

NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

January 22, 2022 • 20 Shevat 5782 • Candle Lighting 4:52 pm • Shabbos Concludes 5:56 pm

Parshas Yisro Haftorah

Exodus 18:1 – 20:23 Isaiah 6:1 – 6:13 Stone Chumash pp. 394 – 415 Stone Chumash pp. 1154 – 1155

We thank the generous sponsor of this week's Weekly News:

Ed Levitt - in honor and celebration of Helayne Levitt's 75th birthday

Prayer

Shabbos, Friday, January 21

- 4:45 pm Mincha, Kabbalat Shabbat, Ma'ariv
- 4:52 pm Candle Lighting

Shabbos, Saturday, January 22

9:00 am Shachris followed by Musaf

Pesukei D'Zimra: **Menachem Szus** Shacharis: **Rabbi Avi Okin** Leyning: **Stuart Klamen** Haftorah: **Kenny Bressler** Sermon: **Rabbi Avi Okin** Musaf: **Rabbi Avi Okin**



Following Musaf - Siyum of Celebration

We are happy to announce that our Sunday morning Mishna class concluded Mesachta Nazir and also completed the study of Seder (Order) Nashim. We will celebrate this at the conclusion of Musaf with a short Siyum led by **Rabbi Chanan Swidler**. *Mazel tov!*

- 4:35 pm Mincha, Shalosh Seudos, D'var Torah by Rabbi Avi Okin, Ma'ariv
- 5:56 pm Shabbos concludes

Shabbos Mornings Kids' Programs

Every Shabbos, from 10:00 am until Kiddush is served, NHBZ offers programs for elementary and middle school students. Families do NOT need to be members of NHBZ to participate. See you Shabbos!

Minyan Times January 20 – January 29, 2022

	Thu Jan 20	Fri Jan 21	Shabbos Jan 22	Sun Jan 23	Mon Jan 24	Tues Jan 25	Wed Jan 26	Thu Jan 27	Fri Jan 28	Shabbos Jan 29
Shachris (am)	7:00	7:00	9:00	8:00	7:00	7:00	7:00	7:00	7:00	9:00
Mincha/Ma'ariv (pm)		4:45	4:35	4:55	4:55				4:55	4:45
Ma'ariv Only (pm)	6:45					6:45	6:45	6:45	-	

Call for Minyanim

Your attendance is needed. Check in with Rabbi Smason or Howard Sandler and commit to a time to help. Text message reminders for your minyan attendance available by providing the following information to minyan@nhbz.org: Name; cell number and carrier; and times for which you would like reminders.

Congregation News

Mazel Tov on Simchas This Week! January 22 - January 29

Happy Birthday

Rachael Pevnick January 22 Phyllis Loiterstein January 28 Helayne Levitt January 24 Sally Katz January 29 Terri Schnitzer Dr. Ram Volotsky January 24 January 29 Sara Garmaise January 24



Events

Coming Soon

• Shabbos, January 29 Installation of Officers and Board Members

On-Going

- Online Classes - See listing on Page 6
- Every Shabbos
- Learners' Service with Rabbi David, 9:15 am
 - Shabbos Morning Kids' Program, 10:00 am
 - Starting Points with Rabbi Smason, 10:15 am
- "Exploring Emunah Faith in Hashem", at Shalosh Seudos with Rabbi Okin
- Saturday Nights, 7:30 pm
- ChillZone with Rabbi Okin
- Sunday mornings, after Shachris Mishna learning with Rabbi Swidler
- Mondays, 8:00 pm

- St. Louis Kollel Amud-A-Week
- Wednesdays, 12:15 pm
- Pirkei Avos Class with Rabbi Smason
- Thursdays, 7:00 pm
- Mishmar Learning with Rabbi Okin (Resumes 1/27)



Join us in the Sanctuary or on Zoom to learn about our search procedures.

We need your input:

What is most significant to you in choosing our new Senior Rabbi? What characteristics and specific abilities are important to you?

This meeting is open to all Shul members. A Zoom link will be emailed prior to the meeting for those unable to attend in person.

Remember... you are welcome to contact *Alan Zarkowsky*, Committee Chair, at rabbisearch@nhbz.org or 314-805-1896 with your questions and comments.



We're Back! - Monday, January 24, 2022

The office reopens Monday morning! Please be patient with us; we will work our way through messages and emails and you'll hear from us as soon as possible.

Weekly News Deadline

Gentle readers, The **deadline** for submissions to the NHBZ Weekly News is **Tuesday, 12:00 Noon.** Items received after 2:00 pm Tuesdays will NOT be included in that week's publication. Your attention to and cooperation with this is greatly appreciated by your Weekly News Crew.

Eruv Hotline

Please check each week to see if the Eruv is up! The Eruv hotline number is 314-863-1811.

Got Books?



We are cleaning house and have some wonderful books looking for a new home. There are two (different) sets of Jewish Encyclopedia, books specific to certain holidays and much more! We have a table set up just outside the library; please help yourself to anything on that table! New items will be added weekly as we make our way through the stacks.

NHBZ CLOSET CLEANING TIME

Gotta make room for the skeletons. It's time to clean out the upstairs coat closet!

Please take a moment during January and take home anything that belongs to you. Soon, there will be small, individual bins for you to use. Keep an eye out.

Come January 31, make no bones about it, everything is up for grabs! If it's not yet claimed, it is in grave danger of being donated. Forewarned is fore-armed.





DOLLAR-A-DAY

PUSHKE CAMPAIGN

Thank you for your continuing participation in the NHBZ Pushke campaign. You will recall that the program calls for the collection of the Pushkes every three months and our returning the now empty Pushkes back to you to continue the ongoing cycle of daily contributions. The fourth cycle is now set to conclude Monday, January 31. At that time or a few days before, please drop off your Pushke at the shul office. The contents will be emptied, credited to your account and the now empty Pushke immediately returned to you for continued future use. Please call in advance (314-991-2100, Ext 2) to schedule drop off or to arrange for us to pick-up the Pushke at your home. Another convenient option is to send in a cheque for the amount saved in the Pushke. All those returning Pushkes by Monday, January 31 will have their name entered in a drawing for a \$25 Target gift card to be held shortly after the return date.

Sefer Torah Restoration Project- GLOW OF SUCCESS

Thank you to all of our donors

Jesse & Debbie Barash Craig & Jackie Berkin Kenny & Barbara Bressler

Dr. Arnold Brody
Michael Edelstein
Denny & Amy Feit
Tony & Carol Granillo
Alan & Janet Haber
Eric & Jennifer Horn

Dr. Eliot & Sally Katz in memory

of Janet Goldenberg

Nicole Levay

Dr. Faye Cohen & Brian McCary Dr. Daniel & Marcella Morgenszterns

Sally Needle

Leslie & Sari Neudorf

Dr. Jay Pepose & Dr. Susan Feigenbaum

Dr. David & Fran Reisler

Hal & Ellen Rosen

Menachem & Linda Szus

Jerry & Gail Tullman



On-going Covid Guidelines Shul Policy

NHBZ requires that all people attending tefila (prayer services), classes or other NHBZ programs and activities show proof of vaccination. You may show your vaccination card to Rabbi Smason whenever convenient for you both, or on Shabbos as you enter the shul. Once you have shown Rabbi Smason your vaccination card, there is no need to do so again.

Masks required of all attendees, age 3 and older. Children aged 12 and older have the same vaccination requirements as adults.

In the Community

The Kaplan Feldman Holocaust Museum is sponsoring a special Rosenberg Film Series program in honor of International Holocaust Remembrance Day.

Film Screening & Discussion of "The Last Stage"
January 30, 2022
1:00 – 4:00 pm Central Standard Time

To Register, click on this link

https://mailchi.mp/038c76f741b1/january-2022-film-series?e=5d5a546856

The film will be live-streamed during the program

International Holocaust Remembrance Day, which takes place each year on January 27, commemorates the anniversary of the liberation of Auschwitz-Birkenau. It is a worldwide day of remembrance and memorialization meant to remember and honor the 6 million Jewish people and millions of others murdered by the Nazis. The International Holocaust Remembrance Day Film Program will feature the film "The Last Stage", a Polish film directed and co-written by Wanda Jakubowska. It depicts her experiences in the Auschwitz concentration camp during World War II.

Youth Programming

Shabbos Morning Kids' Program, Rabbi Okin

NHBZ offers Shabbos morning programs for elementary and middle school students. Programs offered from 10:00 am until Kiddush is served. All program content will be personally designed and coordinated by Rabbi Okin. Families do NOT need to be members of NHBZ to participate. Please contact Rabbi Okin at aviokin@nhbz.org with any questions. See you on Shabbos!



ChillZone Saturday nights

Join kids from around St. Louis, 5th grade and up, at NHBZ at 7:30 pm on Saturday nights for pizza, fun, and prizes while exploring Judaic topics with Rabbi Okin. Come get in the ChillZone. (**Teen Schmooze** will resume in the Spring.)

Learning at NHBZ

Parashas Yisro – By Rabbi Smason

The weekly portion begins with Moses' father-in-law, Yisro, arriving at the Jewish people's camp in the desert, where he is greeted warmly by a large entourage. Yisro was inspired to join them when he heard about all of the wonders and miracles which G-d performed for the Jewish people during the Exodus from Egypt. Upon witnessing Moses serving as the people's sole judge from dawn until dusk, Yisro declares that this system will never work. He therefore suggests that subordinate judges be appointed to adjudicate the smaller cases. Moses agrees to this plan. The Jewish people arrive at Mt. Sinai and prepare to receive the Torah. Moses ascends the mountain and G-d tells him to convey to the people that they will be to Him a treasure from among the nations. After three days of preparation the moment of revelation finally arrives. Amid thunder, lightning and the sound of the shofar, G-d descends upon the mountain and proclaims – with the entire Jewish people listening -- the Ten Commandments. Referred to in Hebrew as the Aseres HaDibros, a more accurate translation would be the Ten Sayings or the Ten Statements. One noteworthy feature of the revelation is that both before and since Sinai, no nation has ever made the claim that G-d spoke to an entire nation of millions of individuals. Moses then ascends the mountain to receive the remainder of the Torah from G-d, both the written and oral segments. The portion concludes with several mitzvos concerning the construction of the altar in the Temple.

Ask Our Rabbis will Resume Next Week

NHBZ Mishmar

Join Rabbi Okin and young men from all over St. Louis for Mishmar, an evening gathering of Torah and Camaraderie on Thursday Nights from 7:00pm – 7:30pm. We will meet in the back of the NHBZ sanctuary with a text-based and interactive learning session. If you are interested, please contact Rabbi Okin at aviokin@nhbz.org.

• Rabbi Smason's Starting Points

Join Rabbi Smason for a 45-minute presentation/discussion of relevant, contemporary topics every Shabbos at 10:15 am in the Feigenbaum-Pepose Multi-Purpose Room.

Upcoming topics:

January 15 Tips to Staying Positive in 2022

January 22 I'm Having Trouble Sticking With My New Year's Resolutions. Any Suggestions?

• Rabbi Smason's Wednesday In-Person Class Service

Same place and time, same health and safety protocols.

Rabbi David's Learners' Service

Every Shabbos at 9:15 am. Just starting out? No worries. Rabbi David teaches the basics of Shabbos prayers.

Rabbi Smason's Shabbos Shoutout

The complete list of Shabbos Shoutouts, with most recent listed first, can be found at https://www.youtube.com/playlist?list=PLI_MFI0zsmKIImpR3KpHROrHDWIDNbqsN

Rabbi Okin's Torah Thoughts

The complete list of Torah Thoughts, with most recent listed first, can be found at: https://www.youtube.com/playlist?list=PLIMFI0zsmKJG-HuXMG1Ej2aUImgQHkJ-



NHBZ Online Classes

Rabbi Ze'ev Smason will keep you connected during this challenging time. The classes listed below are easy to join and you can drop in on one without having previously attended. All classes are offered through Zoom video conferencing on your computer or smart phone (you do not need to download the Zoom application to see the class) AND through audio only on your telephone.

Instructions to Attend Classes

For audio through your telephone, connect in one of two ways:

- 1. *Preferred option* Call 312-626-6799 which connects you to the ZOOM audio number and will enable you to participate fully, except for the video. Toll Free.
- 2. Or call 314-325-8791 for our old audio connection. We encourage you to use the *preferred option* since this way might become unavailable soon.

For Zoom video, each class has a Zoom link shown underlined in blue below. Click or tap on the link or copy and paste the link into your browser to join the class.

List of Rabbi Ze'ev Smason's Zoom Classes

1. Weekdays, 8:15 am (Sun 9:15 am) ~ New topic "Tehillim Tips: Insights Into Our Prayers". Sessions are approximately 30 minutes.

Zoom video link: https://zoom.us/j/99013706617

- 2. Monday thru Friday, 3:00 pm 3:30 pm ~ "King Solomon: His Wisdom, Wealth and Wives". Zoom video link: https://zoom.us/j/136785930
- 3. Fridays, 8:15 am ~ Discussion of the "Haftorah of the Week" Zoom video link: https://zoom.us/j/99013706617



Volume 5 Number 4 20 Shevat 5782 January 22, 2022

Book Club Meets This Monday

Sisterhood's Book Club will meet this Monday, January 24, 7:15-8:45 pm, on Zoom only. The book will be "The Ghost of Hannah **Mendes,"** a novel by Naomi Ragen, based on the true-life story of Dona



Gracia Mendes who grew up in Spain and Portugal during the start of the Spanish and Portuguese Inquisitions. fictionalizes her descendants now living in the United States. MENDES If you are a member of the

Book Club, the Zoom link will be emailed to you by Sunday, Feb. 23. If you would like more info, contact Terri Schnitzer, at 314-518-4107, or email terrischnitzer@yahoo.com

Only United Can We Fulfill the Torah

Rashi points out that the 10 Commandments were spoken in the singular rather than the plural. The singular verb form is used because there was such complete unity among the Israelites that they were like one person, hence the entire nation could be addressed in the singular. The Torah was given to each individual, and every person is required to fulfill the 613 mitzvot. It is obvious that technically this is impossible. There are some mitzvot whose performance is restricted to Kohanim (priests), which Yisrael cannot perform. A person whose firstborn child is a girl cannot fulfill the mitzvah of pidyon haben (redemption of the firstborn son). Mitzvot that apply to judges do not apply to lay people. How can any single person fulfill all 613 mitzvot? Torah scholars have provided the answer. When a person puts on the tefillin on his arm and head, it is not just the arm and head that have the mitzvah, but the whole person. Similarly, when people are united, they are as one, and a mitzvah performed by one person is shared by those with whom one is united. How tragic that we have allowed ourselves to be divisive. Fragmentation not only weakens our nation but deprives a person of acquiring the merit of those mitzvot which he is unable to perform.... We should realize that eliminating the divisiveness that reigns among us is not merely altruistic. It is of inestimable personal benefit. - adapted from Rabbi Dr. Abraham Twerski, in his memory, on the occasion of his yahrzeit, Shevat 18

Announcing: Sisterhood's Re-entry Planning Meeting on Zoom Monday, February 7



To prepare for 2022, Sisterhood will hold a planning meeting on Zoom on Monday, February 7 at 7:15 pm. All interested women are invited to attend. Email sisterhood@nhbz.org to get the Zoom link.

We encourage you to attend this virtual meeting to discuss the best ways for Sisterhood to proceed in our mission and activities for the year. Do you have ideas for a Purim activity, a Chesed project, or an education program? Join us to reconnect, catch up, and share ideas, as we plan for 2022.

Remember, even though some of us have not been together inperson since our 'Welcome Back' Open House meeting in the Sukka September 23, Sisterhood continues to fund the Jewish Federation's 'Passport to Israel' Program for our eligible members, as well as other Synagogue activities. If you haven't yet sent in your dues for 2022, please do so. Send your check for \$25 - payable to NHBZ (write 'Sisterhood' in the memo line) or call the office to pay by phone, 314-991-2100, ext. 3.

For more information: email sisterhood@nhbz.org or contact Fran Alper at 314-993-4024 or fran.alper@outlook.com or call Teree Farbstein at 314-753-5035 or tfarbstein2@gmail.com We are looking forward to hearing from you... and to getting Sisterhood back up and running soon!