



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

January 21, 2023 • 28 Tevet 5783 • Candle Lighting 4:50 pm • Shabbos Concludes 5:55 pm

Parshas Vaera
Haftorah

Exodus 6:2 – 9:35
Ezekiel 28:25 – 29:21, 29:22-23

Chumash pp. 318 – 339
Chumash pp. 1149 – 1150

We thank our generous sponsors

Faith & Bruce Waxman for this week's NHBZ Weekly News in honor of the birth of their granddaughter, **OLIVIA GRACE**, daughter of **Leah & Brayan Marin**, great-granddaughter of **Sandy & Marvin Greenberg** and niece of **Sarah Beth & Gavriel Matt**

Rachael Pevnick & Family and **Anna Rose Tendler** for the Kiddush Lunch in honor of Rachael's BIG birthday

Richard Woolf, Bob & Joni Kaiser, Lenny & Fran Alper, Craig & Jackie Berkin, Alan & Janet Haber, Kenny & Barb Bressler, Tony & Carole Granillo, Denny & Amy Feit, Leonid & Stella Vladimirov, Bryson & Jennifer Hartranft and Alan & Vivian Zarkowsky for enhancing the Kiddush Lunch in honor of the 2023 NHBZ Installation of Officers, Board Members & Rabbis

Prayer

Shabbos, Friday, January 20

- 4:45 pm Mincha, Kabbalat Shabbat, Ma'ariv
- 4:50 pm Candle Lighting

Shabbos, Saturday, January 21

- 9:00 am Shachris followed by Musaf
Pesukei D'Zimra: **Howard Sandler**
Shacharis: **David Rubin**
Leyning: **Stuart Klamen**
- 10:00 am Kids' Program
- 10:15 am "Soul Building" with Rabbi David (downstairs) – **NO CLASS 1/21 and 1/28**
- 4:35 pm Mincha, Shalosh Seudos, Ma'ariv
- 5:55 pm Shabbos concludes

Haftorah: **Marvin Lerner**
Sermon: **Rabbi Chaim Bogopulsky**
Musaf: **David Rubin**



Minyan Times Jan 20, 2022 – Jan 28, 2023

	Fri Jan 20	Shabbos Jan 21	Sun Jan 22	Mon Jan 23^	Tues Jan 24	Wed Jan 25	Thu Jan 26	Fri Jan 27	Shabbos Jan 28
Shachris (am)	7:00	9:00	8:00	6:45	7:00	7:00	7:00	7:00	9:00
Mincha/Ma'ariv (pm)	4:45	4:35	4:50	4:50	--	--	--	4:55	4:45
Ma'ariv Only (pm)	--	--	--	--	7:00*	7:00*	7:00*	--	--

^Rosh Chodesh Shevat

*Join us at 6:50 pm for a 10-minute *Shiur* (class) on Kitzur Shulchan Aruch

Rabbi Chaim Bogopulsky • Rabbi Aaron Borow, Emeritus • Rabbi Ze'ev Smason, Emeritus • Kenneth Bressler, President
Nusach Hari B'nai Zion • 650 N. Price Rd. St. Louis, MO 63132 • Phone 314.991.2100 • Web: www.nhbz.org

Congregation News

Mazel Tov on Simchas This Week! Jan 22 – Jan 28, 2023

Happy Birthday

Rachael Pevnick	Jan 22	Sara Garmaise	Jan 25
Helayne Levitt	Jan 24	Phyllis Loiterstein	Jan 28
Ram Volotzky	Jan 24		



Father-Son Teen Minyan, Shabbos, January 28, 2023, 9:00 am

Fathers, sons, grandfathers, uncles and friends please join Rabbi Bogopulsky in the Chapel downstairs for this special minyan. Contact Rabbi Bogopulsky if you would like to lead davening. Kiddush to follow! See flyer for details.

Events

Coming Soon

- Shabbos, Jan 21, 2023 – Installation Shabbos & Rachel Pevnick's Birthday Lunch
- Shabbos, Jan 28, 2023, 9:00am – Father/Son Teen Minyan (Chapel downstairs)
- Shabbos, Jan 28, 2023 – Kiddush/Lunch sponsored by Szus Family
- Sunday, Jan 29, 2023 – Lion's Den PIZZA NIGHT 5-7 pm
- Shabbos, Feb 4, 2023 – Tu BiShvat Kiddush Lunch sponsored by Rubin Family
- Sunday, Feb 5, 2023, 7:15pm – Mother/Daughter "Middos from the Mishna"
- Wednesday, Feb 15, 2023, 3:00pm – Ladies' Coffee and Learning – SAVE THE DATE

On-Going

- Every Weekday, 6:15 am – Gemara (Talmud) learning – **No Class 1/23 – 1/27**
- Every Shabbos – Shabbos Morning Kids' Program, 10:00 am (downstairs)
- Sunday Mornings, after Shachris – "Soul Building" with Rabbi David, 10:15 am
- Mondays, 8:00 pm – Mishna learning with Rabbi Swidler
- Tuesdays, 12:00 pm – St. Louis Kollel Amud-A-Week
- Wednesdays, 12:15 pm – "Journey through the Chumash" – **No Class 1/24**
- Mondays – Thursdays, 3:00 pm – Pirkei Avos / Ethics of the Fathers – **No Class 1/25**
- Tuesdays – Thursdays, 6:50 pm – Book of Kings: An On-line Class – **No Class 1/23 – 1/26**
- Kitzur Shulchan Aruch – **No Class 1/24 – 1/26**

PIZZA NIGHT!!!! Sunday, January 29, 2023, 5-7 pm

Same pizza channel, same pizza time. 😊

That's right, Folks! All-you-can-eat KOSHER Pizza Night.
Pizza. Pasta. Salad. Fun.

Adults \$15; Kids 4-10 \$7; Kids 3 and under FREE!

We need chefs, setup & cleanup crews, servers

<https://www.nhbz.org/pizza-volunteer/>

All food under supervision of Rabbi Bogopulsky. See flyer for all the details





Installation Shabbos ~ January 21, 2023

"All who occupy themselves with the affairs of the community shall be engaged with them for the sake of Heaven." (Pirkei Avos 2:2)

Officers

President	Kenny Bressler
Vice President	Jennifer Hartranft
Vice President	Stella Vladimirov
Vice President	Denny Feit
Treasurer	Bruce Waxman
Secretary	Caryn Alper
Gabbai	Alan Zarkowsky

Board of Directors

Nancy Belau-Rush	Bobby Levine
Marcie Brook	Ed Levitt
Dr. Faye Cohen	Gavriel Matt
Meira Ganel	Fran Reisler
Rhonnie Goldfader	Margo Tzadok
Tony Granillo	Dan Winograd
Joni Kaiser	Richard Woolf

Trustees

Leonard Alper	Mark Ragin
Dr. Craig Berkin	Irwin Rosen
Sam Bluestein	Jay Umansky
Janet Haber	Alan Zarkowsky
Robert Kaiser	

TuBishvat Shabbos Celebration, February 4, 2023

A very special Shabbos is coming up on February 4, 2023. **Norma Rubin** is preparing a delicious lunch in memory of **David Rubin's** mother, Shaindel bas Dov Ber HaKohen^al, his grandfather, Dov Ber ben Aharon HaKohen^zl, and his grandmother, Manya Mary Feldman Rubin^al, all of whom have recent or upcoming Yahrzeits.

There will also be special Tu BiShvat treats for dessert, **Rabbi Avi Feigenbaum** will be our guest speaker and there will be lots of information about JNF and Tu BiShvat in Israel!

In the Community

● **Machshava Literary Magazine**

Machshava Literary Magazine is now accepting submissions! This year's theme: "Time flies when you're having fun!" Deadline is Feb. 10, 2023. See flyer for eligibility and requirements.

● **A Night of Unity with Bracha Jaffe, February 26, 2023**

Women and girls are invited to a community-wide live musical performance by **Bracha Jaffe**. To purchase tickets, ucitynshei.booktix.com. See flyer for full details.

The Four Questions

She finally agreed to accept the challenge! Please let us introduce you to

RACHAEL PEVNICK

"I am the child of immigrant parents, one from Lithuania and one from Poland. I met my beloved husband **Teddy**^z! at a Torah Institute dance in 1953, and we married the following year. We have 3 beautiful children (2 sons and 1 daughter), all grown and married. They gave us a total of 6 grandchildren (5 boys, 1 girl all also grown and married!) AND a current count of 7 great-grandchildren, with one on the way" (*keinehora pu pu pu!*). Rachael worked at NHBZ for 21 years, serving 300 members. She remains President Emeritus of the Sisterhood.

The Questions:

1. Who is your favorite Torah personality and why?

A: "It would have to be Rachel, of course! She gave up her life for her family. She didn't want to shame her sister. And she married the man she wanted and loved so much. People who give up for other people inspire me!"

1. What is your favorite snack food?

A: "Ice cream. I love ice cream. Yep, ice cream." (A direct quote!! 😊)

2. What are three words you use to describe yourself?

A: "Blessed. Always happy. People lover."

3. What inspires you?

A: "Almost everything! My children, grandchildren and great-grandchildren; my Rabbi; people around me. I love being Jewish!"

Thank you, "Rachael From The Bible"! You are a valuable part of the NHBZ heart! HAPPY BIRTHDAY (and many, many healthy more).

Amazon Smile Coming to a Close

You may have heard that Amazon decided to discontinue its AmazonSmile program, effective February 20th. They will make a one-time donation (based on 2022 donations) at the close of the program. You still have until February 20, 2023 to benefit NHBZ through your Amazon purchases. Please take advantage of this program while it is still available!



Do you shop on Amazon? Signup for Amazon Smile, and .5% of your qualified purchase will be donated back to NHBZ

How it works – it's as easy as 1-2-3:

- 1. Visit smile.amazon.com and sign-in to your Amazon account**
- 2. Under "Pick your organization, search for "Nusach Hari"**
- 3. Select "Nusach Hari-Bnai Zion Congregation"**

Start Shopping! Every time you shop, sign-in to smile.amazon.com, and you will earn \$\$\$ for [NHBZ](https://www.nhbz.org)

Learning at NHBZ

Parashas Vaera

When was the last time you spoke to that old friend of yours? You know, the one with whom you had a falling out. Neither one of you knows exactly how or why the fight started, but it just kept growing. And now you two don't speak. Which reminds me of a story about a frog. There are no princes in this story, but there is a Pharaoh.

In our *parsha*, Pharaoh implores Moshe to bring an end to the plague of frogs. The *Ohr Hachaim* explains that Pharaoh only made such a plea when he feared for his life. What was so threatening about these frogs that made Pharaoh fear for his life? Ibn Ezra points to several commentators who identify the *tzefarde'im* as a certain group of dangerous Nile-dwelling creatures, which left their watery habitat to attack Egypt. The Abarbanel considers these creatures to have been life-threatening. According to their description given by *Seforno*, the *tzefarde'im* were apparently crocodiles.

But Ibn Ezra rejects these descriptions, as does Rashi. When learning about the plague of frogs in this week's *parsha*, the astute observer will note that one verse stands out. All other mentions of the plague of frogs refer to the creatures as *tzefarde'im*, in the plural. But in this *pasuk* (8:2) the Torah refers to *hatzefardei'a*, the (singular) frog.

Rashi addresses this curiosity with a *midrash* that says that originally there was indeed only one frog, but the Egyptians hit it and it multiplied into countless croaking frogs. Frogs filling the courtyards, fields, and houses of the Egyptians. Frogs eating Egyptians out of house and home. Frogs that jumped into the Egyptians' ovens and ate their baking bread. Frogs that even jumped inside their bodies and continued their incessant, maddening croaking.

But if there was only one frog that multiplied when it was hit, why didn't the Egyptians – who watched the frog population multiply at an alarming rate – just stop hitting it? Rav Yaakov Yisroel Kanievsky, the Steipler Gaon, *zt"l*, answers this question with a penetrating look at the nature of anger: Even when logic and common sense dictate that beating a magic frog, like a dead horse, gets you nowhere, people who are angry will do so anyway. Instead of accepting the situation and dealing with it appropriately, they lose any grip on common sense, even to the point of putting their own lives in jeopardy.

Anger causes us to alienate friends and family, and to miss out on positive opportunities. Let's think about this the next time we're enraged. Let's think about it over Shabbos. After *Havdalah*, let's give that old friend a call.

Rabbi Mayer Waxman

- **Gemara Learning with Rabbi Bogopulsky**, Weekdays, 6:15 am – No class 1/23-26
Dive into the wisdom of the Gemara (Talmud). Start your day off right!
- **"Journey through the Chumash" with Rabbi Bogopulsky**, Tuesdays, 12:00 pm No class 1/24
Take an amazing journey of learning! Step by step, we will explore the Chumash.
- **Pirkei Avos / Ethics of the Fathers with Rabbi Smason**, Wednesdays, 12:15 pm No class 1/25
Feed your soul 45 minutes of spiritual nourishment from the timeless wisdom of our Sages, full of relevant, contemporary insights and lessons. Low-calorie, gluten free, and refreshing!
- **Book of Kings with Rabbi Smason**, Monday-Thursday, 3:00 pm (On Zoom!) No class 1/23-26
An online class providing an exciting and informative look into the lives of Israel's early kings and prophets. Thirty-minute sessions on Zoom. Join class via this link:
<https://us04web.zoom.us/j/78974795850?pwd=tw7lIOVumZ8QelPxHvApYZsox8VUem.1>
- **Kitzur Shulchan Aruch with Rabbi Bogopulsky**, Tuesday-Thursday, 6:50 pm No class 1/24-26
Invest a few minutes (right before Ma'ariv!) to expand your understanding of Halacha/Jewish Law.
- **"Soul Building" Series**, Every Shabbos, 10:15 am No class 1/21 and 1/28
Rabbi Yosef David teaches ways to deepen our understanding.



THE SISTERHOOD SCOOP

JANUARY 21



Volume 6

Number 3

28 Teves 5783

January 21, 2023

Book Club is This Monday

Join us **THIS Monday, January 23**, 7:15 PM at the home of **Myra Radinsky** for a discussion of Noa Tishby's popular book, **Israel: A Simple Guide to the Most Misunderstood Country on Earth**. The discussion will be led by **Margo Tzadok**. Call Myra or Fran to RSVP.

The Book Club regularly meets at 7:15-8:45 PM on the **4th Monday of odd-numbered months**.

☆ **SAVE THESE DATES** ☆ **SAVE THESE DATES** ☆

☆ **March 27 – The Lost Shtetl: A Novel**
- by Max Gross

☆ **May 22 – The Watchmakers: A Story of Brotherhood, Survival, and Hope Amid the Holocaust** - by Harry Lenga & Scott Lenga

All women are welcome!

For more info or to RSVP

contact **Fran Alper** at 314-993-4024 or fran.alper@outlook.com or sisterhood@nhbz.org



Sisterhood Planning Meeting for 2023 is **THIS SUNDAY 1/22** **We need YOU!**

To prepare for 2023, Sisterhood will hold an open planning meeting to discuss the best ways for Sisterhood to proceed in its mission and activities for the coming year. What activities would you like to see your **NHBZ Sisterhood** conduct?

We need **YOU**, your ideas, and your energy. Join us to reconnect, learn, and share ideas, as we plan for 2023... and beyond.

All interested women are invited to attend an organizational planning meeting on

Sunday, January 22, at 1:00 pm.
at the home of Sallie Volotzky

For questions, directions, or to RSVP, contact:

Fran Alper: 314-993-4024 or fran.alper@outlook.com, or email: sisterhood@nhbz.org or **Sallie Volotzky:** sallievolotzky@msn.com



CONGRATULATIONS



**TO THE 2023 NHBZ
OFFICERS AND THE
BOARD OF DIRECTORS**

The Gift of Giving

“Volunteering is rarely glamorous and never easy, especially for those with many other pressures on their time. But few things count more when it comes to looking back on a life than being able to say, ‘I made a difference.’ Beneath the clamour of self-interest, a quieter voice within us whispers the deeper truth, that the greatest gift is to be able to give.”

– **Rabbi Lord Jonathan Sacks Z”L**, The Power of Ideas

Shabbat Mevarchim



Every Shabbat blesses the week that follows it. The spiritual work we do on the day of rest fills our “gas tank” with blessings to last us through the next six days. Once a month, however, we have the opportunity to fill an even larger tank.

The Shabbat before the start of a Jewish month (*Rosh Chodesh*) is known as *Shabbat Mevarchim*, “the Shabbat when we bless.” On this day, during the synagogue service, we recite a special blessing for the new month and announce the timing of *Rosh Chodesh*. We ask that the new month bring us only happiness, goodness, health, and all good things. We beseech G-d to “renew it... for life and for peace, for gladness and for joy, for deliverance and for consolation.”

According to Chassidic teaching, the “blessing of the month” evokes the flow of sustenance and spiritual energy for the coming month. Each month links to the next. The twelve months of the calendar are twelve time-qualities, reflecting the twelve “faces of the year,” which flow into each other, each with its unique personality and character. Each new month provokes us to new understandings, while at the same time, each month is blessed and enriched by the one before.

– adapted from www.chabad.org



Please Join Us For **Father/Son Teen Minyan**

Shabbat, January 28

We are proud to introduce a Father/Son Teen Minyan!
This once monthly Shabbos Minyan will meet in the Chapel
downstairs at 9:00 a.m. Kiddush to follow!

Please contact Rabbi Bogopulsky with any questions
or if you would like to lead davening, leyning or the Haftorah.



www.nhbx.org | 314.991.2100

Sunday, Jan 29th • 5:00-7:00 pm

Dine-In Buffet • Adults: \$15.00 ~ Kids 4-10: \$7.00 ~ Kids 3 & under: FREE

Cheese is Cholov Yisroel; pareve crusts available upon request. All food under the supervision of Rabbi Chaim Bogopulsky

NHBZ.ORG 314-991-2100

Nusach Hari
B'nai Zion

EAT ... EAT! IT'S KOSHER!

The Lion's Den Pizza Night

ALL YOU CAN EAT BUFFET

Includes Pizza, Pasta, Salad and Garlic Bread plus a Dessert and a Beverage

Returns!



We accept credit cards at
NHBZ PIZZA NIGHT



Delicious
NHBZ PIZZA NIGHT



NHBZ PIZZA NIGHT



Ladies Coffee & Learning

A Free Women's Event

The Chesed Committee Cordially invites You to
A Ladies Coffee at NHBZ

Light Refreshments, Socializing and Learning

with Special Guest,

Rebbetzin Chani Wasser

February 15th from 2pm to 3:30pm

Rebbetzin Wasser's topic:

***Don't just Survive, Thrive:
Navigating Life Challenges
with Strength***

This is a free Women's event - Open to the public.

For more information:

314.991.2100 ext:2 or email: office@nhbz.org.

COMMUNITY WIDE EVENT
LIVE MUSICAL PERFORMANCE

A
Night
of Unity

Bracha
Jaffe

2.26.2023

DOORS OPEN 7:00PM | CONCERT BEGINS 7:30PM

TICKET
PRICES

\$55*
PREMIUM

\$30
ADULT

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(12 & UNDER)

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FOR WOMEN AND GIRLS ONLY

***AFTER PARTY SPECIAL!**

BOOK YOUR **PREMIUM TICKET** BY **FEB. 12** AND BE INVITED TO ATTEND A
SPECIAL MEET-AND-GREET AND KUMZITZ WITH BRACHA JAFFE.

REGISTRATION FOR THE AFTER PARTY THROUGH THE PURCHASE OF A PREMIUM TICKET WILL BE CLOSED AFTER FEBRUARY 12.



FOR MORE INFORMATION, PLEASE EMAIL NSHEI@UCITYSHUL.ORG
SPONSORSHIP OPPORTUNITIES AVAILABLE | CONTACT MRS. ZELDA TENDLER AT 314.791.2977 FOR MORE DETAILS