



# NHBZ Weekly News

## Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

November 12, 2022 • 18 Chesvan 5783 • Candle Lighting 4:33 pm • Shabbos Concludes 5:35 pm

Parshas Vayera  
Haftorah

Genesis 18:1 – 21:24  
2 Kings 4:1 – 37

Chumash pp. 78 – 105  
Chumash pp. 1134 – 1136

*We thank our generous sponsors*

- Susan Feigenbaum & Jay Pepose for this week's NHBZ Weekly News in memory of their beloved sister, Pamela Feigenbaum<sup>a</sup>"h

## Prayer

### Shabbos, Friday, November 11

- 4:30 pm Mincha, Kabbalat Shabbat, Ma'ariv
- 4:33 pm Candle Lighting

### Shabbos, Saturday, November 12

- 9:00 am Shachris followed by Musaf
  - Pesukei D'Zimra: **TBA**
  - Shacharis: **David Rubin**
  - Leyning: **Kenny Bressler**
- 10:00 am Kids' Program (downstairs)
- 10:15 am "Soul Building" with Rabbi David (downstairs)  
This week's topic: "Planet Fitness Judgment-Free Zone: Being Judgmental"
- 4:20 pm Mincha, Shalosh Seudos, Ma'ariv
- 5:35 pm Shabbos concludes

Haftorah: **Brent Waxman**  
Sermon: **Rabbi Chaim Bogopulsky**  
Musaf: **David Rubin**



### Minyan Times Nov 10 – Nov 19, 2022

	Thu Nov 10	Fri Nov 11	Shabbos Nov 12	Sun Nov 13	Mon Nov 14	Tues Nov 15	Wed Nov 16	Thu Nov 17	Fri Nov 18	Shabbos Nov 19
Shachris (am)	7:00	7:00	9:00	8:00	7:00	7:00	7:00	7:00	7:00	8:30
Mincha/Ma'ariv (pm)	--	4:30	4:20	4:25	4:25	--	--	--	4:25	4:15
Ma'ariv Only (pm)	6:45	--	--	--		6:45	6:45	6:45	--	--

### Gemara Learning at NHBZ, Weekday Mornings, 6:15 am

Start your day off right with Gemara learning at NHBZ! Join **Rabbi Chaim Bogopulsky** every weekday morning at 6:15 am to dive into the wisdom of the Gemara. Fresh, hot coffee provided. Please stay for Shacharis, following the class.

# Congregation News

## Mazel Tov on Simchas This Week! Nov 12 – Nov 19, 2022

### Happy Birthday

Marilyn Liss      Nov 16  
Kenny Bressler    Nov 17



### Events

#### Coming Soon

- Sunday, November 13, 11 am – Annual Membership Meeting and Election of Officers
- Shabbos, November 19 – Synaplex Shabbat Returns! (See flyer)
- Sunday, November 20, 11 am – Meet & Greet Rabbi Bogopulsky at NHBZ
- Shabbos, December 2 – SAVE THE DATE: Shabbos Dinner at NHBZ (See flyer)

#### On-Going

- Every Weekday, 6:15 am – Gemara learning with Rabbi Bogopulsky
- Every Shabbos – Shabbos Morning Kids' Program, 10:00 am (downstairs)
- “Soul Building” with Rabbi David, 10:15 am
- Sunday Mornings, after Shachris – Mishna learning with Rabbi Swidler
- Mondays, 8:00 pm – St. Louis Kollel Amud-A-Week
- Tuesdays, 12:00 pm – “Journey through the Chumash” with Rabbi Bogopulsky

## Kristallnacht: We Must Remember

November 9 – 10, 1938. A night of terror which marked a turning point when the Nazis became more violent toward Jews. One internet source describes it in one sentence: “The violence of Kristallnacht served notice to Jews worldwide that Nazi anti-Semitism was not a temporary predicament and would only intensify.”

<https://www.history.com/topics/holocaust/kristallnacht>



Approximately 400 people were murdered or driven to commit suicide. More than 1,400 synagogues and places of worship as well as about 7,500 businesses and homes were destroyed. Jewish cemeteries and other Jewish community institutions were ravaged.

In the following days, the Gestapo arrested 30,000 Jewish men and hauled them to concentration camps, where hundreds were murdered or died. Most of the surviving detainees were released again after a few weeks or months.

Please take a moment today to remember those lost, to say a prayer that hatred everywhere ends and that such atrocities never again occur.

## To Our Veterans

With deepest gratitude and appreciation, we recognize and honor our members who served in the Armed Forces of the United States of America and Israel.



**THANK YOU FOR YOUR SERVICE!**



### The Four Questions

It is our pleasure to introduce you to:

#### **FRAN ALPER**

A native St. Louisan and a member of NHBZ since 1978, Fran is married to Lenny Alper. They have two adult daughters, Caryn and Joanna, both in St. Louis.

#### The Questions:

1. **Who is your favorite Torah personality and why?**

A: "I chose a favorite **couple** because one person can become stronger, kinder, more righteous, and more effective when united and completed as a couple. This is exemplified, for me, by Abraham and Sarah – patriarch and matriarch to the three major monotheistic religions – who together reshaped the world and our mission in it."

2. **What is your favorite snack food?**

A: "Almonds, popcorn, ice cream."

3. **What are three words you use to describe yourself?**

A: "Grateful, Resourceful, Judicious."

4. **What inspires you?**

A: "Almost everything! My husband, our children. My parents and grandparents. I'm inspired by **Possibility**... by the history of the Jewish People... by knowledge and understanding of the world... and by the person who invented air conditioning."



Thank you, Fran! Not just for playing "The Four Questions," but also for your ongoing support for our Shul!

## DID YOU KNOW...

**Fran Alper** single-handedly designs and creates the **Sisterhood Scoop** every week! From the graphics to the informational content to the jokes – Fran puts it together! And that's not all! She also makes many of our flyers, helps proofread and offers layout and design improvements! She... DOES IT ALL!

We take this opportunity to share our appreciation with Fran for all her hard work which makes us look so good! ❤️

## **NHBZ Thanksgiving Dinner for Olivette Police & Fire Departments**

Don't look now, but we are only 2 and 1/2 weeks away from Thanksgiving!

What does that mean for us at NHBZ? Well, we continue our tradition of providing delicious Kosher Thanksgiving dinners to our Olivette First Responders. It is a great way for us to thank our wonderful Police and Fire Departments – men and women who protect us year-round – and especially those working on Thanksgiving instead of being home with their families.

What can you do to help? There are two great opportunities:

- Sponsor the event with donations to cover the costs of the meals
- Volunteer to deliver and serve the Thanksgiving meals

If you want to join this fun and important program, contact the Office to sponsor, and Jesse Barash or Stella Vladimirov to volunteer. See full size flyer for details.



## **In the Community**

### ● **St. Louis Jewish Community Blood Drive, Sunday, January 3, 2023**

SAVE THE DATE! The Annual St. Louis Jewish Community Blood Drive will take place at Congregation Young Israel on Sunday, January 8, 2023, 10 am – 4 pm. Please plan to participate in this life saving Chesed.

## **Learning at NHBZ**

- **Gemara Learning with Rabbi Bogopulsky**, Weekdays, 6:15 am  
Dive into the wisdom of the Gemara. Start your day off right!
- **“Journey through the Chumash” with Rabbi Bogopulsky**, Tuesdays, 12:00 pm  
Take an amazing journey of learning! Step by step, we will explore the Chumash.
- **Rabbi David's “Soul Building” Series**, Every Shabbos, 10:15 am  
Rabbi David teaches ways to deepen our understanding. This week's topic: “Planet Fitness Judgment-Free Zone: Being Judgmental”

### **Journey through the Chumash, Tuesdays at 12:00 pm**

We are very excited to announce a new class, beginning this Tuesday, Nov. 15, 2022.

**Rabbi Chaim Bogopulsky** will guide us on a journey through the Chumash! Class meets downstairs in the Feigenbaum-Pepose Multipurpose room, every Tuesday at Noon. Please join us on this amazing journey of learning.



## **Parashas Vayera**

In this parsha, G-d determines that the city of Sodom must be destroyed. But first G-d decides to inform Avraham of His decision. Why does G-d need to tell this to Avraham? Why does He, so to speak, "clear it" first with Avraham? Rashi, quoting the *Midrash Tanchumah*, explains G-d's reasoning: "I called Avraham 'Av hamon goyim' - the father of many nations.' How can I destroy the children without first telling their father?"

This powerful and moving *Midrash* reveals to us the role assigned to Avraham. G-d changes his name from Avram to Avraham to better define who he is and what his responsibilities are. He is "*Av hamon goyim*" - not just the father of the Jewish people, but the father of many nations. G-d tells Avraham about the plight of Sodom because Avraham's responsibility is not only to his own people, but to *all* people. Avraham's commitment to this mandate is evident at the end of *Parshas Vayera*. Avraham is commanded by G-d to bring his son to an undisclosed place and offer him as a sacrifice.

The Torah relates that Avraham and Yitzchok are accompanied by two young men on their journey. Once the place of the *Akeidah* comes into Avraham's view, he tells the young men to stay behind, and he and Yitzchok continue on. The experience of the *Akeidah* was to be an exclusive encounter with G-d that only Avraham and Yitzchok could share. The young men who had accompanied Avraham and Yitzchok would not share the destiny of the Jewish people forged at the *Akeidah*. Yet the Torah records that "Avraham returned to the young men and they got up (*vayakumu*) and walked together to *Be'er Sheva*." Of course Avraham went home after the *Akeidah*. Why does the Torah need to record this? Obviously, there must be some special significance to this *pasuk*.

Rav Matti Alon suggests another translation for this term, "*vayakumu*": "and he lifted them up." That *pasuk* would then be read, "And Avraham returned to the young men and he lifted them up, and they walked together." Avraham's experience at the *Akeidah* was a pivotal moment in history. Avraham demonstrates his total devotion to G-d, and he is promised that his descendants will be blessed and will become a great nation. Avraham then returns from this encounter to the young men he left behind. He shares his experience with them. Avraham "lifts them up." He inspires them.

Though only Avraham and Yitzchok could experience the *Akeidah*, they could nonetheless convey the inspiration to those who were not present. Avraham fulfills his responsibility by reaching out beyond himself, Rav Alon explains. In this way he fulfills his mission as "*Av hamon goyim*." Rabbi Joseph B. Soloveitchik<sup>z"l</sup>, emphasizes this aspect of Avraham's mission. He asks why our Patriarchs and Matriarchs are buried along with Adam and Chava in the Tomb of the Patriarchs. It would seem more appropriate for them to have a separate burial place befitting their role as the forebears of the Jewish people. This placement, the Rav<sup>z"l</sup> suggests, teaches that although the Jew has a unique history and a unique destiny, the Jew must be intimately connected and involved with the history and destiny of all humankind. Our role and mission as Jews goes beyond concern for our own people. The first Jews, Avraham Aveinu and Sarah Imeinu, accepted the responsibility to be teachers for all people. This mission of Avraham and Sarah is the goal we declare three times each day in the prayer of "*Aleinu*," when we state our commitment "*lesakein olam beMalchut Shakai* – to repair the world in the Kingdom of G-d."

***Rabbi Aaron Goldscheider***

*Rabbi Goldscheider is rabbi of Etz Chaim Synagogue in Jacksonville, FL*

# Annual Membership Meeting and Election of Officers This Sunday, Nov. 13, 11:00 am



Did you ever wonder how the officers of NHBZ are elected?  
Do you want to have a say in the future direction of NHBZ?  
Do you want to express your opinions to the Board of Directors?

*You are invited to attend the Annual Membership Meeting and Election of Officers  
**this Sunday, November 13 at 11:00 am.***

Each November, we hold a Membership meeting to give a 'state of the shul' report and elect officers and members of the Board of Directors. This is an opportunity for you to interact directly with the Rabbi, President and other officers and Board members about the business of the shul. If you would like to give your opinion, make suggestions or just listen, this is your chance.

Here is how the election works. We have a nominating committee that consists of all past presidents. That committee deliberates throughout the year, and comes up with a proposed slate of officers that is presented to the Board in October. At the November Membership meeting, the slate is officially nominated, **and other nominations are accepted from the floor. You can even nominate yourself.** Members in good standing may nominate others and have the privilege of voting. Nominees must be members in good standing for at least one year at time of nomination. The Officers and new Board members take office on January 1, 2023.

We have eight officers and fifteen Board members. **Officers serve for one year. Board members serve for three years**, with one third of the Board up for election each year. Here is the slate of nominees for this year's election (indicated in **red** & asterisk), along with continuing Board members.

## NHBZ Officers – Term ending 12/31/2023

President	<b>* Kenny Bressler</b>
Vice President	<b>*Jennifer Hartranft</b>
Vice President	<b>*Stella Vladimirov</b>
Vice President	<b>*Denny Feit</b>
Vice President	(open)
Treasurer	<b>*Bruce Waxman</b>
Secretary	<b>*Caryn Alper</b>
Gabbai	<b>*Alan Zarkowsky</b>



## NHBZ Board of Directors

### Term ending 12/31/2023

Marcie Brook  
Faye Cohen  
Fran Reisler  
**\*Meira Ganel**  
(open)

### Term ending 12/31/2024

Rhonnies Goldfader  
Joni Kaiser  
Bobby Levine  
Ed Levitt  
Gavriel Matt

### Term ending 12/31/2025

**\*Nancy Belau Rush**  
**\*Margo Tzadok**  
**\*Richard Woolf**  
**\*Dan Winograd**  
**\*Tony Granillo**

## NHBZ OCTOBER 2022 TRIBUTES

### IN MEMORY OF

**David Nek**

Milana Furman

**Klara Kronov**

Arkadiy Kronov

**Lillian Simpson**

Elaine Safron

**Viola Mink**

Laura & Bill Freeman

Jacqueline Miller

**Francine Sheinbein**

Bruce & Faith Waxman

**Natalie Ginsberg**

Bruce & Faith Waxman

**Delores Oser**

Arlene Goodman & Stan Towerman

### HAPPY ANNIVERSARY TO

**Kenny & Barb Bressler**

Linda, Micky & Menachem Szus

**Alan & Marcie Brook**

Feigenbaum/Pepose Family

Joni & Bob Kaiser

**Lenny & Fran Alper**

Libby Sorkin Routman

Judy Levin

### IN HONOR OF

**Kerry & Sandy Klarfeld's**

**Grandaughter Noa**

Feigenbaum/Pepose Family

Phyllis & Howard Loiterstein

**Rebbitzen Mimi David**

Margy Weisman

### HAPPY 100<sup>TH</sup> BIRTHDAY TO

**Leo Bressler**

Jerry & Gail Tullman

Michael & Charlene Kass

Judy Levin

Libby Sorkin Routman

Joni & Bob Kaiser

Craig & Jackie Berkin

Faith & Bruce Waxman

### REFUAH SHELEMA TO

**Emma Zarkowsky**

Phyllis & Howard Loiterstein

### HAPPY BIRTHDAY TO

**Jeffrey Scheer**

Judy Levin

**Marvin Greenberg**

Judy Levin

**Robin Rickerman**

Judy Levin

**Laura Goldmeier**

Judy Levin

**Murray Baker**

Judy Levin

**Libby Sorkin Routman**

Judy Levin

**Hannah Amalya Bialecki**

Judy Levin

**Leib Smason**

Judy Levin

**Susan Feigenbaum**

Judy Levin

**Sallie Volotzky**

Judy Levin

### Trib-ute (trib'yoot)

A gift, payment, declaration, or other acknowledgement of gratitude, respect or admiration.

Make a tribute to honor someone's simcha, good health or a loved one's memory.

Call (314-991-2100, ext 2) or email ([office@nhbz.org](mailto:office@nhbz.org)) to make a tribute.

*Tributes will be listed monthly in the Weekly News.*





# THE SISTERHOOD SCOOP NOVEMBER 12



Volume 5

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18 Cheshvan 5783

November 12, 2022

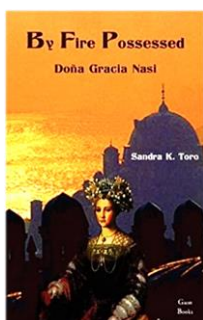
## NHBZ Women at the Great Big CHALLAH Bake



Mrs. Batya Bogopulsky (third from right) led the exuberant NHBZ contingent at the Great Big Challah Bake at the 'J' on November 2 for a lively evening of unity, inspiration, renewal, and delicious challah making!

### NHBZ Book Club News

The next book club meeting will be **Mon., Dec. 5**, at the home of **Vivian Zarkowsky**. The book selection is ***By Fire Possessed: Dona Gracia Nasi***, by Sandra Toro, a historical novel about the life of Doña Gracia Nasi, the intelligent and strong Jewish woman who saved thousands of Sephardic Jews from the Inquisition in the 16<sup>th</sup> Century.



The Book Club usually meets on the **fourth Monday of odd-numbered months** at 7:15-8:45 PM. The first meeting in 2023 will be **Jan. 23**. The book is ***Israel: A Simple Guide to the Most Misunderstood Country on Earth*** by Noa Tishby. **All women are welcome!** For more information, contact **Fran Alper** at 314-993-4024 or [fran.alper@outlook.com](mailto:fran.alper@outlook.com) or [sisterhood@nhbz.org](mailto:sisterhood@nhbz.org).

### Faith and Understanding

There are those who say that before we do any mitzvah, we must first understand why it needs to be done. Why else were we given a mind? There are others who say we must just obey with simple faith. How else can we bond with One who is entirely beyond our understanding?

Abraham did both. He began with absolute faith, even when it was impossible to make sense of what he had been told to do. Yet he would not leave until his questions were answered and he had been given a way to understand.

*"Don't do a thing to the young man, for now I know that you are a G-d fearing person."* (Genesis 22:12)

Abraham said to G-d, *"Let me present my case. First You told me that my descendants will be from Isaac. Then You told me to take him for an offering. Now You say I mustn't do a thing to him..."*

(Rashi, citing Midrash)

That makes sense. Matters that are beyond our understanding can never be fit neatly into human reason. But neither can they be left in conflict. Because if what you believe is true, it must be true everywhere. Even within your own limited human mind. —Vayeira, Daily Thought, [www.chabad.org](http://www.chabad.org)

Today's Scoop is in memory of those murdered in Pittsburgh's Squirrel Hill Tree of Life Synagogue Massacre on Shabbat morning, Cheshvan 18, 5779, (October 27, 2018).

For information or to join Sisterhood, call the NHBZ office at 314-991-2100, ext. 2, or email: [sisterhood@nhbz.org](mailto:sisterhood@nhbz.org)





# is Back

## Saturday, November 19, 2022

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***Join us for the much-anticipated return!***

- 8:30 am Traditional Services - in the sanctuary
- 10:00 am Youth Programming – in the lower level  
babysitting for younger children
- 10:15 am Soul Building Series – in the lower level

### 11:00 am **Synaplex Breakout Sessions**

- **“U.S.- Israel Relations After the Midterm Elections”**  
led by Nathan Cohen, St. Louis Council AIPAC Co-Chair
- **“Chesed (Loving Kindness): Why it is an essential Jewish Trait”**  
led by Rabbi Chaim Bogopulsky of NHBZ
- **“Passing the Torch: The transition from Avraham to Yitzchak”**  
led by Rabbi Chesky Freund of the St. Louis Kollel

Noon **Kiddush Lunch for All** - in the Social Hall



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All events held at NHBZ, 650 North Price Road, St. Louis, MO  
Synaplex Shabbat is free and open to the Jewish public  
Home hospitality for the weekend is available  
Kashruth under the supervision of Rabbi Chaim Bogopulsky

For more information or to confirm dates & times contact NHBZ

Call: 314-992-2100 ext.2    Email: [office@nhbz.org](mailto:office@nhbz.org)    Website: [www.nhbz.org](http://www.nhbz.org)





# Kosher Thanksgiving Police and Firefighters Feast

650 NORTH PRICE ROAD • ST. LOUIS, MO 63132 • 314-991-2100 • EMAIL: [OFFICE@NHBZ.ORG](mailto:OFFICE@NHBZ.ORG) • [WWW.NHBZ.ORG](http://WWW.NHBZ.ORG)

**NHBZ loves the security and protection that the Olivette Police and Firefighters provide, and is grateful for their superior service!**

Let's show our appreciation by cooking and serving a traditional Thanksgiving Dinner for Police Officers and Firefighters who must spend Thanksgiving on call at the station rather than at home with their families.

To make this happen, [We Need Sponsors](#) to defray the cost of the meal. Please consider becoming a sponsor for any amount of money. Contact [office@nhbz.org](mailto:office@nhbz.org) or call 991-2100

[We Also Need Volunteers on Thanksgiving Day](#) to do the following: Deliver and serve the Thanksgiving Feast to the Police and Firefighters on Thanksgiving Day. Come and bring your kids or grandkids. Kids will be able to see Police and Fire Station, and talk to police officers and firefighters.

**It will be lots of fun!**



**If you want to help and volunteer, Please contact Stella Vladimirov at (314) 540-4450**





# Shabbat Dinner!

At NHBZ - December 2nd, 2022

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*Kaballat  
Shabbat!*



SCAN THE QR CODE WITH YOUR PHONE TO RSVP:

**Friday Night Services: 4:20 PM**  
**And Delicious Shabbat Dinner**  
**Immediately Following (approx: 5:15)**

**Chef Norma Rubin will be preparing the Shabbos meal.**  
**Cost: \$25 for adults • \$12 for children (4-10 years old)**  
**Free for ages 3 and under. RSVP by November 18th.**

650 NORTH PRICE ROAD • ST. LOUIS, MO 63132 • 314-991-2100 • EMAIL: [OFFICE@NHBZ.ORG](mailto:OFFICE@NHBZ.ORG) • [WWW.NHBZ.ORG](http://WWW.NHBZ.ORG)





**NUSACH HARI B'NAI ZION  
CORDIALLY INVITES YOU TO JOIN US  
IN WELCOMING OUR NEW RABBI -  
RABBI CHAIM BOGOPULSKY  
AND HIS FAMILY  
TO OUR SYNAGOGUE!**

**SUNDAY, NOVEMBER 20  
11:00AM TO 1:00PM**

**REFRESHMENTS SERVED**  
(KASHRUT UNDER SUPERVISION OF RABBI BOGOPULSKY)



**COME AND MEET OUR NEW RABBI!**

**650 NORTH PRICE ROAD ST. LOUIS, MO 63132 • 314-991-2100 • OFFICE@NHBZ.ORG • WWW.NHBZ.ORG**