



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

June 4, 2022 • 5 Sivan 5782 • Candle Lighting 8:03 pm • Shabbos Concludes 9:07 pm

Parshas Bamidbar
Haftorah

Numbers 1:1 – 4:20
Hosea 1:2 – 1:22

Chumash pp. 726 - 747
Chumash pp. 1180 - 1181

We thank our generous sponsor

LIBBY SORKIN ROUTMAN for cheesecake on the second day of Shavuos

Prayer

Shabbos, Friday, June 3

- 7:00 pm Mincha, Kabbalat Shabbat, Ma'ariv
- 8:03 pm Candle Lighting

Shabbos, Saturday, June 4

- 9:00 am Shachris followed by Musaf
Pesukei D'Zimra: **Howard Sandler**
Shacharis: **Rabbi Avi Okin**
Leyning: **Stuart Klamen**
- Haftorah: **Dr. Naftali Kadosh**
Sermon: **Rabbi Avi Okin**
Musaf: **Rabbi Avi Okin**
- 9:15 am Learners' Service with **Rabbi Yosef David** (downstairs)
- 10:00 am Kids' Program (downstairs)
- 10:15 am "Starting Points" with **Rabbi Ze'ev Smason** (downstairs)
- 1:45 pm Mincha
- 8:45 pm D'var Torah by **Rabbi Avi Okin**
- 9:07 pm Shabbos concludes, Yom Tov Candle Lighting, Ma'ariv



Shavuot, Sunday, June 5

- 9:00 am Shachris followed by Musaf
- 8:00 pm Mincha followed by Ma'ariv

Shavuot, Monday, June 6

- 9:00 am Shachris followed by Musaf
- 10:30 am Yizkor
- 8:00 pm Mincha, D'var Torah by **Rabbi Avi Okin**
- 9:08 pm Ma'ariv/Yom Tov concludes

Minyan Times June 2 – June 11, 2022

	Thu Jun 2	Fri Jun 3	Shabbos Jun 4*	Sun Jun 5**	Mon Jun 6**	Tues Jun 7	Wed Jun 8	Thu Jun 9	Fri Jun 10	Shabbos Jun 11
Shachris (am)	7:00	7:00	9:00	9:00	9:00	7:00	7:00	7:00	7:00	9:00
Mincha/Ma'ariv (pm)	7:00	7:00	1:45	8:00	8:00	7:00	7:00	7:00	7:00	7:50

*Erev Shavuot **Shavuot

Shiurim for Shavuos Overnight Studies, Motzei Shabbos June 4 – June 5, 2022

The tradition of Shavuos Overnight Studies continues! We will have plenty of snacks (and caffeine!) and some very interesting classes this year. Please join us!

11:30 pm – 12:30 am	Menachem Szus, "Korbanot: Are We Sacrificing Fido?"
12:50 am – 1:50 am	Isaac Amon, "A Walk Through Time: The Story of Jewish Portugal"
2:15 am – 3:15 am	Stuart Klamen, "Noach: Hero or Hobo?"
3:30 am – 4:30 am	Rabbi Avi Okin, "Nisyonos: Growing from Adversity"

Sign Up for Text Reminders

You can receive text reminders of your scheduled minyan times! Email minyan@nhbz.org with your name, cellphone number and carrier, and the days and services (Shachris or Mincha/Ma'ariv) you will be attending our daily minyan.

Congregation News

Mazel Tov on Simchas This Week! June 5 – June 11, 2022

Happy Birthday

Noah Belau-Rush	June 5
Larry Goldenberg	June 5
Rebecca Waxman	June 5
Gia Shifren	June 8



Happy Anniversary

Kerry & Sandy Klarfeld	June 5
Dr. David & Fran Reisler	June 8

Events

Coming Soon

- Shavuos, This Week – Shavuos Overnight Learning
- Shabbos Weekend, July 7–10 – SAVE THE DATES for a Special Guest Speaker Weekend with Rabbi Uri Lati (Details coming soon!)

On-Going

- Online Classes – See listing on Page 6
- Every Shabbos
 - Learners' Service, 9:15 am (downstairs)
 - Shabbos Morning Kids' Program, 10:00 am (downstairs)
 - Starting Points, 10:15 am (downstairs)
 - "Bitachon: Relying on G-d to Get Through Tough Times" with Rabbi Okin at Shalosh Seudos
- Sunday Mornings, after Shachris – Mishna learning with Rabbi Swidler
- Mondays, 7:40 pm – St. Louis Kollel Amud-A-Week (after davening)
- Wednesdays, 12:15 pm – Pirkei Avos Class with Rabbi Smason (see page 6)
- Thursdays, 7:40 pm – Mishmar Learning with Rabbi Okin

THE FOUR QUESTIONS

It is not possible that you don't already know our next player. She's our very special

ANNA ROSE TENDLER

She was born and reared in University City. It was love at first sight during her senior year trip to Israel – she saw Jerusalem! Oh, and Victor Tandler – the Russian student on the same work/study program. She spoke no Russian; he spoke no English; neither spoke Hebrew very well. But that didn't stop love!

It was a long four-year wait (while Victor finished his service in the Israeli Army) before they could marry. The children then arrived: Suzanne, Mark and Hershel. Along with her other full-time work, Anna Rose is the powerhouse of our Shul! She shops, she cooks, she bakes, she serves...she does it all. And we truly wouldn't be the same without her!

The Questions:

1. Who is your favorite Torah personality and why?

A: "Noah. Because the choices he made allowed life to go on. He was tasked by G-d to build an ark, collect, and keep alive all the creatures G-d wanted to save before He started the world over because of the impurities in the world at that time. If it weren't for Noah, we (and the creatures in our world) would not be here."

2. What is your favorite snack food?

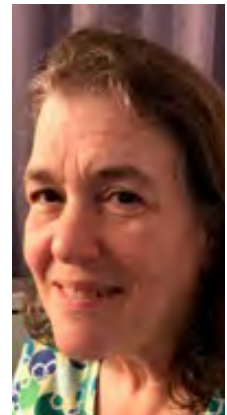
A: "Ice cream (any flavor except coffee!)."

3. Three words that best describe you?

A: "Friendly, hard-working and sensitive to others' feelings and needs."

4. What inspires you?

A: "My family! Especially my children and grandchildren."



DID YOU KNOW ...

that Anna Rose shops for the Shul EVERY WEEK? If there's a Kiddish, Shalosh Seudas or any noshes, she had a hand in supplying the food. She runs all over town, ferreting out special pricing and treats, and is always on the GO-GO-GO! She has more energy than an average 4 year old!



We take this opportunity to sing your praises, Anna Rose, and to express our heart-felt appreciation for all that you do. Always quick to lend a hand, to offer a smile or a special something, you are a cherished member of our NHBZ family. Thank you for being you!

MEMORIAL PLAQUES – Limited Time, Special Pricing on Two

Take advantage of the special opportunity to memorialize family members and friends. Our handsome brass memorial plaques normally cost \$360 each. This year, through July 16, two memorial plaques will be available for \$600 – you save \$120. Ordering soon will enable us to have your plaques mounted on our Memorial Boards (in the Pepose-Feigenbaum Multipurpose Room) no later than Yom Kippur of this year. May the memory of good people bless our days.

In the Community

● **Annual Mark Raiffie Memorial Lecture, June 9, 7pm**

Featuring Rabbi Steven Burg, the topic is “Leadership & Responsibility: The two most important ingredients in the DNA of a Jew.” Aish Firehouse, 457 N. Woods Mill Road, Chesterfield. See flyer for complete details.

● **Missouri Torah Institute 15th Annual Dinner, June 12**

Save the date! Sunday, June 12 at 5:45 pm at the Ritz Carlton in Clayton. Honoring Yosef & Chaya Bernath and Rabbi Shlomo Soroka. To RSVP and/or to place an ad, please call 636-778-1896 or email dinner@missouritorah.org. 12th Grade graduation at 1:30 pm, also on June 12 at the Yeshiva, 1809 Clarkson Road, Chesterfield.

Ask Our Rabbis

Q: Ruth is a Moabite name. Why did it stick? Why is there a book of the Bible by that name?

A: The same question can be asked about Esther. She actually had a Hebrew name, Hadassah, yet the Persian name Esther (Astarte) is how she is known to our people and she, too, has a Biblical book named after her.

Apparently the members of the Great Assembly, the *Anshe Knesset Hagedolah*, chose particularly to leave these two heroic women with their non-Jewish names and wanted these very names to become part of Jewish consciousness. Why? Because precisely these names express their greatness.

When Haman sought to destroy the Jews Esther could have hidden behind her Persian identity. She was the queen, and would have been safe. But – as Mordechai urged her to do – she chose to identify with her Jewish people, preferring even death, but as a Jewess, *kaasher avadeti, avadeti*. This is expressed by her name, and so the Rabbis honored her through her name, choosing to make it part of the Bible itself.

Similarly, Ruth could have returned to her father’s house. She and her sister, Arpa, were Moabite princesses, daughters of the king. She chose to become part of the Jewish people and is the symbol of the righteous convert. She, too, wears her Moabite name as a sign of the promise, wealth, luxury and honor she left behind, choosing poverty, persecution, danger and insecurity in Naomi’s house, instead of wealth and nobility as the daughter of Eglon king of Moab.

That is why she produced King David as a descendant. That is why the book of Ruth is read on Shavuot, because on that first Shavuot, long ago, all Jews did as Ruth did, and willingly chose to undertake the difficulties and hardships of the covenant of Mt. Sinai. Every Shavuot since then, by observing this holiday, all Jews make the same pledge, and like Ruth, undertake the obligations and requirements of Torah, and like both, Ruth and Esther, reaffirm their commitment to the destiny of Israel. (by Rav Yehiel Michel Kossowsky, zt"l)

Learning at NHBZ

● Parashas Bamidbar – By Rabbi Smason

This week we begin reading Sefer Bamidbar -- known in English as 'The Book of Numbers'. Bamidbar ('in the wilderness') begins with G-d telling Moses to take a census of all men over the age of 20. If you like names and numbers, you'll love this week's portion. The count reveals just over 600,000, excluding the Levites who weren't included in the census. We also find described the manner in which the Jewish People camped around the Mishkan (Tabernacle), and the order in which they traveled during the 40 years in the desert. The Jewish People were arranged in four sections around the Mishkan: east, south, west and north. The Levites are singled out for special responsibilities. A formal transfer is made between the first-born and the Levites, whereby the Levites take over the role the first-born would have served. The sons of Levi are divided into three main families: Gershon, Kehas and Merari. Each is given a special task in transporting the Mishkan.

● Shavuos – By Rabbi Smason

The major festival of Shavuos begins on Saturday evening June 5 and concludes Monday evening June 6. You may remember Cecil B. DeMille's film 'The Ten Commandments', starring Charlton Heston. Good film; however, the book was better than the movie! On Sunday morning the Torah reading (Exodus 19:1 - 20:23) contains the narrative of the giving of the Torah and the *Aseres HaDibros* -- "The Ten Statements", often inaccurately translated as 'The Ten Commandments.' On the second day of Shavuos, Monday, the Torah reading (Deut. 15:19 - 16:17) contains a brief description of the Shalosh Regalim - Passover, Shavuos and Succos. An argument can be made that Shavuos is THE most important holiday of the Jewish year. After all, without the Torah, what is Judaism?

● **Rabbi Smason's Starting Points**

Join Rabbi Smason for a 45-minute presentation/discussion of relevant, contemporary topics every Shabbos at 10:15 am in the Feigenbaum-Pepose Multi-Purpose Room.

Upcoming topics:

- | | |
|---------|--|
| June 4 | The 10 Commandments: A Spiritual Guide to Personal Success |
| June 11 | Humanity: Is It Still Alive? |
| June 18 | How Fathers Change Lives: Stories of Remarkable Dads |
| June 25 | What Is Your Greatest Blessing? |



Youth Programming

● Shabbos Morning Kids' Program, Rabbi Okin

NHBZ offers Shabbos morning programs for elementary and middle school students. Programs offered from 10:00 am until Kiddush is served. All program content will be personally designed and coordinated by Rabbi Okin. Families do NOT need to be members of NHBZ to participate. Please contact Rabbi Okin at aviokin@nhbz.org with any questions. See you on Shabbos!



Learning at NHBZ (con't)

● NHBZ Mishmar

Join Rabbi Okin and young men from all over St. Louis for Mishmar, an evening gathering of Torah and Camaraderie on Thursday Nights from 7:40 pm – 8:00 pm. ***We will meet in the back of the NHBZ sanctuary*** with a text-based and interactive learning session. If you are interested, please contact Rabbi Okin at aviokin@nhbz.org.

● Rabbi Smason's Wednesday In-Person Class

Pirkei Avos / Ethics of the Fathers: Feed your soul 45 minutes of spiritual nourishment from the timeless wisdom of our Sages, chock full of relevant, contemporary insights and lessons. Low-calorie, gluten free, and refreshing!

● Rabbi David's Learners' Service

Every Shabbos at 9:15 am. Just starting out? No worries. Rabbi David teaches the basics of Shabbos prayers.

● Rabbi Smason's Shabbos Shoutout

The complete list of Shabbos Shoutouts, with most recent listed first, can be found at https://www.youtube.com/playlist?list=PLI_MFI0zsmKlImpR3KpHROrHDWIDNbqsN

● Rabbi Okin's Torah Thoughts

The complete list of Torah Thoughts, with most recent listed first, can be found at: https://www.youtube.com/playlist?list=PLI_MFI0zsmKJG-HuXMG1Ej2aUImgQHkJ-



NHBZ Online Classes

Rabbi Ze'ev Smason will keep you connected during this challenging time. The classes listed below are easy to join and you can drop in on one without having previously attended. All classes are offered through Zoom video conferencing on your computer or smart phone (you do not need to download the Zoom application to see the class) AND through audio only on your telephone.

Instructions to Attend Classes

For audio through your telephone, connect in one of two ways:

1. *Preferred option* - Call 312-626-6799 which connects you to the ZOOM audio number and will enable you to participate fully, except for the video. Toll Free.
2. Or call 314-325-8791 for our old audio connection. We encourage you to use the *preferred option* since this way might become unavailable soon.

For Zoom video, each class has a Zoom link shown underlined in blue below. Click or tap on the link or copy and paste the link into your browser to join the class.

List of Rabbi Ze'ev Smason's Zoom Classes

1. Weekdays, 8:15 am (Sun 9:15 am) ~ New topic "Tehillim Tips: Insights Into Our Prayers". Sessions are approximately 30 minutes.
Zoom video link: <https://zoom.us/j/99013706617>
2. Monday thru Friday, 3:00 pm - 3:30 pm ~ "King Solomon: His Wisdom, Wealth and Wives".
Zoom video link: <https://zoom.us/j/136785930>
3. Fridays, 8:15 am ~ Discussion of the "Haftorah of the Week"
Zoom video link: <https://zoom.us/j/99013706617>



THE SISTERHOOD SCOOP

JUNE 4



Volume 5

Number 22

5 Sivan 5782

June 4, 2022

Sisterhood Welcomes Ahuvah Tzipporah

the newest addition
to the Okin Family

May she grow in Torah wisdom and
good deeds and be a blessing to her
mother and father.

Mazel Tov to Rabbi Avi & Devorah
Tova Okin, to Binyomin, and to the
entire Friedman – Okin Families.

Sisterhood Keeps on Reading!

NEWS FROM NHBZ BOOK CLUB

Sisterhood's Book Club is entering its fifth continuous year. We've been reading and learning through snow, rain, flood, heat, gloom of night, political peril, and pandemic, and we are now back to meeting in-person.

The March Book Club meeting paid tribute to the book, *The Coffee Trader* (by David Liss), by enjoying an assortment of delicious coffees and treats at the home of Devy Goldenberg. In May the group discussed *The Last Rose of Shanghai* (by Weina Dai Randel) hosted and facilitated by Linda Shore on her lovely patio.

The next book selection is *The Art Forger*, by Barbara Shapiro, and will be discussed at the **July 25** meeting. The historical novel weaves through three centuries of forgers, art thieves, and obsessive collectors to uncover secrets that lie beneath the 1990 theft of thirteen paintings from The Gardner Museum in Boston.

To help choose future book club selections, host a meeting, or lead a discussion, call us.

The Book Club meets on the **fourth Monday of odd-numbered months** at 7:15-8:45 PM. **We welcome all interested women to join us.** The remaining dates for 2022: **July 25, Sept. 19, Nov. 28**

For more information, contact *Fran Alper* at 314-993-4024 or fran.alper@outlook.com, or email sisterhood@nhbz.org.



On the holiday of Shavuot

...we celebrate the great revelation of the giving of the Torah at Mount Sinai, more than 3,300 years ago. You stood at the foot of the mountain. Your grandparents and great-grandparents before them. The souls of all Jews, from all times, came together to hear the Ten Commandments from G-d Himself. Since we *all* stood at Mount Sinai, we must all reaffirm our commitment. But before G-d gave the Torah to the Jewish people, He demanded guarantors. The Jews ultimately declared, "Our children will be our guarantors that we will cherish and observe the Torah." G-d immediately accepted them and agreed to give the Torah. This is why there is special significance to bringing children, even the youngest, to hear the Ten Commandments. Let us make sure to bring along all our "guarantors" to the synagogue on the 1st day of Shavuot.

THE TEN COMMANDMENTS – from Rabbi Benjamin Blech

Merriam-Webster added "selfie" as a new legitimate word in 2014. The aggrandizement of self, the preoccupation with ego, the narcissism of our generation needs above all to be reminded that "it's not all about you." The first statement of the Decalogue is: **"I am the Lord your G-d"** – there is a higher power who created the world, who is in charge of the universe, who gave us laws that need to be observed for the benefit of all of mankind. No moral system can be based solely on concern with the self. If man is the sole arbiter of goodness then evil will always be rationalized as necessary for personal pleasure and privilege.

As Dostoyevsky so perceptively put it, "Without G-d, all is permissible." "Just do it" may be a good slogan for Nike but it can't serve as ideal for the behavior of an entire generation.

Leadership & Responsibility

The two most important ingredients in the DNA of a Jew



with Rabbi Steven Burg, CEO of Aish Global

Rabbi Burg is an internationally recognized thought leader and passionate speaker about Jewish wisdom and values

The Mark Raiffie Memorial Lecture
Thursday, June 9th at 7 pm



This lecture is sponsored in loving memory of Mark Raiffie by his family. Mark's life was cut short but his smile, charm and love will be with us forever. His dedication to his family and friends will live on as an inspiration to us all.

Aish HaTorah Firehouse
457 N. Woods Mill Rd.
Chesterfield, MO 63017



Free and open to the community. Stay after for a dessert reception.

For more information, call 314-862-2474 or email sgreenwald@aish.com