



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

April 23, 2022 • 22 Nisan, 5782 • Candle Lighting 7:26 pm • Shabbos Concludes 8:35 pm

SHABBAT SHALOM and PESACH KASHER V'SAMEACH

7th Day of Pesach, Friday, April 22

Torah Portion:	Exodus 13:17-15:26	Siddur page 509-511
Maftir:	Numbers 28: 19-25	Siddur page 512
Haftorah:	II Samuel Chapter 22	Siddur pages 512-513

Shabbos and 8th Day of Pesach, April 23

Torah Portion:	Deuteronomy 15:19-16:17	Siddur pages 514-515
Maftir:	Numbers 28: 19-25	Siddur page 516
Haftorah:	Isaiah 10:32-12:6	Siddur Pages 516-517

Prayer

Chol Hamoed – Erev Yom Tov, Thursday, April 21

- 7:20 pm Mincha/Ma'ariv
- 7:25 pm Candle Lighting Erev Yom Tov

7th Day of Pesach and Erev Shabbos, Friday, April 22

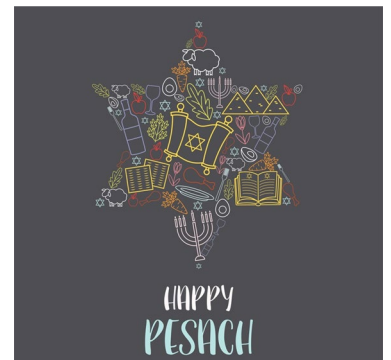
- 9:00 am Shachris followed by Musaf
Pesukei D'Zimra: **TBA** Haftorah: **Rabbi Ze'ev Smason**
Shacharis: **Rabbi Avi Okin** Sermon: **Rabbi Avi Okin**
Leyning: **Stuart Klamen** Musaf: **Rabbi Avi Okin**

- 7:20 pm Mincha/Ma'ariv
- 7:26 pm Candle Lighting for Shabbos and Yom Tov

Shabbos and 8th Day of Pesach, Saturday, April 23

- 9:00 am Shachris followed by Musaf
Pesukei D'Zimra: **TBA** Haftorah: **Meir Armoza**
Shacharis: **Rabbi Avi Okin** Sermon: **Rabbi Ze'ev Smason**
Leyning: **Stuart Klamen** Musaf: **Rabbi Avi Okin**
- 10:30 am Yizkor
- 7:00 pm Mincha, Seudat Moshiach, Ma'ariv
- 8:35 pm Shabbos and Pesach conclude

Important Note: Before eating chometz, you must wait for at least one hour after Pesach concludes, until 9:35 pm, so that the rabbis have time to buy back your chometz & until pesach utensils are put away.



Prayer (con't)

Minyan Times April 21 – April 30, 2022

	Thu Apr 21	Fri Apr 22*	Shabbos Apr 23**	Sun Apr 24	Mon Apr 25	Tues Apr 26	Wed Apr 27	Thu Apr 28	Fri Apr 29<	Shabbos Apr 30<
Shachris (am)	6:45	9:00	9:00	8:00	7:00	7:00	7:00	7:00	7:00	9:00
Mincha/Ma'ariv (pm)	7:20	7:20	7:00	7:00	7:00	7:00	7:00	7:20	7:00	7:20

*7th Day of Pesach**8th Day of Pesach (Yizkor)

<Rabbinic Candidate Weekend

Shabbos and Yom Tov Mornings Kids' Programs – Special Pesach Schedule

For the 7th and 8th days of Pesach, NHBZ offers programs for elementary and middle school students. We meet downstairs, from 10:00 am until Kiddush is served. See you this Friday, April 22 and this Shabbos, April 23. Good Shabbos and good Yom Tov!

A Special Thank You



Our wonderful **NHBZ SISTERHOOD** did their part to make our holiday special! We thank you for the generous sponsorship toward Kiddush for Pesach.

We also thank our precious Sisterhood for everything you do! And, we look forward to what you have planned next, through your continuing support of our NHBZ family.

(Editorial Remark: Sisters ROCK!!)

Congregation News

Events

Coming Soon

- This Shabbos
- Shabbos weekend, April 29
- Special Kids' Program Friday, April 22 and Shabbos, April 23, 10:00 am -- All kids welcome!
- Second Rabbinical Search Candidate Weekend! Mark your calendars (full details to follow)

On-Going

- Online Classes
- Every Shabbos
- Shabbos Morning Kids' Program
- Sunday Mornings, after Shachris
- Sunday Nights, 6:00 pm
- Mondays, 7:40 pm
- Wednesdays, 12:15 pm
- Thursdays, 7:45 pm
- See listing on Page 6 (**Resume Monday, April 25**)
- Learners' Service, 9:15 am (downstairs) (**Resumes May 7**)
- Shabbos Morning Kids' Program (downstairs)
- Starting Points, 10:15 am (downstairs) (**Resumes May 7**)
- "Bitachon: Relying on G-d to Get Through Tough Times", with Rabbi Okin at Shalosh Seudos
- Mishna learning with Rabbi Swidler
- "The Schmooze" with Rabbi Okin
- St. Louis Kollel Amud-A-Week (after davening)
- Pirkei Avos Class with Rabbi Smason
- Mishmar Learning with Rabbi Okin

Congregation News (con't)

Mazel Tov on Simchas This Week! April 24 – April 30

Happy Birthday

Evan Woolf	April 24	Shelly Muskin	April 28
Harry ("Hesh") Lyons	April 26	Micha Szus	April 28
Madeline Hartranft	April 28	Andrew Feit	April 29



THE FOUR QUESTIONS

Why were last week's questions different from other weeks' questions? ☺

Returning to our little game, Mr. Bruce Waxman hands it off to:

DAN WINOGRAD

Dan and his wife Melanie grew up in St. Louis, and lived in Houston for a couple of years right after marriage (over 17 years ago). They moved to the NHBZ neighborhood in May 2020, from down the U-City street. Dan is the extremely proud father of three children, Jacob (14), Benjamin (12), and Evie (8), who are actually 5th generation NHBZ members. He devotes his workday to a 30-practice dental roll-up, serving as CFO. When not working, he can usually be found at one of his kid's sporting events.

The Questions:

1. Who is your favorite Torah personality and why?

A: "Similar to a good thriller, I like the stories of Joseph, because of all of the twist and turns."

2. What is your favorite snack food?

A: "Peanut butter pretzels. Anything with peanut butter and salty usually is good."

3. Three words that best describe you?

A: "Optimistic, humble and practical."

4. What inspires you?

A: "My wife; my kids; a good Shabbos drasha or class"

Thank you, Dan and HAPPY BIRTHDAY (on the 17th). This was your gift to us!

MEMORIAL PLAQUES

In conjunction with Pesach and the first Yizkor service of the calendar year, NHBZ offers a special opportunity to memorialize family members and friends. Our handsome brass memorial plaques normally cost \$360.00 each. This year, through July 16, two memorial plaques will be available for \$600 – you save \$120. Ordering soon will enable us to have your plaques mounted on our Memorial Boards (in the Pepose-Feigenbaum Multipurpose Room) no later than Yom Kippur of this year. Please contact the Office by phone (314) 991-2100, ext. 2 or email office@nhbz.org to place your order. May the memory of good people bless our days.

RABBINIC CANDIDATE WEEKEND – Next Shabbos, April 29 - May 1, 2022

We are pleased to announce that Rabbi Nissan Andrews and his family will join us on Shabbos, April 30. Rabbi Andrews will lead services, deliver the Sermon, and speak at a Kiddish/Luncheon.

There will be a question and answer session on Sunday morning and other opportunities for you to get to know Rabbi Andrews and his family.



"Rabbi Andrews hopes to touch the lives of the members of his community and grow alongside his congregants. He and his wife Hannah, a bubbly, charismatic and talented educator, have four children.

"Born and raised in Canada, Rabbi Andrews attended Telshe Yeshiva in Chicago, where he received both his undergraduate and graduate degrees in Rabbinics. While at Telshe, he developed a special relationship with its Rosh Hayeshiva, Rabbi Avrohom C. Levin zt"l, from whom he received his semicha.

"Rabbi Andrews has been deeply involved in the Rabbinate and Jewish education. He taught at Jewish schools in every city he ministered and ran educational outreach program. This afforded Rabbi Andrews the opportunity to learn the craft from some of the most significant personalities in contemporary Jewish education and rabbinics. Additionally, he has served as the administrator for the local kosher supervising agency as part of his capacity as the Assistant Rabbi of Congregation House of Jacob-Mikveh Israel in Calgary and as the Rav Hamachshir for the Lehigh Valley Kashruth Commission in his **most** recent post in Allentown. He was also the Rabbi of Lake Park Synagogue in Milwaukee.

"Before moving to Allentown, Rabbi Andrews was employed as the Associate Rabbi of Finchley United Synagogue in London, a flagship congregation of the United Synagogue with over 1,800 member families. There he began innovative social and educational programming and worked tirelessly to strengthen the social engagement of its vast and broad membership.

"In Allentown, Rabbi Andrews has been employed as the Rabbi of Congregation Sons of Israel. There, he provided leadership shepherding his congregation through the Covid crisis, implemented new educational programs, and engaged in significant community outreach. Both Hannah and the Rabbi are excited to spend Shabbos/Shabbat with you!"

NUSACH HARI B'NAI ZION • 650 NORTH PRICE ROAD • SAINT LOUIS MISSOURI 63132



DOLLAR-A-DAY PUSHKE CAMPAIGN

Thank you for your continuing participation in the NHBZ Pushke campaign. You will recall that the program calls for the collection of the Pushkes every three months and our returning the now empty Pushkes back to you to continue the ongoing cycle of daily contributions. The fifth cycle is now set to conclude Monday, May 2. At that time or a few days before, please drop off your Pushke at the shul office. The contents will be emptied, credited to your account and the now empty Pushke immediately returned to you for continued future use. Please call in advance (314-991-2100, Ext 2) to schedule drop off or to arrange for us to pick-up the Pushke at your home. Another convenient option is to send in a cheque for the amount saved in the Pushke. All those returning Pushkes by Monday, May 2 will have their name entered in a drawing for a \$25 Target gift card to be held shortly after the return date.

In the Community

- **HF Epstein Hebrew Academy's Annual Literary Magazine**, Machshava, is looking for YOU! Any student (pre-school through 12th Grade) may submit artwork, poems or short stories (up to 500 words). **Deadline for entries is April 29.** Please see flyer for details.
- **JSU Meat-Up, Sunday, May 8**
Join us at the World's Fair Pavilion in Forest Park, supporting Jewish engagement. Finest Kosher smoked meats from Romanian BBQ, Sushi, Live Music and More! Special Mothers' Day gift bags for all in attendance. See flyer for details and save the date!

Youth Programming

- **Special Yom Tov & Shabbos Morning Kids' Program**,
Friday, April 22 and Shabbos, April 23
NHBZ offers special Pesach programs for elementary and middle school students. Programs offered from 10:00 am until Kiddush is served. All program content will be personally designed and coordinated by Rabbi Okin. Families do NOT need to be members of NHBZ to participate. Please contact Rabbi Okin at aviokin@nhbz.org with any questions.
- **The Schmooze Sunday Nights**
Join kids from around St. Louis, 4th grade and up, at NHBZ at 6:00 pm on Sunday nights for a discussion-based Torah learning session with Rabbi Okin.



Learning at NHBZ

- **NHBZ Mishmar**
Join Rabbi Okin and young men from all over St. Louis for Mishmar, an evening gathering of Torah and Camaraderie on Thursday Nights from 7:00pm – 7:30pm. ***We will meet in the back of the NHBZ sanctuary*** with a text-based and interactive learning session. If you are interested, please contact Rabbi Okin at aviokin@nhbz.org.
- **Rabbi Smason's Starting Points**
Join Rabbi Smason for a 45-minute presentation/discussion of relevant, contemporary topics every Shabbos at 10:15 am in the Feigenbaum-Pepose Multi-Purpose Room.
Upcoming topics:
April 23 No Starting Points (Yizkor)
April 30 No Starting Points (as we welcome Rabbi Nissan Andrews)

Learning at NHBZ (con't)

- **Rabbi Smason's Wednesday In-Person Class Service**

Same place and time, same health and safety protocols.

- **Rabbi David's Learners' Service – Resumes May 7, 2022**

Every Shabbos at 9:15 am. Just starting out? No worries. Rabbi David teaches the basics of Shabbos prayers.

- **Rabbi Smason's Shabbos Shoutout**

The complete list of Shabbos Shoutouts, with most recent listed first, can be found at

https://www.youtube.com/playlist?list=PLI_MFI0zsmKIimpR3KpHROrHDWIDNbgsN

- **Rabbi Okin's Torah Thoughts**

The complete list of Torah Thoughts, with most recent listed first, can be found at:

https://www.youtube.com/playlist?list=PLI_MFI0zsmKJG-HuXMG1Ej2aUImqQHkJ-



NHBZ Online Classes

Rabbi Ze'ev Smason will keep you connected during this challenging time. The classes listed below are easy to join and you can drop in on one without having previously attended. All classes are offered through Zoom video conferencing on your computer or smart phone (you do not need to download the Zoom application to see the class) AND through audio only on your telephone.

Instructions to Attend Classes

For audio through your telephone, connect in one of two ways:

1. *Preferred option* - Call 312-626-6799 which connects you to the ZOOM audio number and will enable you to participate fully, except for the video. Toll Free.
2. Or call 314-325-8791 for our old audio connection. We encourage you to use the *preferred option* since this way might become unavailable soon.

For Zoom video, each class has a Zoom link shown underlined in blue below. Click or tap on the link or copy and paste the link into your browser to join the class.

List of Rabbi Ze'ev Smason's Zoom Classes

1. Weekdays, 8:15 am (Sun 9:15 am) ~ New topic "Tehillim Tips: Insights Into Our Prayers". Sessions are approximately 30 minutes.
Zoom video link: <https://zoom.us/j/99013706617>
2. Monday thru Friday, 3:00 pm - 3:30 pm ~ "King Solomon: His Wisdom, Wealth and Wives".
Zoom video link: <https://zoom.us/j/136785930>
3. Fridays, 8:15 am ~ Discussion of the "Haftorah of the Week"
Zoom video link: <https://zoom.us/j/99013706617>



THE SISTERHOOD SCOOP

APRIL 23

Happy Passover

Volume 5

Number 16

22 Nisan 5782

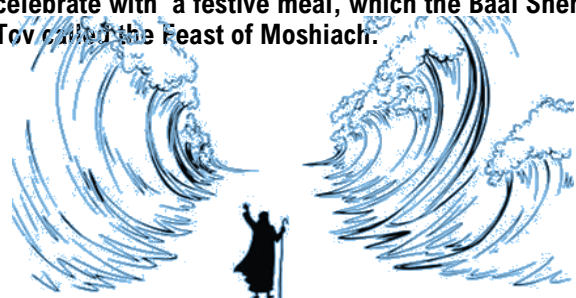
April 23, 2022

Last Days of Passover – Final Freedom

Our liberation from leaving Egypt is not complete until the seventh night, when the Sea of Reeds parted for us—and then crashed down to destroy our Egyptian pursuers. Only then did we feel our chains fall away forever.

We relive that taste of ultimate freedom on the seventh and eighth days of Passover when we light holiday candles, make kiddush, and have festive meals on both nights and both days.

On the seventh day of Passover, we read the Sea of Reeds story from the Torah and the song of praise we sang afterwards; on the eighth day we recite Yizkor for departed relatives and focus on the final liberation, the one that's yet to happen. Some celebrate with a festive meal, which the Baal Shem Tov called the Feast of Moshiach.



Endowed By Their Creator...

The Jewish people left Egypt on the fifteenth of Nissan, at midday. No sooner had they departed, they began counting the days to the giving of the Torah on Sinai, scheduled to occur seven weeks later.

One second there. The Jews were still on the run, they hadn't even crossed the Red Sea yet, Pharaoh was still bound to chase them and attempt to bring them back to slavery (as he indeed tried to do), and they are already counting down to the next event?

Moreover, we can be sure that the Jews had a pretty decent idea about what would transpire at Sinai. They knew that Sinai would spell the end of doing what they want without accountability, that a whole new way of life with many limitations and consequences/punishment would be given to them. The Jews hadn't even had the chance to live like free men, and they're already impatiently counting down to religion?

The answer struck me when I thought of the opening lines of the United States' Declaration of Independence:

"We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights that among these are Life, Liberty and the pursuit of Happiness."

In the words "endowed by their Creator" lies the difference between the American Revolution, which made the country the beacon of freedom and liberty to the whole world until this very day, and the other revolutions crying the same cry of "all men are created equal" (e.g., communism) which did not last.

Freedom without a Creator is not freedom. It might sound like freedom, it might even taste for a moment like freedom, but it is not freedom. It isn't even a democracy. For the strong will find a way to exploit the weak under any system. If there are no divine principles to be accountable for, then ultimately there are no principles at all.

Without G-d, democracy can be just as evil like any other form of government. What makes the USA a city on a hill is not its form of government as much as those four words in the Declaration of Independence and the four words on the dollar "In G-d we Trust."

Thirty-three centuries ago, our ancestors rushed to Sinai to live a life of true freedom—as servants of the Creator. —**Rabbi Levi Avtzon**, at Chabad.org

Sisterhood Book Club News!

The next meeting of the NHBZ Sisterhood Book Club will be **Monday, May 23, 7:15-8:45 PM** at the home of Linda Shore. The book is: ***The Last Rose of Shanghai: A Novel***, by Weina Dai Randel. A National Jewish Book Awards Finalist, *The Last Rose of Shanghai* is a powerful story of the relationship between a Shanghai heiress and a Jewish refugee, set against the backdrop of a nightclub in China on the eve of the Second World War.

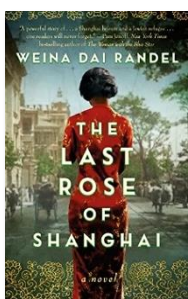
For more information or to join, contact Fran Alper at 314-993-4024 or email fran.alper@outlook.com or sisterhood@nhbz.org.

The Book Club meets on the **fourth Monday of odd-numbered** months at 7:15-8:45 PM.

Make a note of the remaining dates for **2022**:

May 23, July 25, Sept. 19, Nov. 28

We welcome you to join us!



Yizkor, the memorial prayer for departed loved ones, is said four times a year: The eighth day of Passover, the second day of Shavuot, Yom Kippur, and Shemini Atzeret. *Yizkor* means "remember." We implore G-d to remember the souls of our relatives and friends that have passed on, and we renew and strengthen the connection between us and our loved ones. At the center of *Yizkor* is our private pledge to give charity following the holiday in honor of the deceased. By giving charity, we are performing a positive physical deed in this world (something the departed can no longer do) bringing merit to their souls and elevating them in their celestial homes. www.chabad.org



The Schmooze

Sunday Evenings, 6:00 pm



**DINNER
PROVIDED!**



**FUN
RAFFLES!**

**Join with children
from around St. Louis for a
discussion-based Torah learning session
at NHBZ with Rabbi Avi Okin!**

YOU DO NOT HAVE TO BE A NHBZ MEMBER FAMILY TO PARTICIPATE

4TH GRADE AND UP

FOR MORE INFORMATION: 991-2100 EXT: 2

NHBZ's Covid protocol is in place. Kids under age 12 are not required to be vaccinated but they will need to remain masked except when eating. Children 12 and up are required to be vaccinated to participate.

SAVE THE DATE

May 8th

2nd ANNUAL



MEAT ★ UP ★

Special
Mother's
Day
Gift Bag

RSVP TODAY - Last Year's Event Sold Out!

**Event Chairpersons: Moshe & Chavi Andrew
Daniel & Chaya Manne**

**Committee: Tammy Friedman, Joey Mufson, Becca Near
Batya Zidel**



Sunday, May 8th
5:30 PM - 8:30PM



World's Fair Pavilion
at Forest park



\$136 per person
(\$150 after April 30th)



RSVP at jsustl.org/MeatUp

*For sponsorship opportunities or more
information contact Alana Umansky Minoff @
(314) 303-0861 or info@jsustl.org*





TRANSFORM THE JEWISH FUTURE WITH THESE SPONSORSHIP OPPORTUNITIES

\$5,400 SPONSORSHIP

Send a teen to Israel for a
GAP Year of Torah Study

8 Tickets to Event
Premier Romanian Meat Basket
Gift bag value \$1,500

Studying in Israel let me reach levels in my Jewish growth that I didn't even know were possible. Without JSU, I wouldn't have known about these opportunities or had the courage to take this path."

\$1,800 SPONSORSHIP

Sponsor JSU Clubs, Programming and
Pizza for a Month

4 Tickets to Event
Super Romanian Meat Basket
Gift bag value \$750

"JSU introduced me to a new love of Judaism and of Israel. It gave me a support system in high school as well as in my gap year."

\$720 SPONSORSHIP

Send a JSUer on a
Leadership Retreat

2 Tickets to Event
Romanian Meat Basket
Gift bag value \$360

"Joining over 200 teen leaders at the JSU president's Conference gave me the tools and courage I needed to engage and impact my peers."

\$3,600 SPONSORSHIP

Send a teen to Israel on a
JSU Summer Program

6 Tickets to Event
Deluxe Romanian Meat Basket
Gift bag value \$1,000

"This summer was the most amazing and inspirational experience I have ever had. I have connected deeper with my Jewish identity and myself"

\$1,250 SPONSORSHIP

Send a Teen on a
JSU Relief Mission

2 Tickets to Event
Special Romanian Meat Basket
Gift bag value \$500

"The Relief Mission to Puerto Rico taught me the true meaning of chessed and Tikun Olam."

Event Chairpersons:

Moshe & Chavi Andrew
Daniel & Chaya Manne

Committee: Tammy Friedman, Joey Mufson
Becca Near, Batya Zidel

For questions and more information
please contact Alana Minoff @
(314) 303-0861 or info@jsustl.org

