

# Shabbos and Yom Tov Edition



## NHBZ Weekly News

### Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

**Shabbos - September 24, 2022 • 28 Elul 5782**

Candle Lighting 6:38 pm • Shabbos Concludes 7:40 pm

Parshas Nitzavim  
Haftorah

Deuteronomy 29:9 - 30:20  
Isaiah 61:10 – 63:9

Stone Chumash pp. 1086 – 1093  
Stone Chumash pp. 1202 – 1204

*We thank our generous sponsors*

- **David, Norma & Yitzchak Rubin** for Enhanced Kiddush on the patio in honor of the anniversary of David's Bar Mitzvah
- **Sally Needle** for the Shabbos & Yom Tov Edition of the Weekly News  
(Please see list of sponsorship honorees on page 2)

## Prayer

### Erev Shabbos, Friday, September 23

- 6:30 pm Mincha, Kabbalat Shabbat, Ma'ariv
- 6:38 pm Candle Lighting

### Shabbos, Saturday, September 24

- 9:00 am Shachris followed by Musaf

Thank You for Leading Services

- Pesukei D'Zimra: **TBA**

- Shacharis: **Elie Needle**

- Leyning: **David Rubin & Dani Needle**

- Haftorah: **David Rubin**

- Sermon: **Rabbi Chaim Bogopulsky**

- Musaf: **David Rubin**

- 6:20 pm Mincha, Shalosh Seudos, Ma'ariv

- 7:40 pm Shabbos concludes



### Minyan Times September 22 – October 1, 2021

	Thu Sep 22	Fri Sep 23	Shabbos Sep 24	Sun Sep 25*	Mon Sep 26*	Tues Sep 27*	Wed Sep 28**	Thur Sep 29	Fri Sep 30	Shabbos Oct 1
Selichos (am)	6:30	6:30		7:00			6:30			
Shachris (am)	7:00	7:00	9:00	8:00	8:00	8:00	7:00	7:00	7:00	9:00
Mincha/Ma'ariv (pm)	6:40	6:30	6:20	6:30	6:20	6:20	6:15	6:25	6:20	6:10

\*Sep 26 – Sep 27: Rosh Hashana \*\*Sep 28: Fast of Gedaliah Fast begins 5:36 a.m.

**Generous Sponsors Continued:**

We thank **Sally Needle** for sponsoring the Shabbos & Yom Tov Edition of the Weekly News:

- Ha'Karas Ha'Tov to the **Rabbinic Search Committee** for all its hard work and a job well done
- Welcome to **Rabbi Chaim Bogopulsky and Family**, looking forward to the inspiration and spiritual guidance you will offer your new NHBZ Family
- Thank you to **Rabbi Ze'ev and Chani Smason** and the entire Smason Family for 25 years of spiritual leadership and guidance
- Welcome to **Elie & Michelle Needle, Ari and Dani Needle**. Always uplifted by your davening and leyning
- Wishing a healthy and *gebentch-ed* year to the entire NHBZ Congregation

**Rosh Hashana Day 1 - September 26, 2022 • 1 Tishrei 5783**

Candle Lighting (Day 1) 6:35 pm

Torah Portion	Genesis 21:1–34	Machzor pp. 164–166	Stone Chumash pp. 94–99
Maftir	Numbers 29:1–6	Machzor p. 169	Stone Chumash pp. 894-895
Haftorah	1 Samuel 1:1–2:10	Machzor pp. 170–172	Stone Chumash pp. 1234–1236

**Erev Rosh Hashana Day 1, Sunday, September 25**

- 6:30 pm Mincha/Ma'ariv
- 6:35 pm Candle Lighting

**Rosh Hashana Day 1, Monday, September 26**

- 8:00 am Shachris followed by Musaf

Thank You for Leading Services

- Pesukei D'Zimra: **TBD**
- Shacharis: **Rabbi Yonason Goldson**
- Leyning: **Elie Needle**
- Haftorah: **Dr. Naftali Kadosh**
- Sermon: **Rabbi Chaim Bogopulsky**
- Musaf: **Elie Needle**

- 6:20 pm Mincha-Tashlich-Ma'ariv
- 7:37 pm Yom Tov Candle Lighting for Day 2

**Rosh Hashana Day 2 - September 27, 2022 • 2 Tishrei 5783**

Candle Lighting (Day 2) 7:37 pm • Yom Tov Concludes 7:35 pm

Torah Portion	Genesis 22:1 – 24	Machzor pp. 164 – 166	Stone Chumash pp. 100 - 105
Maftir	Numbers 29:1 – 6	Machzor p. 169	Stone Chumash pp 894 - 895
Haftorah	Jeremiah 31:1 – 19	Machzor pp. 170 - 172	Stone Chumash pp. 1236 – 1237

**Erev Rosh Hashana Day 2, Monday, September 26**

- 6:20 pm Mincha/Ma'ariv
- 7:37 pm Yom Tov Candle Lighting

**Rosh Hashana Day 2, Tuesday, September 27**

- 8:00 am Shachris followed by Musaf

Thank You for Leading Services

- Pesukei D'Zimra: **TBD**
- Shacharis: **Rabbi Yonason Goldson**
- Leyning: **Elie Needle**
- Haftorah: **Lenny Alper**
- Sermon: **Rabbi Chaim Bogopulsky**
- Musaf: **Elie Needle**

- 6:20 pm Mincha/Ma'ariv
- 7:35 pm Yom Tov concludes

# Congregation News

## Mazel Tov on Simchas This Week! September 25 – October 1, 2022

### *Happy Birthday*

Ruth Novack Alper     September 30  
 Talia Shifren         September 30  
 Lewis Schucart       October 1

### *Happy Anniversary*

Dr. Alan & Marcie Brook     September 28



## Events

### **Coming Soon**

- Sunday, October 2
- “I Said I’m Sorry...Can I Eat Now?” Rabbi Feigenbaum’s class to prepare you for Yom Kippur, 7:30 pm (see p. 5)

### **On-Going**

- Every Shabbos
  - Learners' Service, 9:15 am
  - Shabbos Morning Kids' Program, 10:00 am (downstairs)
  - “Soul Building” with Rabbi David, 10:15 am (downstairs)
  - This week’s topic: “TBA”
- Sunday Mornings, after Shachris
- Mondays, 7:40 pm
  - Mishna learning with Rabbi Swidler
  - St. Louis Kollel Amud-A-Week (after davening)

## Help Build Our Sukkah

All are welcome to come and help raise the shul sukkah! We will build the NHBZ 2022/5783 sukkah on the Kaiser Terrace (the West side of the building) on Sunday, October 2, at 9:30 a.m. RSVP to [menachem@alonsystems](mailto:menachem@alonsystems) so that we can get an estimate of how many will be there. “Many Hands Make a Sukkah Light Up!”



## Yizkor Book of Remembrance \*Final Days to Update\* - Remind your Friends!

Final edits in progress! Confirm your listings **before Noon, Sunday, September 25**. As in the past, we request a \$10 donation for each name listed (or group of names such as “and family”) in the Book of Remembrance, and an additional \$36 donation for each Name Read Aloud during Yizkor. The Book of Remembrance is used on Yizkor throughout the year for Yom Kippur, Shemini Atzeres, Passover and Shavuot. Please notify the Office today ([office@nhbz.org](mailto:office@nhbz.org) or call 314-991-2100, ext. 2) of how you want to honor the memory of your loved ones.



# New Year Greetings

## 5783 ~ 2022/23

The NHBZ Sisterhood thanks the following for participating in this year's New Year Greeting campaign to wish everyone in our NHBZ family Good Health, Happiness, and Prosperity in the New Year!

## Shana Tova U'metuka

Caryn Aper  
Joanna Alper  
Lenny & Fran Alper  
Debbie & Jesse Barash  
Craig & Jackie Berkin  
Sam & Shirley Bluestein  
Helen Bolt & Family  
Kenny Bressler  
Alan, Marcie, Nathan,  
and Eliana Brook  
Frances S. Cohen  
Teree Farbstein  
Amy & Denny Feit and Family  
Meira Ganel  
Rhonnie & Stanley Goldfader  
Sandy & Marvin Greenberg  
Joni & Bob Kaiser

Michael & Charlene Kass  
Sally & Eliot Katz  
Judith Levin  
Ron & Ina Makovsky  
Faye Cohen McCary  
Dr. Daniel & Marcela  
Morgensztern & Family  
Sally Needle  
Ruth Alper Novack & Family  
Rachael Pevnick & Family  
Steve & Myra Radinsky  
Harold & Ellen Rosen  
Libby Sorkin Routman & Family  
The Belau-Rush Bunch  
Debbie & Brian Sher and Family  
Jerry & Gail Tullman  
Stella & Leonid Vladimirov  
Bruce & Faith Waxman

Help us meet our New Year Greeting fundraising goal for this year.

All proceeds support NHBZ's Passport to Israel Program.

*There is still time to add your name to the list. Please be generous.*



Call the Office @ 991-2100, ext.3



Email: [sisterhood@nhbz.org](mailto:sisterhood@nhbz.org)



Support our NHBZ Sisterhood







## High Holiday Parking

Howdy! High Holiday parking is available on the Logos School Parking Lot – ONLY in the row of spaces closest to the synagogue. For daytime services (when school is in session) please only use these specific parking spots. We don't have anyone to guide you this year, so use the handrail and watch your step as you mosey on over. Thank you to our mighty fine neighbors at the Logos School!!!!

***A class to help you prepare for Yom Kippur!***

# ***I SAID I'M SORRY . . . CAN I EAT NOW?***

***HOW TO TURN YOUR YOM KIPPUR INTO A SPIRITUAL EXPERIENCE***



**Sunday, October 2  
7:30 pm at NHBZ**



**Presented by**

***Rabbi Avi Feigenbaum***

**Executive Director of Esther Miller Bais Yaakov High School**

**The nhbz booth at**

**sababa**

Jewish Arts & Culture Festival  
SAINT LOUIS

**was a smashing success!**

**Sah-Báh-Bah, סבבה**

Modern Hebrew Slang meaning:  
Awesome, Cool, That's Great

Special thanks to **Margo Tzadok**, who spearheaded the NHBZ quick-start to Sababa, and to **Bobby Levine** and **Tony Granillo**, and all the volunteers who staffed the booth all day in the hot sun! Pictured from left: **Caryn Alper, Nancy Rush, Marcie Brook, Stella & Leonid Vladimirov**. Not pictured: **Denny & Amy Feit**.

# Learning at NHBZ

## Parsha Nitzavim

"Ezra legislated that the curses enumerated in Parshas Ki Savo be read prior to Rosh Hashana so that the year may end along with its curses," the Talmud teaches. Nonetheless, Tosafot adds, we read Parshas Nitzavim on the Shabbos immediately preceding Rosh Hashana to serve as a buffer, so that we do not go from curses directly to Rosh Hashana.

I'd like to suggest an additional reason for reading Nitzavim before Rosh Hashana. The Tur, in his commentary on Rosh Hashana, writes, "Rabbi Chanina and Rabbi Yehoshua taught: Who is like the Jewish nation? Normally, one who is on trial for his life dons black, somber clothes, and does not shave or groom himself, because of the uncertainty of the verdict. In sharp contrast, however, Israel acts differently. They dress in white garments, and shave and groom themselves prior to their day of judgment. Moreover, they eat and drink and exhibit happiness and confidence on Rosh Hashana, knowing full well that Hashem will provide a miracle on their behalf." Where does this optimism come from? The Alter of Kelm explains that there are two levels of judgment on Rosh Hashana. The Jewish nation is judged collectively as a people, and each person is judged individually.

Regarding our national verdict, we are assured that Hashem will always judge us favorably, for we read in Parshas Vayelech that the Torah "will not be forgotten from the mouth of their offspring." The survival and continuity of our people is a continuing theme in the messages of our prophets. Torah and the Jewish people will survive, hence the optimism on Rosh Hashana. At the same time, each individual should experience fear and trepidation of the forthcoming day of judgment. His personal fate is less assured. How will he fare as an individual?

The Alter of Kelm points out that the first verse in Parshas Nitzavim addresses all of Israel: "Atem nitzavim hayom kulchem – You are standing here this day, all of you," Moshe declares to the Jewish nation. He then identifies the various groupings within the nation; everyone from "your elders" to "your water-drawers" is represented. All of these groups together make up kulchem – all of you.

Therefore, suggests the wise teacher, in order to ensure personal survival, one should attach himself to the community by contributing to it. Just as in politics we are familiar with the "coattails effect" whereby lesser known candidates ride the crest of others' success, similarly as the community is granted success and pardon for the forthcoming year, one who is needed by the community will also be included in its success.

*Rabbi Benjamin Yudin*

## Learning at NHBZ (con't)

### ● **Rabbi David's Learners' Service – On Hiatus**

Every Shabbos at 9:15 am. Just starting out? No worries. Rabbi David teaches the basics of Shabbos prayers.

### ● **Rabbi David's "Soul Building for the Holidays"**

Join Rabbi David for a 45-minute presentation on how to have a more meaningful and inspirational High Holiday season. Classes meet every Shabbos in September at 10:15 am in the Feigenbaum/Pepose Multi-Purpose Room.

### **Upcoming topics:**

September 24 – Stay tuned

# Learning at NHBZ (con't)

## Rosh Hashana

AHSREI HA'AM... Happy (fortunate) is the nation that knows the shofar sounds. The shofar produces simple elemental sounds. Yet there is a wealth of significance and deep meaning to the shofar sounds. Many commentaries discuss the different thoughts that one should have while listening to the sound of the shofar on Rosh Hashana. Here is a composite of these *kavanot*.

G-D'S KINGSHIP – Rosh Hashana is the anniversary of the sixth day of creation, the day that G-d's subjects (human beings) were created. Consequently, Rosh Hashana is the coronation day of the Supreme King. To herald that event, we sound the royal trumpet – the shofar. The *tekiya* (the long, monotonic, unbroken sound) is specifically associated with this aspect of Rosh Hashana. The *tekiya* is a happy and proud sound. Although other emotions claim our attention, one should be happy and proud on Rosh Hashana as we affirm our loyalty to the King of kings.

CALL TO REPENTANCE – The Shofar is the alarm that (hopefully) wakes people up to their task of doing *teshuva* and beseeching G-d for forgiveness. This is why the shofar has been sounded throughout Elul, and this is one of the major functions of the shofar on Rosh Hashana. It is the broken sounds of the *shvarim* and *teruah* that most fit with this aspect of the shofar.

RELIVING SINAI – The Torah describes the events of *matan* Torah as being accompanied by an ever-increasing sound of the shofar. When we hear the shofar, we should be moved to dedicate ourselves to Torah and *mitzvot*. Accepting the yoke of Torah is both part of the *teshuva* process and a very significant incentive to “do serious *teshuva*.”

THE WORDS OF THE PROPHETS are likened to the sound of the shofar. This reminder inspires greater commitment to faithful observance of Judaism.

THE DESTRUCTION OF THE *BEIT HAMIKDASH* should also be kept in mind while hearing the shofar. The Prophets mention the shofar in their description of the *churban*. One should think of the “ups and downs” of Jewish history.

AKEIDAT YITZCHAK – Perhaps the most prominent element of Rosh Hashana is the binding of Isaac and its ramifications for the people of Israel. The choice of a ram's horn as shofar, the Torah reading for the second day, the main focus of the *zichronot bracha* of the Musaf and *tashlich* all point to the *akeida* as a major theme of the day. When we stand in judgment before G-d, we must be acutely aware of the real answer to the question, “Who is a Jew?” We are the heirs of the patriarchs and matriarchs whose commitment to G-d is exemplified by the *akeida*. The Chafetz Chaim points out that most of the promises of blessings in the Torah are conditioned upon our “good behavior.” The most notable exception to that is G-d's promise to Avraham Avinu at the *akeida*, which was unconditional.

INSTILLS FEAR – “If a Shofar sounds in the city, will the people not tremble?”

THE GREAT JUDGMENT DAY is associated with the sound of the shofar. One should think of that to help keep things in perspective on Rosh Hashana, the annual day of judgment.

THE INGATHERING OF EXILES is described by the prophet *Yishayahu* as being accompanied by the sounding of the great shofar. We are witness to the beginning of that process in our own time, with Jews from the former Soviet Union and the Jews of Ethiopia immigrating to Israel in such great numbers. Over the past 50 years, entire Jewish communities have been transplanted to Israel from their Diaspora homes. May we be privileged to see that continue.

T'CHIYAT HAMEITIM (resurrection of the dead) is also associated with the Shofar.

Note the verse [at the beginning] of this piece does not say, “the person who blows the shofar,” or “the person who hears the shofar sounds.” It is not enough to hear the sounds; we must know what they mean. We must hear their message and we must become better people because of the sounds. Then we will be truly happy and fortunate.

**Phil Chernofsky, Director of Education OU/NCSY Center in Jerusalem**





# THE SISTERHOOD SCOOP

## SEPTEMBER 24

L'Shana Tova

Volume 5

Number 37

28 Elul 5782

September 24, 2022



**Thanks to Everyone who participated in Sisterhood's New Year Greetings Fundraiser for 5783**



**NHBZ Sisterhood** wishes you Good Health, Happiness & Prosperity in the New Year...5783!

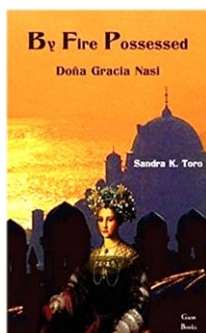
**L'Shana Tova Tikatevu to everyone in our NHBZ family!**

If you sent in a greeting and your name does not appear on the Greeting Page in this Newsletter, please email [sisterhood@nhbz.org](mailto:sisterhood@nhbz.org)

## News from NHBZ Book Club

Many thanks to **Myra Radinsky** for hosting the September 19 Book Club discussion of *The Last Summer at the Golden Hotel*, by Elyssa Friedland. Members gathered at Myra's lovely home and shared an entertaining and nostalgic discussion of the novel.

The next book club meeting will be **Mon., Dec. 5**, and the book selection is ***By Fire Possessed: Dona Gracia Nasi***, by Sandra Toro, the historical novel about the life of Doña Gracia Nasi, the intelligent, wealthy and strong Jewish woman who saved thousands of Sephardic families from the Inquisition during the sixteenth Century.



The Book Club usually meets on the **fourth Monday of odd-numbered months** at 7:15-8:45 PM. The first meeting in 2023 will be **Jan. 23!**

**All women are welcome!** For more information, contact **Fran Alper** at 314-993-4024 or [fran.alper@outlook.com](mailto:fran.alper@outlook.com) or [sisterhood@nhbz.org](mailto:sisterhood@nhbz.org).

## PARSHAH NITZAVIM: **Choose Life**

*I call today upon heaven and earth as witnesses for you. I have set before you life and death, blessing and curse. And you shall choose life, so that you and your children may live. (Deut. 30:19)*

Do we really need the Torah to tell us to choose life? Which person of sound mind would choose death?

One possible answer is that one must make a conscious decision to live and not just vegetate. And I don't mean to live it up by living life in the fast lane. To "choose life" means to choose to live a meaningful life, a life committed to values and a higher purpose. Did it make any difference at all in that I inhabited planet Earth for so many years? Will anyone really know the difference if I'm gone? Is my life productive, worthwhile?

It is told that when the first Chabad Rebbe, Rabbi Schneur Zalman of Liadi, wanted to bless Reb Yekutiel Liepler with wealth, he declined the offer, saying that he was afraid it would distract him from more spiritual pursuits. When the rebbe then offered to bless him with longevity, Reb Yekutiel stipulated that it should not be "peasant's years, with eyes that do not see and ears that do not hear, where one neither sees nor senses G-dliness."

Reb Yekutiel was rather fussy, it seems. The holy rebbe is offering him an amazing blessing, and he is making conditions! Yes, he chose life, and he chose to live a life that would be purposeful and productive, and that would make a tangible difference. He wasn't interested in a long life if, essentially, it would amount to an empty life.

As we stand just before Rosh Hashanah, let us resolve to choose life. Let us live lives of Torah values and noble deeds. And may we be blessed with a good and sweet new year.

— from **Rabbi Yossy Goldman**, [www.Chabad.org](http://www.Chabad.org)

## START THE NEW YEAR WITH HUMOR

Who was the greatest financier in the Bible? Noah: he was floating his stock while everyone else was in liquidation.

My wife Miriam and I were happy for 20 years. Then we met.

Today my rabbi knocked at my door asking for a small donation to the local mikva. I gave him a glass of water.

Dear G-d, my prayer for this year is for a fat bank account and a thin body.

Please don't mix these up like you did last year.....AMEN.



# JUMP



## JEWISH UNITY *Mentoring Program*

### WHAT?

Boys ages 8-13 have the opportunity to:

- ◆ Increase Jewish knowledge in a friendly and positive atmosphere
- ◆ Pair up with fun, enthusiastic mentors from Missouri Torah Institute

### WHERE?

MTI Campus  
1809 Clarkson Road  
Chesterfield, MO 63017

### COST?

\$75/child - 15 sessions or \$125/family  
Includes all additional trips and events.

### WHEN?

Wednesdays  
from 6-7pm  
*Light refreshments served*

For more information contact Rabbi Efraim Fromowitz  
at 917-587-2425 or [efromowitz@gmail.com](mailto:efromowitz@gmail.com)



# Rose Ragin Chesed Fund

## *Supporting our Members*

### *What is the Rose Ragin Chesed Fund?*

The fund provides for acts of chesed (lovingkindness) to support lifecycle events of NHBZ members, such as...



**Shiva trays  
for mourners**



**Gifts for  
newborns**



**Meals for  
the sick**

### *How can I contribute to the Rose Ragin Chesed Fund?*

- buy Rose Ragin Chesed cards and Purim Cards
- buy 'onesies' for a baby
- make a donation to the Rose Ragin Chesed Fund
- watch for upcoming special fund-raising campaigns

### *How else can I help?*

Call Nancy in the NHBZ Office – 314-991-2100, ext. 2, to...

- notify her about someone who is in need of chesed
- have a misheberach said for someone
- volunteer for the Chesed Committee

Purchase a **pack of 5** Rose Ragin Chesed cards – **\$25 minimum donation**.  
Keep some handy to send out whenever you'd like. It's a great way to  
honor a simcha, remember a loved one, or acknowledge anything at all.

**314-991-2100, ext. 2**