



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

July 30, 2022 • 2 Av 5782 • Candle Lighting 7:49 pm • Shabbos Concludes 8:52 pm

Parshas Matos – Masei
Haftarah

Numbers 30:2 – 36:13
Jeremiah 2:4 – 28, 4:1 – 2

Chumash pp. 900 - 935
Chumash pp.1193 - 1194

NHBZ Extends a Very Warm Welcome to Rabbi Chaim Bogopulsky and Family

We thank our generous sponsor

Ruth Alper-Novack for this week's NHBZ Weekly News in celebration of the recent birthdays of **Fran Alper, Caryn Alper and Joanna Alper**

Prayer

Shabbos, Friday, July 29

- 7:00 pm Mincha, Kabbalat Shabbat, Ma'ariv
- 7:49 pm Candle Lighting

Shabbos, Saturday, July 30

- 9:00 am Shachris followed by Musaf
- 10:00 am Kids' Program (downstairs)
- 7:35 pm Mincha, Shalosh Seudos, Ma'ariv
- 8:52 pm Shabbos concludes



Minyan Times July 28 – August 6, 2022

	Thu Jul 28	Fri Jul 29*	Shabbos Jul 30	Sun Jul 31	Mon Aug 1	Tues Aug 2	Wed Aug 3	Thu Aug 4	Fri Aug 5	Shabbos Aug 6**
Shachris (am)	7:00	6:45	9:00	8:00	7:00	7:00	7:00	7:00	7:00	9:00
Mincha Only (pm)	--	--	--	--	--	--	--	--	--	1:45
Mincha/Ma'ariv (pm)	7:00	7:00	7:35	7:00	7:00	7:00	7:00	7:00	7:00	9:15

*Rosh Chodesh Av **Mincha 1:45pm due to Tisha B'av; Fast begins 8:07pm; Ma'ariv/Eicha

The Nine Days

Rosh Chodesh Av occurs on Friday, July 29. This begins a period of time known as the "9 Days." The first nine days of the month of Av, and also the morning of the tenth, are days of acute mourning for the destruction of the first and second Holy Temples. In addition to the restrictions that apply to the entire three-week period, during this time we refrain from the following additional joyous activities: Eating meat and drinking wine (except for Shabbos), laundering clothing, swimming or bathing for pleasure and remodeling or expanding a home. For questions or further details, please contact Rabbi Smason.

Congregation News

Mazel Tov on Simchas This Week! July 31 – August 6, 2022

Happy Birthday

Sally Needle	Aug 3	Jonah Shifren	Aug 6
Julie Eisenberg	Aug 6	Allan Swan	Aug 6



Events

Coming Soon

- This Shabbos, July 29 – Rabbinic Search Candidate Rabbi Bogopulsky at NHBZ
- Sunday, July 31, 10:00 am – Q & A with Rabbi Bogopulsky
- Sunday, July 31, 4:30 pm – Lion's Den Reopens: All You Can Eat Pizza Night (see flyer)

On-Going

- Online Classes – See listing on Page 6
- Every Shabbos – Learners' Service, 9:15 am – **On hiatus until Sept. 3**
- Shabbos Morning Kids' Program, 10:00 am (downstairs)
- Starting Points, 10:15 am (downstairs) – **Returns Aug. 6**
- Sunday Mornings, after Shachris – Mishna learning with Rabbi Swidler
- Mondays, 7:40 pm – St. Louis Kollel Amud-A-Week (after davening)
- Wednesdays, 12:15 pm – Pirkei Avos Class with Rabbi Smason (see page 6)

MEMORIAL PLAQUE DISCOUNTS – Special Pricing Extended Through August

Our handsome brass memorial plaques normally cost \$360 each. Our special pricing is extended until the end of August, so two memorial plaques will be available for \$600 – you save \$120. Take advantage of this special opportunity to memorialize family members and friends. **Order before August 15**, and we will have your plaques mounted on our Memorial Boards (in the Pepose-Feigenbaum Multipurpose Room) no later than Yom Kippur of this year. May the memory of good people bless our days.

Daniel Rudman Monument Dedication, Sunday, August 7, 5:00 p.m.

The monument dedication for Daniel Rudman^{z"l}, father of Marcie Brook, will take place at B'nai Amoona Cemetery, at 5:00 p.m. on August 7. May our prayers be a comfort to his family.

DID SOMEONE SAY PIZZA? – This Sunday!!! 4:30 – 6:30 pm

All you can eat Pizza Night finally RETURNS! Please join us for the reopening of the Lion's Den. Pizza, pasta, salad and more!

Fun and food for the whole family. Scott McCary will thrill us with the magic of origami!

Adults \$15; Kids 4-10 \$7; Kids 3 and under FREE! See flyers for details.

Please stay for davening. We begin at 7:00 p.m.



Shabbos Mornings Kids' Programs

Every Shabbos, from 10:00 am until Kiddush is served, NHBZ offers programs for elementary and middle school students. Families do NOT need to be members of NHBZ to participate. See you Shabbos!

The Four Questions

Once again, it is not possible that you don't know our next player: The one, the only

BOBBY LEVINE

The youngest of three sons, Bobby was born and raised in St. Louis, and has always been musical and athletic. After earning a BFA in Graphic Design from Colorado State, he came home, and with Sheryl (nee Rosen) Levine, raised our beloved Nina Grace^a^h. Bobby is the Creative/Art Director in the marketing department of St. Louis Music, and hosts "Open Gym" twice a week at the St. Louis Gymnastic Centre. He and Norma Hanneken married in 2021. The next time you see him, ask about his celebrity encounters (yes, plural!).

The Questions:

1. **Who is your favorite Torah personality and why?**

A: "Yoseph HaTzadik. He was an interpreter of dreams. He adapted to everything that happened to him and saved the Jewish people as well as all of Egypt. One reason among many others for this being my favorite is that I wore a 'coat of many colors' for my Bar Mitzvah. That was my parsha."

2. **What is your favorite snack food?**

A: "Cereal (Sugar Smacks, Cap'n Crunch); roasted, salted nuts; good grapes; a banana."

3. **Three words to describe yourself?**

A: "Creative, light-hearted optimist."

4. **What inspires you?**

A: "Nature. Women. Learning (true knowledge). Music. Love. Visual arts. Other people's inventiveness."

Thank you, Bobby! (May we please see a picture of the Bar Mitzvah coat?)

DID YOU KNOW ...



that **Bobby Levine** takes an active role in the Shul, every week?

Just recently, he: trimmed bushes, helped weed the gardens, roped/staked off the MSD retaining pond, climbed an extension ladder to change light bulbs in the Sanctuary and stairwell, learned how to start the kitchen pilot lights, and is making time to volunteer for Pizza Night Clean-up Crew.

And, there is MORE!! Bobby is the creative mind behind the vast majority of our flyers, the Anniversary Event invitations and the Ad Journal cover. In addition to being a gifted artist, he is also a very talented musician and drummer, gymnast and unicyclist! Our very own Renaissance Man! A huge round of applause and much gratitude and appreciation, Bobby, for all you do! Thank you for being YOU!

Rabbinic Search Candidate, This Shabbos

We are pleased to welcome Rabbi Chaim Bogopulsky and his family who join us this Shabbos. Rabbi Bogopulsky will lead services, deliver the Sermon, and speak at a Kiddish/Luncheon. There will be a question and answer session on Sunday morning at 10:00 a.m., and other opportunities for you to get to know Rabbi Bogopulsky and his family.

Rabbi Bogopulsky was born in Brooklyn, NY and later moved to Monsey, NY. In Monsey he developed and continues to maintain a close relationship with Rabbi Betzalel Rudinsky, Rov of Congregation Ahavas Yitzchok. He attended Yeshiva Shaar HaTorah in Queens under the leadership of Harav Zelig Epstein ZT"L and YBL"C Reb Kalman Epstein. He studied in Eretz Yisrael at Yeshivas Kodshim under the tutelage of Rabbi Tzvi Kaplan. Upon his return to the States he studied at Beth Medrash Gavoha in Lakewood, NJ. and received his Semicha in 2014. He is also a graduate of the acclaimed Young Israel Rabbinic Training Program as well as the Ner Le'elef Kiruv Training Program.



Rabbi Bogopulsky has served as rabbi of Young Israel of North Bellmore (YINB) since 2015. He brought energy, warmth, and passion, and new learning opportunities for all levels. He created new and dynamic programming for the members of the shul and community at large. His unique ability to care and be concerned for everyone has earned him a special place in people's hearts.

Rabbi Bogopulsky is a licensed Social Worker (LMSW), receiving his Masters in Social Work from LIU. He specialized in substance abuse and worked for three years in a substance abuse clinic working with adolescents and their families. He most recently worked as a school social worker in Mesivta Ateres Yakov (MAY), and at Mesivta of RAMBAM.

Rabbi Bogopulsky is married to Batya and they are blessed with four children, Chava, Devora Leah, Nechama and Yakov. The Bogopulskys are able to relate to members of all ages and religious backgrounds, particularly through their warmth, open house, and hospitality. They appreciate the opportunity to spend Shabbos at Nusach Hari B'nai Zion and they look forward to meeting everyone over the course of their stay.

SCHEDULE OF EVENTS – All Strongly Urged to Attend

Friday evening 7:00 pm: Mincha/Maariv

Shabbos Morning 9:00 am: Rabbi Bogopulsky will introduce the Torah reading, daven Musaf and deliver the Sermon

Kiddish Luncheon following davening: Rabbi Bogopulsky will speak during Lunch

Shabbos Afternoon 3:30 to 5:00 pm at Zeid Park: Rabbi Bogopulsky will meet with families of young children

Shabbos Evening 7:35 pm: Mincha/Shalosh Seudos/Maariv: Rabbi Bogopulsky will speak at Shalosh Seudos

Sunday Morning 10:00 to 11:30 am at the Shul: Open forum with the Bogopulskys (Members Only)

We will provide a link to evaluation forms to everyone attending one or more of these events.

Learning at NHBZ

● Parashas Matos – Masei – By Rabbi Smason

In the first of this week's two action-packed portions, Moses teaches the rules and restrictions governing oaths and vows. Promises are serious business. When we say that we plan to do something -- even something as simple as, 'I'll call you later' -- we're bound by our words. Anticipating entrance into the land of Israel, the tribes of Gad and Reuben petition Moses to remain on the eastern side of the Jordan River because that land is particularly suitable for grazing their cattle. Moses, not wanting to 'steer' Gad and Reuben wrong, grants their request on the condition that they first help the rest of the nation in conquering the entire land of Israel before returning to settle their inheritance.

Masei (a word that means 'journeys') begins with a listing of the 42 encampments of the Jewish people's 40 year journey from the Exodus until the crossing of the Jordan River into the Land of Israel. The boundaries of the Land of Israel are defined. Since the Levites would not be receiving a regular portion of the land, 48 cities are set aside for them. Cities of refuge are established; one who unintentionally murders can flee there. So ends the book of Numbers, the fourth of the Books of the Torah. Next week -- on to Deuteronomy!

Pushke Campaign – Quarterly Cycle Ends Monday, August 1

Thank you for your continuing participation in the NHBZ Pushke campaign. You will recall that the program calls for the collection of the Pushkes every three months and our returning the now empty Pushkes back to you to continue the ongoing cycle of daily contributions. The current cycle is now set to conclude Monday, August 1. At that time or a few days before, please drop off your Pushke at the shul office. The contents will be emptied, credited to your account and the now empty Pushke immediately returned to you for continued future use. Please call in advance (314-991-2100, Ext 2) to schedule drop off or to arrange for us to pick-up the Pushke at your home. Another convenient option is to send in a cheque for the amount saved in the Pushke. All those returning Pushkes by Monday, August 1 will have their name entered in a drawing for a \$25 Target gift card to be held shortly after the return date.



In the Community

● “Time to Come Back” Lecture Series – 2nd Monday of the Month, Noon

We cordially invite you to join **“Crown on the Road”** and **Rabbi Ze'ev Smason** in the Sanctuary (upstairs) at NHBZ, from 12:00 – 1:00 pm, on the second Monday of the month.

August 8: **May You Live Until 120: 6 Keys to Living Long, and Living Well**

September 12: **Seven Steps to Worry-Free Living**

\$10 per class, includes a box lunch (\$3 per class if you choose to forego lunch). Come on out and laugh and learn! Please see flyer for full details and how to RSVP!

● Sababa: Jewish Arts and Culture Festival, Sunday, September 18

Mark your calendars, and save the date for Sababa, St Louis' premier Jewish Arts & Culture Festival. For more information or to volunteer, please visit sababastl.com.

Learning at NHBZ (con't)

● Rabbi Smason's Starting Points

Join Rabbi Smason for a 45-minute presentation/discussion of relevant, contemporary topics every Shabbos at 10:15 am in the Feigenbaum-Pepose Multi-Purpose Room.

Upcoming topics:

August 6 Finding Your Inner Compass



● Rabbi Smason's Wednesday In-Person Class

Pirkei Avos / Ethics of the Fathers: Feed your soul 45 minutes of spiritual nourishment from the timeless wisdom of our Sages, chock full of relevant, contemporary insights and lessons. Low-calorie, gluten free, and refreshing!

● Rabbi David's Learners' Service – **On hiatus until Sept. 3**

Every Shabbos at 9:15 am. Just starting out? No worries. Rabbi David teaches the basics of Shabbos prayers.

● Rabbi Smason's Shabbos Shoutout

The complete list of Shabbos Shoutouts, with most recent listed first, can be found at

https://www.youtube.com/playlist?list=PLI_MFI0zsmKlImpR3KpHROrHDWIDNbgsN



NHBZ Online Classes

Rabbi Ze'ev Smason will keep you connected during this challenging time. The classes listed below are easy to join and you can drop in on one without having previously attended. All classes are offered through Zoom video conferencing on your computer or smart phone (you do not need to download the Zoom application to see the class) AND through audio only on your telephone.

Instructions to Attend Classes

For audio through your telephone, connect in one of two ways:

1. *Preferred option* - Call 312-626-6799 which connects you to the ZOOM audio number and will enable you to participate fully, except for the video. Toll Free.
2. Or call 314-325-8791 for our old audio connection. We encourage you to use the *preferred option* since this way might become unavailable soon.

For Zoom video, each class has a Zoom link shown underlined in blue below. Click or tap on the link or copy and paste the link into your browser to join the class.

List of Rabbi Ze'ev Smason's Zoom Classes

1. Weekdays, 8:15 am (Sun 9:15 am) ~ New topic "Tehillim Tips: Insights Into Our Prayers". Sessions are approximately 30 minutes.
Zoom video link: <https://zoom.us/j/99013706617>
2. Monday thru Friday, 3:00 pm - 3:30 pm ~ "King Solomon: His Wisdom, Wealth and Wives".
Zoom video link: <https://zoom.us/j/136785930>
3. Fridays, 8:15 am ~ Discussion of the "Haftorah of the Week"
Zoom video link: <https://zoom.us/j/99013706617>



THE SISTERHOOD SCOOP

JULY 30



Volume 5

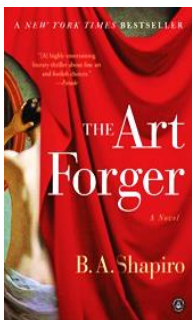
Number 30

2 Av 5782

July 30, 2022

Book Club Meeting a success!

Thanks to **Joyce Hochberg** for leading the lively discussion of ***The Art Forger***, by Barbara A. Shapiro at Monday night's Book Club meeting. Does crime ever pay? Do we sometimes see only what we want or expect to see? The group discussed These questions and many other ideas about the infamous theft of thirteen paintings from the Gardner Museum in Boston in 1990.



Upcoming Book Club dates and titles:

September 19 – ***The Last Summer at the Golden Hotel***, by Elyssa Friedland

December 5 – ***By Fire Possessed: Dona Gracia Nasi***, by Sandra Toro

The Book Club usually meets on the **fourth Monday of odd-numbered** months at 7:15-8:45 PM. **All women are welcome!**

For more information, contact **Fran Alper** at 314-993-4024 or: fran.alper@outlook.com or email: sisterhood@nhbz.org.

Sisterhood Welcomes Rabbi Chaim & Batya Bogopulsky & Family to NHBZ!



Matos-Massei: Journeying Through Life

The Torah speaks in great detail about the journeys of the Children of Israel through their years in the wilderness and specifies each and every one of the forty-two journeys which they undertook. We know there's always a lesson which we can learn for our everyday lives.

All of us have embarked upon many journeys throughout our lives, both physically and spiritually. We make many stops along the way. These stops are important—they are rungs on the ladder, stages on the way to our destination... Sometimes, once we get there, we forget about the people who helped us along the way.

The Torah reminds us that even though we may have reached our destination, we should always be cognizant of the path which brought us there and not take for granted those who have encouraged and guided us throughout our "journeys." Those previous stages may seem like mere "stepping-stones" now that we have reached our goal, but they are nonetheless important. They represent a journey, progress, a step closer to our destination and are still important now, for without them we would not be where we are today.

A young boy was traveling from Jerusalem to the Galilee. He arrived at a four-way crossroads and discovered, to his horror, that the sign had fallen down. Now he had no way to know which road to take to reach his destination. What was he to do?

The answer was simple. He knew where he was coming from—Jerusalem. By arranging the sign so that Jerusalem pointed to the path he had just come from, he was able to figure out which way to go. This Torah portion reminds us that **when we know where we have come from, we can know to where we are going.**

May we all strive for, and ultimately reach, our destination.

– from **Rabbi Mordechai Wollenberg**, www.chabad.org

During the Nine Days...

Rabbi Isaac Luria Ashkenazi, known as the **Ari HaKadosh** ("The Holy Lion") passed away on Av 5, 1572 CE. It was he who proclaimed, "In these times, we are allowed and duty-bound to reveal this wisdom," opening the door to the integration of the teachings of **Kabbalah** (until then the province of a select few in each generation) into mainstream Judaism. His special day is a bright spot in an otherwise bleak period.

–from **Rabbi Menachem Posner**, www.chabad.org



NHBZ.ORG

314-991-2100

Nusach Hari
B'nai Zion



The Lion's Den

KOSHER

Pizza Night

ALL YOU CAN EAT BUFFET

Includes Pizza, Pasta, Salad and Garlic Bread plus a Dessert and a Beverage

Returns!

Ya
Know
What's
GOOD?

NHBZ PIZZA NIGHT

Ya
Know
What's
GOOD?

We accept credit cards.

NHBZ PIZZA NIGHT

But First... We'll have



NHBZ PIZZA NIGHT

NUSACH HARI B'NAI ZION • 650 NORTH PRICE ROAD • ST. LOUIS MISSOURI 63132

Sunday, July 31st 4:30-6:30 pm

Dine-In Buffet • Adults: \$15.00 ~ Kids 4-10: \$7.00 ~ Kids 3 & under: FREE

Cheese is Cholov Yisroel; pareve crusts available upon request. All food under the supervision of Rabbi Ze'ev Smason.

Gladys & Henry
crown
center
for Senior Living



crown
on the
road



Crown Center & Nusach Hari B'nai Zion Synagogue
present a Crown on the Road speaker series

Time to Come Back



With Rabbi Ze'ev Smason

The Second Monday of the Month

JULY 11

You Could Die Laughing:
What is the Humor in Jewish Jokes?



AUG 8

May You Live Until 120:
6 Keys to Living Long, and Living Well

SEPT 12

Seven Steps to Worry-Free Living

12:00–1:00pm

NHBZ Sanctuary

\$10 per class Includes
Vaad Approved Kosher Dairy
Boxed Lunch from
Circle@Crown Cafe

Call

314-991-2055
to register

FUN

friends

Cafe Specialty
Tuna Salad
on bed of lettuce
Crackers
Homemade cookie



Rose Ragin Chesed Fund

Supporting our Members

What is the Rose Ragin Chesed Fund?

The fund provides for acts of chesed (lovingkindness) to support lifecycle events of NHBZ members, such as...



**Shiva trays
for mourners**



**Gifts for
newborns**



**Meals for
the sick**



**Gifts for
bar/bat mitzvah**

How can I contribute to the Rose Ragin Chesed Fund?

- buy Rose Ragin Chesed cards and Purim Cards
- buy 'onesies' for a baby
- make a donation to the Rose Ragin Chesed Fund
- watch for upcoming special fund-raising campaigns

How else can I help?

Call Nancy in the NHBZ Office – 314-991-2100, ext. 2, to...

- notify her about someone who is in need of chesed
- have a misheberach said for someone
- volunteer for the Chesed Committee

Purchase a **pack of 5** Rose Ragin Chesed cards – **\$25 minimum donation**.
Keep some handy to send out whenever you'd like. It's a great way to
honor a simcha, remember a loved one, or acknowledge anything at all.

314-991-2100, ext. 2