



# NHBZ Weekly News

## Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

October 29, 2022 • 4 Chesvan 5783 • Candle Lighting 5:47 pm • Shabbos Concludes 6:50pm

Parshas Noach  
Haftorah

Genesis 6:9 – 11:32  
Isaiah 54:1 – 10

Stone Chumash pp. 30 – 53  
Stone Chumash pp. 1130 – 31

*We thank our generous sponsors*

- Lenny & Fran Alper for enhancing the Kiddush in honor of their Wedding Anniversary

## Prayer

### Shabbos, Friday, October 28

- 5:45 pm Mincha, Kabbalat Shabbat, Ma'ariv
- 5:47 pm Candle Lighting

### Shabbos, Saturday, October 29

- 9:00 am Shachris followed by Musaf
  - Pesukei D'Zimra: **TBA**
  - Shacharis: **TBA**
  - Leyning: **Rabbi Chaim Bogopulsky**
- 10:00 am Kids' Program (downstairs)
- 10:15 am "Soul Building" with Rabbi David (downstairs)
- 5:30 pm Mincha, Shalosh Seudos, Ma'ariv
- 6:50 pm Shabbos concludes

Haftorah: **Marvin Lerner**

Sermon: **Rabbi Chaim Bogopulsky**

Musaf: **TBA**



### Minyan Times Oct 27 – Nov 5, 2022

	Thu Oct 27	Fri Oct 28	Shabbos Oct 29	Sun Oct 30	Mon Oct 31	Tues Nov 1	Wed Nov 2	Thu Nov 3	Fri Nov 4	Shabbos Nov 5
Shachris (am)	7:00	7:00	9:00	8:00	7:00	7:00	7:00	7:00	7:00	9:00
Mincha/Ma'ariv (pm)	5:45	5:45	5:30	5:40	5:40	5:40	5:40	5:40	5:35	5:25

### Gemara Learning at NHBZ, Weekday Mornings, 6:15 am

Start your day off right with Gemara learning at NHBZ! Join **Rabbi Chaim Bogopulsky** every weekday morning at 6:15 am to dive into the wisdom of the Gemara. Fresh, hot coffee provided. Please stay for Shacharis, following the class.

# Congregation News

## Mazel Tov on Simchas This Week! Oct 29 – Nov 5, 2022

### Happy Birthday

Reuven Tzadok      Oct 31  
Jeff Baker          Nov 2  
Ethan Belau-Rush   Nov 5



### Happy Anniversary

Lenny & Fran Alper      Oct 29  
Irwin & Rosalind Rosen   Oct 30

## Events

### Coming Soon

- Sunday, October 30, 5-7 pm      – Lion's Den All-You-Can-Eat PIZZA NIGHT
- Sunday, November 6, 1-4 pm      – Family Game Day (See flyer for details!)
- Shabbos, November 12              – Synaplex Shabbat Returns! (Details coming soon!)
- Sunday, November 13, 11 am      – SAVE THE DATE: Annual Membership Meeting and Installation of Officers
- Shabbos, December 2              – SAVE THE DATE: Shabbos Dinner at NHBZ

### On-Going

- Every Weekday, 6:15 am              – Gemara learning with Rabbi Bogopulsky
- Every Shabbos                          – Shabbos Morning Kids' Program, 10:00 am (downstairs)
- "Soul Building" with Rabbi David, 10:15 am
- Sunday Mornings, after Shachris      – Mishna learning with Rabbi Swidler

## Lion's Den All You Can Eat Pizza Night, This Sunday, Oct 30, 5 - 7pm

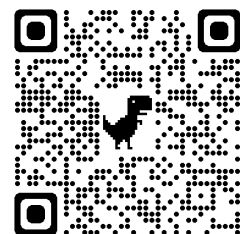
All you can eat Pizza Night (with movies for the kids!) is THIS SUNDAY, October 30, 2022. Food and fun for the whole family!

Adults \$15; Kids 4-10 \$7; Kids 3 and under FREE!  
See flyer for details.

Please go to <https://www.nhbz.org/october-30th-pizza-night-pizza-volunteers-needed/> or use the QR code to volunteer\*!

\*Volunteers: We made the form even easier!  
If a volunteer slot or shift is on the form, the job needs filling!  
Come join the fun and volunteer for a Pizza Night Shift!

Everyone else, come and eat!



## Message from the President

Thank you once again to everyone who helped prepare and lead the High Holiday services. Rosh Hashana and Yom Kippur services were fairly packed, and services went smoothly. We hosted some guest Rabbis - Rabbi Goldson, Rabbi Berkowitz, and Rabbi Feigenbaum, all of whom shared super-interesting and meaningful drashas. Our sukkah sustained some wind damage towards the end of Sukkot, but we managed to get by. We welcomed back Rabbi Bogopulsky, who was out of town during Sukkot with his family. Simchas Torah was especially lively this year at the shul, with dancing, our usual auction, and spaghetti dinner and candy apples for all.

On another note, I want to express my appreciation to all who joined us for my Father's 100th birthday this past Shabbos, and to all those who contributed their time and energy in preparing the Kiddush luncheon, especially Norma Rubin and Anna Rose Tendler. It was a fantastic celebration, with lots of memorable moments and speeches, and great food. Thanks to Rabbi Bogopulsky and Rabbi Smason for sharing some words as well. I am incredibly blessed that my Father was able to attend the Kiddush. Dad was touched by all those who came up to say hello to him, after not being present at shul since before the start of the pandemic. A heartfelt thank you to the entire shul from my Father, Leo Bressler - 100 years old today!

With the holidays having drawn to a close, we can focus our attention on new and exciting upcoming events in November, including the return of Synaplex Shabbos, and a community wide meet-n-greet for Rabbi Bogopulsky and his Family. And last but not least, a belated L'Shana Tova to any of you who I may have missed over the holidays!

Kenny Bressler, President

## In the Community

### ● Great Big Challah Bake, November 2, 2022, 7-9 pm

As part of the global Shabbos Project, please join **Batya Bogopulsky** and the women of the St. Louis Community for a community-wide Challah Bake. Women and girls ages 8 and older welcome!



To register, please follow the link to fill out the registration form:

[https://form.jotform.com/221930615179154?fbclid=IwAR15W6wIzZfJwfTeyjt1lyN1rTHskV1MAyuqonUgtkkqm8yPXjGx7H\\_DaKw](https://form.jotform.com/221930615179154?fbclid=IwAR15W6wIzZfJwfTeyjt1lyN1rTHskV1MAyuqonUgtkkqm8yPXjGx7H_DaKw).

\*Please be sure to enter Batya Bogopulsky as your Table Captain on the registration form.

### Thanksgiving Dinner for Olivette Police & Fire Departments



NHBZ continues our tradition of providing a Kosher Thanksgiving dinner as our way of saying "Thank You!" to the Olivette Police and Fire Departments.

Once again, **Stella Vladimirov** heads the team of volunteers. Volunteers and sponsors (in any amount) requested and needed! Please see the flyer for details and how you can join this important project!



# Annual Membership Meeting and Election of Officers Sunday, Nov. 13, 11:00 am



Did you ever wonder how the officers of NHBZ are elected?  
Do you want to have a say in the future direction of NHBZ?  
Do you want to express your opinions to the Board of Directors?

*You are invited to attend the Annual Membership Meeting and Election of Officers  
**Sunday, November 13 at 11:00 am.***

Each November, we hold a Membership meeting to give a 'state of the shul' report and elect officers and members of the Board of Directors. This is an opportunity for you to interact directly with the Rabbi, President and other officers and Board members about the business of the shul. If you would like to give your opinion, make suggestions or just listen, this is your chance.

Here is how the election works. We have a nominating committee that consists of all past presidents. That committee deliberates throughout the year, and comes up with a proposed slate of officers that is presented to the Board in October. At the November Membership meeting, the slate is officially nominated, **and other nominations are accepted from the floor. You can even nominate yourself.** Members in good standing may nominate others and have the privilege of voting. Nominees must be members in good standing for at least one year at time of nomination. The Officers and new Board members take office on January 1, 2023.

We have eight officers and fifteen Board members. **Officers serve for one year. Board members serve for three years**, with one third of the Board up for election each year. Here is the slate of nominees for this year's election (indicated in **red** & asterisk), along with continuing Board members.

## NHBZ Officers – Term ending 12/31/2023

President	(TBA soon)
Vice President	<b>*Jennifer Hartranft</b>
Vice President	<b>*Stella Vladimirov</b>
Vice President	<b>*Denny Feit</b>
Vice President	(open)
Treasurer	<b>*Bruce Waxman</b>
Secretary	<b>*Caryn Alper</b>
Gabbai	<b>*Alan Zarkowsky</b>



## NHBZ Board of Directors

### Term ending 12/31/2023

Marcie Brook  
Faye Cohen  
**\*Fran Reisler**  
(open)  
(open)

### Term ending 12/31/2024

Rhonnie Goldfader  
Joni Kaiser  
Bobby Levine  
Ed Levitt  
Gavriel Matt

### Term ending 12/31/2025

**\*Nancy Belau Rush**  
**\*Margo Tzadok**  
**\*Richard Woolf**  
**\*Dan Winograd**  
**\*Tony Granillo**



# Learning at NHBZ

● **Gemara Learning with Rabbi Bogopulsky, Weekdays, 6:15 am**

● **Rabbi David's "Soul Building" Series**

Every Shabbos at 10:15 am. Rabbi David teaches ways to deepen our understanding. This week's topic: "Why Teaching Etiquette & Manners Might Be a Bad Idea"

## Parashas Noach

The deluge that destroyed the world in the time of Noach caused a major upheaval in the physical makeup of the world. The geological and archeological evidence of these changes has baffled many a scientist, so much so that even skeptical scientists argue that some fossilized discoveries may be attributed to the Flood.

Not only did the Flood leave its indelible mark on the contours of the planet, but, the Torah tells us, it changed the very physics of the world. Hashem was deeply saddened by the immorality that had pervaded His world and to ensure that it would not happen again, He did not simply destroy the world but changed its structure. After Noach and his family left the confines of their protective ark, they entered a new world order.

Noach had a very difficult year in the ark. He had to provide for and tend to the ark's menagerie. Each animal required its own diet, and each had its own schedule. "During the twelve months that Noach was in the ark, he did not taste sleep," the Midrash tells us. Noach's natural environment was suspended for that time. In fact, but for three exceptions, everyone's nature changed while in the ark. Only the dog, the raven, and Cham, Noach's son functioned normally in the ark.

What motivated them to be different? Why couldn't they suspend their personal needs during this time of universal tragedy? The answer is found in their very nature. Dogs are arrogant, the prophet Yeshayah states. They must be well trained before they can become man's best friend. The raven is known for its cruelty. When Noach released the raven to see the conditions outside the ark, it came upon a human corpse on top of a mountain. After satisfying itself, the raven returned to Noach with no information for the inhabitants of the ark. Cham, son of Noach, also submitted to his baser instincts. He totally ignored the suffering around him and allowed himself the pleasures of his indulgences. This selfishness did not go unnoticed by Hashem. Cham and his descendants were punished forever.

What a lesson for us. Are we so uncaring that the experiences of the world around us go unnoticed? Are we oblivious? Can we continue to go about "life as normal," without seeing and learning important lessons about compassion, morality and decency? We must emulate the good we see and eliminate the bad we see. The spiritual nature of the world was changed after the Flood's destruction. It is up to us to sustain the world by avoiding the mistakes of the past.

***Rabbi Mordekai Shapiro***

*Congregation Ohr Torah, North Woodmere, NY*



# THE SISTERHOOD SCOOP

## OCTOBER 29



Volume 5

Number 42

4 Cheshvan 5783

October 29, 2022



### Don't Shoot the Messenger

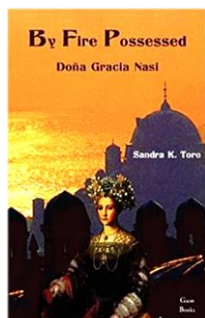
--adapted from Shoshanna Dresner, [www.aish.com](http://www.aish.com)

Even though the dove first returned to the ark empty-handed and unsuccessful in her mission to find dry land, Noah took her into his hand to warm her. He had compassion for her. The lesson for us is clear:

If we ask someone to do something for us and they are unsuccessful, we should still treat them as if they were successful, not forgetting to express gratitude for the attempt. We need to see the human behind the actions. Even if our emotions tempt us otherwise, we must always treat people with kindness and compassion.

### NHBZ Book Club News

The next book club meeting will be **Mon., Dec. 5**, at the home of **Vivian Zarkowsky**. The book selection is ***By Fire Possessed: Dona Gracia Nasi***, by Sandra Toro, a historical novel about the life of Doña Gracia Nasi, the intelligent and strong Jewish woman who saved thousands of Sephardic Jews from the Inquisition in the 16<sup>th</sup> Century. The Book Club usually meets on the **fourth Monday of odd-numbered months** at 7:15-8:45 PM. The first meeting in 2023 will be **Jan. 23**. The book is ***Israel: A Simple Guide to the Most Misunderstood Country on Earth*** by Noa Tishby. **All women are welcome!** For more information, contact **Fran Alper** at 314-993-4024 or [fran.alper@outlook.com](mailto:fran.alper@outlook.com) or [sisterhood@nhbz.org](mailto:sisterhood@nhbz.org).



### PARSHAS NOACH: Point of Unacceptability

In this week's parsha, G-d sends a flood to destroy the world... Why? What was so terrible about Noah's generation that they were deserving of destruction? The Midrash says that although their society was filled with various corruption and abuse, G-d didn't decree the Flood until these things became celebrated in popular culture and songs and were then legalized. Immorality is one thing, but when it gets society's stamp of approval, then the possibility of reversing the downward trend becomes very unlikely. So for the generation of Noah, that meant rebuilding from scratch.

In society today, business and the media are constantly trying to push the envelope of acceptability – whether it's in fashion, music, videogames, or general lifestyle choices... We keep moving the marker. And at some point, an individual has to ask himself: Have things gotten to be 'too much'?

So, take a few minutes and think about the negative behaviors going on around you, things that you may even have been drawn into. Maybe it's office gossip, maybe it's a style of immodest dress, maybe it's a certain level of violence in film. But get in touch: Is there something that deep down bothers you – that you sense is wrong?

Because, at some point, the excuse of 'everyone's doing it' just doesn't work anymore. And that's exactly what the generation of the Flood found out, in a most unfortunate way. So, take the great step to independence: Identify the point of unacceptability and decide that you've had enough and don't want to be part of it anymore. – adapted from **Rabbi Shraga Simmons**

### Lessons from Noah's Ark!

Don't miss the boat.

Build on high ground.

If you can't fight or flee---float!!

For safety's sake, travel in pairs.

Stay below deck during the storm.

Don't forget that we're all in the same boat.

Don't listen to critics - do what has to be done.

If you have to start over, have a friend by your side.

Plan ahead ... It wasn't raining when Noah built the ark.

Take care of your animals as if they were the last ones on earth. When things get really deep, don't sit there and complain--shovel!!!

Remember the woodpeckers. An inside threat is often bigger than the one outside.

Speed isn't always an advantage. The cheetahs were on board but ... so were the snails.

Stay fit. When you're 600 years old, someone might ask you to do something REALLY big.

– edited from **Rabbi Kalman Packouz**, [www.aish.com](http://www.aish.com)





# Sunday, Oct 30<sup>th</sup> • 5:00-7:00 pm

**Dine-In Buffet • Adults: \$15.00 ~ Kids 4-10: \$7.00 ~ Kids 3 & under: FREE**

**Cheese is Cholov Yisroel; pareve crusts available upon request. All food under the supervision of Rabbi Chaim Bogopulsky**

NHBZ.ORG 314-991-2100

*Nusach Hari  
B'nai Zion*

**EAT ... EAT! IT'S KOSHER!**

## The Lion's Den Pizza Night

**ALL YOU CAN EAT BUFFET**

**Includes Pizza, Pasta, Salad and Garlic Bread plus a Dessert and a Beverage**

# Returns!







# Family Game Day!

**At NHBZ - November 6th, 2022**

650 NORTH PRICE ROAD • ST. LOUIS, MO 63132 • 314-991-2100 • EMAIL: [OFFICE@NHBZ.ORG](mailto:OFFICE@NHBZ.ORG) • [WWW.NHBZ.ORG](http://WWW.NHBZ.ORG)

## Sunday, Nov 6th



## 1:00-4:00 PM

**We will have Lots of Games available  
or bring your own game.**

**We will have door prizes  
and raffle tickets for sale!**

**Sign up with  
our QR code:**



**Refreshments  
provided.**

650 NORTH PRICE ROAD • ST. LOUIS, MO 63132 • 314-991-2100 • EMAIL: [OFFICE@NHBZ.ORG](mailto:OFFICE@NHBZ.ORG) • [WWW.NHBZ.ORG](http://WWW.NHBZ.ORG)



We're  
Back!



CHALLAH BAKE

## Great Big Challah Bake

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**2 Millstone Campus Drive St. Louis, MO 63146**

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**November 2, 2022**

**7-9 PM**

**Women and girls ages 8+**



# Kosher Thanksgiving Police and Firefighters Feast

650 NORTH PRICE ROAD • ST. LOUIS, MO 63132 • 314-991-2100 • EMAIL: [OFFICE@NHBZ.ORG](mailto:OFFICE@NHBZ.ORG) • [WWW.NHBZ.ORG](http://WWW.NHBZ.ORG)

**NHBZ loves the security and protection that the Olivette Police and Firefighters provide, and is grateful for their superior service!**

Let's show our appreciation by cooking and serving a traditional Thanksgiving Dinner for Police Officers and Firefighters who must spend Thanksgiving on call at the station rather than at home with their families.

To make this happen, [We Need Sponsors](#) to defray the cost of the meal. Please consider becoming a sponsor for any amount of money. Contact [office@nhbz.org](mailto:office@nhbz.org) or call 991-2100

[We Also Need Volunteers on Thanksgiving Day](#) to do the following: Deliver and serve the Thanksgiving Feast to the Police and Firefighters on Thanksgiving Day. Come and bring your kids or grandkids. Kids will be able to see Police and Fire Station, and talk to police officers and firefighters.

**It will be lots of fun!**



**If you want to help and volunteer, Please contact Stella Vladimirov at (314) 540-4450**





CORDIALLY INVITES YOU TO THE YESHIVA FOR A

# *Melava Malka*

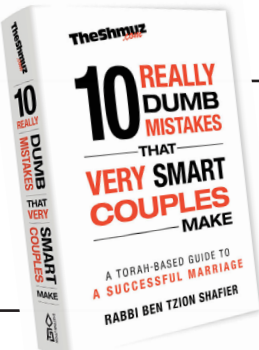
## A TORAH BASED APPROACH to a **SUCCESSFUL MARRIAGE**

**MOTZEI SHABBOS | NOVEMBER 5<sup>TH</sup> | 8:45 PM**  
1809 CLARKSON ROAD, CHESTERFIELD



**RABBI BEN TZION SHAFIER**

FOUNDER OF **TheShmuz.com**



**\$18 per person | Buffet to follow**

GUESTS IN ATTENDANCE WILL  
RECEIVE A **COMPLIMENTARY COPY**  
OF RABBI SHAFIER'S LATEST BOOK

RSVP APPRECIATED  
EVENTS@MISSOURITORAH.ORG

636.778.1896 |  
WWW.MISSOURITORAH.ORG



# Rose Ragin Chesed Fund

## Supporting our Members

### What is the Rose Ragin Chesed Fund?

The fund provides for acts of chesed (lovingkindness) to support lifecycle events of NHBZ members, such as...



**Shiva trays  
for mourners**



**Gifts for  
newborns**



**Meals for  
the sick**

### How can I contribute to the Rose Ragin Chesed Fund?

- buy Rose Ragin Chesed cards and Purim Cards
- buy 'onesies' for a baby
- make a donation to the Rose Ragin Chesed Fund
- watch for upcoming special fund-raising campaigns

### How else can I help?

Call Nancy in the NHBZ Office – 314-991-2100, ext. 2, to...

- notify her about someone who is in need of chesed
- have a misheberach said for someone
- volunteer for the Chesed Committee

Purchase a **pack of 5** Rose Ragin Chesed cards – **\$25 minimum donation**.  
Keep some handy to send out whenever you'd like. It's a great way to  
honor a simcha, remember a loved one, or acknowledge anything at all.

**314-991-2100, ext. 2**