



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

December 10, 2022 • 16 Kislev 5783 • Candle Lighting 4:21pm • Shabbos Concludes 5:25pm

Parshas Vayishlach
Haftorah

Genesis 32:4 – 36:43
Obadiah 1:1 – 21

Chumash pp. 171 – 197
Chumash pp. 1141 – 1142

We thank our generous sponsors

- **Irwin & Arlene Fredman** for this week's NHBZ Weekly News in memory of beloved mother, **Henrietta Fredman^{a"n}**

Prayer

Shabbos, Friday, December 9

- 4:15 pm Mincha, Kabbalat Shabbat, Ma'ariv
- 4:21 pm Candle Lighting

Shabbos, Saturday, December 10

- 9:00 am Shachris followed by Musaf
Pesukei D'Zimra: **Howard Sandler**
Shacharis: **Mateo John**
Leyning: **Stuart Klamen**
Haftorah: **Rabbi Ze'ev Smason**
Sermon: **Rabbi Chaim Bogopulsky**
Musaf: **Alan Haber**
- 9:00 am "Father/Son Minyan" (Chapel downstairs)
- 10:00 am Kids' Program (downstairs)
- 10:15 am "Soul Building" with Rabbi David (downstairs)
This week's topic: "Leadership Means Taking Responsibility"
- 4:10 pm Mincha, Shalosh Seudos, Ma'ariv
- 5:25 pm Shabbos concludes



Minyan Times Dec 9 – Dec 17, 2022

	Fri Dec 9	Shabbos Dec 10	Sun Dec 11	Mon Dec 12	Tues Dec 13	Wed Dec 14	Thu Dec 15	Fri Dec 16	Shabbos Dec 17
Shachris (am)	7:00	9:00	8:00	7:00	7:00	7:00	7:00	7:00	9:00
Mincha/Ma'ariv (pm)	4:15	4:10	4:20	4:20	--	--	--	4:20	4:10
Ma'ariv Only (pm)	--	--	--		7:00*	7:00*	7:00*	--	--

*Join us at 6:50 pm for a 10-minute *Shiur* (class) on Kitzur Shulchan Aruch

Monthly Father/Son Teen Minyan **First Minyan** This Shabbos, December 10, 2022



We are proud to introduce a Father/Son Teen Minyan! This once monthly Shabbos Minyan will meet in the Chapel downstairs at 9:00 am.

Rabbi Chaim Bogopulsky will lead the Minyan. Kiddush to follow! Please contact Rabbi Bogopulsky with any questions or if you would like to lead davening, leyning, or read the Haftorah.

Congregation News

Mazel Tov on Simchas This Week! Dec 11 – Dec 17, 2022

Happy Birthday

Faye Cohen McCary	Dec 11	Sheera Tzadok	Dec 12
David Porter	Dec 11	Rodney John	Dec 15
Chiyya Smason	Dec 12	Sandra Abrams	Dec 16



Events

Coming Soon

- Shabbos, Dec 10 – Kiddush/Lunch to celebrate the new Father/Son Minyan
- Shabbos, Dec 17 – Smason/Taylor Auf Ruf Luncheon (See below)
- Shabbos, Dec 24 – Taylor Sheva Brachos Luncheon (See below)
- Sunday, Dec 25 – NHBZ's Fabulous Chanukah Party (6 – 8:30 pm)
- Shabbos, Dec 31 – SAVE THE DATE: Yosef Granillo Bar Mitzvah
- Shabbos, Jan 7, 2023 – SAVE THE DATE: Benjamin Winograd Bar Mitzvah
- Sunday, Jan 8, 2023 – SAVE THE DATE: Exclusive NHBZ Tour of the St. Louis Kaplan Feldman Holocaust Museum (See flyer)

On-Going

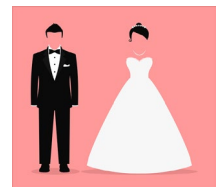
- Every Weekday, 6:15 am – Gemara (Talmud) learning with Rabbi Bogopulsky
- Every Shabbos – Shabbos Morning Kids' Program, 10:00 am (downstairs)
- Sunday Mornings, after Shachris – "Soul Building" with Rabbi David, 10:15 am
- Mondays, 8:00 pm – Mishna learning with Rabbi Swidler
- Tuesdays, 12:00 pm – St. Louis Kollel Amud-A-Week
- Wednesdays, 12:15 pm – "Journey through the Chumash" with Rabbi Bogopulsky
- Mondays – Thursdays, 3:00 pm – Pirkei Avos / Ethics of the Fathers with Rabbi Smason
- Tuesdays – Thursdays, 6:50 pm – Book of Kings: An On-line Class with Rabbi Smason
- Kitzur Shulchan Aruch with Rabbi Bogopulsky

LOVE IS IN THE AIR! Shabbos, December 17 and Shabbos, December 24, 2022



COME ONE! COME ALL!! CELEBRATE THE JOY!

The NHBZ Family celebrates the Smason/Taylor simcha (Dodi Smason is getting married!). Everyone is invited to join **Rabbi Ze'ev & Chani Smason and family** for Zack's *Auf Ruf* and lunch on Shabbos, December 17, 2022.



The celebration continues at the Sheva Brachos and lunch on Shabbos, December 24, 2022.

Granillo Bar Mitzvah Friday, December 30 and Shabbos, December 31, 2022



“With gratitude to HaShem, the Granillo family invites you to Yosef Granillo’s Bar Mitzvah on Shabbos, December 31, 2022. In addition, we invite the men of NHBZ to share their life’s advice to the newly minted adult at a “*tish*” immediately following *Shachris* services on Friday, December 30, 2022.

Kindly RSVP to hellogranillo@gmail.com or hehadahat2009@gmail.com.”

~ Carole Granillo

Chanukah Is Coming! Let’s PARTY! Sunday, December 25, 2022, 6:00 – 8:30 pm

Chanukah is coming, and NHBZ is planning its (can’t miss!) CHANUKAH PARTY!!

We will have FOOD, FUN, BINGO FOR ALL AGES and PRIZES!

Save the date and plan to join the party! See flyer for details.

Volunteers and sponsors very much appreciated!



A Message from our President and Rabbi Support for the Aish Annual Fundraiser

Once a year we have a formal but great opportunity to express our personal gratitude to Aish and its Rabbis. Aish St. Louis lives and breathes its mission to inspire each member of the St. Louis Jewish community regardless of affiliation, level of observance or knowledge, to personally experience, explore, and share the beauty and wisdom of our Jewish heritage.

We at NHBZ should be particularly grateful to Rabbi David for coming to NHBZ to run his “Soul Building” class at 10:15 each Shabbat, his holding Learners Services on Rosh Hashanah and Yom Kippur, and Mimi David’s presentations on the second day of Rosh Hashanah.

Starting at 3 pm on Sunday, December 11 and through 3 pm on Monday December 12, Aish St. Louis will launch its annual Charidy campaign. Aish has no “members” or “dues.” It is 100% dependent on donors like you. The Charidy campaign is the once a year online and real-time opportunity for anyone who supports what Aish does or what it stands for to show that support.

The 24-hour Charidy campaign comes and goes so fast that it really does require a bit of focused attention on all of our parts. On December 11 you should receive an email with the donation page link. Aish needs our financial support - please consider contributing!

Aish St. Louis is a gem, not just for the entire St. Louis Jewish Community, but more specifically for all of us here at NHBZ. Aish needs your financial support to continue to provide the high quality and personal programming it is known for. Please mark December 11-12 on your calendar for the Aish St. Louis Charidy event and join in supporting Aish St. Louis.

~ Kenneth Bressler, President and Rabbi Chaim Bogopulsky

NHBZ Tributes for November, 2022

IN MEMORY OF

Oreon Sandler

Libby Sorkin Routman
Ed & Helayne Levitt
Irwin & Arlene Fredman
Michael & Charlene Kass
Daniel & Marcela Morgensztern
Anthony & Carole Granillo
Rachael Pevnick & Family
Lawrence & Marjorie Buxner

Pamela Feigenbaum (on her Yahrzeit)

Daniel & Marcela Morgensztern

Nina Grace Levine (on her Yahrzeit)

David, Norma & Yitzchak Rubin

Rachael Citrin

Barbara Morris

IN HONOR OF

Rabbi Ze'ev Smason

Harvey Schneider

Alan Haber (for Eruv service)

Rachael Pevnick

HAPPY 100TH BIRTHDAY TO

Leo Bressler

Eliot & Sally Katz

NHBZ Giving & Dedication Opportunities

Giving to Nusach Hari B'nai Zion provides you with an opportunity to fulfill the important mitzvah of contributing tzedakah (charity). We offer many ways to say Mazel Tov to relatives and friends in honor of simchas celebrated, or to remember loved ones by making a dedication in their memories.

Contributions & Dedications for Building & Campus

To receive information on the many naming and dedication opportunities, please call our office, 314-991-2100, ext. 2.

Inscribed Bricks/Pavers & Plantings

\$250.00 for 4"x8" inscribed Brick/Paver; \$500.00 for 8"x8" inscribed Brick/Paver

Tree of Life – In the Alper Lobby

\$360.00 Minimum per Brass leaf inscribed, in memory of or in honor of a special person(s) or occasion.

Cast Iron Memorial Plaques – In the Feigenbaum-Pepose Learning Center

\$360.00 Bronze Plaque - name in raised lettering. Molay is recited on each yahrzeit.

Kaddish

Important mitzvos to be observed in memory of relatives or dear friends.

\$360.00 Kaddish recited daily for eleven months after the passing of the individual.

\$360.00 Kaddish recited each yahrzeit in perpetuity.

Book Funds – Dedications Inscribed

\$60.00 Nusach Hari Daily Siddur

\$75.00 Artsroll – Stone Edition Chumash

\$60.00 each Rosh Hashana & Yom Kippur Machzorim

Shabbos Bulletin Sponsorship

\$54 includes your specified dedication listed in the Bulletin

Call or email the office, 314-991-2100, ext. 2 or office@nhbz.org

Tributes – Honor Simchas, Wishes for Good Health, Condolences

Call or email the office, 314-991-2100, ext. 2 or office@nhbz.org

\$10 donation per card; \$25 pack of 5 cards. We have "In memory...", "In honor ...", Speedy Recovery, and Rose Ragin Chesed Fund* cards. (*Sold only in packs of 5)

Kiddush Sponsorship – Defrays Costs of Shabbos & Yom Tov Kiddushim

Please call our office for menu selections and pricing, 314-991-2100, ext. 2.

NOTE: Please note that the above prices, effective December 2022, are subject to change.

Exclusive NHBZ Tour of the St. Louis Kaplan Feldman Holocaust Museum

Sunday, January 8, 2023 at 10:00 am

Please join us for an exclusive NHBZ tour of the new museum with your fellow congregants from NHBZ! The tour should take approximately 2 hours. \$12 for adults, \$10 for seniors (65 and up!).

RSVP by using the handy QR Code, or go to

<https://www.nhbz.org/event/nhbz-private-tour-of-st-louis-kaplan-feldman-holocaust-museum/>. Please contact the Office for payment. See flyer on page 7 for full details.



The Four Questions

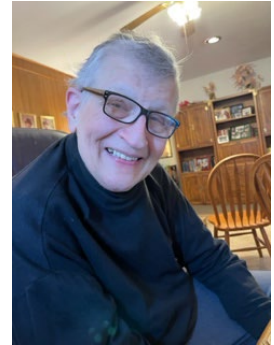
We get to learn more about:

IRWIN FREDMAN

"My wife Arlene and I have been married over 57 years. We have been members of Nusach Hari for over 50 years. I write poetry now and then, and I read at least 100 books a year!"

The Questions:

1. **Who is your favorite Torah personality and why?**
A: "Pinchas/Eliyahu because he, like me, was a *Cohain*. He cared about the Jewish people and rumor has it, he lived forever."
2. **What is your favorite snack food?**
A: "Hot fudge sundae."
3. **What are three words you use to describe yourself?**
A: "Friendly, honest and tenacious."
4. **What inspires you?**
A: "My grandkids!"



Thank you, Irwin! 100 books a year?!? WOW.

In the Community

● **Pre-Chanukah Donut Decorating December 10, 2022**

Second Annual "Chanukah Flames – See the Light" donut decorating event for GIRLS (1st through 6th grades). Chanukah inspiration by **Mrs. Mimi David** and donut decorating led by **Sabrina Gornish**. RSVP to yfarkas@stlkollel.com, and see flyer for complete details.

● **The Harvey Kornblum Jewish Food Pantry Needs Our Help**

Donations of food or money are greatly appreciated! Some items needed for January include: canned chili or pasta with meat; kosher, non-perishable foods; healthy canned soups; any canned fruit; peanut butter and jelly... and the list goes on! Please consider donating to this important community service. <https://ifsstl.org/get-help/our-services/food-pantry/>

● **St. Louis Jewish Community Blood Drive, Sunday, January 3, 2023**

SAVE THE DATE! The Annual St. Louis Jewish Community Blood Drive will take place at Congregation Young Israel on Sunday, January 8, 2023, 10 am – 4 pm. Please plan to participate in this life saving Chesed.

Learning at NHBZ

Parashas Vayishlach

Parashas Vayishlach begins with Yaakov anticipating an attack from his brother Eisav and preparing for this confrontation in three ways. First, Yaakov sends Eisav gifts of goats, ewes, rams and camels, hoping that this elaborate gesture will placate his brother's jealousy and hatred. Yaakov goes so far as to specify the exact words of greetings his messengers are to say to Eisav on his behalf. Next, Yaakov prays. He cries out to G-d, "Rescue me, please, from the hand of my brother, from the hand of Eisav, for I am afraid, lest he come and strike me down, mother and children." Last, Yaakov sends half his family across the Yabbok River reasoning that "if Eisav comes to one camp and smites it, the camp that is left will escape." Yaakov does not count on goodwill or his Divine merits to deliver him. In addition to praying and placating, he splits the camp. He does everything in his power to save his children and family.

After making these arrangements, "Yaakov was left alone and wrestled with a man there until the break of dawn." The Midrash identifies this "man" as the archangel of Eisav, who dislocates Yaakov's right thigh in the scuffle. The Talmudic Sage Rav Yehoshua ben Levi states that this cosmic confrontation between Yaakov and the angel of Eisav kicked up a dust storm that reached all the way up to the Divine throne. How did this angel appear to Yaakov? Rav Shmuel ben Nachman, explains that he appeared in the guise of a heathen. The halacha states that a Jew who is joined by a heathen on the road should make sure that the heathen is to his right side, so that if the heathen attacks him, the Jew will be able to ward him off with his stronger hand. Hence, Yaakov's right side was closest to the angel and his right hip was dislocated by him. Rav Shmuel ben Acha, recording the opinion of Rabba ben Ulla, disagrees. The angel appeared to Yaakov in the guise of a scholar, he maintains. The law is that whoever walks to the right of his teacher is considered ignorant. Hence, Yaakov-having assumed the man was a scholar-positioned himself to the left of the angel.

What impelled our Sages to describe the appearance of this angel? What difference does it make? What lesson does it impart to us, the grandchildren of Yaakov? Historically, Jews have had to contend with two very different types of threats to our survival. One is the brute force of a heathen, when our enemies seek to wrestle us to the ground. In such moments, we must defend ourselves to protect Jewish lives. At other times, however, our enemies threaten us not with physical attacks, but with spiritual ones. These bombardments come from so-called enlightened individuals, who attack the beliefs and practices of Torah Judaism with sarcasm and ridicule. They kick up a storm of confusion and doubt in the minds of the children of Yaakov. This is the other face of Eisav, the one that poses as a scholar and attempts to wrestle the Jew, intellectually and emotionally, to the ground.

We, Yaakov's descendants, have wrestled and continue to wrestle with both of these dangers – from without and from within – through the long, dark night of exile. Our response, like that of our forefather Yaakov, must be threefold. We must take the high road and, while maintaining our integrity and principles, make appropriate gestures toward Eisav. At the same time, we must strategize within our own camp to fend off the attacks – both overt and insidious – of secular society. We do not live in a vacuum. We exist in this world and in its cultures. But we must nevertheless maintain our unique identity and treasure our unique values. We must "split the camp" and live in this world while simultaneously remaining apart. And we must pray. We must pray for ourselves and for our children, for our community and for the greater community of Klal Yisrael, for those who observe and for those who do not yet observe. Ultimately, our fate rests in the Hands of our Creator, and we must turn to Him to bring an end to our exile and redeem us, finally and completely, from all the angels of Eisav.

Rabbi Yehoshua S. Hecht

Beth Israel Synagogue in Westport-Norwalk, Connecticut

- **Gemara Learning with Rabbi Bogopulsky**, Weekdays, 6:15 am
Dive into the wisdom of the Gemara (Talmud). Start your day off right!
- **“Journey through the Chumash” with Rabbi Bogopulsky**, Tuesdays, 12:00 pm
Take an amazing journey of learning! Step by step, we will explore the Chumash.
- **Pirkei Avos / Ethics of the Fathers with Rabbi Smason**, Wednesdays, 12:15 pm
Feed your soul 45 minutes of spiritual nourishment from the timeless wisdom of our Sages, full of relevant, contemporary insights and lessons. Low-calorie, gluten free, and refreshing!
- **Book of Kings with Rabbi Smason**, Monday-Thursday, 3:00 pm (On Zoom!)
An online class providing an exciting and informative look into the lives of Israel's early kings and prophets. Thirty-minute sessions on Zoom. Join class via this link:
<https://us04web.zoom.us/j/78974795850?pwd=tw7lIOVumZ8QeIPxHvApYZsox8VUem.1>
- **Kitzur Shulchan Aruch with Rabbi Bogopulsky**, Tuesday-Thursday, 6:50 pm
Invest a few minutes (right before Ma'ariv!) to expand your understanding of Halacha/Jewish Law.
- **“Soul Building” Series**, Every Shabbos, 10:15 am
Rabbi Yosef David teaches ways to deepen our understanding. This week's topic: “Leadership Means Taking Responsibility”

NUSACH HARI B'NA ZION • 650 NORTH PRICE ROAD • ST. LOUIS MISSOURI 63132



**Join Us For An
EXCLUSIVE TOUR!**

**Please join us for an exclusive NHBZ tour
of the new Holocaust Museum.**

Sunday, January 8th, 2023

**We will meet at the museum at 10:00 AM.
The tour should take approximately 2 hours.**

COST: \$12.00 for Adults. \$10.00 for Seniors (65 and older)
RSVP: By Thursday, December 15, 2022. Scan the QR-Code
to make reservations for this exclusive NHBZ guided tour.
Or email: (office@nhbz.org) Or call to register at 314-991-2100 Ext:2.



Questions: Contact Jesse Barash
(jessejbarash@gmail.com)
or call 636-299-0882.



THE SISTERHOOD SCOOP DECEMBER 10



Volume 5

Number 48

16 Kislev 5783

December 10, 2022



SO MANY
BOOKS;
SO LITTLE
TIME

Book Club Plans for 2023

Many thanks to **Vivian Zarkowsky** for hosting the Book Club on December 5. And thanks to **Joyce Hochberg** for leading the lively discussion of the powerful and dramatic historical novel **"By Fire Possessed: Dona Gracia Nasi,"** by Sandra Toro.

The Book Club meets at 7:15-8:45 PM on the **fourth Monday of odd-numbered** months.

The scheduled Book Club selections starting January 2023 are as follows:

☆ **January 23 – Israel: A Simple Guide to the Most Misunderstood Country on Earth** - by Noa Tishby

☆ **March 27 – The Lost Shtetl: A Novel** - by Max Gross

☆ **May 22 – The Watchmakers: A Story of Brotherhood, Survival, and Hope Amid the Holocaust** - by Harry Lenga and Scott Lenga

SAVE THE DATE ☆ SAVE THE DATE ☆ SAVE THE DATE

All women are welcome! For more info contact **Fran Alper** at 314-993-4024 or fran.alper@outlook.com or sisterhood@nhbz.org

VAYISHLACH: Friends. Forever?

"Rescue me, please, from the hand of my brother, from the hand of Eisav." (32:12)

Yaakov was on the road travelling when he received the message that his brother Eisav was heading towards him with 400 men. A frightened Yaakov prays to G-d, "Rescue me, please, from the hand of my brother, from the hand of Eisav." Why did Yaakov repeat himself in describing Eisav? He should have said, "Rescue me from Eisav," or "Rescue me from my brother." What was the purpose of using both terms?

Yaakov's fear was two-pronged. He was afraid that "Eisav" would act with enmity and threaten his physical survival. He also feared the spiritual danger of greeting Eisav as his brother. He feared that Eisav would have a negative influence on his family if they ended up making peace. He therefore prayed to G-d to save him from both outcomes.

Remarkably, Yaakov prayed for his spiritual well-being before he prayed to be saved from physical danger! He was more concerned over the negative influence that Eisav may have on him than he was concerned for his life! [Bais Halevi]

By nature, people adapt their behavior to their surroundings; they begin to think and act like their neighbors. Hence, it is imperative that one keeps distance from evil people, while befriending righteous people and emulating them. [Rambam]

– **Rabbi Eli Scheller**, www.aish.com

Sisterhood is gearing up for 2023 and we need YOU!

To prepare for 2023, Sisterhood will soon hold an open planning meeting to discuss the best ways for Sisterhood to proceed in its mission and activities for the coming year. Do you have ideas for a holiday activity, a Chesed project, or an education program? What activities would you like to see **your NHBZ Sisterhood** conduct? We need YOU, your ideas, and your energy. Join us to reconnect, learn, and share ideas, as we plan for 2023, and beyond. All interested women will be invited to attend.

Watch this page and your email for the meeting date, time, and details.

For questions email: sisterhood@nhbz.org



**"Ease destroys bravery;
trouble creates strength."**

– **Maimonides**, Guide for the Perplexed 3:24

BACK FOR A SECOND YEAR!

Pre-Chanukah Donut Decorating!

"CHANUKAH FLAMES- SEE THE LIGHT"

Chanukah Inspiration from Mrs. Mimi David

*Donut decorating led by **Sabrina Gornish***

*with New
Flavors!*

Motzei Shabbos | December 10 | 8:15 PM
At Torah Prep Girls School Gym

\$10 per child | \$12 per adult

RSVP to yfarkas@stlkollel.com
by **December 1st** – For a
chance to win your own
donut maker!

WAFFLE BAR!

**SPECIAL SIMULTANEOUS
GIRLS* PROGRAM!**

1st-6th grade

*Dancing
& Donuts*

Girls program led by
HADASSAH BROWN

**Girls program is only for
daughters of adult participants*



On December 11

Kindle *the*
Flame

aish **St Louis**
FIRE OF THE TORAH

AishInspires.com

**Our 36-Hour Matching Campaign
starts this Sunday at 10:00 am. Help
us raise \$250k for Jewish Education.**

**Due to a group of generous matchers,
each dollar you donate will be multiplied.**





JOIN US FOR A FAMILY Chanukah Party!

Sunday December 25th, 2022
6:00 to 8:30 PM

**Kids Dreidel Games
Prizes & Chocolate**



**Bingo For all Ages!
Gelt For all!**

An Evening of FUN!



SLOPPY JOES, HOT DOGS & MORE!

Way Cool Balloons by Mike Geerlof



Adults-\$15 • All Kids under 10 - \$9 • 3 and under no charge • \$60 Family cap



PLEASE RSVP BY DECEMBER 18

at: office@nhbz.org or call 314-991-2100.



Consider being a sponsor!



All food is supervised by Rabbi Bogopulsky



Rose Ragin Chesed Fund

Supporting our Members

What is the Rose Ragin Chesed Fund?

The fund provides for acts of chesed (lovingkindness) to support lifecycle events of NHBZ members, such as...



**Shiva trays
for mourners**



**Gifts for
newborns**



**Meals for
the sick**

How can I contribute to the Rose Ragin Chesed Fund?

- buy Rose Ragin Chesed cards and Purim Cards
- buy 'onesies' for a baby
- make a donation to the Rose Ragin Chesed Fund
- watch for upcoming special fund-raising campaigns

How else can I help?

Call Nancy in the NHBZ Office – 314-991-2100, ext. 2, to...

- notify her about someone who is in need of chesed
- have a misheberach said for someone
- volunteer for the Chesed Committee

Purchase a **pack of 5** Rose Ragin Chesed cards – **\$25 minimum donation**.
Keep some handy to send out whenever you'd like. It's a great way to
honor a simcha, remember a loved one, or acknowledge anything at all.

314-991-2100, ext. 2