



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

December 31, 2022 • 7 Tevet 5783 • Candle Lighting 4:30 pm • Shabbos Concludes 5:34 pm

Parshas Vayigash
Haftorah

Genesis 44:18 – 47:27
Ezekiel 37:15 – 28

Chumash pp. 250 – 267
Chumash pp. 1144, 1145

Mazel Tov to Yosef, Dr. Carole & Tony Granillo
on the occasion of Yosef's Bar Mitzvah

We thank our generous sponsors

Irwin & Arlene Fredman for this week's NHBZ Weekly News
in memory of beloved father, **Avery Fredman^{z"l}**

Amy & Denny Feit for this week's NHBZ Weekly News
in memory of beloved mother, **Elaine Abramson^{z"l}**, and
in honor of all our wonderful volunteers for the Chanukah Party



Prayer

Shabbos, Friday, December 30

- 4:25 pm Mincha, Kabbalat Shabbat, Ma'ariv
- 4:30 pm Candle Lighting

Shabbos, Saturday, December 31

- 9:00 am Shachris followed by Musaf
Pesukei D'Zimra: **Howard Sandler**
Shacharis: **Rabbi Chezky Freund**
Leyning: **Yosef Ephron Granillo**
Haftorah: **Yosef Ephron Granillo**
Sermon: **Rabbi Chaim Bogopulsky**
Musaf: **Rabbi Chaim Bogopulsky**
- 10:00 am Kids' Program (downstairs)
- 10:15 am "Soul Building" with Rabbi David (downstairs)
- 4:15 pm Mincha, Shalosh Seudos, Ma'ariv
- 5:34 pm Shabbos concludes



Minyan Times Dec 30, 2022 – Jan 7, 2023

	Fri Dec 30	Shabbos Dec 31	Sun Jan 1	Mon Jan 2	Tues Jan 3^	Wed Jan 4	Thu Jan 5	Fri Jan 6	Shabbos Jan 7
Shachris (am)	7:00	9:00	8:00	7:00	6:45	7:00	7:00	7:00	9:00
Mincha/Ma'ariv (pm)	4:25	4:15	4:30	4:30	4:15	--	--	4:30	4:20
Ma'ariv Only (pm)	--	--	--	--	--	7:00*	7:00*	--	--

^Fast of Asara B'Tevet on Tuesday, Jan 3, 2023
Fast begins 5:53 am and ends 5:36 pm

*Join us at 6:50 pm for a 10-minute *Shiur*
(class) on Kitzur Shulchan Aruch



**With Gratitude To Hashem
With Great Pride And Joy
In Honor of Our Dear Son Yosef's Bar Mitzvah**
מיכאל נ"י
Parashat Vayigash
Dr. Carole and Tony Granillo

Congregation News

Mazel Tov on Simchas This Week! Jan 1 – Jan 7, 2023

Happy Birthday

Lila Belasen	Jan 1	Avraham Smason	Jan 4
Naftali Kadosh	Jan 1	Stanley Goldfader	Jan 6
Mark Seigel	Jan 2	Nancy Lisker	Jan 6



A belated HAPPY BIRTHDAY to

Alex Yasinev	Dec 7	Dennis Yasinev	Dec 31
Daniella Yasinev	Dec 29		

Events

Coming Soon

- Shabbos, Dec 31
- Shabbos, Jan 7, 2023
- Sunday, Jan 8, 2023
- Shabbos, Jan 21, 2023
- Yosef Granillo Bar Mitzvah
- Benjamin Winograd Bar Mitzvah
- Exclusive NHBZ Tour of the St. Louis Kaplan Feldman Holocaust Museum
- SAVE THE DATE: Installation of Rabbis, Officers & Board (more details soon!)

On-Going

- Every Weekday, 6:15 am
- Every Shabbos
- Sunday Mornings, after Shachris
- Mondays, 8:00 pm
- Tuesdays, 12:00 pm
- Wednesdays, 12:15 pm
- Mondays – Thursdays, 3:00 pm
- Tuesdays – Thursdays, 6:50 pm
- Gemara (Talmud) learning with Rabbi Bogopulsky
- Shabbos Morning Kids' Program, 10:00 am (downstairs)
- “Soul Building” with Rabbi David, 10:15 am
- Mishna learning with Rabbi Swidler
- St. Louis Kollel Amud-A-Week
- “Journey through the Chumash” with Rabbi Bogopulsky
- Pirkei Avos / Ethics of the Fathers with Rabbi Smason
- Book of Kings: An On-line Class with Rabbi Smason
- Kitzur Shulchan Aruch with Rabbi Bogopulsky

***NEW* Mother-Daughter Program, Sunday Mornings beginning January 8, 2023**

We are very excited to announce a Mother-Daughter learning program at NHBZ! Join us for “Middos from the Mishna” with Batya Bogopulsky and others. In conjunction with the St. Louis Kollel as part of “Keshet Connecting Generations,” the program is open to girls (Kindergarten to Fifth Grade) and runs January 8 through February 12, 2023. You may sign up here:

https://docs.google.com/forms/d/e/1FAIpQLSeAdcr_WqTpAMHWiwSLug26p9Z79dJnpdxEbCLVCJ9OaAhsow/viewform

Glow of success! Another GREAT Chanukah Party!

Delicious food, smiling faces and a SOLD OUT crowd! Big thanks to **Amy & Denny Feit** who were the forces behind the fun. Special thanks to all the volunteers who made it happen: **Jackie & Craig Berkin, Anna Rose & Victor Tendler, Sally Needle, Jennifer & Bryson Hartranft, Stella Vladimirov, Rhonnie Goldfader, Margo & Reuven Tzadok, Jesse Barash, Tony Granillo, Gary & Trudy Sudin, Fran & Lenny Alper, Vivian & Alan Zarkowsky, Meira Ganel, Howard Sandler, Rachael Pevnick, Joni Kaiser** and **Rabbi Bogopulsky**. We also thank our generous sponsors: **Jesse & Debbie Barash, Alan & Janet Haber** and **Jay & Peggy Umansky**.



A Message from the President

Dear Members, I hope everyone had a joyous and meaningful Chanukah! As you are all aware, the very difficult decision was made to close the synagogue last Shabbos during the 6th and 7th days of Chanukah. The decision was made by members of the Board of Directors with final approval by Rabbi Bogopulsky. In view of the extreme temperatures (on Erev Shabbos it was 7 degrees, with a wind chill of -9), along with the presence of ice and snow on the ground, the determination was that conditions posed an unacceptable risk to the safety and welfare of our members. Given the fact that our shul is home to many elderly people as well, we did not want to risk putting anyone's health or life at risk by way of them attempting to come to shul.

Consequently, *pikuah nefesh* – regard for human life – must take precedence. We sincerely apologize to anyone who may have been inconvenienced by this. We made every effort to be sure that every member received notice. If you did not receive a message by email or phone, please let us know. Thank you and Good Shabbos!

Sincerely,

~ **Kenny Bressler**

NHBZ Giving & Dedication Opportunities

Giving to Nusach Hari B'nai Zion provides you with an opportunity to fulfill the important mitzvah of contributing tzedakah (charity). We offer many ways to say Mazel Tov to relatives and friends in honor of simchas celebrated, or to remember loved ones by making a dedication in their memories.

Contributions & Dedications for Building & Campus

To receive information on the many naming and dedication opportunities, please call our office, 314-991-2100, ext. 2.

Inscribed Bricks/Pavers & Plantings

\$250.00 for 4"x8" inscribed Brick/Paver; \$500.00 for 8"x8" inscribed Brick/Paver

Tree of Life – In the Alper Lobby

\$360.00 Minimum per Brass leaf inscribed, in memory of or in honor of a special person(s) or occasion.

Cast Iron Memorial Plaques – In the Feigenbaum-Pepose Learning Center

\$360.00 Bronze Plaque - name in raised lettering. Molay is recited on each yearzeit.

Kaddish

Important mitzvos to be observed in memory of relatives or dear friends.

\$360.00 Kaddish recited daily for eleven months after the passing of the individual.

\$360.00 Kaddish recited each yearzeit in perpetuity.

Book Funds – Dedications Inscribed

\$60.00 Nusach Hari Daily Siddur

\$75.00 Artsroll – Stone Edition Chumash

\$60.00 each Rosh Hashana & Yom Kippur Machzorim

Shabbos Bulletin Sponsorship

\$54 includes your specified dedication listed in the Bulletin

Call or email the office, 314-991-2100, ext. 2 or office@nhbz.org

Tributes – Honor Simchas, Wishes for Good Health, Condolences

Call or email the office, 314-991-2100, ext. 2 or office@nhbz.org

\$10 donation per card; \$25 pack of 5 cards. We have "In memory...", "In honor", Speedy Recovery, and Rose Ragin Chesed Fund* cards. (*Sold only in packs of 5)

Kiddush Sponsorship – Defrays Costs of Shabbos & Yom Tov Kiddushim

Please call our office for menu selections and pricing, 314-991-2100, ext. 2.

NOTE: Please note that the above prices, effective December 2022, are subject to change.

In the Community

● EMBY Raffle, Draw Date January 7, 2023

Support Jewish education and have a chance to win a prize! Esther Miller Bais Yaakov (EMBY) is having a Raffle! Prizes include a Wunderwig (\$1,500 value) and a cash prize of \$1,000! To purchase tickets, please visit embystl.org/raffle and call Rabbi Avi Feigenbaum with any questions. See flyer for full details.

● St. Louis Jewish Community Blood Drive, Sunday, January 8, 2023

SAVE THE DATE! The Annual St. Louis Jewish Community Blood Drive will take place at Congregation Young Israel on Sunday, January 8, 2023, 10 am – 4 pm. Please plan to participate in this life saving Chesed.

● Jewish Community's Annual Winter Outreach Donation Drive

NHBZ is collecting items for the Winter Outreach Donation Drive. There is a collection box in the lobby. Please donate NEW and CLEAN: underwear, socks, gloves, blankets, pillows, coats, hats, scarves, boots, clothing, towels, washcloths and toiletries. All donations will be taken to BridgeSTL for distribution to people experiencing homelessness in the St. Louis Area. Donation drive runs through February 28, 2023. It's COLD out there! Share the warmth of generosity.

NHBZ "Stock the Food Pantry" Campaign, Through January 31, 2023

Are you up for a challenge? From now through January 31, 2023, every time you buy a canned, Kosher food item, buy two: take one home and donate the second can to the Jewish Food pantries of St. Louis (Kornblum and Tomchei)! A simple way to make a big difference.

All you need do is bring the cans to NHBZ (not on Shabbos, please!), and we will get the food to those in need. There will be a collection box outside the Chapel downstairs.

How many cans do you think we can collect? Let's aim for 250!



Learning at NHBZ

- **Gemara Learning with Rabbi Bogopulsky**, Weekdays, 6:15 am
Dive into the wisdom of the Gemara (Talmud). Start your day off right!
- **"Journey through the Chumash" with Rabbi Bogopulsky**, Tuesdays, 12:00 pm
Take an amazing journey of learning! Step by step, we will explore the Chumash.
- **Pirkei Avos / Ethics of the Fathers with Rabbi Smason**, Wednesdays, 12:15 pm
Feed your soul 45 minutes of spiritual nourishment from the timeless wisdom of our Sages, full of relevant, contemporary insights and lessons. Low-calorie, gluten free, and refreshing!
- **Book of Kings with Rabbi Smason**, Monday-Thursday, 3:00 pm (On Zoom!)
An online class providing an exciting and informative look into the lives of Israel's early kings and prophets. Thirty-minute sessions on Zoom. Join class via this link:
<https://us04web.zoom.us/j/78974795850?pwd=tw7lIOVumZ8QelPxHvApYZsox8VUem.1>
- **Kitzur Shulchan Aruch with Rabbi Bogopulsky**, Tuesday-Thursday, 6:50 pm
Invest a few minutes (right before Ma'ariv!) to expand your understanding of Halacha/Jewish Law.
- **"Soul Building" Series**, Every Shabbos, 10:15 am
Rabbi Yosef David teaches ways to deepen our understanding.

Parashas Vayigash

In the weekly Torah portions of the past few weeks, we read of the trials and tribulations of Yosef, whose problems compound in episode after episode. He is held captive by his jealous brothers, then sold to a caravan of traders. After being transported to Egypt, he is sold into slavery and later jailed. Nonetheless, through Divine providence, he rises to become ruler of Egypt, second-in-command to the Pharaoh. In this week's parsha, he comes full circle to be reunited with his brothers and his father in one of the most emotionally charged chapters of the Torah.

Yosef HaTzadik unequivocally forgives his bothers for their crime against him. He does not harbor the slightest ill feeling toward them, attributing all that he went through to the hand of G-d. Even his seemingly cruel decision to withhold his identity from his brothers and frame Binyamin is, in fact, motivated by his genuine desire to find forgiveness for them. He jails Binyamin to put his brothers in a situation identical to the one they put themselves in years earlier when they abandoned him. By enabling his brothers to return to the scene of their crime, Yosef gives them the opportunity to not repeat their mistake and to achieve full penance. However, even with Yosef's total forgiveness and his brothers' full repentance, the episode of Yosef's kidnapping manages to come back and haunt the Jewish people.

Toward the end of the Musaf service on Yom Kippur there is a prayer - one of the emotional highlights of the day's services. It is the story of the Ten Martyrs, which graphically and movingly tells the story of ten great sages of the Mishnaic period (including Rabbi Akiva, Rabban Shimon ben Gamliel, and Rabbi Elazar) who were brutally, mercilessly put to death at the anti-Semitic whim of the Roman government.

Why were ten sages of Israel chosen to be slaughtered at this time? A lecturer on the history of Anti-Semitism once began by stating, "As long as there have been Jews, there have been anti-Semites; and as long as there have been anti-Semites, there have been theories of Anti-Semitism." In their book, "Why the Jews?", Dennis Prager and Joseph Telushkin thoroughly explore the many varied reasons for anti-Semitism.

In our Yom Kippur prayer, "Ayleh Ezkerah," a rather novel and somewhat ironic explanation is given. The Roman ruler opened up the Book of Shemos to the sedra of Mishpatim, where the law regarding kidnapping is found. He then posed this question to the Sages: "What is the law, if a man is found to have kidnapped one of his Jewish brethren and he enslaved him and sold him?" "The kidnapper is to die," the Sages replied. The Roman ruler asked, "Then what about your ancestors, who sold their brother Yosef to a caravan of Ishmaelites? They were never punished as is required by your own Torah. And so you ten [corresponding to the ten brothers] must accept the heavenly judgment upon yourselves." These ten martyrs were slaughtered under the pretext of exacting "justice" for a crime committed over sixteen centuries earlier! How utterly preposterous! But then, isn't all anti-Semitism absurd? Furthermore, isn't all *sinas chinam* – senseless hatred – irrational? Looking into the story of Yosef and his brothers, we find that the reason they sold him into slavery was jealousy and *sinas chinam* – the very same senseless hatred that, the Talmud tells us, caused the destruction of the Bais Hamikdash two thousand years ago. It is that very same senseless hatred that prevents it from being rebuilt today.

We look sadly at the news making headlines around the world and we can't help but wonder, "When will mankind ever learn?" Then we look at the news that we Jews are making – the pronouncements, the statements, the internal strife and discord – and we must also ask ourselves "When will we learn?"

Rabbi Ephraim Slepoy

Beth Israel Synagogue, Longmeadow, MA



THE SISTERHOOD SCOOP

DECEMBER 31



Volume 5

Number 51

7 Teves 5783

December 31, 2022

Sisterhood wishes Mazel Tov to **YOSEF EPHRON GRANILLO** on becoming a Bar Mitzvah!

The Bigger Brisket

Moishe and Miriam were sitting down to eat at the dinner table. Miriam commented, "You know, Moishe, when we were first married, you took the small piece of brisket and gave me the larger. Now you take the large one and leave me the smaller. You don't love me anymore?" "Nonsense, honey," replied Moishe, "you just cook better now." ❤️❤️❤️



PARSHAS VAYIGASH: Hot-Wiring Egypt

Joseph, the Kabbalists tell us, wanted to raise the Egyptians to a higher spiritual and moral plane. So he arranged that they be circumcised. That way, perhaps the exile destined upon his people would be shortened.

The plan backfired. Rather than alleviating the Egyptian exile, Joseph empowered the Egyptians to oppress his people yet more viciously. Joseph believed he could shortcut the Egyptian exile.

We sometimes delude ourselves that we can hot-wire our own darkness. We imagine we can bring thousands more to Torah, if we just would compromise with electronics on Shabbat. Or that we could achieve so many more mitzvahs, if we just would bend the rules of kosher food and modest dress. But, as with Joseph, in the long run, these plans end up only feeding the darkness more.

Our job is to illuminate the world in the way of Torah. Torah is light in all its ways. So, if Torah does not take you down a path, you know with certainty that it is not a path of light. Instead, go in the ways of Aaron, who "loved all people and drew them towards the Torah."

Don't drag the Torah down to the people. Draw the people up to the Torah. [Likutei Sichot vol. 1, pg. 98. Pri Etz Chaim, Sha'ar Chag HaPesach, 6]

– Rabbi Tzvi Freeman, www.chabad.org

Book Club News

The Book Club meets at 7:15-8:45 PM on the fourth Monday of odd-numbered months:

- ☆ **January 23 – Israel: A Simple Guide to the Most Misunderstood Country on Earth** - by Noa Tishby (led by Margo Tzadok)
- ☆ **March 27 – The Lost Shtetl: A Novel** - by Max Gross
- ☆ **May 22 – The Watchmakers: A Story of Brotherhood, Survival, and Hope Amid the Holocaust** - by Harry Lenga and Scott Lenga

SAVE THE DATE ☆ SAVE THE DATE ☆ SAVE THE DATE
All women are welcome! For more info contact Fran Alper at 314-993-4024 or fran.alper@outlook.com or sisterhood@nhbz.org

"Wonder, rather than doubt, is the root of knowledge."

– Abraham Joshua Heschel

Sisterhood is gearing up for 2023 and we need YOU!

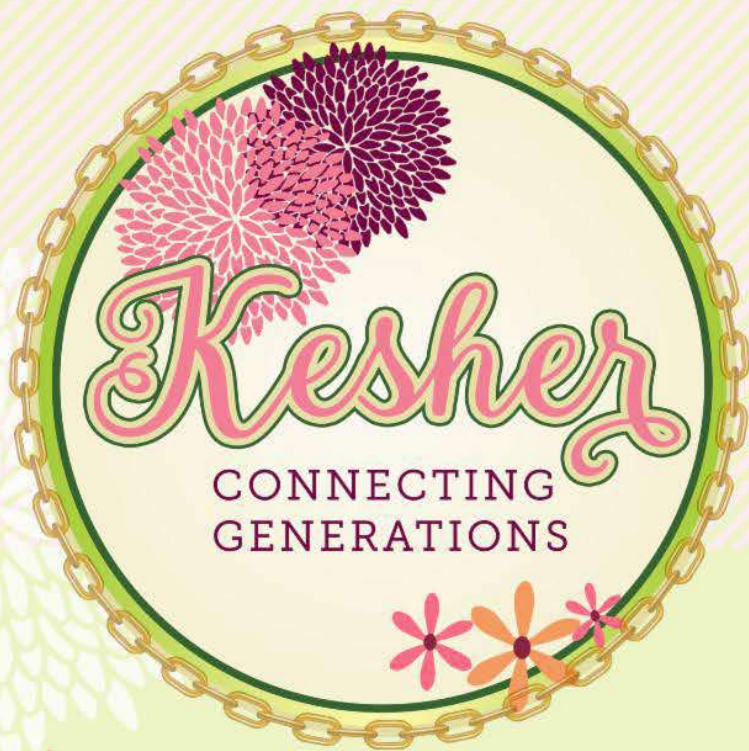
To prepare for 2023, Sisterhood will soon hold an open planning meeting to discuss the best ways for Sisterhood to proceed in its mission and activities for the coming year. Do you have ideas for a holiday activity, a Chesed project, or an education program? What activities would you like to see **your NHBZ Sisterhood** conduct? We need YOU, your ideas, and your energy. Join us to reconnect, learn, and share ideas, as we plan for 2023, and beyond. All interested women will be invited to attend.

Watch this page and your email for the meeting date, time, and details.

For questions email: sisterhood@nhbz.org



For information or to join Sisterhood, call the NHBZ office at 314-991-2100, ext. 2, or email: sisterhood@nhbz.org



Mother Daughter Program

Sunday Mornings
10:30-11:45 am

Girls: Kindergarten to Fifth Grade

Middos from the Mishna

January 8th

Midda of the Week

"והוי מקבל את כל האדם
בסבר פנים יפות"
Greet every person
with a pleasant,
cheerful face.

January 15th

Midda of the Week

"אל תהי נוח לכעוס"
We should not
get angry easily.

February 5th

Midda of the Week

"כל שרוח הבריות נוחה הימנו,
רוח המקום נוחה הימנו"
Anyone who people
find to be pleasant,
Hashem also finds
pleasant.

February 12th

Midda of the Week

"איזהו עשיר? השמח בחלקו"
Who is rich?
The one who is happy
with his lot.

Location: Nusach Hari B'nai Zion, 650 N Price Rd, Olivette, MO 63132

No Admission Fee

Be added to the Keshet Whatsapp group! Text Temima: 314 817 4336

Tentative babysitting option. If interested please email yfarkas@stlkollel.com

COMMITTEE:

Batya Bogopulsky, Sarah Glazer, Temima Klein, Riki Gutovich, Tammy Friedman, Tzirel Biron



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EMBYSTL.ORG/RAFFLE

DRAW DATE: JAN 7

Please contact Rabbi Avi Feigenbaum with any questions: 913-230-6448



Rose Ragin Chesed Fund

Supporting our Members

What is the Rose Ragin Chesed Fund?

The fund provides for acts of chesed (lovingkindness) to support lifecycle events of NHBZ members, such as...



**Shiva trays
for mourners**



**Gifts for
newborns**



**Meals for
the sick**

How can I contribute to the Rose Ragin Chesed Fund?

- buy Rose Ragin Chesed cards and Purim Cards
- buy 'onesies' for a baby
- make a donation to the Rose Ragin Chesed Fund
- watch for upcoming special fund-raising campaigns

How else can I help?

Call Nancy in the NHBZ Office – 314-991-2100, ext. 2, to...

- notify her about someone who is in need of chesed
- have a misheberach said for someone
- volunteer for the Chesed Committee

Purchase a **pack of 5** Rose Ragin Chesed cards – **\$25 minimum donation**.
Keep some handy to send out whenever you'd like. It's a great way to
honor a simcha, remember a loved one, or acknowledge anything at all.

314-991-2100, ext. 2