



# NHBZ Weekly News

## Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

January 29, 2022 • 27 Shevat 5782 • Candle Lighting 5:00 pm • Shabbos Concludes 6:04 pm

Parshas Mishpatim Exodus  
Haftorah

Exodus 18:1 – 20:23  
Jeremiah 34:8 – 22, 33:25 – 26

Chumash pp. 394 – 415  
Chumash pp. 1156 – 1157

## Prayer

### Shabbos, Friday, January 28

- 4:55 pm Mincha, Kabbalat Shabbat, Ma'ariv
- 5:00 pm Candle Lighting

### Shabbos, Saturday, January 29

- 9:00 am Shachris followed by Musaf  
Pesukei D'Zimra: **Menachem Szus** Haftorah: **Kenny Bressler**  
Shacharis: **Rabbi Avi Okin** Sermon: **Rabbi Ze'ev Smason**  
Leyning: **Stuart Klamen** Musaf: **Rabbi Avi Okin**



- **Following Musaf – Installation of Officers Celebration**

Please join us after Shabbos services for the Installation of Officers and Board Members. We will have Kiddush in the back of the sanctuary, followed by the passing of the gavel and some remarks. Thank you to the Officers and Board for your service, and Mazel tov!

- 4:45 pm Mincha, Shalosh Seudos, D'var Torah by **Rabbi Avi Okin**, Ma'ariv
- 6:04 pm Shabbos concludes

### Shabbos Mornings Kids' Programs

**Every Shabbos**, from 10:00 am until Kiddush is served, NHBZ offers programs for elementary and middle school students. Families do NOT need to be members of NHBZ to participate. See you Shabbos!

### Minyan Times January 27 – February 5, 2022

|                     | Thu<br>Jan<br>27 | Fri<br>Jan<br>28 | Shabbos<br>Jan<br>29 | Sun<br>Jan<br>30 | Mon<br>Jan<br>31 | Tues<br>Feb<br>1* | Wed<br>Feb<br>2* | Thu<br>Feb<br>3 | Fri<br>Feb<br>4 | Shabbos<br>Feb<br>5 |
|---------------------|------------------|------------------|----------------------|------------------|------------------|-------------------|------------------|-----------------|-----------------|---------------------|
| Shachris (am)       | 7:00             | 7:00             | 9:00                 | 8:00             | 7:00             | 6:45              | 6:45             | 7:00            | 7:00            | 9:00                |
| Mincha/Ma'ariv (pm) | --               | 4:55             | 4:45                 | 5:00             | 5:00             | --                | --               | --              | 5:00            | 4:55                |
| Ma'ariv Only (pm)   | 6:45             | --               | --                   | --               | --               | 6:45              | 6:45             | 6:45            | --              | --                  |

\*Rosh Chodesh Adar I

# Congregation News

## Mazel Tov on Simchas This Week! January 30 – February 5

### ***Happy Birthday***

|                |            |                    |            |
|----------------|------------|--------------------|------------|
| Irwin Fredman  | January 30 | Paul Kleiman       | February 4 |
| Andrew Berg    | January 31 | Rabbi Ze'ev Smason | February 4 |
| Max Amon       | February 4 | Jeffrey Schnitzer  | February 5 |
| Kerry Klarfeld | February 4 | Sivya Smason       | February 5 |



### Events

#### **Coming Soon**

- This Shabbos, January 29 – Installation of Officers and Board Members

#### **On-Going**

- Online Classes – See listing on Page 6
- Every Shabbos
  - Learners' Service with Rabbi David, 9:15 am
  - Shabbos Morning Kids' Program, 10:00 am
  - Starting Points with Rabbi Smason, 10:15 am
  - "Exploring Emunah – Faith in Hashem", at Shalosh Seudos with Rabbi Okin
- Saturday Nights, 7:30 pm – ChillZone with Rabbi Okin
- Sunday mornings, after Shachris – Mishna learning with Rabbi Swidler
- Mondays, 8:00 pm – St. Louis Kollel Amud-A-Week
- Wednesdays, 12:15 pm – Pirkei Avos Class with Rabbi Smason
- Thursdays, 7:00 pm – Mishmar Learning with Rabbi Okin (Resumes 1/27)



## **Installation Shabbos – January 29, 2022**

### ***Officers***

|                  |                    |
|------------------|--------------------|
| President        | Kenny Bressler     |
| Vice President   | Jennifer Hartranft |
| Vice President   | Stella Vladimirov  |
| Treasurer        | Denny Feit         |
| Acting Secretary | Lenny Alper        |
| Gabbai           | Alan Zarkowsky     |

### ***Board of Directors***

|                   |                    |
|-------------------|--------------------|
| Caryn Alper       | Ed Levitt          |
| Nancy Belau-Rush  | Howard Loiterstein |
| Marcie Brook      | Gavriel Matt       |
| Dr. Faye Cohen    | Mike Minoff        |
| Teree Farbstein   | Fran Reisler       |
| Rhonnie Goldfader | Margo Tzadok       |
| Joni Kaiser       | Richard Woolf      |
| Bobby Levine      |                    |

### ***Trustees***

|                  |                |
|------------------|----------------|
| Leonard Alper    | Mark Ragin     |
| Samuel Bluestein | Irwin Rosen    |
| Dr. Craig Berkin | Menachem Szus  |
| Janet Haber      | Jay Umansky    |
| Robert Kaiser    | Alan Zarkowsky |

## Weekly News Deadline

Gentle readers, the **deadline** for submissions to the NHBZ Weekly News is **Tuesday, 12:00 Noon**. Items received after 2:00 pm Tuesdays will NOT be included in that week's publication. Your attention to and cooperation with this is greatly appreciated by your Weekly News Crew.

## Eruv Hotline

Please check each week to see if the Eruv is up! The Eruv hotline number is 314-863-1811.

## NHBZ CLOSET CLEANING TIME **LAST CALL**

Gotta make room for the skeletons. It's time to clean out the upstairs coat closet!

Please take a moment during January and take home anything that belongs to you. Soon, there will be small, individual bins for you to use. Keep an eye out.

Come January 31, make no bones about it, everything is up for grabs! If it's not yet claimed, it is in grave danger of being donated. (Fringe benefit: we will NOT throw out any tallasim.) Forewarned is fore-armed.



## Call for Minyanim – Your attendance is needed

Please check in with Rabbi Smason or Howard Sandler and commit to a time to help. Text message reminders for your minyan attendance are available. Please provide the following information to [minyan@nhbz.org](mailto:minyan@nhbz.org): Name; cell number and carrier; and times for which you

NUSACH HARI B'NAI ZION • 650 NORTH PRICE ROAD • SAINT LOUIS MISSOURI 63132



**DOLLAR-A-DAY  
PUSHKE CAMPAIGN**

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**DOLLAR-A-DAY  
PUSHKE CAMPAIGN**

Thank you for your continuing participation in the NHBZ Pushke campaign. You will recall that the program calls for the collection of the Pushkes every three months and our returning the now empty Pushkes back to you to continue the ongoing cycle of daily contributions. The fourth cycle is now set to conclude Monday, January 31. At that time or a few days before, please drop off your Pushke at the shul office. The contents will be emptied, credited to your account and the now empty Pushke immediately returned to you for continued future use. Please call in advance (314-991-2100, Ext 2) to schedule drop off or to arrange for us to pick-up the Pushke at your home. Another convenient option is to send in a check for the amount saved in the Pushke. All those returning Pushkes by Monday, January 31 will have their name entered in a drawing for a \$25 Target gift card to be held shortly after the return date.

### **On-going Covid Guidelines Shul Policy**

NHBZ requires that all people attending tefila (prayer services), classes or other NHBZ programs and activities show proof of vaccination. You may show your vaccination card to Rabbi Smason whenever convenient, or on Shabbos as you enter the shul. Once you have shown Rabbi Smason your vaccination card, there is no need to do so again.

Masks required of all attendees, age 3 and older. Children aged 12 and older have the same vaccination requirements as adults.

## **In the Community**

- The Kaplan Feldman Holocaust Museum is sponsoring a special Rosenberg Film Series program in honor of International Holocaust Remembrance Day.

Film Screening & Discussion of "The Last Stage"

Sunday, January 30, 2022

1:00 – 4:00 pm Central Standard Time

To Register, click on this link

<https://mailchi.mp/038c76f741b1/january-2022-film-series?e=5d5a546856>

**The film will be live-streamed during the program**

International Holocaust Remembrance Day, which takes place each year on January 27, commemorates the anniversary of the liberation of Auschwitz-Birkenau. It is a worldwide day of remembrance and memorialization meant to remember and honor the 6 million Jewish people and millions of others murdered by the Nazis. The International Holocaust Remembrance Day Film Program will feature the film "The Last Stage", a Polish film directed and co-written by Wanda Jakubowska. It depicts her experiences in the Auschwitz concentration camp during World War II.

- Ahavas Chesed Society's Zion Adar Dinner is February 8, 2022. Complimentary dinner provided for Misaskim, additional meals \$40/per person. RSVP 314-330-0086.

## **Youth Programming**

- **Shabbos Morning Kids' Program**, Rabbi Okin

NHBZ offers Shabbos morning programs for elementary and middle school students. Programs offered from 10:00 am until Kiddush is served. All program content will be personally designed and coordinated by Rabbi Okin. Families do NOT need to be members of NHBZ to participate. Please contact Rabbi Okin at [aviokin@nhbz.org](mailto:aviokin@nhbz.org) with any questions. See you on Shabbos!



- **ChillZone** Saturday nights

Join kids from around St. Louis, 5<sup>th</sup> grade and up, at NHBZ at 7:30 pm on Saturday nights for pizza, fun, and prizes while exploring Judaic topics with Rabbi Okin. Come get in the ChillZone. ([Teen Schmooze](#) will resume in the Spring.)

# Learning at NHBZ

## ● Parashas Mishpatim – By Rabbi Smason

Following on the heels of the Ten Commandments, this week's Torah portion deals primarily with civil law. Like the realm of the ceremonial, our worldly and common activities must be infused with holiness and observed carefully. Included among the civil laws discussed in the portion are: Penalties for causing bodily injury to another person and damaging his property; laws regarding borrowers; the mitzvah to show sensitivity to the poor and to offer them free loans; and laws relating to the honest dispensation of justice. After mentioning the mitzvos of Shabbos and Shemittah (the Sabbatical year), the portion continues with a brief discussion of the three pilgrimage festivals -- Passover, Shavuot and Sukkos. The Torah then returns to the revelation at Mt. Sinai. The Jewish people declare their commitment to do whatever G-d commands with the famous phrase "Everything G-d has said, we will do and we will listen." The portion concludes with Moses' ascending the mountain, where he will remain for forty days and forty nights to receive the rest of the Torah.

### Ask Our Rabbis

Q. May I photocopy a page or two from a secular book for use in a class by my students?

A. This is permissible for a number of reasons. From the perspective of American law, photocopying a few pages of a work for educational use is allowed. From a Halachic perspective, the concept of copyright is almost universally accepted although there are a number of approaches as to what the issue is with violating copyright laws.

One opinion, that of Rabbi Yitzchak Yehuda Shmelkes (1828-1904), one of the leading rabbis in the latter part of the 19th century in Eastern Europe, is that the principle of copyright in Jewish Law is predicated on the principle of Dinah Demalchusa Dinah- the secular law of the land is incorporated and observed as part of the Halachic system. This includes all of the details and carveouts of the secular law in question. As copying a few pages for educational use is permitted in American law, it is permitted in Halachah as well.

It should be noted that the above answer applies to secular works, not to Judaic books or media. Many Judaic works include language that is stronger than the laws of American copyright law. It is a matter of Halachic dispute whether a publisher or author can make a condition of purchase that is stricter than the law of the land, and it is beyond the scope of this piece to address this facet of the interplay between secular law and Halachah.

When in doubt, request permission from the publisher.

## ● NHBZ Mishmar

Join Rabbi Okin and young men from all over St. Louis for Mishmar, an evening gathering of Torah and Camaraderie on Thursday Nights from 7:00pm – 7:30pm. ***We will meet in the back of the NHBZ sanctuary*** with a text-based and interactive learning session. If you are interested, please contact Rabbi Okin at [aviokin@nhbz.org](mailto:aviokin@nhbz.org).



- **Rabbi Smason's Starting Points** – Additional topics to be announced

Join Rabbi Smason for a 45-minute presentation/discussion of relevant, contemporary topics every Shabbos at 10:15 am in the Feigenbaum-Pepose Multi-Purpose Room.

Upcoming topics:

January 29 How Much Would You Pay for an Extra Hour Each Day?

February 5 Your House Is on Fire and You Can Grab One Item: What Would It Be?

February 12 Is It Love or Lust: How Can You Tell?



- **Rabbi Smason's Wednesday In-Person Class Service**

Same place and time, same health and safety protocols.

- **Rabbi David's Learners' Service**

Every Shabbos at 9:15 am. Just starting out? No worries. Rabbi David teaches the basics of Shabbos prayers.

- **Rabbi Smason's Shabbos Shoutout**

The complete list of Shabbos Shoutouts, with most recent listed first, can be found at [https://www.youtube.com/playlist?list=PLI\\_MFI0zsmKIlmpR3KpHROrHDWIDNbgsN](https://www.youtube.com/playlist?list=PLI_MFI0zsmKIlmpR3KpHROrHDWIDNbgsN)

- **Rabbi Okin's Torah Thoughts**

The complete list of Torah Thoughts, with most recent listed first, can be found at: [https://www.youtube.com/playlist?list=PLI\\_MFI0zsmKJG-HuXMG1Ej2aUImqQHkJ-](https://www.youtube.com/playlist?list=PLI_MFI0zsmKJG-HuXMG1Ej2aUImqQHkJ-)



## **NHBZ Online Classes**

Rabbi Ze'ev Smason will keep you connected during this challenging time. The classes listed below are easy to join and you can drop in on one without having previously attended. All classes are offered through Zoom video conferencing on your computer or smart phone (you do not need to download the Zoom application to see the class) AND through audio only on your telephone.

### **Instructions to Attend Classes**

**For audio** through your telephone, connect in one of two ways:

1. *Preferred option* - Call 312-626-6799 which connects you to the ZOOM audio number and will enable you to participate fully, except for the video. Toll Free.
2. Or call 314-325-8791 for our old audio connection. We encourage you to use the *preferred option* since this way might become unavailable soon.

**For Zoom video**, each class has a Zoom link shown underlined in blue below. Click or tap on the link or copy and paste the link into your browser to join the class.

### **List of Rabbi Ze'ev Smason's Zoom Classes**

1. Weekdays, 8:15 am (Sun 9:15 am) ~ New topic "Tehillim Tips: Insights Into Our Prayers". Sessions are approximately 30 minutes.  
Zoom video link: <https://zoom.us/j/99013706617>
2. Monday thru Friday, 3:00 pm - 3:30 pm ~ "King Solomon: His Wisdom, Wealth and Wives".  
Zoom video link: <https://zoom.us/j/136785930>
3. Fridays, 8:15 am ~ Discussion of the "Haftorah of the Week"  
Zoom video link: <https://zoom.us/j/99013706617>



# THE SISTERHOOD SCOOP

## JANUARY 29



Volume 5

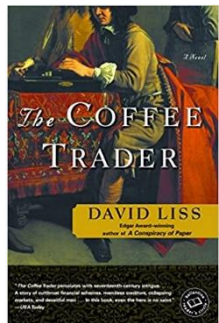
Number 5

27 Shevat 5782

January 29, 2022

### Book Club News

"*The Ghost of Hannah Mendes*," by Naomi Ragen was the topic of discussion for the Book Club on Jan. 24. The historical novel provided a glimpse into the real life of the courageous philanthropist Dona Gracia Mendes Nasi who escaped the Inquisition in Spain and Portugal and helped create a refuge for converso Jews.



The next meeting of the Book Club will be **Mon., March 28, 7:15-8:45 PM**, at the home of Devy Goldenberg. The book is "*The Coffee Trader*," by David Liss, a compelling novel about capitalism, morality, the Jewish community and a new commodity called "coffee", in 17<sup>th</sup> century Amsterdam.

The Book Club will meet on the **fourth Monday of odd-numbered months, 7:15-8:45 PM**. Make a note of the remaining dates for **2022**:

March 28

July 25

September 19 (Sept. 26 is Rosh Hashanah)

November 28

For more information, or to join the Book Club contact **Fran Alper at 314-993-4024** or email [fran.alper@outlook.com](mailto:fran.alper@outlook.com)

### We Will Do and We Will Hear

This week's parsha contains one of the most famous phrases in the Torah and one that has often been used to characterize Jewish faith as a whole. It consists of two words: **na'aseh venishma**, literally, "We will do and we will hear" (Ex. 24:7).

There are two famous interpretations of what this means. The first describes the enthusiasm and whole-heartedness with which the Israelites accepted the covenant with G-d at Mount Sinai. So keen were they to signal their assent to G-d that they agreed to His demands before knowing what they were. The second view: "We will do and we will understand" implies that we can only understand Judaism by doing it, by first performing the commands and living a Jewish life, then comes the grasp, the insight, and the comprehension.

—excerpted from Rabbi Lord Jonathan Sacks<sup>ztl</sup>

## Announcing: Sisterhood's Planning Meeting for 2022



**Monday, Feb. 7**  
**7:15 pm**  
**Watch for ZOOM Link**

To prepare for 2022, Sisterhood will hold a planning meeting on **Zoom Monday, February 7 at 7:15 pm**. All interested women are invited to attend. Email [sisterhood@nhbz.org](mailto:sisterhood@nhbz.org) to get the **Zoom link**.

We encourage you to attend this virtual meeting to discuss the best ways for Sisterhood to proceed in our mission and activities for the year. Do you have ideas for a Purim activity, a Chesed project, or an education program? Join us to reconnect, catch up, and share ideas, as we plan for 2022.

Remember to send your \$25 check for dues for 2022 – payable to NHBZ (write 'Sisterhood' in the memo line) or call the office to pay by phone, 314-991-2100, ext. 3.

For more information: email [sisterhood@nhbz.org](mailto:sisterhood@nhbz.org) or contact **Fran Alper** at 314-993-4024 or [fran.alper@outlook.com](mailto:fran.alper@outlook.com) or call **Teree Farbstein** at 314-753-5035 or [tfarbstein2@gmail.com](mailto:tfarbstein2@gmail.com)

We are looking forward to hearing from you... and to getting Sisterhood back up and running soon!

### Rosh Chodesh-Adar I



Tuesday and Wednesday, February 1 and 2 is Rosh Chodesh ("Head of the Month") for the month of Adar I. This year is a *shana meuberet* ("a pregnant year") or a leap year, which occurs 7 times in a 19-year cycle and has 13 months instead of the regular year's 12 on the Jewish calendar. This is how the lunar-based Jewish year remains aligned with the solar seasons (12 lunar months total of 354 days -- slightly more than 11 days short of the 365.25 day solar cycle). The added month is called "Adar I" and is inserted before the month of Adar ("Adar II" in leap years). Purim is celebrated on 14 *Adar II* on leap years, as are birthdays and most other anniversaries. Adar is the official happy month, as is written, "As soon as Adar begins, increase in joy!" It is a mitzvah to be 'extra happy' for 60 days!





# CHILLZONE

— 2021 - 2022 —

[chillzone.org](http://chillzone.org)

[insta@chillzone\\_national](https://www.instagram.com/chillzone_national)

[fb@chillzoneintl](https://www.facebook.com/chillzoneintl)

## St. Louis

Girls & Boys  
5th grade & up

**Saturday nights**  
**@ 7:30 pm**

Need info? [chillzone@thezone.org](mailto:chillzone@thezone.org)

**Rabbi Avi Okin: 862-438-4094**

NHBZ  
650 N Price Rd  
St. Louis, MO 63132