



# NHBZ Weekly News

## Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

January 7, 2023 • 14 Tevet 5783 • Candle Lighting 4:36 pm • Shabbos Concludes 5:41 pm

Parshas Vayechi  
Haftorah

Genesis 47:28 – 50:26  
I Kings 2:1–12

Chumash pp. 268 – 289  
Chumash pp. 1145, 1146

**Mazel Tov to Benjamin, Dan & Melanie Winograd  
on the occasion of Benjamin's Bar Mitzvah**

*We thank our generous sponsors*

**Daniel, Marcela, Alan, David & Michael Morgensztern** for this week's NHBZ Weekly News  
in memory of beloved father and grandfather, **Eduardo Tayah<sup>z"l</sup>**

## Prayer

### Shabbos, Friday, January 6

- 4:30 pm Mincha, Kabbalat Shabbat, Ma'ariv
- 4:36 pm Candle Lighting

### Shabbos, Saturday, January 7

- 9:00 am Shachris followed by Musaf  
Pesukei D'Zimra: **Howard Sandler**  
Shacharis: **Rabbi Chaim Bogopulsky**  
Leyning: **Benjamin Joseph Winograd**
- 10:00 am Kids' Program (downstairs)
- 10:15 am "Soul Building" with Rabbi David (downstairs)  
This week's topic: "Alacrity versus Impulsivity – Procrastination versus Deliberation."
- 4:20 pm Mincha, Shalosh Seudos, Ma'ariv
- 5:41 pm Shabbos concludes

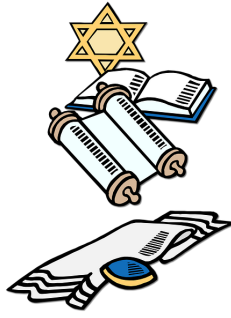
Haftorah: **Benjamin Joseph Winograd**  
Sermon: **Rabbi Chaim Bogopulsky**  
Musaf: **Rabbi Shmuel Miller**



### Minyan Times Dec 30, 2022 – Jan 7, 2023

	Fri Jan 6	Shabbos Jan 7	Sun Jan 8	Mon Jan 9	Tues Jan 10	Wed Jan 11	Thu Jan 12	Fri Jan 13	Shabbos Jan 14
Shachris (am)	7:00	9:00	8:00	7:00	7:00	7:00	7:00	7:00	9:00
Mincha/Ma'ariv (pm)	4:30	4:20	4:35	4:35	--	--	--	4:40	4:30
Ma'ariv Only (pm)	--	--	--	--	7:00*	7:00*	7:00*	--	--

\*Join us at 6:50 pm for a 10-minute *Shiur* (class) on Kitzur Shulchan Aruch



**With Gratitude To Hashem  
With Great Pride And Joy  
In Honor of Our Dear Son Benjamin's Bar Mitzvah  
Parashat Vayechi  
Dan & Melanie Winograd**

## **Congregation News**

**Mazel Tov on Simchas This Week! Jan 8 – Jan 14, 2023**

### **Happy Birthday**

Stephen Radinsky Jan 8      Norman Shore Jan 11  
Jay Pepose Jan 9

### **Happy Anniversary**

Sam & Shirley Bluestein Jan 12  
Larry & Rayna Chervitz Jan 13



## **Events**

### **Coming Soon**

- Shabbos, Jan 7, 2023
- Sunday, Jan 8, 2023
- Shabbos, Jan 21, 2023
- Sunday, Jan 29, 2023
- Benjamin Winograd Bar Mitzvah
- Exclusive NHBZ Tour of the St. Louis Kaplan Feldman Holocaust Museum
- Installation of Rabbis, Officers & Board
- Lion's Den PIZZA NIGHT 5-7 pm

### **On-Going**

- Every Weekday, 6:15 am
- Every Shabbos
- Sunday Mornings, after Shachris
- Mondays, 8:00 pm
- Tuesdays, 12:00 pm
- Wednesdays, 12:15 pm
- Mondays – Thursdays, 3:00 pm
- Tuesdays – Thursdays, 6:50 pm
- Gemara (Talmud) learning with Rabbi Bogopulsky
- Shabbos Morning Kids' Program, 10:00 am (downstairs)
- "Soul Building" with Rabbi David, 10:15 am
- Mishna learning with Rabbi Swidler
- St. Louis Kollel Amud-A-Week
- "Journey through the Chumash" with Rabbi Bogopulsky
- Pirkei Avos / Ethics of the Fathers with Rabbi Smason
- Book of Kings: An On-line Class with Rabbi Smason
- Kitzur Shulchan Aruch with Rabbi Bogopulsky

### **\*NEW\* Mother-Daughter Program, Begins this Sunday, January 8, 2023**

We are very excited to announce a Mother-Daughter learning program at NHBZ! Join us for "Middos from the Mishna" with Batya Bogopulsky and others. In conjunction with the St. Louis Kollel as part of "Keshet Connecting Generations," the program is open to girls (Kindergarten to Fifth Grade) and runs January 8 through February 12, 2023. You may sign up here:

[https://docs.google.com/forms/d/e/1FAIpQLSeAdcr\\_WqTpAMHWiwSLug26p9Z79dJnpdxEbCLVCJ9OaAhsow/viewform](https://docs.google.com/forms/d/e/1FAIpQLSeAdcr_WqTpAMHWiwSLug26p9Z79dJnpdxEbCLVCJ9OaAhsow/viewform)



## **Rabbi Yosef Heinemann in St. Louis, January 9-11, 2023**

Renowned sofer from Cleveland, OH, **Rabbi Yosef Heinemann**, will be in St. Louis to check mezzuzahs from Sunday, January 9 through Tuesday, January 11, 2023.

Rabbi Heinemann will work in the Agudas Israel Social Hall, starting at 5:00 pm on the dates indicated. For more information email [gnitsun@stlkollel.com](mailto:gnitsun@stlkollel.com)



## **Installation Shabbos ~ January 21, 2023**

*"All who occupy themselves with the affairs of the community shall be engaged with them for the sake of Heaven." (Pirkei Avos 2:2)*

### **Officers**

President	Kenny Bressler
Vice President	Jennifer Hartranft
Vice President	Stella Vladimirov
Vice President	Denny Feit
Treasurer	Bruce Waxman
Secretary	Caryn Alper
Gabbai	Alan Zarkowsky

### **Board of Directors**

Nancy Belau-Rush	Bobby Levine
Marcie Brook	Ed Levitt
Dr. Faye Cohen	Gavriel Matt
Meira Ganel	Fran Reisler
Rhonnie Goldfader	Margo Tzadok
Tony Granillo	Dan Winograd
Joni Kaiser	Richard Woolf

### **Trustees**

Leonard Alper	Mark Ragin
Dr. Craig Berkin	Irwin Rosen
Sam Bluestein	Menachem Szus
Janet Haber	Jay Umansky
Robert Kaiser	Alan Zarkowsky

## **PIZZA NIGHT!!!! Sunday, January 29, 2023, 5-7 pm**

Same pizza channel, same pizza time. 😊

That's right, Folks! All-you-can-eat KOSHER Pizza Night.  
Pizza. Pasta. Salad. Fun.

**Adults \$15; Kids 4-10 \$7; Kids 3 and under FREE!**

We need chefs, setup & cleanup crews, servers

<https://www.nhbz.org/pizza-volunteer/>



All food under supervision of Rabbi Bogopulsky. See flyer for all the details

## In the Community

- **EMBY Raffle, Draw Date January 7, 2023**

Support Jewish education and have a chance to win a prize! Esther Miller Bais Yaakov (EMBY) is having a Raffle! Prizes include a Wunderwig (\$1,500 value) and a cash prize of \$1,000! To purchase tickets, please visit [embystl.org/raffle](http://embystl.org/raffle) and call Rabbi Avi Feigenbaum with any questions. See flyer for full details.

- **St. Louis Jewish Community Blood Drive, Sunday, January 8, 2023**

SAVE THE DATE! The Annual St. Louis Jewish Community Blood Drive will take place at Congregation Young Israel on Sunday, January 8, 2023, 10 am – 4 pm. Please plan to participate in this life saving Chesed.

- **Jewish Community's Annual Winter Outreach Donation Drive**

NHBZ is collecting items for the Winter Outreach Donation Drive. There is a collection box in the lobby. Please donate NEW and CLEAN: underwear, socks, gloves, blankets, pillows, coats, hats, scarves, boots, clothing, towels, washcloths and toiletries. All donations will be taken to BridgeSTL for distribution to people experiencing homelessness in the St. Louis Area. Donation drive runs through February 28, 2023. It's COLD out there! Share the warmth of generosity.

### **NHBZ "Stock the Food Pantry" Campaign, MITZVAH ACCOMPLISHED!!**

That's right! Thanks to an anonymous donor, we REACHED OUR GOAL!

After just one week, 250 cans of food are on their way to the Jewish Food pantries of St. Louis (Kornblum and Tomchei)!

Mazel tov!



## Learning at NHBZ

- **Gemara Learning with Rabbi Bogopulsky**, Weekdays, 6:15 am  
Dive into the wisdom of the Gemara (Talmud). Start your day off right!
- **"Journey through the Chumash" with Rabbi Bogopulsky**, Tuesdays, 12:00 pm  
Take an amazing journey of learning! Step by step, we will explore the Chumash.
- **Pirkei Avos / Ethics of the Fathers with Rabbi Smason**, Wednesdays, 12:15 pm  
Feed your soul 45 minutes of spiritual nourishment from the timeless wisdom of our Sages, full of relevant, contemporary insights and lessons. Low-calorie, gluten free, and refreshing!
- **Book of Kings with Rabbi Smason**, Monday-Thursday, 3:00 pm (On Zoom!)  
An online class providing an exciting and informative look into the lives of Israel's early kings and prophets. Thirty-minute sessions on Zoom. Join class via this link:  
<https://us04web.zoom.us/j/78974795850?pwd=tw7IIOVumZ8QelPxHvApYZsox8VUem.1>
- **Kitzur Shulchan Aruch with Rabbi Bogopulsky**, Tuesday-Thursday, 6:50 pm  
Invest a few minutes (right before Ma'ariv!) to expand your understanding of Halacha/Jewish Law.
- **"Soul Building" Series**, Every Shabbos, 10:15 am  
Rabbi Yosef David teaches ways to deepen our understanding. This week's topic:  
"Alacrity versus Impulsivity – Procrastination versus Deliberation."

## Parashas Vayechi

How much importance do we attach to blessings that we receive from others? How seriously do we take them? Our Sages established that "everything depends upon the one who gives the blessing and the one who receives it."

What if G-d Himself gives the blessing? A deeper significance to the concept of blessings is found in the Almighty's declaration to Avraham, "*Veheyey bracha* - You will be a blessing." This gave Avraham the Divine authority to bless anyone else he wanted, according to Rashi. The Ramban explains that Avraham became the model through whom other people blessed each other. But there is another way to understand "*Veheyey berachah*." The Torah tells us that Avraham Aveinu, just before his death, "gave Yitzchok all that he possessed. And to the children of his concubines, Avraham gave gifts." But, how did he give his many other children gifts, if he bequeathed it all to Yitzchok?

"All that he possessed," the Midrash writes, does not simply refer to Avraham's material wealth, but also to his spiritual wealth, his essence, his very being. Avraham's personality and demeanor, his perspective on life, these he bestowed solely upon Yitzchak. One dare not equate material riches of cattle and oil with the spiritual riches secured by Avraham and passed to Yitzchak. Yaakov, too, in Parshat Vayechi, wishes to bestow blessings upon his children as a last will and testament. The Torah states, "Each man according to his blessing, he blessed them." Yaakov individualized each of his blessings for each of his sons, Rashi writes.

But Rav Yosef D. Soloveitchik, *zt"l*, explains that "according to his blessing" does not necessarily refer to the blessings' recipients, his sons, but could, in fact, refer to Yaakov himself. Yaakov blessed them with *his* blessing – that is, with his essence, with his very being.

In addition to tailoring each *bracha* to the personality and temperament of each of his sons, Yaakov gave them all a common *bracha*, one that he had received from Yitzchak, who, in turn, had received it from Avraham. Parents have always made every effort to bless their children with estates of material wealth. Some are even judged by how much they've left for their children. The meaning of *Veheyey bracha* shouts out to us. You will be a blessing! How much of *you* did you bequeath to your children? How much of your Torah and moral character, how much of your spiritual legacy will your children inherit? Let us be sure to answer those questions.

*Rabbi Yaakov Pollak*



**Do you shop on Amazon? Signup for Amazon Smile, and .5% of your qualified purchase will be donated back to NHBZ**

**How it works – it's as easy as 1-2-3:**

- 1. Visit [smile.amazon.com](https://smile.amazon.com) and sign-in to your Amazon account**
- 2. Under "Pick your organization, search for "Nusach Hari"**
- 3. Select "Nusach Hari-Bnai Zion Congregation"**

**Start Shopping! Every time you shop, sign-in to [smile.amazon.com](https://smile.amazon.com), and you will earn \$\$\$ for **NHBZ****





# THE SISTERHOOD SCOOP

## JANUARY 7

Mazel  
Tov!



Volume 6

Number 1

14 Teves 5783

January 7, 2023

Sisterhood wishes Mazel Tov to **BENJAMIN WINOGRAD** on becoming a Bar Mitzvah!

There's an old saying about husbands and wives...  
Behind every successful man,  
there's a surprised mother-in-law!



## Sisterhood is gearing up for 2023 and we need YOU!

To prepare for 2023, Sisterhood will hold an open planning meeting to discuss the best ways for Sisterhood to proceed in its mission and activities for the coming year. Do you have ideas for a holiday activity, a Chesed project, or an education program? What activities would you like to see **your NHBZ Sisterhood** conduct? We need YOU, your ideas, and your energy. Join us to reconnect, learn, and share ideas, as we plan for 2023, and beyond.

All interested women are invited to attend an organizational planning meeting on **Sunday, January 22, at 1:00 pm.**  
**at the home of Sallie Volotzky**

For questions email: [sisterhood@nhbz.org](mailto:sisterhood@nhbz.org)



Sisterhood President Emeritus Rachael Pevnick and her daughter Debbie Sher calling Bingo at the NHBZ Chanukah Party on December 25!

## Book Club News

The Book Club meets at 7:15-8:45 PM on the **fourth Monday of odd-numbered** months. Here's the upcoming schedule:

- ☆ **January 23 – Israel: A Simple Guide to the Most Misunderstood Country on Earth** - by Noa Tishby, at the home of **Myra Radinsky**; discussion led by **Margo Tzadok**
- ☆ **March 27 – The Lost Shtetl: A Novel** - by **Max Gross**
- ☆ **May 22 – The Watchmakers: A Story of Brotherhood, Survival, and Hope Amid the Holocaust** - by **Harry Lenga and Scott Lenga**

**SAVE THE DATE ☆ SAVE THE DATE ☆ SAVE THE DATE**  
**All women are welcome!** For more info contact **Fran Alper** at 314-993-4024 or [fran.alper@outlook.com](mailto:fran.alper@outlook.com) or [sisterhood@nhbz.org](mailto:sisterhood@nhbz.org)

## PARSHAS VAYECHI: True Kindness

A wonderful 100-year-old woman, with not much family, lay very ill in hospital. Her health had very quickly deteriorated, and unfortunately her passing was imminent. Volunteers sat with her around the clock, ensuring that after 100 years surrounded by people, her final moments were not alone – a kindness that she can never repay.

Yaakov is reaching the end of his life. He asks his son Yosef "deal with me kindly and truly" (Bereishit 27:49), requesting that he should be buried in Israel, the homeland of the Jewish people. This was his final request.

Rashi comments on the phrase "kindly and truly", that kindness shown to the dead is "true kindness" – *Chesed shel Emet* – because it is kindness when the giver will not be looking forward to any payment from the receiver.

"True kindness" though is not limited to kindness for the dead. *Chesed* done for those who show no appreciation also contain elements of *Chesed Shel Emet*. Mothers caring for young children who do not appreciate it or caring for someone with special needs who can never express their love or thanks, these can be actions of pure giving.

It is important to realize how valuable these actions are and is also an important lesson to apply to all acts of kindness. To give with the correct motivations, purely for the sake of the other person, expecting nothing in return. True kindness. Let's keep our motives pure.

– by **Shoshanna Dresner**, [www.chabad.org](http://www.chabad.org)

[Torah ideas adapted from Love Your Neighbour by Zelig Pliskin]

For information or to join Sisterhood, call the NHBZ office at 314-991-2100, ext. 2, or email: [sisterhood@nhbz.org](mailto:sisterhood@nhbz.org)



# EMBY RAFFLE



Esther Miller Bais Yaakov  
HIGH SCHOOL

*Win a prize & support Jewish education*

WUNDERWIG  
\$1,500 VALUE



\$1,000 CASH



**TICKETS: \$36**

3 FOR \$100 • 7 FOR \$180 • 15 FOR \$360  
25 FOR \$500 • 60 FOR \$1,000

TO PURCHASE TICKETS, PLEASE VISIT

**EMBYSTL.ORG/RAFFLE**

DRAW DATE: JAN 7

*Please contact Rabbi Avi Feigenbaum with any questions: 913-230-6448*





# Mother Daughter Program

Sunday Mornings  
10:30-11:45 am

Girls: Kindergarten to Fifth Grade

## Middos from the Mishna

January 8th

Midda of the Week

"והיו מקבל את כל האדם  
בסבר פנים יפות"  
Greet every person  
with a pleasant,  
cheerful face.

January 15th

Midda of the Week

"אל תהי נוח לכעוס"  
We should not  
get angry easily.

February 5th

Midda of the Week

"כל שרוח הבריות נוחה הימנו,  
רוח המקום נוחה הימנו"  
Anyone who people  
find to be pleasant,  
Hashem also finds  
pleasant.

February 12th

Midda of the Week

"איזהו עשיר? השמח בחלקו"  
Who is rich?  
The one who is happy  
with his lot.

Location: Nusach Hari B'nai Zion, 650 N Price Rd, Olivette, MO 63132

No Admission Fee

**Be added to the Keshet Whatsapp group! Text Temima: 314 817 4336**

Tentative babysitting option. If interested please email [yfarkas@stlkollet.com](mailto:yfarkas@stlkollet.com)

### COMMITTEE:

Batya Bogopulsky, Sarah Glazer, Temima Klein, Riki Gutovich, Tammy Friedman, Tzirel Biron





# BLOOD DRIVE

**BLOODCENTER.ORG**

## St. Louis Jewish Community Blood Drive

**Sunday, January 8 10:00 am - 4:00 pm**

**Young Israel Congregation 8101 Delmar Blvd**

*Masks optional. Appointments recommended.*

To schedule an appointment, **scan QR code**

call ImpactLife at 800.747.5401

or go online to [www.bloodcenter.org/group](http://www.bloodcenter.org/group)

use group code 11448 to schedule online



Give blood **11/14/22 – 1/15/23** &  
get your choice of a gift card or  
a donation to Feeding America.



UNITING US ALL

# Machshava Literary Magazine

**WANTS YOUR WORK!**

Theme: "Time flies when you're having fun!"

**NOW ACCEPTING SUBMISSIONS:**

Fictional short stories, poems, artwork, &  
Divrei Torah

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**REQUIREMENTS:**

Maximum 1500 words per Entry

Submit as a Google Doc to  
[litmag@eha.org](mailto:litmag@eha.org)

Include name, grade, school,  
and mailing address

**DUE BY**

**2/10/23**

**ST. LOUIS JEWISH LITERARY MAGAZINE**



SHABBOS VAYECHI 5783 IS DEDICATED TO  
CONFRONTING THE CREMATION CRISIS

# the cremation crisis is real

HOW REAL?

One out of every two Jews in  
the US will be cremated.

Every 16 minutes, another  
Jew is incinerated.

Someone *you* know will likely be cremated.



Your  
next door  
neighbor



Your  
second  
cousin



Your  
longtime  
doctor



Your child's  
science  
teacher



A friend's  
grand-  
mother



A resident  
you visit at the  
nursing home

## We have a crisis. *A tragic one.*

AND **YOU** CAN DO SOMETHING ABOUT IT.

JOIN A WORKSHOP WITH RABBI ELCHONON ZOHN  
LEARN HOW TO START THE CONVERSATION

CHOOSE FROM TWO LIVE ZOOM WORKSHOPS

Motzei Shabbos **January 7** 9:00PM EST / 6:00PM PST

Sunday **January 8** 1:00PM EST / 10:00AM PST

[endcremation.org](https://endcremation.org)



# Sunday, Jan 29<sup>th</sup> • 5:00-7:00 pm

**Dine-In Buffet • Adults: \$15.00 ~ Kids 4-10: \$7.00 ~ Kids 3 & under: FREE**

Cheese is Cholov Yisroel; pareve crusts available upon request. All food under the supervision of Rabbi Chaim Bogopulsky

NHBZ.ORG

314-991-2100

*Nusach Hari  
B'nai Zion*

**EAT ... EAT! IT'S KOSHER!**

## The Lion's Den Pizza Night

**ALL YOU CAN EAT BUFFET**

Includes Pizza, Pasta, Salad and Garlic Bread plus a Dessert and a Beverage

# Returns!



We accept credit cards at

**NHBZ PIZZA NIGHT**



**NHBZ PIZZA NIGHT**



**NHBZ PIZZA NIGHT**