

NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

September 3, 2022 • 7 Elul 5782 • Candle Lighting 7:11 pm • Shabbos Concludes 8:13 pm

Parshas Shoftim Haftorah

Deuteronomy 6:18 – 21:9 Isaiah 51:12 – 52:12

Chumash pp. 1024 – 1045 Chumash pp. 1199 – 1200

We thank our generous sponsors

- Marcie, Alan, Nathan & Eliana Brook for this week's NHBZ Weekly News in commemoration of the first Yahrzeit of Dan Rudman^{z"I}

<u>Prayer</u>

Shabbos, Friday, September 2

- 7:00 pm Mincha, Kabbalat Shabbat, Ma'ariv
- 7:11 pm Candle Lighting

Shabbos, Saturday, September 3

9:00 am Shachris followed by Musaf

Pesukei D'Zimra: TBA Haftorah: TBA

Shacharis: TBA Sermon: Rabbi Yosef David

• Leyning: Stuart Klamen Musaf: Alan Haber

- 10:00 am Kids' Program (downstairs)
- 6:55 pm Mincha, Shalosh Seudos, Ma'ariv
- 8:13 pm Shabbos concludes



Minyan Times Sept 1 – Sept 10, 2022

	Thu Sep 1	Fri Sep 2	Shabbos Sep 3	Sun Sep 4	Mon Sep 5	Tues Sep 6	Wed Sep 7	Thu Sep 8	Fri Sep 9	Shabbos Sep 10
Shachris (am)	7:00	7:00	9:00	8:00	8:00	7:00	7:00	7:00	7:00	9:00
Mincha/Ma'ariv (pm)	7:00	7:00	6:55	6:50	6:50	6:50	6:50	6:50	6:50	6:45

Sign Up for Text Reminders

You can receive text reminders of your scheduled minyan times! Email minyan@nhbz.org with your name, cellphone number and carrier, and the days and services (Shachris or Mincha/Ma'ariv) you will be attending our daily minyan.

Congregation News

Mazel Tov on Simchas This Week! Sept 4 – Sept 10, 2022

Happy Birthday

Meira Ganel Sept 4
Miriam Tzadok Sept 4
Myra Solomon Sept 10



Happy Anniversary

Louis & Rebecca Goldman Sept 5
Dr. Michael & Charlene Kass Sept 7
Dr. Jerry & Gail Tullman Sept 8

Mazel Tov to Dr. Joseph & Esther Levay on their wedding! Mazel Tov to Bella, Andrea, Nichole and Kassie!

Events

Coming Soon

• Sunday, Sept 18

- Sababa, NHBZ Volunteers Needed (See page 5)

On-Going

Every Shabbos

Learners' Service, 9:15 am

- Shabbos Morning Kids' Program, 10:00 am (downstairs)
- Sunday Mornings, after Shachris Mishna learning with Rabbi Swidler
- Mondays, 7:40 pm

St. Louis Kollel Amud-A-Week (after davening)

Yizkor Book of Remembrance

It is time to update the Book of Remembrance. You will receive an email soon with a link to last year's entries, so please watch for it. Review your entries, and email office@nhbz.org with any changes or "same as last year." As in the past, we will request a \$10 donation for each name listed (or group of names such as "and family") in the Book of Remembrance, and an additional \$36 donation for each Name Read Aloud during Yizkor. The Book of Remembrance is used on Yizkor throughout the year for Yom Kippur, Shemini Atzeres, Passover and Shavuos.

FAREWELL TO RABBI ZE'EV & CHANI SMASON

The wheel of time turns on, and 25 years passes in the blink of an eye. What a great turnout to show our respect and gratitude to **Rabbi Ze'ev Smason**!

Kenny Bressler put together wonderful montage/picture boards, giving glimpses into days gone by, and beautiful commemorative plaque (replicated in last week's News).



Thanks to **The Family of Janet Goldenberg**^{a:l} for the delightful Salad Bar kiddush in honor of **Rabbi Smason** (and to **Norma Rubin** for serving as Mashgicha), and to **Tony & Carole Granillo** for the Root Beer Floats in celebration of Rosh Chodesh Shabbat!

Rabbi Smason, we wish you only great things, good health and that you and the entire Smason family move from strength to strength. "Thank you" can hardly express our appreciation. We keep you in our hearts and prayers. We look forward to seeing you soon!

The Four Questions

We all want to learn more about:

SHIRLEY BLUESTEIN

Originally from Boston, MA, Shirley met **Sam Bluestein** here in St. Louis at his sister's wedding. Celebrating their 68th year of marriage, they reared 4 children and have 10 grandchildren and 6 great-grandchildren.

The Questions:

- 1. Who is your favorite Torah personality and why?
 - A. "Moses. He was a humble man with the enormous task of leading our ancestors out of Egypt, and caretaking them for 40 years."
- 2. What is your favorite snack food?
 - A: "Almonds and chocolate chips."
- 3. What are three words you use to describe yourself?
 - A: "Grateful. Caring. Empathic. (And, warm-hearted!)"
- 4. What inspires you?
 - A: "Sam, my kids, grandkids and great-grandkids!"

Thank you, Shirley! It is such a pleasure to "meet" you. See you all next week!

High Holiday Seating New Layout and Options This Year



Rosh Hashanah is this month! One of the benefits of Full Membership at NHBZ is being guaranteed a seat for Rosh Hashanah and Yom Kippur. This year, guaranteed seats will be either reserved or open. You may choose a specific seat to reserve; or, if you prefer open seating, you may sit in any unreserved seat. There will be enough seats to guarantee that all Full Members have a seat.

This year, seats will be reserved only upon request.

The seating layout will be slightly different this year, with the Bima somewhat closer to the front. If you want a reserved seat, please contact Lenny Alper at lenny.alper@outlook.com or Nancy Stenn at office@nhbz.org by September 9 and we can help you pick out a seat to your liking. Your seat will be marked as reserved. If you do not want a reserved seat, you may sit in any seat that is not marked as reserved.

If you want a reserved seat, you must contact us by September 9



GLOW OF SUCCESS: LION'S DEN AUGUST PIZZA NIGHT

It was a dark and stormy night...and delicious HOT KOSHER PIZZA was had by all!

Another great night, with Volunteers galore! Shaving Israel attendees stayed to dine and everyone enjoyed the powerful display of the rain and thunder!

We thank everyone who came out, despite the weather, both Volunteers and Guests alike! Watch your emails (and the NHBZ Weekly News for our next Lion's Den All-You-Can-Eat Pizza Night).

NHBZ Sisterhood's

New Year Greetings Fundraiser Returns for 5783

Sisterhood wishes you a Happy New Year... and invites you to wish *L'Shana Tova Tikatevu* to everyone in our NHBZ family!

Send us your donation and how you want your name listed by September 9, and we will publish your greeting in the 5783 Rosh Hashanah Bulletin. See the Sisterhood flyer for complete details.

Shul Policy Reminders

FOOD: All food and beverages brought into the Synagogue must be inspected by a Mashgiach before sharing or consuming in the Shul. If you would like to consume or make an edible contribution (food, snacks, wine, etc.) to the Shul or a kiddush, please bring the sealed, unopened item in a bag and give to one of the Synagogue staff. We will be happy to have it checked in! Thank you for your cooperation.

WEEKLY NEWS: The weekly deadline for inclusion in the Weekly News is Tuesday, 12:00 pm. Please submit ready to print content to the Office for publication. Items received after the deadline will go in the following week's bulletin.

KIDDUSH SPONSORSHIP: Please contact the Office at office@nhbz.org or (314) 991-2100, ext. 2, if you would like to sponsor Kiddush or Shalosh Seudos. We require 2 weeks' notice for luncheons, and ask for as much advance notice as possible for Kiddushim. Confirmation from the Office is required (to avoid conflicts). Thank you for your cooperation.

In the Community

• "Time to Come Back" Lecture Series – 2nd Monday of the Month, Noon

"Crown on the Road" featuring Rabbi Ze'ev Smason will convene in the Sanctuary (upstairs) at NHBZ, from 12:00 – 1:00 pm, on September 12 to learn Seven Steps to Worry-Free Living

\$10 per class, includes a box lunch (\$3 per class if you choose to forego lunch). Come on out and laugh and learn! Please see flyer for full details and how to RSVP!

Sababa: Jewish Arts and Culture Festival, Sunday, September 18

NHBZ (along with many other Jewish Organizations) will have a booth at the Sababa Festival. Our own members **Margo Tzadok** and **Sallie Volotsky** are participating artists!

Would you also like to participate? We need 3+ volunteers to sit at our booth and to promote NHBZ! Shifts are 2-3 hours: 9 am-11 am (duties include picking up materials from NHBZ and setting up the display); 11 am-2 pm; 2 pm-5:15 pm (duties include closing the booth and returning materials to NHBZ). Please contact Margo Tzadok (tmargo@sbcglobal.net) with any questions and to volunteer!



Learning at NHBZ

Parashas Shoftim

"Parshas Shoftim, discusses the appointment of a king over Eretz Yisrael. Unlike most national rulers, our king must refrain from indulging in the excesses common to his contemporaries. The Torah teaches, 'Only he will not have too many horses...And he will not have too many wives...And he shall not greatly increase gold and silver for himself.'

"The reason given by the Torah for these prohibitions is in order that he should remain humble, lest he forget that even a Jewish king is still a servant of G-d. Obviously, this Mitzvah can only be performed when the Jewish people have returned, in their entirety, to *Eretz Yisrael*. Yet, there remains a beautiful lesson that applies to this day. The *Shaim Meshmuel*, the *sochotchover rebbe*, *zt"l*, explains that every person has the spirituality of an entire world within himself or herself. It is the job of each of us to rule over that world and to protect that potential spiritual growth.

"This world comprises the body, the spirit and the intelligence – all three of which are referred to in the parshah. The King's need to limit his wealth corresponds to the individual's need to control his intellect. Just as money is only a means and not an end in itself, so, too, intellect is a tool to be used for spiritual wisdom and understanding, not something to be exercised for any purpose. The prohibition against horses corresponds to a need to control the spirit of man, the source of arrogance. As we learn in *Avos*, 'Be exceedingly humble in spirit.' (The Torah is warning us not to 'get on our high horse'!). Finally, the king's limitation on wives shows a need to control the desires of the body. Every individual must control his physical desires, lest he become consumed by them and drawn away from G-d.

"The Torah not only gives the king these prohibitions but also gives him one more *mitzvah* to help him avoid falling into the trap of excess: 'And he shall write two copies of this Torah...And it shall be with him and he shall read from it all the days of his life, so that he wil learn to fear Hashem, his G-d, to observe all the words of this Torah and these decrees and do them. This timeless directive applies to us all. In order to avoid the temptations of the body, spirit and intellect, it is essential that every individual Jew dedicate himself to the study of Torah. For, in the words of the parshah, only through the study of Torah will one 'learn to fear Hashem...observe all the words of the Torah...to do them.'

"May it be the will of *Hakadosh Baruch Hu* that we all live our lives with the understanding that we are all like kings, shapers of our own spiritual destinies, and that, like kings, we must be careful to keep our priorities straight and our mission clear."

Rabbi Mark Cohn

Executive Director of the Southern Region of the Orthodox Union

Learning at NHBZ (con't)

Rabbi David's Learners' Service

Every Shabbos at 9:15 am. Just starting out? No worries. Rabbi David teaches the basics of Shabbos prayers.

THE SISTERHOOD SCOOP Sisterhood SEPTEMBER 3

Volume 5 Number 34 7 Elul 5782 September 3, 2022

Happy Labor Day!

Sisterhood Book Club News

The next meeting of the Sisterhood Book Club will be **Monday, September 19,** 7:15-8:45PM, at the home of *Myra Radinsky* in Clayton.

Book Club dates and titles:
September 19 – The Last
Summer at the Golden
Hotel, by Elyssa Friedland



December 5 – **By Fire Possessed: Dona Gracia Nasi**, by Sandra Toro

The Book Club usually meets on the **fourth Monday of odd-numbered** months at 7:15-8:45 PM. **All women are welcome!**

For more information, contact *Fran Alper* at 314-993-4024 or: fran.alper@outlook.com or email: sisterhood@nhbz.org.

in Sisterhood's

New Year Greetings
Fundraiser for 5783

Health, Happiness & Prosperity in the New Year...

...and invites you to wish L'Shana Tova Tikatevu to everyone in our NHBZ family!

Send us your donation and how you want your name listed by September 9, and we will publish your greeting in the 5783 Rosh Hashanah Bulletin.

See the attached flyer for complete details.

Parshas Shoftim: Are You Objective?

There was once a king who was very fond of target shooting. He practiced daily and arranged competitions. With time he felt that he had gotten pretty good at the sport, yet he continued trying to improve.

One day, as he was traveling through the countryside, the king noticed several target boards near a small peasant hut. Looking closely, he was astonished to see that every one of the many darts on the boards was precisely in the center! This simple peasant was apparently an expert; he had hit a bull's-eye with every try!

Curious to learn how the man had done it, the king knocked on the door of the hut. The peasant who answered laughed heartily at the the king's question. "Why, it's very simple," he replied naively. "Instead of drawing the target and aiming towards it, I throw the darts, and then draw the circles around them. It works every time . . ."

The Torah portion of Shoftim (Deuteronomy 16:18–21:9) includes a prohibition for judges to take bribes. The Torah then explains the reason for this commandment: "For bribery blinds the eyes of the wise."

Now, you're probably thinking, "No kidding, that's the definition of a bribe! What kind of reason is that?"

Good point. But actually, the Torah is not trying to explain what's wrong with paying off a judge; it's obvious that corrupting fair judgment is immoral. Rather, the Torah seeks to clarify a fact. Often, people say, "I can be objective in this case, despite my connection to it." Recognizing the difficulty of proper judgment when personal concerns are involved, we may nonetheless convince ourselves that we are immune to bribery, intellectually and emotionally capable of separating fact from feeling.

Yet the Torah cautions us that the danger of bribery is not merely a possibility, nor even a probability. It is an automatic effect. Bribery—monetary or otherwise—skews one's perception, literally "blinding" him to reality. No one is immune.

We are all judges, all of the time. There are important decisions to be made constantly, and these require clear thinking and examination of facts. But often, we may be swayed by bribes—personal concerns, interests and feelings. We may have the best of intentions, yet the possibility of a purely objective decision is technically out of our reach, "for bribery blinds the eyes of the wise."

For this reason, it is crucial that every one of us have a mentor, an objective individual upon whom we rely to help us make decisions. Before signing on the dotted line, run it by someone out of the picture. It's a sort of reality check, a way to make sure that we are aiming towards the target, rather than adjusting the goal to suit us.

- by Rabbi Mendy Wolf, www.chabad.org

"You can't choose how you feel, but you can choose what you think, and what you think has the power to change how you feel."

- Tanya, chapter 12



The NHBZ Sisterhood wishes you Health, Happiness & Prosperity in the New Year...

...and invites you to wish L'Shana Tova Tikatevu to everyone in our NHBZ family!

Make your check payable to **NHBZ** – write 'Sisterhood Greeting' on the memo line – suggested minimum donation is \$10 per name – <u>no maximum!</u>

Names will be published in the 5783 Rosh Hashanah Bulletin

Send your contribution, along with the form below, by September 9 to:

NHBZ Sisterhood

650 North Price Road

St. Louis, MO 63132

or you may email your greeting information directly to bookkeeper@nhbz.org or visit the website www.nhbz.org to make a payment

FOR QUESTIONS, CALL THE NHBZ OFFICE, 314-991-2100, EXT.3, OR EMAIL: sisterhood@nhbz.org

NHBZ SISTERHOOD NEW YEAR GREETING ~ FOR ROSH HA	SHANAH 5783 BULLETIN
Name	
PhoneEmail	
Amount enclosed \$ [suggested minimum donation is \$	10 per name – <u>no</u> <u>maximum</u> !]
Please list my name(s) as follows:	
Proceeds benefit NHBZ's Passport to Israel Program and other NHBZ Sisterhood projects	A Good and Sweet Year!