



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

February 5, 2022 • 4 Adar I, 5782 • Candle Lighting 5:08 pm • Shabbos Concludes 6:12 pm

Parshas Terumah Exodus
Haftorah

Exodus 25:1 – 27:19
I Kings 5:26 – 6:13

Chumash pp. 444 – 463
Chumash pp. 1157 – 1158

Prayer

Shabbos, Friday, February 4

- 5:00 pm Mincha, Kabbalat Shabbat, Ma'ariv
- 5:08 pm Candle Lighting

Shabbos, Saturday, February 5

- 9:00 am Shachris followed by Musaf
Pesukei D'Zimra: **Menachem Szus** Haftorah: **Meir Armoza**
Shacharis: **Rabbi Avi Okin** Sermon: **Rabbi Ze'ev Smason**
Leyning: **Stuart Klamen** Musaf: **Rabbi Avi Okin**
- 4:55 pm Mincha, Shalosh Seudos, D'var Torah by **Rabbi Avi Okin**, Ma'ariv
- 6:12 pm Shabbos concludes



Shabbos Mornings Kids' Programs

Every Shabbos, from 10:00 am until Kiddush is served, NHBZ offers programs for elementary and middle school students. Families do NOT need to be members of NHBZ to participate. See you Shabbos!

Minyan Times February 3 – February 12, 2022

	Thu Feb 3	Fri Feb 4	Shabbos Feb 5	Sun Feb 6	Mon Feb 7	Tues Feb 8	Wed Feb 9	Thu Feb 10	Fri Feb 11	Shabbos Feb 12
Shachris (am)	7:00	7:00	9:00	8:00	7:00	7:00	7:00	7:00	7:00	9:00
Mincha/Ma'ariv (pm)	--	5:00	4:55	5:10	5:10	--	--	--	5:10	5:00
Ma'ariv Only (pm)	6:45	--	--	--	--	6:45	6:45	6:45	--	--

Call for Minyanim – Your attendance is needed

Please check in with Rabbi Smason or Howard Sandler and commit to a time to help. Text message reminders for your minyan attendance are available. Please provide the following information to minyan@nhbz.org: Name; cell number and carrier; and times for which you would like reminders.

Congregation News

Mazel Tov on Simchas This Week! February 6 – February 12

Happy Birthday

Nathan Garmaise	February 8	Chani Smason	February 9
Sheryl Levine	February 8	Scott McCary	February 11
Sally Amon	February 9	Stella Vladimirov	February 11
Marsha Feenberg	February 9	Amanda Fredman	February 12

Happy Anniversary

Norman & Marilyn Liss February 11



Eruv Hotline

Please check each week to see if the Eruv is up! The Eruv hotline number is 314-863-1811.

Weekly News Deadline

Gentle readers, the **deadline** for submissions to the NHBZ Weekly News is **Tuesday, 12:00 Noon**. Items received after 2:00 pm Tuesdays will NOT be included in that week's publication. Your attention to and cooperation with this is greatly appreciated by your Weekly News Crew.

Events

Coming Soon

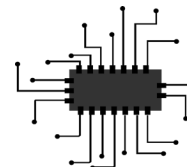
- Saturday night, February 12 – Pre-SuperBowl Pizza Night (Carry-out Only)
- Saturday night, February 19 – Special ChillZone Carnival, starting at 7:45pm

On-Going

- Online Classes – See listing on Page 6
- Every Shabbos
 - Learners' Service with Rabbi David, 9:15 am
 - Shabbos Morning Kids' Program, 10:00 am
 - Starting Points with Rabbi Smason, 10:15 am
 - "Exploring Emunah – Faith in Hashem", at Shalosh Seudos with Rabbi Okin
- Saturday Nights, 7:30 pm – ChillZone with Rabbi Okin
- Sunday mornings, after Shachris – Mishna learning with Rabbi Swidler
- Mondays, 8:00 pm – St. Louis Kollel Amud-A-Week
- Wednesdays, 12:15 pm – Pirkei Avos Class with Rabbi Smason

Please Forgive Our Technical Difficulties

You may have noticed a glitch with our Weekly News. Beginning this week, there will no longer be the "Click here" link. Please click on the picture of the Newsletter, and it will appear. Easy peasy, lemon squeezy.



PRE-SUPERBOWL PIZZA NIGHT!!!!– Carry-out only – Saturday, February 12, 2022



What's better than Kosher pizza and Saturday night? Cheese pizza or any toppings (onion, mushrooms, green peppers), uncooked or fresh and hot from our oven, \$14 per pie. Stock up for the Super Bowl.

Orders must be placed by **Noon, Wednesday, February 9, and prepaid.** Please email orders to office@nhbz.org or call 314-991-2100, ext. 2, and be sure to give us your phone number.

First pick-up is **7:00 pm**, first-come-first-served.

You may pay online here:

<https://www.nhbz.org/make-a-payment-2/>

All food under supervision of Rabbi Ze'ev Smason

CALLING ALL VOLUNTEERS FOR PIZZA NIGHT

With Pizza night comes VOLUNTEER OPPORTUNITY!! We need a mashgiach, and 1-2 other volunteers to help! Job requirements: hard worker with a great attitude. Please call the office at 314-991-2100, ext 2, and let us know how you are willing to help!



Do you shop on Amazon? Signup for Amazon Smile, and .5% of your qualified purchase will be donated back to NHBZ

How it works – it's as easy as 1-2-3:

- 1. Visit smile.amazon.com and sign-in to your Amazon account**
- 2. Under "Pick your organization, search for "Nusach Hari"**
- 3. Select "Nusach Hari-Bnai Zion Congregation"**

Start Shopping! Every time you shop, sign-in to smile.amazon.com, and you will earn \$\$\$ for NHBZ

NUSACH HARI B'NAI ZION • 650 NORTH PRICE ROAD • SAINT LOUIS MISSOURI 63132 NUSACH HARI B'NAI ZION • 650 NORTH PRICE ROAD • SAINT LOUIS MISSOURI 63132



**DOLLAR-A-DAY
PUSHKE CAMPAIGN**



**DOLLAR-A-DAY
PUSHKE CAMPAIGN**

Thank you for your continuing participation in the NHBZ Pushke campaign. The fourth cycle is now concluded. You raised \$1100! And, the winner of random drawing for the \$25 Target gift card is: Joyce Hochberg. Congratulations, Joyce!

Start saving for the next campaign! Every little bit brings great reward.

On-going Covid Guidelines *Shul Policy*

NHBZ requires that all people attending tefila (prayer services), classes or other NHBZ programs and activities show proof of vaccination. You may show your vaccination card to Rabbi Smason whenever convenient, or on Shabbos as you enter the shul. Once you have shown Rabbi Smason your vaccination card, there is no need to do so again.

Masks required of all attendees, age 3 and older. Children aged 12 and older have the same vaccination requirements as adults.

In the Community

- Ahavas Chesed Society's Zion Adar Dinner is February 8, 2022. Complimentary dinner provided for Misaskim, additional meals \$40/per person. RSVP 314-330-0086.

Youth Programming

- **Shabbos Morning Kids' Program**, Rabbi Okin

NHBZ offers Shabbos morning programs for elementary and middle school students. Programs offered from 10:00 am until Kiddush is served. All program content will be personally designed and coordinated by Rabbi Okin. Families do NOT need to be members of NHBZ to participate. Please contact Rabbi Okin at aviokin@nhbz.org with any questions. See you on Shabbos!



- **ChillZone** Saturday nights

Join kids from around St. Louis, 5th grade and up, at NHBZ at 7:30 pm on Saturday nights for pizza, fun, and prizes while exploring Judaic topics with Rabbi Okin. Come get in the ChillZone. (**Teen Schmooze** will resume in the Spring.)

Learning at NHBZ

- **Parashas Mishpatim – By Rabbi Smason**

Following on the heels of the Ten Commandments, this week's Torah portion deals primarily with civil law. Like the realm of the ceremonial, our worldly and common activities must be infused with holiness and observed carefully. Included among the civil laws discussed in the portion are: Penalties for causing bodily injury to another person and damaging his property; laws regarding borrowers; the mitzvah to show sensitivity to the poor and to offer them free loans; and laws relating to the honest dispensation of justice. After mentioning the mitzvos of Shabbos and Shemittah (the Sabbatical year), the portion continues with a brief discussion of the three pilgrimage festivals -- Passover, Shavuot and Sukkos. The Torah then returns to the revelation at Mt. Sinai. The Jewish people declare their commitment to do whatever G-d commands with the famous phrase "Everything G-d has said, we will do and we will listen." The portion concludes with Moses' ascending the mountain, where he will remain for forty days and forty nights to receive the rest of the Torah.

Learning at NHBZ (con't)

Ask Our Rabbis

Q: Is it permissible to give tzadakah (charity) on the condition that HaShem gives you something back? Can I say "I'm giving tzedaka on the condition that so-and-so gets well, or that my single child should get married?" Is this still tzedaka, or would I be bribing G-d?

A: There is a fascinating line in the Talmud: 'One who gives charity and says "on condition that my child is healed from sickness" or "that I earn a reward in the afterlife" - that person is completely righteous.'

This means that giving tzedaka in the hope of selfish gain is perfectly fine. But why? Surely one should give with loftier motives. Isn't the donation tainted when it is done for your own benefit?

A philanthropist once came to Rabbi Schneur Zalman, the author of the Tanya, to complain that he felt he was giving charity for the wrong reasons. The man lamented before his Rebbe, "I am indeed generous toward the poor, but it is without any sincerity."

"Without sincerity? Nonsense!" replied the Rebbe. "There's plenty of sincerity. Maybe you're not sincere in giving tzedaka. But the poor are very sincere in receiving your tzedaka. Even if you don't mean it, they do!"

When it comes to giving charity, your intentions matter little. The main thing is that the needy person or worthy cause is helped. Your good intentions or otherwise make no difference to those who receive your tzedaka.

Don't get too preoccupied with intentions. Actions count more. If you are doing good, even for selfish reasons, it is still good. And if selfish motives are what it takes to keep you doing good, so be it.

So: Can G-d be bribed? I don't think so. Whether you will receive the particular blessing you seek is up to Him. But one thing is for sure: Any good deed, whatever the motive, generates blessing and will be rewarded. Sometimes we see the results, sometimes we don't. But it is our good deeds, not good intentions, that make the world better.

Trib-ute (trib'yoot)

A gift, payment, declaration, or other acknowledgement of gratitude, respect or admiration.

Make a tribute to honor someone's simcha, good health or a loved one's memory.

Call (314-991-2100, ext 2) or email (office@nhbz.org) to make a tribute.

Tributes will be listed monthly in the Weekly News.

● **NHBZ Mishmar**

Join Rabbi Okin and young men from all over St. Louis for Mishmar, an evening gathering of Torah and Camaraderie on Thursday Nights from 7:00pm – 7:30pm. ***We will meet in the back of the NHBZ sanctuary*** with a text-based and interactive learning session. If you are interested, please contact Rabbi Okin at aviokin@nhbz.org.

● Rabbi Smason's Starting Points

Join Rabbi Smason for a 45-minute presentation/discussion of relevant, contemporary topics every Shabbos at 10:15 am in the Feigenbaum-Pepose Multi-Purpose Room.

Upcoming topics:

February 5 Your House Is on Fire and You Can Grab One Item: What Would It Be?

February 12 Is It Love or Lust: How Can You Tell?

February 19 How Much Would You Pay for an Extra Hour Each Day?



● Rabbi Smason's Wednesday In-Person Class Service

Same place and time, same health and safety protocols.

● Rabbi David's Learners' Service

Every Shabbos at 9:15 am. Just starting out? No worries. Rabbi David teaches the basics of Shabbos prayers.

● Rabbi Smason's Shabbos Shoutout

The complete list of Shabbos Shoutouts, with most recent listed first, can be found at https://www.youtube.com/playlist?list=PLI_MFI0zsmKIlmpR3KpHROrHDWIDNbgsN

● Rabbi Okin's Torah Thoughts

The complete list of Torah Thoughts, with most recent listed first, can be found at: https://www.youtube.com/playlist?list=PLI_MFI0zsmKJG-HuXMG1Ej2aUImqQHkJ-



NHBZ Online Classes

Rabbi Ze'ev Smason will keep you connected during this challenging time. The classes listed below are easy to join and you can drop in on one without having previously attended. All classes are offered through Zoom video conferencing on your computer or smart phone (you do not need to download the Zoom application to see the class) AND through audio only on your telephone.

Instructions to Attend Classes

For audio through your telephone, connect in one of two ways:

1. *Preferred option* - Call 312-626-6799 which connects you to the ZOOM audio number and will enable you to participate fully, except for the video. Toll Free.
2. Or call 314-325-8791 for our old audio connection. We encourage you to use the *preferred option* since this way might become unavailable soon.

For Zoom video, each class has a Zoom link shown underlined in blue below. Click or tap on the link or copy and paste the link into your browser to join the class.

List of Rabbi Ze'ev Smason's Zoom Classes

1. Weekdays, 8:15 am (Sun 9:15 am) ~ New topic "Tehillim Tips: Insights Into Our Prayers". Sessions are approximately 30 minutes.
Zoom video link: <https://zoom.us/j/99013706617>
2. Monday thru Friday, 3:00 pm - 3:30 pm ~ "King Solomon: His Wisdom, Wealth and Wives".
Zoom video link: <https://zoom.us/j/136785930>
3. Fridays, 8:15 am ~ Discussion of the "Haftorah of the Week"
Zoom video link: <https://zoom.us/j/99013706617>



THE SISTERHOOD SCOOP

Be Happy, it's Adar!

FEBRUARY 5



Volume 5

Number 6

4 Adar I 5782

February 5, 2022

Sharsheret Supports STL Presents

Let's Talk About Men

Understanding and Managing
Hereditary Cancer Risk

What Does the Breast Cancer Gene (BRCA) Mean for Men?

Tuesday, February 15, 7pm

Virtual Event (link provided the week of the event)

A free event open to all men and women.

- Medical professionals explain why hereditary cancer is not just a woman's issue
- Men with a hereditary cancer gene mutation (BRCA, CHEK2, etc.) are at greater risk for developing cancer including prostate, colon, pancreatic and others.

To register: www.jccstl.com/sharsheret



Questions: Debbi Braunstein,

314.442.3266 or dbraunstein@jccstl.org

Sisterhood's Planning Meeting for 2022 is this Monday, Feb. 7



Mon., Feb. 7, 7:15 pm

Join Zoom Meeting:

<https://us02web.zoom.us/j/3149934024>

For more info, email:
sisterhood@nhbz.org

We encourage all interested women to attend this **virtual meeting** to discuss the best ways for Sisterhood to proceed in our mission and activities for 2022. Do you have ideas for a Purim activity, a Chessed project, or an education program? Join us to reconnect and share ideas, as we plan for the year.

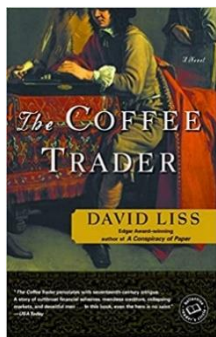
Don't forget to send your \$25 check for dues for 2022 – payable to NHBZ (write 'Sisterhood' in the memo line) or call the office to pay by phone, 314-991-2100, ext. 3.

or contact *Fran Alper* at 314-993-4024 or fran.alper@outlook.com or call *Teree Farbstein* at 314-753-5035 or tfarbstein2@gmail.com

We look forward to seeing you at the Zoom Meeting! Click this link to join → <https://us02web.zoom.us/j/3149934024>

Book Club News

The next meeting of the Book Club will be **Mon., March 28, 7:15-8:45 PM**, at the home of Devy Goldenberg. The book is "*The Coffee Trader*," by David Liss – a compelling novel about capitalism, greed, morality, intrigue, the Jewish community, and a new commodity called "coffee", in 17th century Amsterdam.



The Book Club will meet on the **fourth Monday of odd-numbered months, 7:15-8:45 PM**.

Make a note of the remaining dates for **2022**:

March 28

May 23

July 25

September 19 (Sept. 26 is Rosh Hashanah)

November 28

For more information, or to join the Book Club contact *Fran Alper* at 314-993-4024 or email fran.alper@outlook.com

Modern Zionism was born in Ukraine

Jews have been living in present-day Ukraine since ancient times. In the Middle Ages it became a refuge to Jews; in the 1780s and 90s Jews were restricted to the Pale of Settlement, then, pogroms ensued. As Ukraine was roiled by the wave of pogroms in 1881, a group of idealistic Jewish students realized that the only way Jews could ever live in safety was in their own land, in the Land of Israel. In 1882, they formed the first modern Zionist organization, BILU. The name was an acronym of the Biblical verse *Beit Ya'akov Lechu V'nalcha* – "The House of Jacob, come let us go" (Isaiah 2:5). BILU managed to raise money to send 14 university students to the Jewish town of Rishon Le-Zion, where they farmed. The Ukrainian Jews, who lacked farming skills and faced continual violence from Arab raiders, had a very difficult time. Yet their experiment in farming in the Land of Israel showed other Jews in Europe that it could be done.

Today, Ukraine remains a complex and diverse nation with an incredibly rich Jewish history and a Jewish president, Volodymyr Zelensky!



CHILLZONE

2021 - 2022

chillzone.org

[insta@chillzone_national](https://www.instagram.com/chillzone_national)

[fb@chillzoneintl](https://www.facebook.com/chillzoneintl)

St. Louis

Girls & Boys
5th grade & up

Saturday nights
@ 7:30 pm

Need info? chillzone@thezone.org

Rabbi Avi Okin: 862-438-4094

NHBZ
650 N Price Rd
St. Louis, MO 63132



PIZZA NIGHT

CARRY OUT ONLY

SATURDAY NIGHT, FEBRUARY 12



\$14.00 for a whole cheese pizza with up to
3 toppings: *mushroom - green pepper - onion*

Order fresh & hot from the oven, or uncooked

Call 314-991-2100, ext. 2 by NOON on Wed, Feb 9 to
place and pay for your order and arrange a pickup
time -- first pickup at 7:00pm and then scheduled
as first-come-first-served

You may also email orders to office@nhbz.org and
pay online at <https://www.nhbz.org/make-a-payment-2/>

All food is under the supervision of Rabbi Ze'ev Smason

