



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

May 28, 2022 • 27 Iyar 5782 • Candle Lighting 7:58 pm • Shabbos Concludes 9:01 pm

Parshas Bechukosai
Haftorah

Leviticus 26:3 – 27:34
Jeremiah 16:19 – 17:14

Chumash pp. 708 - 723
Chumash p.1179

Prayer

Shabbos, Friday, May 27

- 7:00 pm Mincha, Kabbalat Shabbat, Ma'ariv
- 7:58 pm Candle Lighting

Shabbos, Saturday, May 28

- 9:00 am Shachris followed by Musaf
Pesukei D'Zimra: **Howard Sandler**
Shacharis: **TBA**
Leyning: **Moshe Leib Cohen**
- 9:15 am Learners' Service with **Rabbi Yosef David** (downstairs) – **NO CLASS 5/28/22**
- 10:00 am Kids' Program (downstairs)
- 10:15 am "Starting Points" with **Rabbi Ze'ev Smason** (downstairs)
- 7:45 pm Mincha, Shalosh Seudos, D'var Torah by **Rabbi Avi Okin**, Ma'ariv
- 9:01 pm Shabbos concludes

Haftorah: **Marvin Lerner**
Sermon: **Rabbi Ze'ev Smason**
Musaf: **TBA**



Minyan Times May 26 – June 4, 2022

	Thu May 26	Fri May 27	Shabbos May 28	Sun May 29*	Mon May 30	Tues May 31**	Wed June 1	Thu June 2	Fri June 3	Shabbos June 4***
Shachris (am)	7:00	7:00	9:00	8:00	8:00	6:45	7:00	7:00	7:00	9:00
Mincha/Ma'ariv (pm)	7:00	7:00	7:45	7:00	7:00	7:00	7:00	7:00	7:00	1:45^

*Yom Yerushalayim

** Rosh Chodesh Sivan

***Erev Shavuos

^Mincha Only

Shabbos Morning Kids' Programs

Every Shabbos from 10:00 am until Kiddush is served, NHBZ offers programs for elementary and middle school students. Families do NOT need to be members of NHBZ to participate. See you Shabbos!

Sign Up for Text Reminders

You can receive text reminders of your scheduled minyan times! Email minyan@nhbz.org with your name, cellphone number and carrier, and the days and services (Shachris or Mincha/Ma'ariv) you will be attending our daily minyan.

Congregation News

Mazel Tov on Simchas This Week! May 29 – June 4, 2022

Happy Birthday

Myra Radinsky	May 29	Julie Friedman	June 3
Dr. Eliot Katz	May 30	Ed Lyss	June 3
June Cohen	May 31	Rafi Yishai Zev Minoff	June 3
Jason Rush	May 31	Joyce Hochberg	June 4
Debra Barash	June 1		

Happy Anniversary

Bruce & Faith Waxman	May 29
Dr. Erol & Sally Amon	May 29
Bob & Joni Kaiser	June 2
Don & Julie Eisenberg	June 3



Events

Coming Soon

- Shabbos, June 4 – Pre-Shavuot Learning (Luncheon in honor of Rabbi & Rebbitzin Okin **POSTPONED**)
- Shavuot, June 4 – 5 – Shavuot Overnight Studies

On-Going

- Online Classes – See listing on Page 6
- Every Shabbos – Learners' Service, 9:15 am -- **Resumes next week**
- Shabbos Morning Kids' Program, 10:00 am (downstairs)
- Starting Points, 10:15 am (downstairs)
- "Bitachon: Relying on G-d to Get Through Tough Times" with Rabbi Okin at Shalosh Seudos
- Sunday Mornings, after Shachris – Mishna learning with Rabbi Swidler
- Mondays, 7:40 pm – St. Louis Kollel Amud-A-Week (after davening)
- Wednesdays, 12:15 pm – Pirkei Avos Class with Rabbi Smason (see page 6)
- Thursdays, 7:40 pm – Mishmar Learning with Rabbi Okin

Shiurim for Shavuot Overnight Studies, Motzei Shabbos June 4 – June 5, 2022

The tradition of Shavuot Overnight Studies continues! We will have plenty of snacks (and caffeine!) and some very interesting classes this year. Please join us!

11:30 pm – 12:30 am	Menachem Szus, "Korbanot: Are We Sacrificing Fido?"
12:50 am – 1:50 am	Dr. Isaac Amon, "A Walk Through Time: The Story of Jewish Portugal"
2:15 am – 3:15 am	Stuart Klamen, "Noach: Hero or Hobo?"
3:30 am – 4:30 am	Rabbi Avi Okin, "Nisyonos: Growing from Adversity"

Remembering Yom HaZikaron (A Request by Steve Finer)

Even though Yom HaZikaron (Israel's Memorial Day) was earlier this month, Steve Finer asks us to remember on this, our U.S. Memorial Day Weekend. He takes this opportunity to introduce us to an important website:

<https://honorisraelfallen.com> is a website dedicated to remembering the 24,000 Jewish defenders who fell while defending Israel. The site contains a brief biography and photo of each of them and offers the opportunity to perform a mitzvah for the aliya of his/her neshama.

"Thank you, Friends,
Steve Finer"

Yom Yerushalayim, Sunday, May 29

This Sunday is Yom Yerushalayim ("Jerusalem Day"), an important holiday celebrating the reunification of Jerusalem. Please visit <https://m.knesset.gov.il/en/about/pages/jerusalem.aspx> and

https://secure2.convio.net/wzoa/site/Ticketing;jsessionid=00000000.app20116b?view=Tickets&id=106011&NONCE_TOKEN=C94490416B60AFCF0CEBF5C6AD53AB4C to learn more!

THE FOUR QUESTIONS

Please allow us to introduce....

JACKIE BERKIN

Our second native St. Louisan in a row, Jackie has lived in St. Louis her whole life! She met husband Dr. Craig Berkin at an engagement party; the guests of honor were not the only ones who left that party with their eventual spouses! Jackie has 2 children and 8 grandchildren. She works alongside her husband, running his dental practice. Jackie serves as one of our congregation's Mashgiachs and Chefs! She is also the creator of our famous Whiskey Slush! We couldn't get her to stop long enough to share what she does in her free time (if she has any!).

The Questions:

1. Who is your favorite Torah personality and why?

A: "Ruth, because she is self-sacrificing, has unfailing devotion and is filled with respect, fearlessness and humility."

2. What is your favorite snack food?

A: "Popcorn!"

3. Three words that best describe you?

A: "Compassionate, hard-working and organized."

4. What inspires you?

A: "My children and grandchildren."

Anyone want to GUESS who is next? Thanks, Jackie!!!



Frances Rothman Monument Dedication, Sunday, May 29, 10:30 a.m.

The monument dedication for Frances Rothman^a takes place at Beth Hamedrosh Hagadol Cemetery, 9125 Ladue Road, St. Louis, MO 63124. May our prayers be a comfort to her family.

NHBZ Giving and Dedication Opportunities

Your support enables NHBZ to maintain and expand its programs and to serve the needs of the congregation and the greater St. Louis Jewish Community. Donating to the Shul is a meaningful way to fulfill the mitzvah of *zedakah* while honoring those you hold dear.

Some available ways to contribute: Building Contributions and Dedications; Inscribed Pavers (\$250 - \$500); Brass Leaves on the Tree of Life (\$360 minimum); Memorial Plaques (see box, below); Book Funds (for Siddurim, Chumashim and Machzorim, \$55 – 70); Tributes (\$10 minimum) and Kiddush, Shalosh Seudos or Weekly News sponsorship.

We have a method available for however you choose to honor someone! Your support means everything to our Shul. Thank you, in advance, for your generosity.

MEMORIAL PLAQUES – Limited Time, Special Pricing on Two

Take advantage of the special opportunity to memorialize family members and friends. Our handsome brass memorial plaques normally cost \$360 each. This year, through July 16, two memorial plaques will be available for \$600 – you save \$120. Ordering soon will enable us to have your plaques mounted on our Memorial Boards (in the Pepose-Feigenbaum Multipurpose Room) no later than Yom Kippur of this year. May the memory of good people bless our days.

In the Community

● Aish HaTorah Memorial Day Picnic, May 30, 2pm - 6pm

Come and join the fun! New location: Millar Park, 1351 N. Hanley Road, U.City. Free to attend, food for purchase. Softball at 2 pm, BBQ dinner at 4 pm. Covered Pavilion, Playground, Walking Trail and more! For more information, (314) 862-2474 or email [cwoff@aish.com](mailto:cwolf@aish.com).

● Missouri Torah Institute 15th Annual Dinner, June 12

Save the date! Sunday, June 12 at 5:45 pm at the Ritz Carlton in Clayton. Honoring Yosef & Chaya Bernath and Rabbi Shlomo Soroka. To RSVP and/or to place an ad, please call 636-778-1896 or email dinner@missouritorah.org. 12th Grade graduation at 1:30 pm, also on June 12 at the Yeshiva, 1809 Clarkson Road, Chesterfield.

Youth Programming

● Shabbos Morning Kids' Program, Rabbi Okin

NHBZ offers Shabbos morning programs for elementary and middle school students. Programs offered from 10:00 am until Kiddush is served. All program content will be personally designed and coordinated by Rabbi Okin. Families do NOT need to be members of NHBZ to participate. Please contact Rabbi Okin at aviokin@nhbz.org with any questions. See you on Shabbos!



Learning at NHBZ

● Parashas Bechukosai – By Rabbi Smason

Bechukosai, the last Torah portion in the book of Leviticus, begins by briefly listing some of the blessings and rewards that the Jewish people will receive for diligently learning and following the Torah. The Portion then shifts to the subject matter which has made it famous -- G-d's admonitions and warnings of the consequences if the Jewish people abandon the Torah. Step by step, the Torah describes the tragedies which will befall the Jewish people if they abandon observance of the Torah, providing an eerie account of what has been part of our history to this day. There is good news, however; teshuva (return or repentance) is possible at any time to avert an otherwise harsh decree. The book of Leviticus concludes with a brief discussion of tithes.

Ask Our Rabbis

Q: I have heard that there is a Mitzvah to learn Torah each day. Is this true? If so, what are some of the parameters for this Mitzvah?

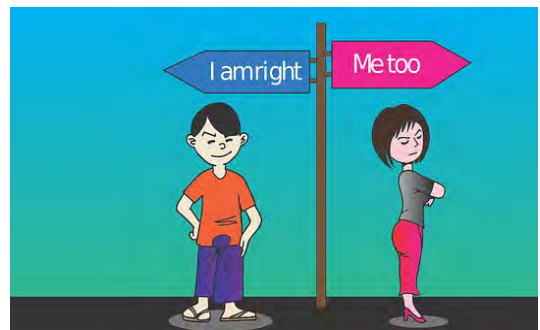
A. This is correct. Learning Torah is an incredibly important Mitzvah. The goal is this Mitzvah is to ensure that we know how to live and act as Jews. Ideally, one should apportion one's time to study Torah everyday into three, one portion for Tanach and some say its commentaries, one portion for Mishna and Gemara, and one portion to analyze the primary ways the Torah is learnt so that one will know that which is forbidden and that which is permitted (See Kiddushin 30a-b). Based on this concept, there is a practice to recite a portion from Torah, Mishna, and Gemara after Birchos HaTorah before Pesukei DeZimrah. At the very least, one should have a study routine where he or she is reviewing the Jewish laws and procedures in advance of when they occur. For example, Chazal recommend that a person review the laws of Pesach for the 30 days before the holiday (Shulchan Aruch OC 429:1).

● Rabbi Smason's Starting Points

Join Rabbi Smason for a 45-minute presentation/discussion of relevant, contemporary topics every Shabbos at 10:15 am in the Feigenbaum-Pepose Multi-Purpose Room.

Upcoming topics:

May 28 How to Love Your Difficult Neighbor
... or Relative



● NHBZ Mishmar

Join Rabbi Okin and young men from all over St. Louis for Mishmar, an evening gathering of Torah and Camaraderie on Thursday Nights from 7:40 pm – 8:00 pm. **We will meet in the back of the NHBZ sanctuary** with a text-based and interactive learning session. If you are interested, please contact Rabbi Okin at aviokin@nhbz.org.

Learning at NHBZ (con't)

● Rabbi Smason's Wednesday In-Person Class

Pirkei Avos / Ethics of the Fathers: Feed your soul 45 minutes of spiritual nourishment from the timeless wisdom of our Sages, chock full of relevant, contemporary insights and lessons. Low-calorie, gluten free, and refreshing!

● Rabbi David's Learners' Service

Every Shabbos at 9:15 am. Just starting out? No worries. Rabbi David teaches the basics of Shabbos prayers.

● Rabbi Smason's Shabbos Shoutout

The complete list of Shabbos Shoutouts, with most recent listed first, can be found at https://www.youtube.com/playlist?list=PLI_MFI0zsmKlImpR3KpHROrHDWIDNbqsN

● Rabbi Okin's Torah Thoughts

The complete list of Torah Thoughts, with most recent listed first, can be found at: https://www.youtube.com/playlist?list=PLI_MFI0zsmKJG-HuXMG1Ej2aUImgQHkJ-



NHBZ Online Classes

Rabbi Ze'ev Smason will keep you connected during this challenging time. The classes listed below are easy to join and you can drop in on one without having previously attended. All classes are offered through Zoom video conferencing on your computer or smart phone (you do not need to download the Zoom application to see the class) AND through audio only on your telephone.

Instructions to Attend Classes

For audio through your telephone, connect in one of two ways:

1. *Preferred option* - Call 312-626-6799 which connects you to the ZOOM audio number and will enable you to participate fully, except for the video. Toll Free.
2. Or call 314-325-8791 for our old audio connection. We encourage you to use the *preferred option* since this way might become unavailable soon.

For Zoom video, each class has a Zoom link shown underlined in blue below. Click or tap on the link or copy and paste the link into your browser to join the class.

List of Rabbi Ze'ev Smason's Zoom Classes

1. Weekdays, 8:15 am (Sun 9:15 am) ~ New topic "Tehillim Tips: Insights Into Our Prayers". Sessions are approximately 30 minutes.
Zoom video link: <https://zoom.us/j/99013706617>
2. Monday thru Friday, 3:00 pm - 3:30 pm ~ "King Solomon: His Wisdom, Wealth and Wives".
Zoom video link: <https://zoom.us/j/136785930>
3. Fridays, 8:15 am ~ Discussion of the "Haftorah of the Week"
Zoom video link: <https://zoom.us/j/99013706617>



THE SISTERHOOD SCOOP

MAY 28



Volume 5

Number 21

27 Iyar 5782

May 28, 2022

NEWS FROM NHBZ BOOK CLUB

Thanks to **Linda Shore** for hosting and leading Sisterhood's May 23 Book Club discussion of "*The Last Rose of Shanghai*" by Weina Dai Randel. Members gathered on Linda's lovely patio and shared a lively, thought-provoking analysis of the novel.

The Book Club meets on the **fourth Monday of odd-numbered** months at 7:15-8:45 PM.

Make a note of the remaining dates for **2022**:
July 25, Sept. 19, Nov. 28

For more information, contact **Fran Alper** at 314-993-4024 or fran.alper@outlook.com, or email sisterhood@nhbz.org.

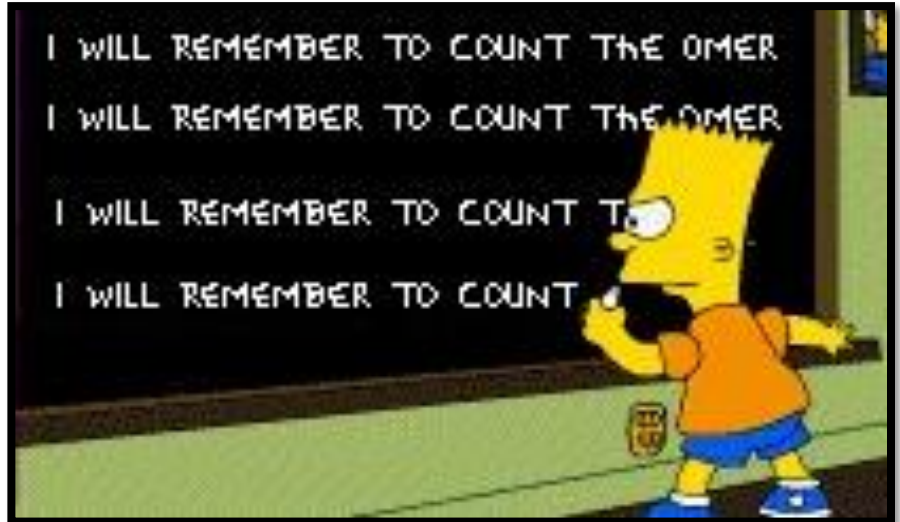


All women are welcome to join us!

On Community

"Jewish faith is learned and taught, lived and experienced, in community. That is why the integrity of the community, its inner cohesiveness, and its loyalty to the founding terms of its existence, matter even more than the learning or piety of individuals."

– **Rabbi Lord Jonathan Sacks**^{z"l} *Community of Faith*



PARSHAS BECHUKOTAI: *Join the Team*

Five of you will pursue a hundred, and a hundred of you will pursue ten thousand. (Lev. 26:8)

The Parshah begins with the blessings that await the Jewish people if they keep their covenant with God: five Jews will pursue a hundred enemies, and a hundred Jews will pursue 10,000. Rashi asks: if five Jews can pursue a hundred enemies, a ratio of 1:20, then shouldn't one hundred Jews pursue 2,000, not 10,000?

It is said that if one person can lift 50 pounds, two people together can lift three times that amount: 150 pounds. As the verse states, "Two are better than one." Two people together can accomplish a lot more than just two individuals. When more people are united in serving God their actions are more effective. Each individual in the group reaches a far higher level than he would have had he acted alone, no matter how hard he has worked. The Chofetz Chaim points out that we see this in bircas hamazon. When three people recite Grace after Meals together, they say "let us bless," but when ten people recite it, they say, "let us bless our God" - they reach a higher level.

When a community is actively involved in the pursuit of Torah and Mitzvos one should not separate himself from them since he is thereby preventing them from reaching higher levels and accomplishing greater things. The word "TEAM" stands for: Together, Everyone Accomplishes More!

– by **Rabbi Eli Scheller**, www.aish.com

Feeling boxed in? It's time to get out of the box

Our synagogue helps you to feel comfortable & welcome

NHBZ members are eclectic and diverse, and desire personal growth without politics or an obligatory commitment to any particular movement, denomination, or label.

Our synagogue is proudly Pro-Israel and against the BDS movement

Support for a secure Israel as our Jewish homeland is not a political or liberal or conservative cause – it is a Jewish cause.

Our synagogue will engage you Jewishly

...with abundant and accessible learning opportunities so that you can become the best version of yourself.

Our synagogue has meaningful, spiritually oriented services

...simultaneously tapping into the enduring wisdom of our people and your personal experience.



Come grow with us. We are here for you.
Experience Nusach Hari B'nai Zion



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