



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

November 20, 2021 • 16 Kislev 5782 • Candle Lighting 4:27pm • Shabbos Concludes 5:29pm

Parshas Vayishlach
Haftorah

Genesis 32:4 – 36:43
Obadiah 1:1 – 1:21

Stone Chumash pp. 170 – 197
Stone Chumash pp. 1141 – 1142

ATTENTION: The Eruv is down for this Shabbos as of publication (Thursday, November 18). Please verify its availability weekly at 314-863-1811.

We thank the generous sponsors of this edition of the NHBZ Weekly News
David, Norma and Yitzchak Rubin are grateful to the anonymous donors and all NHBZ for their thoughtful, generous, and delicious kiddush in David's honor.

Prayer

Shabbos, Friday, November 19

- 4:25 pm Mincha, Kabbalat Shabbat, Ma'ariv
- 4:27 pm Candle Lighting

Shabbos, Saturday, November 20

- 9:00 am Shachris followed by Musaf
Pesukei D'Zimra: **Howard Sandler** Haftorah: **Stuart Klamen**
Shacharis: **Rabbi Avi Okin** Sermon: **Rabbi Ze'ev Smason**
Leyning: **Stuart Klamen** Musaf: **Rabbi Avi Okin**
- 4:10 pm Mincha, Shalosh Seudos, Ma'ariv
- 5:29 pm Shabbos concludes



Minyan Times November 18 – November 27, 2021

	Thu Nov 18	Fri Nov 19	Shabbos Nov 20	Sun Nov 21	Mon Nov 22	Tues Nov 23	Wed Nov 24	Thur Nov 25	Fri Nov 26	Shabbos Nov 27
Shachris (am)	7:00	7:00	9:00	8:00	7:00	7:00	7:00	8:00	8:00	9:00
Mincha/Ma'ariv (pm)	--	4:25	4:10	4:20	4:20	--	--	4:20	4:20	4:10
Ma'ariv Only (pm)	6:45	--	--	--		6:45	6:45	--	--	--

Shabbos Mornings Kids' Programs: Every Shabbos, from 10:00 am until Kiddush is served, NHBZ offers programs for elementary and middle school students. Bring them into the beauty of honoring Shabbos with their community. Families do NOT need to be members of NHBZ to participate. See you Shabbos!

Call for Minyanim

Your attendance is needed. Check in with Rabbi Smason or Howard Sandler and find a time when you can help. If you would like to receive SMS reminders for your minyan attendance, please send the following information to minyan@nhbz.org: Name; cell number and carrier; and times for which you would like reminders. Let your voice help lift our prayers.

Congregation News

Mazel Tov on Simchas This Week! November 21 – November 27, 2021

Happy Birthday!

Evan Garmaise November 21
Dr. Erol Amon November 22
Dr. Alan Brook November 22

Jay Umansky November 25
Sandra Greenberg November 27
Shirley Hollander November 27

Events

Coming Soon

- Thursday, November 25 – Thanksgiving Parent/Child Learning & Gratitude Program
- Sunday, December 5 – Kosher Thanksgiving for First Responders
- Sunday, December 12 – Family Chanukah Party
- – 116th Anniversary Event – LIVE & In-Person at the Clayton Plaza

On-Going

- Online Classes – See listing on Page 8
- Every Shabbos, 9:15 am – Learners' Service with Rabbi David
- Every Shabbos, 10:00 am – Shabbos Morning Kids' Program
- Every Shabbos, 10:15 am – Starting Points with Rabbi Smason
- Every Monday, 8:00 pm – St. Louis Kollel Amud-A-Week
- Every Wednesday, 12:15 pm – Pirkei Avos Class with Rabbi Smason
- Every Thursday, 7:00 pm – Mishmar Learning with Rabbi Okin
- Every Saturday Night, 7:30 pm – ChillZone with Rabbi Okin
- Every Sunday, 9:00 am – Teen Schmooze with Rabbi Okin

116th Anniversary Banquet

Clayton Plaza Hotel Information

With the Anniversary Dinner just weeks away, we want to remind you that attendees should be fully vaccinated. The Clayton Plaza Hotel strongly recommends that all its employees be vaccinated, although it does not require them to show proof. All employees, including those serving at our event, are required to wear masks. Stay tuned for updates. We look forward to celebrating with you!

St. Louis Kollel Amud-A-Week at NHBZ

Mondays, 8:00 p.m. All men are welcome! See flyer for additional locations and details.

WE'RE HAVING A CHANUKAH PARTY!!!



RSVP THIS WEEK

Final Week for Early-bird Pricing

***GREAT game and BINGO prizes for Kids & Adults including imagination toys and Ahava products**

Come out and PLAY! Join the celebration on the 8th day of Chanukah!

Bring your family and friends. Great food! Great people! Great fun!

Full-sized flyer at the back of this newsletter.

Havdalathon Light the Night in the Glow of Success!

We had a wonderful turnout (3 rabbis and almost 30 people) and enjoyed sharing the beauty of Havdalah ceremony. (Great flyer, **Bexley Lyss!**) The music was particularly fun (thanks, **Rabbi Shmuel Miller!**), and some inspiring creations came out of the activities. **Alan & Vivian Zarkowsky** and **Allan Swan** made sure that hot delicious pizza (and ice cream) was had by all! Thanks to **Anna Rose Tandler** for having everything we needed on hand, and to **Teretha Carter**, for greeting everyone and doing the things that keep our house a home. Thanks to everyone who joined the fun and made the event a success!

Thanksgiving Morning – Special Teen Schmooze (Parents Invited!) 8:45 am

NHBZ invites you to join a special Parent-Child Teen Schmooze beginning at 8:45 am on Thanksgiving morning.

Explore the Jewish concept of Gratitude over a delicious breakfast.

Express your thanks for our local first responders by writing thank you letters that will be delivered with the annual NHBZ Kosher Thanksgiving meal.



NHBZ ELECTION RESULTS

Polls closed at Noon on November 14, 2021

The election results are in.

Congratulations to the new Officers and newly elected Board Members

NHBZ Officers for 2020

President	Kenny Bressler
Vice President	Jennifer Hartranft
Vice President	Stella Vladimirov
Vice President	(open)
Vice President	(open)
Treasurer	Denny Feit
Secretary	(open)
Gabbai	Alan Zarkowsky

Newly Elected Board Members

Full 3-Year Term, 2022 - 2024

Rhonnie Goldfader
Joni Kaiser
Bobby Levine
Ed Levitt
Gavriel Matt

Filling Partial Term, 2022 - 2023

Teree Farbstein
Mike Minoff
Fran Reisler

Continuing Board Members

Through 2023

Marcie Brook
Faye Cohen

Through 2022

Caryn Alper
Howard Loiterstein
Nancy Belau Rush
Margo Tzadok
Richard Woolf

*Thanks to all who
attended the
membership
meeting and voted
in the election!
Stay tuned for the
installation date.*



Trustees

**Leonard Alper
Craig Berkin
Sam Bluestein
Janet Haber**

**Robert Kaiser
Mark Ragin
Irwin Rosen**

**Menachem Szus
Jay Umansky
Alan Zarkowsky**

In the Community

JSU 19th Annual Gala (Virtual Event) December 5

The Jewish Student Union (JSU) pays tribute to Dr. Jay Pepose & Dr. Susan Feigenbaum and Mr. Bob Hardcastle for all they have done to strengthen the St. Louis Jewish Community, its youth in particular. Please visit jsustl.org/galarsvp. For more information, please contact info@jsustl.org or call Rabbi Mike at 314-498-6279.

Staenberg Building

Mens' Winter use of the Mikvah will be Fridays, 1:00-3:00 pm. Please contact them with any questions.

Youth Programming

Shabbos Morning Kids' Program, Every Shabbos

NHBZ offers Shabbos morning programs for elementary and middle school students. Programs offered from 10:00 am until Kiddush is served. All program content will be personally designed and coordinated by Rabbi Okin. Families do NOT need to be members of NHBZ to participate. Please contact Rabbi Okin at aviokin@nhbz.org with any questions. See you on Shabbos!



ChillZone **NEW!** Saturday nights

Join children from around St. Louis, 5th grade and up, at NHBZ at 7:30 pm on Saturday nights for pizza, fun, and prizes while exploring Judaic topics with Rabbi Okin. Come get in the ChillZone.

Teen Schmooze, Sundays

"Teen Schmooze", a special opportunity just for teens in an informal group setting, is now underway. This program meets every Sunday – middle school students start at 9:00 am, and high school students at 9:30 am. **Join us in the back of the NHBZ Sanctuary.** Breakfast will be served! For details, contact Rabbi Okin at aviokin@nhbz.org.

Learning at NHBZ

● **Parashas Vayishlach – By Rabbi Smason**

Jacob and his family returned from the house of Laban to the land of Israel, only to find Esau heading toward them with 400 men, ready for battle. After preparing his family for war and praying to G-d for help, Jacob attempts to appease his brother by sending him a gift of many animals. After his family crosses the river to await the meeting with Esau, Jacob is left alone for an all-night 'confrontation' with an angel disguised as a man. Although Jacob is victorious, he is left limping from a hip-dislocation. Rejoining his family, Jacob encounters Esau who accepts him with an apparent new-found brotherly love. Jacob and Esau part ways in peace. Another crisis arises when Jacob's daughter Dinah is abducted and raped by Shechem, the prince of a town with the same name. Two of Jacob's sons, outraged at the humiliation caused to their sister, trick the town's residents into circumcising themselves on the condition that they would then be allowed to intermarry with Jacob's family. Simeon and Levi (two sons of Jacob) then decimate the entire city and save Dinah. Later in the portion, G-d blesses Jacob and gives him the additional name, Israel. Soon after, Rachel dies while giving birth to Benjamin, Jacob's twelfth son. Finally, Jacob returns home and is reunited with his father Isaac. The Torah portion concludes with a lengthy genealogy of Esau's family.

Ask our Rabbis

Q: We see that a number of men in Tenach had multiple wives, including Abraham and Jacob. Is polygamy still permissible in Judaism?

A. On the Biblical level, there is no issue with a man being married to more than one woman. There are a number of caveats that our Rabbis add to this allowance. The first is the husband must make sure that he takes care of each wife properly. This means that each wife receives food, clothing, and attention from her husband (Yevamos 65a). Moreover, the husband must receive permission to marry additional women from his current wives (Maaseh Rekach). Chazal also do not recommend the concept, as marrying additional women can increase strife in the home.

Polygamy is not currently practiced because Rabbeinu Gershom Ben Yehudah banned the practice of polygamy for Ashkenazim in the year 1000 CE for a number of reasons. First, it was instituted to prevent people from taking advantage of their wives (Rashba). Second, it was intended to avoid potential infighting between rival wives (Mordechai). Third, Rabbi Gershom was concerned lest the husband be unable to provide properly for all his wives (Maharam mi-Padua). Sefardim do not have the same ban, although the practice has fallen out of practice.

● **Rabbi Smason's Starting Points**

Join Rabbi Smason for a 45-minute presentation/discussion of relevant, contemporary topics every Shabbos at 10:15 am in the Feigenbaum-Pepose Multi-Purpose Room. Upcoming topics:

November 20	Thanksgiving: An Attitude of Gratitude
November 27	Chanukah: Do Miracles Still Happen?



● **Rabbi Smason's Wednesday In-Person Class**

Same place, same time, same health and safety rules.

*** Please note: No class Wednesday, November 24**

● **Rabbi David's Learners' Service**

Every Shabbos at 9:15 am. Just starting out? No worries. Rabbi David teaches the basics of Shabbos prayers.

● **NHBZ Mishmar**

Join Rabbi Okin and young men from all over St. Louis for Mishmar, an evening gathering of Torah and Camaraderie on Thursday Nights from 7:00 pm – 7:30 pm. **We will meet in the back of the NHBZ sanctuary** with a text-based and interactive learning session. If you are interested, please contact Rabbi Okin at aviokin@nhbz.org.

● **Rabbi Smason's Shabbos Shoutout**

The complete list of Shabbos Shoutouts, with most recent listed first, can be found at https://www.youtube.com/playlist?list=PLI_MFI0zsmKIImpR3KpHROrHDWIDNbqsN

● **Rabbi Okin's Torah Thoughts**

The complete list of Torah Thoughts, with most recent listed first, can be found at: https://www.youtube.com/playlist?list=PLI_MFI0zsmKJG-HuXMG1Ej2aUImqQHkJ-



On-going Covid Guidelines Shul Policy

NHBZ requires that all people attending tefila (prayer services), classes or other NHBZ programs and activities show proof of vaccination. You may show your vaccination card to Rabbi Smason whenever convenient for you both, or on Shabbos as you enter the shul. Once you have shown Rabbi Smason your vaccination card, there is no need to do so again.

If we have no proof of vaccination, you are welcome to join Shabbos services from the Kaiser Terrace on the West side of the synagogue. You are also welcome to enter the synagogue to ask a question of the rabbis and staff, conduct business in the office, pick up or leave an item, or for any other reason that might last for a brief period of time.

Masks required of all inside attendees, age 3 and older; masks are strongly encouraged for those outside, too. Children aged 12 and older have the same vaccination requirements as adults.



NHBZ Online Classes

Rabbi Ze'ev Smason will keep you connected during this challenging time. The classes listed below are easy to join and you can drop in on one without having previously attended. All classes are offered through Zoom video conferencing on your computer or smart phone (you do not need to download the Zoom application to see the class) AND through audio only on your telephone.

Instructions to Attend Classes

For audio through your telephone, connect in one of two ways:

1. *Preferred option* - Call 312-626-6799 which connects you to the ZOOM audio number and will enable you to participate fully, except for the video. Toll Free.
2. Or call 314-325-8791 for our old audio connection. We encourage you to use the *preferred option* since this way might become unavailable soon.

For Zoom video, each class has a Zoom link shown underlined in blue below. Click or tap on the link, or copy and paste the link into your browser to join the class.

List of Rabbi Ze'ev Smason's Zoom Classes

1. Weekdays, 8:15 am (Sun 9:15 am) ~ New topic "Tehillim Tips: Insights Into Our Prayers". Sessions are approximately 30 minutes.
Zoom video link: <https://zoom.us/j/99013706617>
2. Monday thru Friday, 3:00 pm - 3:30 pm ~ "King Solomon: His Wisdom, Wealth and Wives".
Zoom video link: <https://zoom.us/j/136785930> * **No Class Thanksgiving Week!**
3. Fridays, 8:15 am ~ Discussion of the "Haftorah of the Week"
Zoom video link: <https://zoom.us/j/99013706617>



THE SISTERHOOD SCOOP

NOVEMBER 20

Volume 4

Number 45

16 Kislev 5782

November 20, 2021

HAPPY THANKSGIVING!



This week's quote

Civility vs. Civil Society

"Civility and civil society look like different things. One is a personal matter of manners, sensitivity, politeness, tact. The other is a social phenomenon: associations, congregations, communities of commitment. What connects them is concern for the welfare of others, a refusal to let everything be determined by politics or economics, an insistence that human beings owe one another a respect that is not coerced or paid for, but simply because they are human beings. Civility and civil society represent the power of the personal in a world of impersonal forces. They create friendships in societies where we are thrown together as strangers. They are oases of togetherness in the anonymity of urban life and the lonely crowd. They cut across conflict and competition. If we lose civility, and if civil society becomes politicized, the future of freedom is in danger."

– **Rabbi Lord Jonathan Sacks** ^{Z"l}
The Home We Build Together

Join Sisterhood in celebrating

NHBZ's

116th Anniversary

Sunday, December 12

*Clayton Plaza
Hotel*



**Send in your Ads!
Reserve your meals!**

**Mail your RSVP card today, or
Call: 314-991-2100, ext.2, or
Email: reservations@nhbz.org**

Don't miss out!

THIS WEEK IN JEWISH HISTORY

The 19th of Kislev – this year November 23, 2021

– **in 1798** – Rabbi Schneur Zalman of Liadi, the founder of Chabad Chassidism was freed from his imprisonment in czarist Russia. Known as the Alter Rebbe, he was the author of Tanya, Shulchan Aruch HaRav, and other profound works. After disproving the false charges of his opponents, he so impressed the ministers and even the czar himself with his wisdom, that the entire Chassidic movement was vindicated, and he was able to redouble his efforts and disseminate his teachings freely on a far broader scale.

– **in 1772** – 26 years before Rabbi Schneur Zalman's release from prison, Rabbi DovBer, known as the Maggid of Mezeritch, and the chief disciple and successor of the Baal Shem, passed away after predicting: "This day is our *yom tov*."

Kosher Thanksgiving

Police and Firefighters Feast

NHBZ loves the security and protection that the Olivette Police and Firefighters provide, and is grateful for their superior service!

Let's show our appreciation by cooking and serving a traditional Thanksgiving dinner for police officers and firefighters who must spend Thanksgiving on call at the station rather than at home with their families.

We make this happen without donations this year because there is money left from our previous year.


We are not asking for volunteers this year because the number of people involved must remain limited due to pandemic.

Leading up to Thanksgiving, as well as on Thanksgiving Day itself, we will still be busy:

- picking up groceries
- preparing food in the NHBZ kitchen
- delivering the Thanksgiving Feast to the Police and Firefighters on Thanksgiving Day



**If you have any questions, please contact
Stella Vladimirov at (314) 540-4450**

The background of the entire image is a rustic autumn-themed still life. It features several pumpkins in shades of orange and yellow, some whole and some cut open. There are also brown, dried leaves scattered around. The background is set against a dark, textured wooden surface. A light-colored, possibly white or cream, fabric is draped over the top and bottom edges of the scene. The central text is contained within a white rectangular box with a slightly distressed, hand-drawn border.

NHBZ invites you to join
A very thankful Teen Shmooze

Thursday November 25
8:45am @ NHBZ

**RSVP to office@nhbz.org
Questions? Email aviokin@nhbz.org**

Explore the Jewish
concept of Gratitude

Enjoy a delicious breakfast!

Express thankfulness
to first responders



Things to do this week:

- 1. Buy Turkey; 2. Bake pumpkin pie;**
- 3. RSVP for NHBZ Dinner & Submit Ad**

116th Anniversary Banquet

Honoring



HaKaras HaTov
Award
Alan Haber



Guests of Honor
Lenny & Fran Alper



Israel Advocacy
Award
Shaving Israel

Sunday, December 12, 2021

Clayton Plaza Hotel

**7750 Carondelet Ave
Clayton, MO 63105**

Hors d'oeuvres at 5:30PM / Dinner & Program at 6:30PM

\$136.00 per person

RSVP no later than November 29!

Anniversary Dinner Committee

Sandie Abrams, Fran & Lenny Alper, Jesse Barash, Teree Farbstein, Marsha Feenberg, Rhonnie Goldfader, Fran Hoffman, Dr. Eliot Katz, Bobby Levine, Robin Rickerman, Nancy Rush, Nancy Stenn, Anna Rose Tendler

To ensure everyone's health and safety, attendees should be fully vaccinated and follow the hotel's latest Covid-19 guidelines, including wearing masks in public spaces: <https://www.cpclayton.com/covid-19>. NHBZ is carefully monitoring the changing Covid situation. Please consult www.nhbz.org for updates.

Don't miss out on NHBZ's biggest celebration of the year!

11.14.2021



JOIN US FOR A FAMILY Chanukah Party!

Sunday December 5th, 2021
12:00-3:00 pm

Kids Games - Prizes



Chocolate Gelt For all

Festive Chanukah Lunch

Food supervised by Rabbi Smason



Bingo with prizes for kids and adults • Music by Howard
Way Cool Balloons Donated by Mike Geerlof



Adults-\$18 • Kids 10 and under-\$11 • 3 and under no charge • \$62 Family cap

AFTER NOVEMBER 21 prices are \$25, \$16 and \$87



PLEASE RSVP BY NOVEMBER 21

There are a limited number of tables. No walk-ins.

at: office@nhbz.org or call 314-991-2100.



Consider being a sponsor for \$54 to \$360



Covid protocols in place and proof of vaccination for those 12 and older.
Masks required of all attendees, age 3 and older.



CHILLZONE

— NEW SEASON STARTING —

Girls & Boys
5th grade & up

chillzone.org

[insta@chillzone_national](https://www.instagram.com/chillzone_national)

[fb@chillzoneintl](https://www.facebook.com/chillzoneintl)

St. Louis

NHBZ
650 N Price Rd
St. Louis, MO 63132

Starts Nov 20TH!

**Saturday nights
@ 7:30 pm**

Need info? chillzone@thezone.org

Rabbi Avi Okin: 862-438-4094