



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

August 13, 2022 • 16 Av 5782 • Candle Lighting 7:41 pm • Shabbos Concludes 8:43 pm

Parshas Va'eschanan
Haftorah

Deuteronomy 3:23 – 7:11
Isaiah 40:1 – 26

Chumash pp. 958 - 978
Chumash pp. 1196-1197

We thank our generous sponsors

Steven and Moshe Finer for Shalosh Seudos in commemoration of
the yahrzeit of their beloved father **Albert (Ash) Finer^{z"l}**

SHABBOS NACHAMU

Prayer

Shabbos, Friday, August 12

- 7:00 pm Mincha, Kabbalat Shabbat, Ma'ariv
- 7:41 pm Candle Lighting

Shabbos, Saturday, August 13

- 9:00 am Shachris followed by Musaf
 - Pesukei D'Zimra: **TBA**
 - Shacharis: **TBA**
 - Leyning: **Stuart Klamen**
- 10:00 am Kids' Program (downstairs)
- 7:25 pm Mincha, Shalosh Seudos, Ma'ariv
- 8:43 pm Shabbos concludes



Haftorah: **David Rubin**
Sermon: **Rabbi Ze'ev Smason**
Musaf: **Alan Haber**

Minyan Times August 11 – August 20, 2022

	Thu Aug 11	Fri Aug 12	Shabbos Aug 13	Sun Aug 14	Mon Aug 15	Tues Aug 16	Wed Aug 17	Thu Aug 18	Fri Aug 19	Shabbos Aug 20
Shachris (am)	7:00	7:00	9:00	8:00	7:00	7:00	7:00	7:00	7:00	9:00
Mincha/Ma'ariv (pm)	7:00	7:00	7:25	7:00	7:00	7:00	7:00	7:00	7:00	7:15

Sign Up for Text Reminders

You can receive text reminders of your scheduled minyan times! Email minyan@nhbz.org with your name, cellphone number and carrier, and the days and services (Shachris or Mincha/Ma'ariv) you will be attending our daily minyan.

Congregation News

Mazel Tov on Simchas This Week! August 14 – August 20, 2022

Happy Birthday

Judy Ziegelman	Aug 14
Bobby Levine	Aug 16
Michael Morgensztern	Aug 16
David Rubin	Aug 16
Nancy Rush	Aug 18
Marcie Brook	Aug 19
Rosalind Rosen	Aug 19
Leonid Vladimirov	Aug 19



Happy Anniversary

Larry & Shirley Hollander	Aug 14
Bob & Sandie Abrams	Aug 15
Alan & Janet Haber	Aug 19
Reuven & Margo Tzadok	Aug 20

Events

Coming Soon

- Next Sunday, August 21
 - Special Gifts Campaign, Donor Appreciation Brunch (11 am)
 - Men's Event: Scotch, Cigars & Learning (5:30 pm, see flyer)
 - Lion's Den: All You Can Eat Pizza Night (see flyer)
- Sunday, August 28

On-Going

- Online Classes
 - See listing on Page 5
 - Learners' Service, 9:15 am – **On hiatus until Sept. 3**
 - Shabbos Morning Kids' Program, 10:00 am (downstairs)
 - Starting Points, 10:15 am (downstairs)
- Every Shabbos
 - Mishna learning with Rabbi Swidler
 - St. Louis Kollel Amud-A-Week (after davening)
 - Pirkei Avos Class with Rabbi Smason (see page 5)
- Sunday Mornings, after Shachris
- Mondays, 7:40 pm
- Wednesdays, 12:15 pm

And the Pushke Drawing Winner Is...

Another Pushke cycle is completed. Thank you to everyone who participates in this important campaign. Congratulations goes to Amy and Denny Feit, the winner of this quarter's \$25 Target gift card. Well done!



**DOLLAR-A-DAY
PUSHKE CAMPAIGN**

MEMORIAL PLAQUES – Special Discounted Pricing for Two More Weeks

Our handsome brass memorial plaques normally cost \$360.00 each. Our special pricing is extended until the end of August, so two memorial plaques will be available for \$600 – you save \$120. Take advantage of this special opportunity to memorialize family members and friends. May their memory be a blessing.

Pizza Night Returns – July 31, 2022

A large and delighted crowd at the first 'in person' pizza night in nearly three years



NEXT LION'S DEN PIZZA NIGHT **Sunday, August 28**

Join us again in just 2 weeks for our next
ALL YOU CAN EAT Pizza Night at NHBZ

Adults \$15; Kids 4-10 \$7; Kids 3 and under FREE!

Call the office to volunteer

We need chefs, setup & cleanup crews, servers

All food under supervision of Rabbi Smason

See flyer for all the details



The Four Questions

We are very pleased to introduce: **DAVID RUBIN**

David grew up in St. Louis. His grandmother, Sylvia Fredman, was an NHBZ Eishet Chayil! David sometimes lead services at NHBZ in the '80's and '90's. When David was 54 and single, he was at the Kotel. For the first time, he prayed for himself - for a wife and son. One year later, he returned to the Kotel with Norma and Yitzchak and put in a new prayer, Baruch Atah Hashem Shomayah T'Filah! (Blessed are You, Hashem, who hears our prayers.)

The Questions:

1. **Who is your favorite Torah personality and why?**

A: Joseph, because he knew that Hashem had a plan for him and never lost hope. Thrown into a pit by his own brothers and later, forgotten in a dungeon for years, any of us would lose hope. But, Joseph always believed – and he was right!

2. **What is your favorite snack food?**

A: Ice Cream – My father's mother owned a corner candy store in NE Philadelphia with a "soda fountain", and my father was the "soda jerk". He used to make us ice cream sodas (chocolate, of course!).

3. **What are three words you use to describe yourself?**

A: Always Be Grateful. When we came up from the basement and found our house destroyed by a tornado, but we were safe, the first thing we Rubins said, was "Baruch Hashem".

4. **What inspires you?**

A: My beautiful wife Norma, is my inspiration. Despite some tragic things that have happened in her past, she is always happy and always positive. She greets every person with a smile on her face, and that keeps me smiling too.

Thank you, David! Let's see who we get to meet next week!

High Holiday Seating New Layout and Options This Year

Believe it or not – Rosh Hashanah is just around the corner!. One of the benefits of Full Membership at NHBZ is being guaranteed a seat for the High Holidays. This year, guaranteed seats will be either **reserved** or **open**. You may choose a specific seat to reserve; otherwise, if you prefer open seating, you may sit in any unreserved seat. There will be enough seats to guarantee that all Full Members have a seat.

This year, seats will be reserved upon request only.

If you want a reserved seat, please contact Lenny Alper at lenny.alper@outlook.com or Nancy Stenn at office@nhbz.org, and we can help you pick out a seat to your liking. Your seat will be marked as reserved. If you do not want a reserved seat, you may sit in any seat that is not marked as reserved.

Also, the Bima will be somewhat closer to the front this year, so the seating layout will be slightly different from previous years.

NHBZ Sisterhood's

New Year Greetings Fundraiser Returns for 5783

Sisterhood wishes you a Happy New Year... and invites you to wish *L'Shana Tova Tikatevu* to everyone in our NHBZ family!

Send us your donation and how you want your name listed by September 9, and we will publish your greeting in the 5783 Rosh Hashanah Bulletin. See the Sisterhood flyer for complete details.

In the Community

- **"Time to Come Back" Lecture Series – 2nd Monday of the Month, Noon**

Please join us for the final lecture in the "**Crown on the Road**" featuring Rabbi **Ze'ev Smason** in the Sanctuary (upstairs) at NHBZ, from 12:00 – 1:00 pm, on the second Monday of the month.

September 12: **Seven Steps to Worry-Free Living**

\$10 per class, includes a box lunch (\$3 per class if you choose to forego lunch). Come on out and laugh and learn! Please see flyer for full details and how to RSVP!

- **Sababa: Jewish Arts and Culture Festival, Sunday, September 18**

Mark your calendars, and save the date for Sababa, St Louis' premier Jewish Arts & Culture Festival. For more information or to volunteer, please visit sababastl.com.

Learning at NHBZ

- **Parashas Va'eschanan – By Rabbi Smason**

Moses continues his final speech to the Children of Israel. He tells them how he entreated G-d to allow him to enter the land of Israel, but his request was denied. Moses was allowed, however, to see the Promised Land from the peak of Mount Pisgah. Moses appeals to the people to keep the Torah, telling them to neither add to nor subtract from its mitzvos. They are told to always remember the Revelation at Mt. Sinai where every man, woman and child heard the presentation of the Ten Commandments. Moses repeats the Ten Commandments, with subtle differences between this version and that of the Book of Exodus. The Shema, found in this week's Torah portion, expresses our belief that G-d is One and states our commitment to love and serve Him. It exhorts us to transmit Torah to the next generation, and its laws should be remembered by a 'sign' upon one's hand and forehead (tefillin) and written on the doorposts of one's home (mezuzah). Finally, Moses encourages the people to trust in G-d and remain faithful to the Torah. Intermarriage is prohibited, and the source that Jewish identity is transmitted through the mother is stated.

Learning at NHBZ (con't)

● Rabbi Smason's Starting Points

Join Rabbi Smason for a 45-minute presentation/discussion of relevant, contemporary topics every Shabbos at 10:15 am in the Feigenbaum-Pepose Multi-Purpose Room.

Upcoming topics:

August 13 Can I Hear You Now? The Art of Becoming a Better Listener

August 20 How to Be a Modern-Day Mensch

August 27 Habits for Happiness: 5 Steps to Living Your Happiest Life



● Rabbi Smason's Wednesday In-Person Class

Pirkei Avos / Ethics of the Fathers: Feed your soul 45 minutes of spiritual nourishment from the timeless wisdom of our Sages, chock full of relevant, contemporary insights and lessons. Low-calorie, gluten free, and refreshing!

● Rabbi David's Learners' Service

Every Shabbos at 9:15 am. Just starting out? No worries. Rabbi David teaches the basics of Shabbos prayers.

● Rabbi Smason's Shabbos Shoutout

The complete list of Shabbos Shoutouts, with most recent listed first, can be found at

https://www.youtube.com/playlist?list=PLI_MFI0zsmKlmpR3KpHROrHDWIDNbgsN



NHBZ Online Classes

Rabbi Ze'ev Smason will keep you connected during this challenging time. The classes listed below are easy to join and you can drop in on one without having previously attended. All classes are offered through Zoom video conferencing on your computer or smart phone (you do not need to download the Zoom application to see the class) AND through audio only on your telephone.

Instructions to Attend Classes

For audio through your telephone, connect in one of two ways:

1. *Preferred option* - Call 312-626-6799 which connects you to the ZOOM audio number and will enable you to participate fully, except for the video. Toll Free.
2. Or call 314-325-8791 for our old audio connection. We encourage you to use the *preferred option* since this way might become unavailable soon.

For Zoom video, each class has a Zoom link shown underlined in blue below. Click or tap on the link or copy and paste the link into your browser to join the class.

List of Rabbi Ze'ev Smason's Zoom Classes

1. Weekdays, 8:15 am (Sun 9:15 am) ~ New topic "Tehillim Tips: Insights Into Our Prayers". Sessions are approximately 30 minutes.
Zoom video link: <https://zoom.us/j/99013706617>
2. Monday thru Friday, 3:00 pm - 3:30 pm ~ "King Solomon: His Wisdom, Wealth and Wives".
Zoom video link: <https://zoom.us/j/136785930>
3. Fridays, 8:15 am ~ Discussion of the "Haftorah of the Week"
Zoom video link: <https://zoom.us/j/99013706617>



THE SISTERHOOD SCOOP

AUGUST 13

listen



Volume 5

Number 31

16 Av 5782

August 13, 2022

Sisterhood Book Club News

The next meeting of the Sisterhood Book Club will be **Monday, September 19, 7:15-8:45**. Location TBA. To help select the next book for September, email your suggestions to Fran Alper.



Upcoming Book Club dates and titles:

September 19 – email **your suggestion** or choose: ***The Last Summer at the Golden Hotel***, by Elyssa Friedland

December 5 – ***By Fire Possessed: Dona Gracia Nasi***, by Sandra Toro

The Book Club usually meets on the **fourth Monday of odd-numbered months** at 7:15-8:45 PM. **All women are welcome!**

For more information, contact **Fran Alper** at 314-993-4024 or: fran.alper@outlook.com or email: sisterhood@nhbz.org.

The Meaning of Tu B'Av

The Mishnah tells us that: "No days were as festive for Israel as the 15th of Av and Yom Kippur." (*Tractate Ta'anit*) Our Sages explain: **Yom Kippur** symbolizes G-d's forgiving Israel for the sin of the Golden Calf in the desert, for it was on that day that He finally accepted Moses' plea for forgiveness of the nation, and on that same day Moses came down from the mountain with the new set of tablets.

Tu B'Av signifies the atonement for the sin of the Spies, where ten came bearing such negative reports which reduced the entire nation to panic. As a result of that sin, it was decreed by G-d that the nation would remain in the desert for 40 years, and that no person 20 or older would be allowed to enter Israel. On each Tisha B'Av of those 40 years, those who had reached the age of 60 that year died – 15,000 each Tisha B'Av. This plague finally ended on Tu B'Av.

Other positive events occurred on Tu B'Av that became a cause for rejoicing and the day became known as a day devoted to matchmaking & betrothals, as well as a time to increase one's study of Torah and one's spiritual preparation for the month of Elul.

Va'eschanan: The Right and the Good

Buried among the epic passages in Va'eschanan – among them the Shema and the Ten Commandments – is a brief passage with large implications for the moral life in Judaism. Here it is together with the preceding verse:

You shall diligently keep the commandments of the L-rd your G-d, and His testimonies and His statutes, which He has commanded you. **And you shall do what is right and good in the sight of the L-rd**, that it may go well with you, and that you may go in and take possession of the good land that the L-rd swore to give to your fathers. (Deuteronomy 6:17-18)

The preceding verse refers to commandments, testimonies and statutes. This, on the face of it, is the whole of Judaism as far as conduct is concerned. What in addition is included in the phrase "the right and the good" that is not already included within the previous verse?

Rashi says, it refers to "compromise (that is, not strictly insisting on your rights) and action within or beyond the letter of the law (*lifnim mi-shurat ha-din*). The law, as it were, lays down a minimum threshold: this we must do. But the moral life aspires to more than simply doing what we must. The people who most impress us with their goodness and rightness are not merely people who keep the law that applies to everyone. They go beyond. They do more than commanded. That according to Rashi is what the Torah means by "the right and the good."

Ramban, while citing Rashi and agreeing with him, goes on to say something slightly different: That Moses said that you are to keep His statutes, and even where He has not commanded you, give thought to do what is good and right in His eyes, for He loves the good and the right.

Now this is a great principle, for it is impossible to mention in the Torah all aspects of man's conduct with his neighbors and friends, all his various transactions and the ordinances of all societies and countries. But since He mentioned many of them, such as, "You shall not go around as a talebearer," "You shall not take vengeance nor bear a grudge," "You shall not curse the deaf," and the like, He reverted to state in a general way that in all matters one should do what is good and right, including even compromise and going beyond the strict requirement of the law ... Thus one should behave in every sphere of activity, until he is worthy of being called "good and upright." Ramban is going beyond Rashi's point, that the right and the good refer to a higher standard than the law strictly requires. Ramban is telling us that there are aspects of the moral life that are not caught by the concept of law at all. That is what he means by saying: "It is impossible to mention in the Torah all aspects of man's conduct with his neighbors and friends."

Law is about universals, principles that apply in all places and times. Don't murder. Don't steal. Don't lie. Yet there are important features of the moral life that are not universal at all. They have to do with specific circumstances and the way we respond to them. What is it to be a good husband or wife, a good parent, a good teacher, a good friend? A great leader, or follower, or member of a team? When is it right to praise, and when is it appropriate to say, "You could have done better"? There are aspects of the moral life that cannot be reduced to rules of conduct because it matters not only what we do, but the way in which we do it: with humility or gentleness or sensitivity or tact.

Morality is about persons, and because no two persons are alike, the ability to judge the right response to the right person at the right time is a feature not only of leadership, but of human goodness in general. Morality is not just a set of rules – even a code as elaborate as the 613 commands and their rabbinic extensions. It is also about the way we respond to people as individuals. Ultimately the moral life is a combination of both justice which is universal, and love which is particular, and cannot be reduced only to rules. —excerpted from **Rabbi Lord Jonathan Sacks** ^{z"l}

Sunday, Aug 28th • 5:00-7:00 pm

Dine-In Buffet • Adults: \$15.00 ~ Kids 4-10: \$7.00 ~ Kids 3 & under: FREE

Cheese is Cholov Yisroel; pareve crusts available upon request. All food under the supervision of Rabbi Ze'ev Smason.

NHBZ.ORG 314-991-2100

Nusach Hari
B'nai Zion

The Lion's Den Pizza Night

ALL YOU CAN EAT BUFFET

Includes Pizza, Pasta, Salad and Garlic Bread plus a Dessert and a Beverage

Returns!





Scotch, Cigars & Learning

...an NHBZ Men's Event

650 NORTH PRICE ROAD • ST. LOUIS, MO 63132 • 314-991-2100 • EMAIL: OFFICE@NHBZ.ORG • WWW.NHBZ.ORG

Scotch, Cigars and Torah Learning Outside on the NHBZ Patio

650 N. Price Road

Sunday, August 21
5:30-7:00pm

Kosher Food under the supervision of Rabbi Smason.

Stay afterwards and join us for minyan.



Sponsors in any amount are welcome.

(Please contact the office to sponsor. 314-991-2100)

650 NORTH PRICE ROAD • ST. LOUIS, MO 63132 • 314-991-2100 • EMAIL: OFFICE@NHBZ.ORG • WWW.NHBZ.ORG



New Year Greetings fundraiser

The **NHBZ Sisterhood** wishes you
Health, Happiness & Prosperity in the New Year...

...and invites you to wish **L'Shana Tova Tikatevu**
to everyone in our **NHBZ family!**

Make your check payable to **NHBZ** – write 'Sisterhood Greeting' on the
memo line – suggested minimum donation is \$10 per name – no maximum!

Names will be published in the 5783 Rosh Hashanah Bulletin

Send your contribution, along with the form below, **by September 9** to:

NHBZ Sisterhood
650 North Price Road
St. Louis, MO 63132

or you may email your greeting information directly to bookkeeper@nhbz.org
or visit the website www.nhbz.org to make a payment

FOR QUESTIONS, CALL THE NHBZ OFFICE, 314-991-2100, EXT.3, OR EMAIL: sisterhood@nhbz.org

NHBZ SISTERHOOD NEW YEAR GREETING ~ FOR ROSH HASHANAH 5783 BULLETIN

Name _____

Phone _____ Email _____

Amount enclosed \$ _____ [suggested minimum donation is \$10 per name – no maximum!]

Please list my name(s) as follows:



Proceeds benefit NHBZ's Passport to Israel Program and other NHBZ Sisterhood projects

A Good and Sweet Year!