Thur Sep 30	Fri Oct 1	Shabbos Oct 2
Shachris (am)	6:45	6:45	9:00	8:00	6:30	9:00	9:00	7:00	7:00	9:00
Mincha/Ma'ariv (pm)	6:35	6:35	6:15	6:25	6:25	6:25	6:25	6:25	6:25	6:05

\* Chol HaMoed \*\*Hoshana Rabba \*\*\*Shemini Atzeret \*\*\*\*Simchas Torah

# Congregation News

**Mazel Tov on Simchas This Week! September 26 – October 2, 2021**

## ***Happy Birthday***

Ruth Novack-Alper	September 30
Talia Shifren	September 30
Lewis Schucart	October 1
Ellen Berg	October 2
Hannah Amalya Bialecki	October 2



## ***Happy Anniversary***

Alan & Marcie Brook

## **Events**

### **Coming Soon**

- Thursday, September 23 – Sisterhood "Welcome Back" Open House in the Sukkah
- Tuesday, September 28 -- Simchas Torah Dinner
- Monday, November 15 – "14 Days Living in Eshkol, Israel"
- Sunday, December 12 – 116<sup>th</sup> Anniversary Event

### **On-Going**

- Online Classes – See listing on Page 6
- Every Shabbos, 9:15 am – Learners' Service with Rabbi David
- Every Shabbos, 10:15 am – Starting Points with Rabbi Smason
- Every Wednesday, 12:15 pm – Pirkei Avos Class with Rabbi Smason (**On Hiatus\***)
- Every Thursday, 7:30 pm – Mishmar Learning with Rabbi Okin
- Every Sunday, 9:00 – Teen Schmooze with Rabbi Okin

\* Due to the Holidays, Rabbi Smason's Wednesday classes will pause for September.  
Next class: October 6, 2021.

## **Special Thanks to our Sukkah Builders**

A round of applause for our "professional" Sukkah builders! They schlepped, sorted, smacked things about and we have our Sukkah! Big thanks to our devoted and tenacious volunteers: **Jesse Barash, Bobby Levine** and special guest **Yitzach Rubin!!\***

As always, extra special thanks to **Allan Swan** – he does it all!!! He knows where everything is and how it all fits together. Thank you, Allan, for all you do!!!

\*the ubiquitous Gahkte Leber also helped....a little. 😊

**Shemini Atzeret • September 28, 2021 • 22 Tishrei 5782**

Torah Portion	Deuteronomy 14:22–16:17	Siddur p. 481–3	Chumash pp. 1012–22
Maftir	Numbers 29:35–30:1	Siddur p. 483	Chumash pp. 896–98
Haftarah	I Kings 8:54–8:66	Siddur p. 483-4	Chumash p. 1245



**Simchas Torah Dinner:** Please join us (if you are vaccinated) for LOX & BAGELS! Sponsors requested; please call Nancy in the office 314-991-2100, ext. 2.

**Simchas Torah • September 29, 2021 • 23 Tishrei 5782**

Torah Portion	Deuteronomy 33:1–34:12	Siddur p. 484–5	Chumash p. 1112–24
	Genesis 1:1–2:3	Siddur p. 487–8	Chumash pp. 2–10
Maftir	Numbers 29:35–30:1	Siddur p. 483	Chumash pp. 896–98
Haftarah	Joshua 1:1–1:18	Siddur p. 489–90	Chumash pp. 1246–47

**On-going Covid Guidelines *Shul Policy* \*Please see important update\***

NHBZ requires that all people praying inside the shul show proof of vaccination. You may show your vaccination card to Rabbi Smason before the holidays or as you enter the shul. **If we have no proof of vaccination**, you are welcome to join services from the Kaiser Terrace on the West side of the synagogue.

Masks required of all inside attendees (age 3 and older); masks are strongly encouraged for those outside, too. Children above age 13 have the same vaccination requirements as adults.

Please enter the synagogue from the South entrance (near Logos School).

May this be a year of good health. May this be a year of peace. With our efforts and cooperation, may we help end this pandemic. L'Shana Tova.

**A CALL FOR VOLUNTEERS:** Enjoy serving? Like to decorate? How about stuffing envelopes? Or helping at a Young Families event? If you're willing to help and can offer any amount of time, we have tasks big and small that need your efforts. Please call Nancy at the Office 314-291-2100, ext. 2 and volunteer to support your community today.

# Youth Programming



## **Teen Schmooze is BACK, Sundays**

**"Teen Schmooze"**, a special opportunity just for teens in an informal group setting, is now underway. This program meets every Sunday – middle school students start at 9:00 am, and high school students at 9:30 am. **Join us on the patio at the back of the NHBZ Sanctuary.** Breakfast will be served! For details, contact **Rabbi Okin** at [aviokin@nhbz.org](mailto:aviokin@nhbz.org).

## Israel

### Israeli Olive Oil

Place your orders! To participate in this awesome opportunity is simple:

- Go to the website: [mytree.org.il/nhbz](http://mytree.org.il/nhbz)  
The website will instruct you to click on a button to order either 3 or 6 bottles of oil and will explain how you can get your name placed on your own tree in Israel.
- You will also make your payment on the website. The bottles will be sent to NHBZ and we will contact you to pick them up.
- If you prefer to pay by check or cash please call Nancy (314-991-2100, ext. 2) or email ([office@nhbz.org](mailto:office@nhbz.org)).
- Please contact Margo Tzadok at [tmargo@sbcglobal.net](mailto:tmargo@sbcglobal.net) for any questions.

### **Trib-ute (trib'yoot)**

**A gift, payment, declaration, or other acknowledgement of gratitude, respect or admiration.**

**Make a tribute honor someone's simcha or good health or a loved one's memory.**

**Call Nancy in the office to make a tribute – 314-991-2100, ext 2.**

***Tributes will be listed monthly in the NHBZ Weekly News.***

### **MEN'S MIKVAH USE AT THE STAENBERG BUILDING FOR YOMIM NORAIM**

**HOURS: 9:30 am-4:30 pm Hoshana Rabba**

**PRICES: \$7.50 ADULT**

**\$5.00 PRE-BAR MITZVAH AND YESHIVA BOCHRIM**

**\$5.00 KLEI KODESH**

**"FREE" FOR SONS OF KLEI KODESH (pre-bar mitzvah age)**

**Please: wear a mask; bring your own towel; pay the attendant and sign in.**

**Please contact Lynda Cohen (314) 795-3982 with questions.**

## NHBZ – Yom Kippur Appeal – 2021/5782

Psalms 100 enjoins us to “Ivdu et Hashem B’simcha”, which translates to “Serve Hashem with Joy”.

During the last year, plus, that mitzva has been very challenging to fulfill. We continue to calculate each step we make, as individuals, as families, as a congregation, as a nation and as a whole world.

Nevertheless, at our shul we decided from the outset that, together with being medically responsible, we would press on and find ways to move the needle on the great compass, as far forward as possible and to do so with creativity and joy.

One year ago, we hired Rav Okin to be our Assistant Rabbi in charge of young family and youth and singles programming. This year we hired both a new bookkeeper, Hindy Anton, and Nancy Stenn, our new Shul Administrator. Together with Rabbi Smason and our other staff, they form a dynamic team, who truly believes in our shul’s mission. They are of course, always complemented by our tremendous team of volunteers.

Many new members have joined us, in all age groups. Most recently we have been joined by a family whose children represent a fifth generation of NHBZ members. Our youth programming and young adults programming is accelerating, and I am very optimistic about our shul’s future.

All of the above could not and would not be possible, without your generous donations and gifts to your shul. I am reaching out to you to fulfill the mitzva of Tzedaka at this propitious moment of the Jewish year cycle. Please donate generously to your shul so that we can continue with our missions of in-reach and outreach and make sure that no Jew is left behind. There are many ways that you can donate and also have friends and relatives be recognized in the process. Let’s together fulfill the mitzva of “Ivdu et Hashem B’simcha”

**Shana Tova and G’mar Chatima Tova  
Menachem Szus, Shul President.**



**"Everyone, age 3 and older, wears a mask in the shul. Adults (age 13 and older) must also show proof of vaccination to the Rabbi. Health and safety, first!"**







# New Year Greetings

## 5782 ~ 2021/22

The NHBZ Sisterhood thanks the following for participating in this year's New Year Greeting campaign to wish everyone in our NHBZ family Good Health, Happiness, Prosperity in the New Year...and a good Final Sealing!

## Shanah Tovah U'metuka

Caryn Alper  
 Joanna Alper  
 Lenny & Fran Alper  
 Ruth Novack Alper & Family  
 Debbie & Jesse Barash  
 Craig & Jackie Berkin  
 Sam & Shirley Bluestein  
 Helen Bolt & Family  
 Alan, Marcie, Nathan  
 & Eliana Brook  
 Faye Cohen & Family  
 Frances Cohen & Family  
 June Cohen & Family  
 Julie & Don Eisenberg  
 Teree Farbstein  
 Denny & Amy Feit & Family  
 Mimi Fiszal  
 The Gelbs  
 Andrea & Stan Goldenberg  
 Aida Greenberg  
 Sandy & Marvin Greenberg  
 Joni & Bob Kaiser

Hannah, Lee, Nesya &  
 Emuna Mirowitz  
 Sally & Eliot Katz  
 Estelle Kram  
 Ed & Helayne Levitt  
 Phyllis & Howard Loiterstein  
 Hesh & Marcia Lyons  
 Sally Needle  
 Larry & Robin Pevnick & Family  
 Rachael Pevnick & Family  
 Steve & Myra Radinsky  
 Fran & David Reisle  
 Ellen & Hal Rosen & Family  
 Libby Sorkin Routman & Family  
 Nancy & Jason Rush & Family  
 Debbie & Brian Sher & Family  
 Menachem & Linda Szus  
 Jerry & Gail Tullman  
 Margo & Reuven Tzadok  
 Peggy & Jay Umansky  
 Stella & Leonid Vladimirov  
 Faith & Bruce Waxman

**Thank you for your generosity in support of our Sisterhood!**



Call the Office @ 991-2100, ext.3



Email: [sisterhood@nhbz.org](mailto:sisterhood@nhbz.org)



Support our NHBZ Sisterhood



# Learning at NHBZ

## ● Shabbos Chol Ha'Moed Sukkos

On the Shabbos that falls during the Intermediate Days (*Chol Ha'Moed*) of Sukkos, the regular cycle of Torah readings is interrupted with a reading that reflects the theme of the holiday. Our reading this Shabbos is a section of the book of Exodus. Specifically, it is the text from divisions (*aliyos*) three through six of Parsha Ki Sisa, but newly divided into seven aliyos for a complete Shabbos reading.

Ki Sisa, you will remember, is when Moses comes down from Mount Sinai with the first set of tablets to find that the Jewish people had made a golden calf. Moses breaks the tablets and G-d punishes the guilty. This Shabbos' reading begins right after that point. Toward the end of this Torah reading, G-d gives the commandments to observe the three festivals of Passover, Shavuot, and Succos and to appear in Jerusalem on those three occasions

## ● NHBZ Mishmar

Join Rabbi Okin and young men from all over St. Louis for Mishmar, an evening gathering of Torah and Camaraderie on Thursday Nights from 7:30 pm – 8:00 pm. ***We will meet indoors at the back of the NHBZ sanctuary*** with a text-based and interactive learning session. If you are interested, join the WhatsApp group with this link:

<https://chat.whatsapp.com/leuwWw6NTFIDC96XIXkRGv>

## ● Rabbi Smason's Shabbos Shoutout

The complete list of Shabbos Shoutouts, with most recent listed first, can be found at

[https://www.youtube.com/playlist?list=PLI\\_MFI0zsmKlImpR3KpHROrHDWIDNbqsN](https://www.youtube.com/playlist?list=PLI_MFI0zsmKlImpR3KpHROrHDWIDNbqsN)

## ● Rabbi Okin's Torah Thoughts

The complete list of Torah Thoughts, with most recent listed first, can be found at:

[https://www.youtube.com/playlist?list=PLI\\_MFI0zsmKJG-HuXMG1Ej2aUImgQHkJ-](https://www.youtube.com/playlist?list=PLI_MFI0zsmKJG-HuXMG1Ej2aUImgQHkJ-)

## ● Rabbi David's Learners' Service

Every Shabbos at 9:15 am. Just starting out? No worries. Rabbi David teaches the basics of Shabbos prayers.

## ● Rabbi Smason's Starting Points

Join Rabbi Smason for a 45-minute presentation/discussion of relevant, contemporary topics every Shabbos at 10:15 am in the Feigenbaum-Pepose Multi-Purpose Room. Upcoming topics coming soon!



## NHBZ Online Classes

Rabbi Ze'ev Smason will keep you connected during this challenging time. The classes listed below are easy to join and you can drop in on one without having previously attended. All classes are offered through Zoom video conferencing on your computer or smart phone (you do not need to download the Zoom application to see the class) AND through audio only on your telephone.

### Instructions to Attend Classes

**For audio** through your telephone, connect in one of two ways:

1. *Preferred option* - Call 312-626-6799 which connects you to the ZOOM audio number and will enable you to participate fully, except for the video. Toll Free.
2. Or call 314-325-8791 for our old audio connection. We encourage you to use the *preferred option* since this way might become unavailable soon.

**For Zoom video**, each class has a Zoom link shown underlined in blue below. Click or tap on the link, or copy and paste the link into your browser to join the class.

### List of Rabbi Ze'ev Smason's Zoom Classes

1. Weekdays, 8:15 am (Sun 9:15 am) ~ New topic "Tehillim Tips: Insights Into Our Prayers". Sessions are approximately 30 minutes.  
Zoom video link: <https://zoom.us/j/99013706617>
2. Monday thru Friday, 3:00 pm - 3:30 pm ~ "King Solomon: His Wisdom, Wealth and Wives".  
Zoom video link: <https://zoom.us/j/136785930> **Class will resume October 4**
3. Fridays, 8:15 am ~ Discussion of the "Haftorah of the Week"  
Zoom video link: <https://zoom.us/j/99013706617>
4. Mondays, 7:45 pm ~ **"To the Source"** covers contemporary Torah topics using classic and modern English and Hebrew texts.  
Zoom video link: <https://zoom.us/j/295822730> **"To The Source" is now on pause, possibly continuing after the Holidays**







# THE SISTERHOOD SCOOP

# SEPTEMBER 25

Volume 4

Number 37

19 Tishrei 5781

September 25, 2021

**NHBZ Sisterhood wishes you and your family a healthy, happy, and sweet New Year!**

**St. Louis Jewish Federation  
Women's Philanthropy presents:  
*L'Chaim! Make a Fresh Start***

**A virtual evening of celebration,  
community, and giving, on**

**October 27, 5:00-9:00 pm**

featuring *Clea Shearer & Joanna Teplin*,  
founders of *The Home Edit*...

...who will share how Jewish values have shaped them into powerful female entrepreneurs with an inspirational Instagram account, celebrity clients, and a hit Netflix series.

Our NHBZ Sisterhood will serve as a Congregational Table Host for the Event.

Register online by October 20 at  
[www.JFedSTL.org/events/lchaim2021/](http://www.JFedSTL.org/events/lchaim2021/)

**“A ship in harbor is safe,  
but that is not what ships  
are built for.”**

– **John A. Shedd**

(sometimes attributed to Albert Einstein)

## Book Club News

**Mark your calendars now for these  
upcoming Book Club discussions:**

- ☐ **Oct. 25 “The Third Daughter”** by Talia Carner  
– discussion led by *Ilene Brooks Scharnhorst*
- ☐ **Dec. 27 “The Ghost of Hannah Mendes”**  
by Naomi Ragen

For more information or to  
**RSVP call Terri Schnitzer**  
at 314-518-4107 or email  
[terrischnitzer@yahoo.com](mailto:terrischnitzer@yahoo.com)



## A Perfect Cycle – Sukkos



Sukkot comes at the exact right time of the year, psychologically and emotionally speaking. If it were not for the advent of Sukkot and all of the preparations involved regarding this festival of joy and happiness, we would all be very depressed at having to climb down from the pinnacle of Yom Kippur to everyday mundane existence.

The Torah allows us to contemplate our future year with a sense of happiness and satisfaction. The sukkah signifies the protection that the L-rd will provide us with for the whole coming year. Though the actual sukkah may be small and relatively flimsy as compared to our homes, it nevertheless symbolizes faith, serenity and confidence in the eternity of Israel and its Torah.

The four species of vegetation that are an integral part of Sukkot reinforce our appreciation of the beauty of G-d's world. It reminds us that the world can be a Garden of Eden and we should not destroy it or be expelled from it.

The different species represent the harmony of nature, the flash of its color and its built-in symbiotic nature. Whereas pagans worshipped nature, Judaism recognizes nature as one of the great wonders of G-d's creation.

Abraham had it right when he stated that people wonder at the magnificence of a beautiful building but ignore the genius of the architect that designed it. Judaism, while always impressed by the wonder of the building itself, always looks intently to recognize and acknowledge the architect behind it. Sukkot helps remind us of the necessity to always search for that architect in all of the facets of our lives and world.

Sukkot also reveals clearly our dependence upon Heaven for rain – for water. Without water in abundance, life cannot function and grow. The Torah tells us that the L-rd sent us purposely into a land where water is a precious commodity. There are no great rivers or giant lakes that appear on the landscape of the Land of Israel. We are therefore dependent on the winter season's rains.

We pray on Sukkot for those rains to be abundant, gentle and saturating. Rain has a cleansing effect not only on the air we breathe but on the life spirit that exists in us. Thus its deep association with the joy of Sukkot.

Rain and water also symbolize Torah and purification. Moshe, in his final oration to Israel, states that his words of Torah should be felt as gentle rain and dew descending on the Holy Land. The prophet Yeshayahu compares Torah to water as does King David in Tehillim.

The holiday of Sukkot reinforces this connection with its own link to Simchat Torah, the day that marks the conclusion of this great and noble holiday period. For as obvious as it is that the Land of Israel cannot survive and prosper without water, so too the people of Israel will be unable to prosper and survive without an attachment to Torah, its commandments and values. The message of Sukkot is the perfect conclusion to the spirituality of Yom Kippur.

– from **Rabbi Berel Wein** ([www.torah.org](http://www.torah.org))





# **Teen Schmooze**

*Teens of all levels of observance welcome*

***A special opportunity just for teens  
in an informal group setting***

***Weekly, starting Sunday, August 29  
On the NHBZ Patio***

***Refreshments will be served***

**Join Rabbi Avi Okin to talk about . . . life,  
Jewish stuff, not-so Jewish stuff, concerns,  
questions . . . and whatever is on your mind!**

***5<sup>th</sup>-8<sup>th</sup> graders 9:00 am - 9:30 am***

***9<sup>th</sup>-12<sup>th</sup> graders 9:30 am - 10:00 am***



## **Got Questions**

**There is no charge for this program**

**NHBZ membership not required**

**Please RSVP to Rabbi Okin at [aviokin@nhbz.org](mailto:aviokin@nhbz.org)**



# DELICIOUS PARTNERSHIP

NHBZ is giving you the opportunity to connect to an Israeli farmer who will create for you your private brand of boutique olive oil bottles!

For you and your family    As an incredible gift    In memory of a loved one

Promote Israel! Support your community!  
A part of the money goes back to NHBZ

[mytree.org.il/nhbz](http://mytree.org.il/nhbz)

Email for questions: [tmargo@sbcglobal.net](mailto:tmargo@sbcglobal.net)



COLD PRESSED EXTRA VIRGIN ISRAELI OLIVE OIL

