



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

November 26, 2022 • 2 Kislev 5783 • Candle Lighting 4:24 pm • Shabbos Concludes 5:26 pm

Parshas Toldos
Haftorah

Genesis 25:19 – 28:9
Malachi 1:1 – 2:7

Chumash pp. 124 – 143
Chumash pp. 1137 & 1138

We thank our generous sponsors

Denny & Amy Feit for this week's NHBZ Weekly News in memory
of their beloved mother, **Edna Feit^{a'h}**

Prayer

Shabbos, Friday, November 25

- 4:20 pm Mincha, Kabbalat Shabbat, Ma'ariv
- 4:24 pm Candle Lighting

Shabbos, Saturday, November 26

- 9:00 am Shachris followed by Musaf
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Rabbi Chaim Bogopulsky**
 - Leyning: **Rabbi Chaim Bogopulsky**

Haftorah: **Kenny Bressler**
Sermon: **Rabbi Chaim Bogopulsky**
Musaf: **Eli Szus**

- 10:00 am Kids' Program (downstairs)
- 10:15 am "Soul Building" with Rabbi Yosef David (downstairs)
This week's topic: "The Fox and the Sour Grapes: Dealing with Setbacks"
- 4:10 pm Mincha, Shalosh Seudos, Ma'ariv
- 5:26 pm Shabbos concludes



Minyan Times Nov 24 – Dec 3, 2022

	Thu Nov 24*	Fri Nov 25*	Shabbos Nov 26	Sun Nov 27	Mon Nov 28	Tues Nov 29	Wed Nov 30	Thu Dec 1	Fri Dec 2	Shabbos Dec 3
Shachris (am)	8:00	8:00	9:00	8:00	7:00	7:00	7:00	7:00	7:00	9:00
Mincha/Ma'ariv (pm)	4:20	4:20	4:10	4:20	4:20	--	--	--	4:20	4:10
Ma'ariv Only (pm)	--	--	--	--		7:00**	7:00**	7:00**	--	--

*Rosh Chodesh Kislev **Join us at 6:50 pm for a 10-minute *Shiur* (class) on Kitzur Shulchan Aruch

Gemara (Talmud) Learning at NHBZ, Weekday Mornings, 6:15 am

Start your day off right with Gemara learning at NHBZ! Join **Rabbi Chaim Bogopulsky** every weekday morning at 6:15 am to dive into the wisdom of the Gemara. Fresh, hot coffee provided. Please stay for Shachris, following the class.

Congregation News

Mazel Tov on Simchas This Week! Nov 27 – Dec 3, 2022

Happy Birthday

Sandy Greenberg	Nov 27
Shirley Hollander	Nov 27
David Reisler	Dec 1
Gail Rose	Dec 2
Menachem Szus	Dec 2



Happy Anniversary

Leonid & Stella Vladimirov Dec 3

Events

Coming Soon

- Sunday, November 27, 5 pm – Lion's Den All-You-Can-Eat Dine-In Pizza Night
- Shabbos, December 2 – Shabbos Dinner at NHBZ (RSVP by Nov. 30) (See flyer)
- Sunday, December 25, 4:30 pm – SAVE THE DATE! NHBZ's Fabulous Chanukah Party

On-Going

- Every Weekday, 6:15 am – Gemara learning with Rabbi Bogopulsky
- Every Shabbos – Shabbos Morning Kids' Program, 10:00 am (downstairs)
- "Soul Building" with Rabbi David, 10:15 am
- Sunday Mornings, after Shachris – Mishna learning with Rabbi Swidler
- Mondays, 8:00 pm – St. Louis Kollel Amud-A-Week
- Tuesdays, 12:15 pm – "Journey through the Chumash" with Rabbi Bogopulsky
- Wednesdays, 12:15 pm – Pirkei Avos / Ethics of the Fathers with Rabbi Smason
- Mondays – Thursdays, 3:00 pm – Book of Kings: An On-line Class with Rabbi Smason
- Tuesdays – Thursdays, 6:50 pm – Kitzur Shulchan Aruch with Rabbi Bogopulsky

Chanukah Is Coming! Let's PARTY!, Sunday, December 25, 2022, 4:30 – 7:30 pm

Chanukah is coming, and NHBZ is planning its (can't miss!)
CHANUKAH PARTY!!

We will have FOOD, FUN, BINGO FOR ALL AGES and PRIZES!

Save the date and plan to join the party! See flyer for details.

Volunteers and sponsors very much appreciated!



Journey through the Chumash, Tuesdays at 12:15 pm

It's never too late to join! **Rabbi Chaim Bogopulsky** guides us on a journey through the Chumash! We started on Day One of Creation. Class meets downstairs in the Feigenbaum-Pepose Multipurpose room, every Tuesday at 12:15 pm. Please join us on this amazing journey of learning.

New Shiur* - Kitzur Shulchan Aruch, Tuesday - Thursday, 6:50 pm (followed by Ma'ariv)

Join **Rabbi Chaim Bogopulsky** and invest a few minutes to expand your understanding of Halacha/Jewish Law. Ten minutes of learning, conveniently scheduled right before Ma'ariv.

*Shiur (SHee'-oor) [*noun*] "A Talmudic study session, usually led by a Rabbi."

GLOW OF SUCCESS: The Return of Synaplex Shabbat

What a GREAT turnout! With special thanks to our speakers, **Rabbi Chaim Bogopulsky**, **Rabbi Chesky Freund** and **Nathan Cohen**, we had thought-provoking and inspiring breakout sessions.

Additional thanks to those who organized and planned the event, as well as the anonymous "behind the scenes" folk who prepared the lunch and flyers and tended to all the other details!

Watch the NHBZ Weekly News for the next Synaplex Shabbat! You won't want to miss it!

The Four Questions

Let's get to know:

CRAIG FEENBERG

Born in Michigan, then moved to Florida at the age of 10. Craig took a teaching job in St. Louis, and soon after found his REAL life purpose: Marsha, who became his wife six months later. Craig loves hiking in the Rockies and the Alps as well as travelling and playing drums. Luckily, Marsha packs a good suitcase and plays a mean tambourine.

The Questions:

1. **Who is your favorite Torah personality and why?**

A: "Baal Shem Tov said 'the ability to be joyous by seeing the good and joyous within every experience should be a biblical command.' For me, with joy you can go out and forget your afflictions and problems. This is a work in progress for me."

2. **What is your favorite snack food?**

A: "Hard sourdough pretzels."

3. **What are three words you use to describe yourself?**

A: "Empathetic, ethical, appreciative."

4. **What inspires you?**

A: "All the opportunities available to me for the purposes of my spiritual growth."



Thank you, Craig! Who will we meet next?

In the Community

- **MOScholars Tax Credit Program, December 5, 2022 deadline**

Everyone is urged to take advantage of the 2022 MOScholars tax credit program to support our local Jewish Day schools! If you pay Missouri State Tax, you are eligible to help this cause **without it costing you a penny**. The process is simple and takes less than a minute to fill out: You purchase a credit online, pay for it, and then give the credit to your tax person - the amount is deducted from your tax liability at tax time. Speak to Hillel Anton to learn more about how it works and how to join before the Dec. 5 deadline. 314-200-5781 hanton@agudahmo.org

- **St. Louis Jewish Community Blood Drive, Sunday, January 8, 2023**

SAVE THE DATE! The Annual St. Louis Jewish Community Blood Drive will take place at Congregation Young Israel on Sunday, January 8, 2023, 10 am – 4 pm. Please plan to participate in this life saving Chesed.

Lion's Den All You Can Eat Pizza Night, This Sunday, Nov. 27, 5 - 7pm

All you can eat Pizza Night (with movies for the kids!) is THIS SUNDAY, November 27, 2022. Food and fun for the whole family!

Adults \$15; Kids 4-10 \$7; Kids 3 and under FREE! See flyer for details.

Everyone, come and eat!



Learning at NHBZ

- **Gemara Learning with Rabbi Bogopulsky**, Weekdays, 6:15 am
Dive into the wisdom of the Gemara. Start your day off right!
- **“Journey through the Chumash” with Rabbi Bogopulsky**, Tuesdays, 12:15 pm
Take an amazing journey of learning! Step by step, we will explore the Chumash.
- **Pirkei Avos / Ethics of the Fathers with Rabbi Smason**, Wednesdays, 12:15 pm
Feed your soul 45 minutes of spiritual nourishment from the timeless wisdom of our Sages, full of relevant, contemporary insights and lessons. Low-calorie, gluten free, and refreshing!
- **Book of Kings with Rabbi Smason**, Monday-Thursday, 3:00 pm (On Zoom!)
An online class providing an exciting and informative look into the lives of Israel's early kings and prophets. Thirty-minute sessions on Zoom. Join class via this link: <https://us04web.zoom.us/j/78974795850?pwd=tw7lIOVumZ8QelPxHvApYZsox8VUem.1>
- **Kitzur Shulchan Aruch with Rabbi Bogopulsky**, Tuesday-Thursday, 6:50 pm
Invest a few minutes (right before Ma'ariv!) to expand your understanding of Halacha/Jewish Law.
- **“Soul Building” Series**, Every Shabbos, 10:15 am
Rabbi Yosef David teaches ways to deepen our understanding. This week's topic: “The Fox and the Sour Grapes: Dealing with Setbacks”

Parshas Toldos

The Torah's statement in Parshas Toldos that "Yitzchak prayed across from (lenochach) his wife" raises several questions.

Rabbi Eliyahu Mizrachi asks: How could Yitzchak pray in front of Rivka? He would seem to be praying not to G-d but to his wife. The Maharal of Prague raises the issue of his being distracted by his wife. Furthermore, why would Yitzchak need to pray across from his wife? Does G-d need Yitzchak to point out Rivka?

Rashbam answers that Yitzchak prayed for his wife-about her, but not necessarily in her presence. He did not pray at or to her. Seforno and Redak maintain that Yitzchak simply stood across from her when he prayed. Redak claims that he did so in order to stir his emotions as he prayed. Just as visiting the sick stimulates one's compassion to pray for them, so too did Yitzchak feel that by being in the presence of Rivka he would feel more compassion for her and pray with more devotion.

We are always encouraged to pray for all Jews; there are hardly any prayers, in fact, that are just for an individual. This fits well with the notion that prayer replaces the communal sacrifices brought in the Temple. The daily sacrifice was brought on behalf of all Israel. We too should pray for all of Israel together. However, we also are taught that prayers were instituted by our Forefathers, centuries before the Temple. This conception of prayer addresses the need for individual prayer for individual circumstance.

Jewish prayers emphasize the community over the individual. Our overriding concerns for the Jewish People and the State of Israel often distract us from the needs of the individual. Our challenge is to maintain our interest and concern for the individual within our universal and broader concerns. We have to continue to be concerned with our own personal needs and the personal needs of others, and not get lost in broad generalities. We cannot allow our communally oriented prayers to distract our heartfelt concerns for those who are *nochachim*, who stand opposite us in our own families.

We must follow the advice of the Talmud, which states, "One who has a sick person in his home, says [a prayer for him] in the blessing for healing." We need to add our own private prayers to our communal prayers and we must never shy from pleading the case of the individual within the context of the community.

Rabbi Joel Finkelstein

Anshei Sphard-Beth El Emeth Congregation in Memphis, Tennessee



THE SISTERHOOD SCOOP NOVEMBER 26



Volume 5

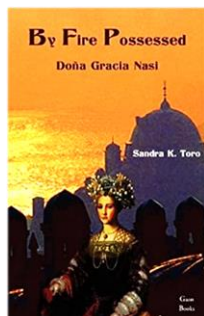
Number 46

2 Kislev 5783

November 26, 2022

NHBZ Book Club News

The next book club meeting will be **Mon., Dec. 5**, at the home of **Vivian Zarkowsky**. The book selection is ***By Fire Possessed: Dona Gracia Nasi***, by Sandra Toro, a historical novel about the life of Doña Gracia Nasi, the intelligent and strong Jewish woman who saved thousands of Sephardic Jews from the Inquisition in the 16th Century.



The Book Club usually meets on the **fourth Monday of odd-numbered months** at 7:15-8:45 PM. The first meeting in 2023 will be **Jan. 23**. The book is ***Israel: A Simple Guide to the Most Misunderstood Country on Earth*** by Noa Tishby. The March meeting will be **March 27** and the book is: ***The Lost Shtetl: A Novel***, by Max Gross. **All women are welcome!** For more information, contact **Fran Alper** at 314-993-4024 or fran.alper@outlook.com or sisterhood@nhbz.org.

ATTN: All Women of NHBZ

"In this lies the true power of the Jewish woman: first, to possess the innate feminine qualities of deep insight, long-term vision, and seeing beyond the surface to a deeper reality. And second, to have the wisdom and courage to act upon it. In this way, each and every Jewish woman, in large and small ways, can truly change Jewish destiny."

—**Dina Coopersmith**, Jerusalem-based Jewish educator and International lecturer, www.aish.com

HAPPY THANKSGIVING!



Grab the Opportunity

And Eisav said, "Look, I am going to die, so of what use to me is the birthright?" ...And Eisav spurned the birthright. (Gen. 25:32)

Eisav came home from the field exhausted and noticed Yaakov cooking up a stew. "Pour some of that red stuff down my throat for I am starving", Eisav exclaimed. Yaakov replied, "I'll sell it to you for the birthright." Eisav said, "Look I am going to die, so of what use to me is the birthright?" After he sold the birthright to Yaakov, the verse tells us that Eisav looked at the birthright with disdain.

Rashi explains that Eisav feared the birthright since he knew that the birthright entailed responsibilities such as performing the service in the Holy Temple, and if there were any shortcomings in his performance he could be punished with death. If so, why was he considered to have treated the birthright with disdain by selling it? On the contrary, he was showing the importance of the birthright and the dignity in which the service must be conducted!?

In the course of life, G-d "throws" us many opportunities which can make us greater. He gives us an opening to start a great project or a position where we can influence and elevate others. The Torah is telling us not to let these opportunities slip away. Don't say, "It's too hard for me," or "I'll do it tomorrow..." Eisav had the opportunity to do the service of the birthright and gave it up. The Torah considers the passing up of such an opportunity a disgrace! When an opportunity comes your way - grab it, and enjoy the ride to greatness! --by **Rabbi Eli Scheller**, www.aish.com

Sisterhood is gearing up for 2023 and we need YOU!

To prepare for 2023, Sisterhood will soon hold an open planning meeting to discuss the best ways for Sisterhood to proceed in its mission and activities for the coming year. Do you have ideas for a holiday activity, a Chesed project, or an education program? What activities would you like to see **your NHBZ Sisterhood** conduct?

We need YOU, your ideas, and your energy. Join us to meet, learn, reconnect, and share ideas, as we plan for 2023 and beyond. All interested women will be invited to attend. **Watch your email for the meeting date, time, and further details.** For questions email: sisterhood@nhbz.org



Sunday, Nov 27th • 5:00-7:00 pm

Dine-In Buffet • Adults: \$15.00 ~ Kids 4-10: \$7.00 ~ Kids 3 & under: FREE

Cheese is Cholov Yisroel; pareve crusts available upon request. All food under the supervision of Rabbi Chaim Bogopulsky

NHBZ.ORG

314-991-2100

*Nusach Hari
B'nai Zion*

EAT ... EAT! IT'S KOSHER!

The Lion's Den Pizza Night

ALL YOU CAN EAT BUFFET

Includes Pizza, Pasta, Salad and Garlic Bread plus a Dessert and a Beverage

Returns!

**I know You know
what's good!**

We accept credit cards at

NHBZ PIZZA NIGHT

**You know
what's Good?**

NHBZ PIZZA NIGHT

**If you know
what's good
... it's**

NHBZ PIZZA NIGHT



Shabbat Dinner!

At NHBZ - December 2nd, 2022

650 NORTH PRICE ROAD • ST. LOUIS, MO 63132 • 314-991-2100 • EMAIL: OFFICE@NHBZ.ORG • WWW.NHBZ.ORG

*Kaballat
Shabbat!*



SCAN THE QR CODE WITH YOUR PHONE TO RSVP:

Friday Night Services: 4:20 PM
And Delicious Shabbat Dinner
Immediately Following (approx: 5:15)

Chef Norma Rubin will be preparing the Shabbos meal.
Cost: \$25 for adults • \$12 for children (4-10 years old)
Free for ages 3 and under. RSVP by November 18th.

650 NORTH PRICE ROAD • ST. LOUIS, MO 63132 • 314-991-2100 • EMAIL: OFFICE@NHBZ.ORG • WWW.NHBZ.ORG



JOIN US FOR A FAMILY Chanukah Party!

Sunday December 25th, 2022
4:30 - 7:30 pm

**Kids Games - Prizes
& Chocolate**



**Bingo For all Ages!
Gelt For all!**

An Evening of FUN!



SLOPPY JOES, HOT DOGS & MORE!

Way Cool Balloons by Mike Geerlof



Adults-\$15 • All Kids under 10 - \$9 • 3 and under no charge • \$60 Family cap



PLEASE RSVP BY DECEMBER 12

SCAN QR CODE WITH YOUR PHONE AND RSVP THROUGH OUR LINK.





Rose Ragin Chesed Fund

Supporting our Members

What is the Rose Ragin Chesed Fund?

The fund provides for acts of chesed (lovingkindness) to support lifecycle events of NHBZ members, such as...



**Shiva trays
for mourners**



**Gifts for
newborns**



**Meals for
the sick**

How can I contribute to the Rose Ragin Chesed Fund?

- buy Rose Ragin Chesed cards and Purim Cards
- buy 'onesies' for a baby
- make a donation to the Rose Ragin Chesed Fund
- watch for upcoming special fund-raising campaigns

How else can I help?

Call Nancy in the NHBZ Office – 314-991-2100, ext. 2, to...

- notify her about someone who is in need of chesed
- have a misheberach said for someone
- volunteer for the Chesed Committee

Purchase a **pack of 5** Rose Ragin Chesed cards – **\$25 minimum donation**.
Keep some handy to send out whenever you'd like. It's a great way to
honor a simcha, remember a loved one, or acknowledge anything at all.

314-991-2100, ext. 2