

NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

February 11, 2023 • 20 Sh'vat 5783 • Candle Lighting 5:14 pm • Shabbos Concludes 6:19 pm

Parshas Yisro Haftorah Exodus 18:1 - 20:23 Isaiah 6:1 - 13 Chumash pp. 394 – 415 Chumash pp. 1154 – 1155

We thank our generous sponsors

This week's kiddush is anonymously sponsored as an **A.R.T.** (**Anna Rose Tendler**) **Appreciation Shabbos**! At her request, we are serving up the leftovers (most of which she shopped for!). We take this opportunity to say: **ANNA ROSE TENDLER**, we appreciate you!! You are a shopping force to be reckoned with and we cannot thank you enough for the time, effort and energy you put into every Shabbos meal! THREE CHEERS for Anna Rose!

<u>Prayer</u>

Shabbos, Friday, February 10

- 5:10 pm Mincha, Kabbalat Shabbat, Ma'ariv
- 5:14 pm Candle Lighting

Shabbos, Saturday, February 11

9:00 am Shachris followed by Musaf

Pesukei D'Zimra: **Howard Sandler**

Shacharis: **Mateo John** Leyning: **Stuart Klamen**

• 10:00 am Kids' Program (downstairs)

• 10:15 am "Soul Building" with Guest Speaker Rabbi Daniel Sentell (downstairs)

This week's topic: "At What Cost a Soul? The Torah Perspective on the Death Penalty"

• 5:00 pm Mincha, Shalosh Seudos, Ma'ariv

6:19 pm Shabbos concludes



Haftorah: Kenny Bressler

Sermon: Rabbi Chaim Bogopulsky Musaf: Rabbi Chaim Bogopulsky

Minyan Times Feb 10 - Feb 18, 2023

	Fri	Shabbos	Sun	Mon	Tues	Wed	Thu	Fri	Shabbos
	Feb 10	Feb 11	Feb 12	Feb 13	Feb 14	Feb 15	Feb 16	Feb 17	Feb 18
Shachris (am)	7:00	9:00	8:00	7:00	7:00	7:00	7:00	7:00	9:00
Mincha/Ma'ariv (pm)	5:10	5:00	5:15	5:15				5:20	5:10
Ma'ariv Only (pm)					7:00*	7:00*	7:00*		

*Join us at 6:50 pm for a 10-minute Shiur (class) on Kitzur Shulchan Aruch

Congregation News

Mazel Tov on Simchas This Week! Feb 10 - Feb 18, 2023

Happy Birthday

Moshe Pinto

Scott McCary	Feb 11	Stuart Klamen	Feb 16
Stella Vladimirov	Feb 11	Maxwell Pepose	Feb 17
Amanda Fredman	Feb 12	Morissa Pepose	Feb 17
Bob Kaiser	Feb 14	Samuel Pepose	Feb 17

Feb 15



Happy Anniversary

Norman & Marilyn Liss	Feb 11
Rabbi Chaim & Batya Bogopulsky	Feb 14
Mark & Natalia Wallman	Feb 16

THANK YOU!

We send a big THANK YOU to our hard-working, dedicated and devoted staff:

Teretha Carter, **Kevin Nelson** and **Officer John Herman**. Thank you for everything you do, week in and week out! You are treasures!!

Coming Events

- Kabbalat Shabbat, Feb 10, 5pm
- Sunday, Feb 12, 10:30am
- Wednesday, Feb 15, 2:00pm
- Thursday, Feb 16, 8:00pm
- Shabbos, Feb 18
- Shabbos, Feb 25, 9:00am
- Sunday, Feb 26, 5–7pm

- Young Families' Kabbalat Shabbat & Shabbat Dinner
- Mother/Daughter "Middos from the Mishna"
- Ladies' Coffee and Learning
- Community Siyum with the St. Louis Kollel at NHBZ
- Kiddush Lunch in honor of Bob Kaiser and Sally Amon's birthdays sponsored by the Kaiser & Amon Families
- Father/Son Teen Minyan SAVE THE DATE
- Lion's Den All-You-Can-Eat PIZZA NIGHT

Ladies Learning and Coffee, February 15, 2:00-3:30 pm

The NHBZ Chesed Committee invites ALL WOMEN to a special afternoon Ladies' Learning and Coffee. **Rebettzin Chani Wasser** will offer insights on the topic of "Don't just survive, THRIVE: Navigating Life Challenges with Strength." No need to RSVP. Come as you are! See flyer for details.

Father/Son Teen Minyan, Shabbos, February 25, 9:00 am

Fathers, sons, grandfathers, uncles and friends please join Rabbi Bogopulsky in the Chapel downstairs for this special minyan. Contact Rabbi Bogopulsky if you would like to lead davening. Kiddush to follow! We plan to hold this gathering on the last Shabbos of each month, so mark your calendars! Any changes will be announced in the NHBZ Weekly News.

Nusach Hari B'nai Zion on FACEBOOK

Please help us spread the word about all our exciting programs by following the Nusach Hari B'nai Zion Facebook page. Be sure to like and share whenever you see a post of an upcoming program. This will help to make our posts more visible to the general Jewish community. You can follow our Facebook page by clicking the link or by using the QR code. Thanks for helping us grow our NHBZ community! https://www.facebook.com/NusachHariBnaiZion





Have you explored your personal Path to Peace?

Have you considered how your daily choices impact the world?

Are you helping to make this world a better, more peaceful place?

Stumbled across this image and amazing story while preparing the bulletin (Thank you, Menachem, for the link to the original source). https://dannythedigger.com/netiv-haasarah/

SHABBAT SHALOM

In the Community

- Middos from the Mishna, A Mother Daughter Program, Feb 12, 10:30 am
 Kesher Connecting Generations presents a wonderful and fun learning opportunity for
 Mothers and Daughters (and any other women who want to attend!). Join Batya Bogopulsky
 and others on Sunday morning. See flyer for dates and details.
- Community Siyum with the St. Louis Kollel at NHBZ, Feb 16, 8:00 pm
 Join your community for a siyum celebration on Maseches Ta'anis. RSVP to
 cfreund@stlkollel.com. See flyer for details.
- Annual Rabbi Noah Weinberg Memorial Lecture, Feb 19, 7:30 pm
 Rav Gav (Rabbi Gavriel Friedman) presents a lecture on "The Power of Speech: What goes on behind the scenes when we talk." See flyer for details.
- Tax Credit Scholarships Dinner, Feb 20, 7:00-8:15pm

Hillel Anton and Agudath Israel of Missouri cordially invite the entire community for a buffet dinner celebrating our first year of tax credit scholarships through our EAO. Monday February 20th from 7:00-8:15pm at the Third Degree Glass Factory, 5201 Delmar Blvd. Learn more about how this program has benefited our schools and community, and how you can participate. All adults are welcome to join this complimentary event. RSVPs are appreciated to hanton@agudahmo.org

A Night of Unity with Bracha Jaffe, February 26, 2023

Women and girls are invited to a community-wide live musical performance by **Bracha Jaffe**. To purchase tickets, ucitynshei.booktix.com.

The Four Questions

One of our newest members, we are pleased to introduce

JENNIFER ("JENN") COHEN

"Jenn grew up in New York City where she and Sandy met and started their family. Though she is often "cawt" still saying words like "cawfee", and "tawk", she has made St. Louis her home since 2013. When she is not multi-tasking between her 3 energetic boys, her military husband, and her job as an office manager at a chiropractor's office, she is, well, we wouldn't know!"

The Questions:

1. Who is your favorite Torah personality and why?

A: "My favorite Torah personality is Yehudit who saved her town of Bethulia during the time of the Maccabean revolt against Syrian oppression. Just as the men in her town were ready to surrender she reminded them that "if you truly have faith in G-d you must never give up your trust in Him". She took it upon herself to charm and trick the Greek General Holofernes and eventually beheaded him leading to the defeat of his army and victory for the Jews in her town. This story teaches us two things: 1) No-one gets a job done like a fierce woman and 2) Don't get on a woman's bad side while there are sharp objects around."



2. What is your favorite snack food?

A: "Does wine on Shabbat qualify? There is something about settling down with my favorite people and my family (Just kidding! My favorite people are my family.) after a hectic week and enjoying the Kiddish. After a week of constant go and hustle, that calm after the storm is invaluable."

3. What is your personal motto?

A: "As cliche as the saying may be, I often use the quote, "Be the change you want to see in the world". It is easy to complain about the people and world around us and accept it as status quo but sometimes all it takes is being the positive force in a situation to transform everyone and everything around us for the better."

4. What inspires you?

A: "What inspires me are people who are indiscriminately happy no matter what they are facing. It is a huge Mitzvah to be happy but for many it is easier said than done. I feel very inspired whenever I have the privilege of encountering or reading about amazing people who remain joyful and giving despite their unimaginable adversity."

Thank you, Jenn! Thanks for giving us some insight into what makes you tick!

Purim is coming !!!

Fulfill the mitzvah of Misloach Manos ~ gifts to friends! Give actual gifts of food to at least two friends, and then send our PURIM CARDS to everyone else!! All proceeds will benefit the NHBZ Chesed Fund. Cards may be purchased in our office, or call 314-991-2100, or email to office@nhbz.org.

\$10 per pack of 5 cards with envelopes \$18 per pack of 10 cards with envelopes

Learning at NHBZ

Parashas Yisro

"And Moshe went up to G-d." The great event, toward which all of creation moved from the hour of its inception, was about to take place. The entire universe was hushed and attentive to the sublime drama that was about to unfold in the wilderness of Sinai. In view of the vivid circumstances surrounding the Divine Revelation, it is most disconcerting that its substance rapidly dissipated. For shortly after Sinai, the Hebrews create a golden calf and Moshe, learning of it from atop the mountain, shatters the tablets containing the Ten Commandments. What a magnificent beginning! What an abysmal ending!

Where in lay the difference between the first set of tablets, which were broken, and the second set, which Moshe later fashioned and which remained whole? Why were the latter more enduring? Why were they received in sincerity by the Jewish nation? Rashi comments that the first tablets, which were given amid tumult, thundering and a great assembly, were affected by the evil eye, whereas, the second tablets, which were given under more modest circumstances, were able to endure. There is nothing more beautiful than modesty. But while this teaching of Rashi contains a very important moral lesson, it still does not fully explain the circumstances surrounding the second tablets.

Why did G-d command Moshe to hew these second tablets instead of giving them to him ready-made from Above, as He had with the first pair? And if it was, for some reason, essential that Moshe hew them by himself, could he not have done so at the top of the mountain? Why did G-d instruct him to hew them at the foot of the mountain and carry them up to the top? It is precisely this incident that explains the durability of the second tablets.

The first tablets were given to Moshe ready-made by G-d. They were given from Above to be carried down. G-d made his revelation but the Jewish people were not spiritually prepared to fully appreciate and receive it. In a great moment of inspiration, they had exclaimed, "We will do and we will listen." But the moment passed. Backsliding was the result. Confusion and disgrace followed. The second tablets, on the other hand, were brought up from below. They were hewed by the hand of man. The Jewish people, purged and cleansed by the unfortunate incident of the Golden Calf and its aftermath, were, at this point, spiritually ready to receive the message of the tablets. They had prepared themselves for its reception. They elevated themselves to be suitable receptacles for the word of G-d. G-d inscribed the tablets, but Moshe prepared them and brought them up to be inscribed. These tablets could endure.

Frequently people complain, "Why is Judaism meaningless to me? It doesn't move me. I am not affected by its message. When I attend services, it leaves me cold. Nothing happens to me. The rabbi, the cantor do not inspire me sufficiently." These people mistakenly view religion as something external to themselves, as something separate and apart. They do not realize that one must prepare himself to receive the message of G-d. "Hew for yourself' – make yourself a proper receptacle to receive G-d's word. Then it will affect you. Attending services is not like attending a show or theater. Services require active participation, not merely passive observation. The rabbi and cantor cannot pray and be devout for you. Prepare your own tablets and ascend the mountain. Then G-d will inscribe his word upon them.

Rabbi Melvin I. Burg

Congregation Pri Eitz Chaim Ocean Avenue Jewish Center in Brooklyn, NY

On-Going Classes

- Gemara Learning with Rabbi Bogopulsky, Weekdays, 6:15 am Dive into the wisdom of the Gemara (Talmud). Start your day off right!
- St. Louis Kollel Amud-a-Week, Mondays, 8:00 pm
- "Journey through the Chumash" with Rabbi Bogopulsky, Tuesdays, 12:00 pm Take an amazing journey of learning! Step by step, we will explore the Chumash.
- Pirkei Avos / Ethics of the Fathers with Rabbi Smason, Wednesdays, 12:15 pm Feed your soul 45 minutes of spiritual nourishment from the timeless wisdom of our Sages, full of relevant, contemporary insights and lessons. Low-calorie, gluten free, and refreshing!
- Book of Kings with Rabbi Smason, Monday-Thursday, 3:00 pm (On Zoom!) An online class providing an exciting and informative look into the lives of Israel's early kings and prophets. Thirty-minute sessions on Zoom. Join class via this link: https://us04web.zoom.us/j/78974795850?pwd=tw7IIOVumZ8QeIPxHvApYZsox8VUem.1
- Kitzur Shulchan Aruch with Rabbi Bogopulsky, Tuesday-Thursday, 6:50 pm Invest a few minutes (right before Ma'ariv!) to expand your understanding of Halacha/Jewish Law.
- "Soul Building" Series with Rabbi David, Every Shabbos, 10:15 am (Rabbi Daniel Sentell on 2/11)
- Mishna Learning with Rabbi Swidler, Every Sunday morning, after Shachris

NHBZ Giving & Dedication Opportunities

Giving to Nusach Hari B'nai Zion provides you with an opportunity to fulfill the important mitzvah of contributing tzedakah (charity). We offer many ways to say Mazel Tov to relatives and friends in honor of simchas celebrated, or to remember loved ones by making a dedication in their memories.

Contributions & Dedications for Building & Campus

To receive information on the many naming and dedication opportunities, please call our office, 314-991-2100, ext. 2.

Inscribed Bricks/Pavers & Plantings

\$250.00 for 4"x8" inscribed Brick/Paver; \$500.00 for 8"x8" inscribed Brick/Paver

Tree of Life - In the Alper Lobby

\$360.00 Minimum per Brass leaf inscribed, in memory of or in honor of a special person(s) or occasion.

Cast Iron Memorial Plaques - In the Feigenbaum-Pepose Learning Center

\$360.00 Bronze Plaque - name in raised lettering. Molay is recited on each yahrzeit.

Kaddish

Important mitzvos to be observed in memory of relatives or dear friends.

\$360.00 Kaddish recited daily for eleven months after the passing of the individual.

\$360.00 Kaddish recited each yahrzeit in perpetuity.

Book Funds - Dedications Inscribed

\$60.00 Nusach Hari Daily Siddur

\$75.00 Artscroll – Stone Edition Chumash

\$60.00 each Rosh Hashana & Yom Kippur Machzorim

Shabbos Bulletin Sponsorship

\$54 includes your specified dedication listed in the Bulletin

Call or email the office, 314-991-2100, ext. 2 or office@nhbz.org

Tributes - Honor Simchas, Wishes for Good Health, Condolences

Call or email the office, 314-991-2100, ext. 2 or office@nhbz.org

\$10 donation per card; \$25 pack of 5 cards. We have In memory...", "In honor", Speedy Recovery, and Rose Ragin Chesed Fund* cards. (*Sold only in packs of 5)

Kiddush Sponsorship - Defrays Costs of Shabbos & Yom Tov Kiddushim

Please call our office for menu selections and pricing, 314-991-2100, ext. 2.

NOTE: Please note that the above prices, effective December 2022, are subject to change.



Volume 6 Number 6 20 Shevat 5783 February 11, 2023

Calling all Women...
The Chesed Committee

invites you to attend a free Women's Event

THIS WEDNESDAY Feb. 15 2:00-3:30PM at NHBZ



Featuring Special Guest
Rebbetzin Chani Wasser
Speaking on the topic

"Don't Just Survive, Thrive:
Navigating Life Challenges with Strength"
Light refreshments, socializing, & learning
Food under supervision of Rabbi Chaim Bogopolsky

A Lesson from the 10 Commandments

"The 10 Commandments were addressed in singular to the whole of the Jewish people; if even one Jew was missing, the Torah could not have been given. You are essential... and you have a unique role and mission." -Chana Weisberg, chabad.org

Book Club Invites YOU to Join

The Book Club regularly meets at 7:15-8:45 PM on the **4th Monday of odd-numbered** months ~ *with occasional modifications due to holidays* ~

- **☆** SAVE THESE DATES **☆** SAVE THESE DATES **☆**
- **☆** May 22 The Watchmakers: A Story of Brotherhood, Survival, and Hope Amid the Holocaust, by Harry Lenga & Scott Lenga
- **↓** July 31 *The Golem and the Jinni: A Novel,* by Helene Wecker

All women are welcome!
For more information call

Fran Alper at 314-993-4024 or email

<u>fran.alper@outlook.com</u> or <u>sisterhood@nhbz.org</u>

Parshas Yisro: First Speak to the Women

The role of women in society has certainly evolved over time. The women's rights movements over the 20th century led to increased equality and greater personal freedom and opportunity for women. The knowledge, creativity and expertise that women bring to the forefront of society is both sizeable and substantial.

However, as with every major social revolution, the women's rights movements brought along new challenges that are more apparent with the passage of time. The growing expectations of women to have both a successful career and raise a family often leads to having to choose between one or the other, they are left feeling that they are not a success. The institution of marriage and raising a family is no longer assumed, and often not prioritized, creating a negative ripple in society.

The Torah, which is eternal and speaks to every generation, has much to say on how and when to balance and embrace new values, how to properly grow and evolve without losing our core values and what we stand for.

As evidenced in this week's Torah portion, Jewish wisdom views the woman as the central figure in Jewish life and continuity. The Jews were standing in front of Mount Sinai about to receive the Torah and God tells Moshe, "Ko tomar l'beit Yaakov" – I want you to speak to the women – first. First approach the women and find out if they are interested in receiving the Torah. If so, then the men will surely follow suit.

Jewish women are the ultimate guardians of Judaism. The determining factor of a person's affiliation with the Jewish people is dependent on the mother. If a person's mother is Jewish, then the person is born a Jew. This itself indicates the woman's primary role in preserving Jewish identity and values. With their warmth and understanding, they are entrusted to give over Jewish tradition to the next generation. As the wisest of all men put it in Proverbs (1,8) "Listen my son, to the discipline of your father, and do not forsake the Torah of your mother." The Torah, Jewish wisdom, values and tradition, are transmitted to the next generation through the mother's love, intellect and dedication.

A Jewish woman is referred to as 'akeret habayit', the "mainstay of the home." It is she who largely determines the spiritual atmosphere of the home, which in Jewish tradition is a mini sanctuary, a place where one is nourished physically and spiritually. Modern psychologists are affirming more and more what the Torah has always taught us: that a secure and loving home built on solid moral and ethical values is a basic building block of society.

The role of women is truly unique and multifaceted; women are responsible for transmitting Jewish tradition to the next generation and keeping Jewish values alive. This delicate balance of the woman's role within the physical and spiritual realms of life and the measure of success that is infused within this role is truly a determining factor of the future and success of the Jewish people.

- adapted from Rabbi Eitiel Goldwicht www.aish.com



Sisterhood Membership Information for 2023

NHBZ Sisterhood...

Supporting congregation ... Strengthening community ... Promoting friendship ... Enriching lives

Nusach Hari B'nai Zion Sisterhood Mission

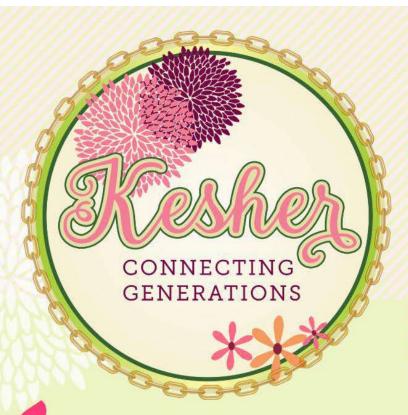
...to bring together the women of NHBZ, and other interested women, to serve and inspire our congregation, to support our community, and to enrich our lives through personal and spiritual growth in Torah values. Our activities further our commitment to Torah ideals, Jewish education, Zionism, and family.

Since 1950, the Sisterhood of Nusach Hari B'nai Zion has supplemented and enhanced the physical synagogue building as well as the spirituality of the congregation. Whether funding new kitchens, beautifying the landscape, or sponsoring holiday treats, the women of the Sisterhood have banded together to enrich our shul and inspire each other. Our fundraising supports Passport to Israel experiences for eligible members, synagogue improvements, sponsorships, and more.

All <u>paid-up</u> Sisterhood Members are invited to a Membership Tea in March. <u>Join today</u>!

NHBZ SISTERHOOD MEMBERSHIP FORM							
APPLICANT INFORMATION							
□Mrs.	□Ms.	□Miss	□Dr.	□Married	□Single	□Widow	
Name:							
Current A	Address:						
City:			State:		ZIP Code:		
Home Phone:			Cell Phone:		Work Phone:		
Email Address:					Hebrew Name:		
Are you a Member of Nusach Hari B'nai Zion Congregation? □Yes □No				Date of Birth:			
				INTERES	T SURVEY		
Occupation/Profession (current or former):							
Special Skills or Talents:							
List the Sisterhood activities of interest to you:							
Additional Comments:							
EMERGENCY CONTACT							
Name of Relative/Emergency Contact:							
Relations	lationship: Phone:			Phone:			
SIGNATURE							
\$25 Annual Membership Dues					☐ Dues Paid for 20	Amt\$	
Make check payable to NHBZ – write 'Sisterhood' in the memo line – Mail to NHBZ, 650 N. Price Road, StL, MO 60132							
Applicant Signature:				Date:			

For more information: email sisterhood@nhbz.org, visit www.nhbz.org, or telephone: 314-991-2100



Mother Daughter Program

Sunday Mornings 10:30-11:45 am

Girls: Kindergarten to Fifth Grade

Middos from the Mishna

January 8th

Midda of the Week

יוהוי מקבל את כל האדם" בסבר פנים יפות" Greet every person with a pleasant, cheerful face. January 15th

Midda of the Week

"אל תהי נוח לכעוס" We should not get angry easily. February 5th

Midda of the Week

"כל שרוח הבריות נוחה הימנו, רוח המקום נוחה הימנו" Anyone who people find to be pleasant, Hashem also finds pleasant. February 12th

Midda of the Week

"איזהו עשיר? השמח בחלקי" Who is rich? The one who is happy with his lot.

Location: Nusach Hari B'nai Zion, 650 N Price Rd, Olivette, MO 63132

No Admission Fee

Be added to the Kesher Watsapp group! Text Temima: 314 817 4336

Tentative babysitting option. If interested please email yfarkas@stlkollel.com

COMMITTEE:

Batya Bogopulsky, Sarah Glazer, Temima Klein, Riki Gutovich, Tammy Friedman, Tzirel Biron













www.nhbz.org

Ladies Coffee & Learning

A Free Women's Event

The Chesed Committee Cordially invites You to A Ladies Coffee at NHBZ

Light Refreshments, Socializing and Learning

with Special Guest,

Rebbetzin Chani Wasser February 15th from 2pm to 3:30pm

Rebbetzin Wasser's topic:

Don't just Survive, Thrive: Navigating Life Challenges with Strength

This is a free Women's event - Open to the public.

For more information:

314.991.2100 ext:2 or email: office@nhbz.org.

phone: 314-991-2100 | All food is supervised by Rabbi Bogopulsky



FOR MEN & WOMEN

SPONSORSHIP OPPORTUNITIES AVAILABLE
PLEASE CONTACT RABBI YAAKOV BERKOWITZ FOR MORE DETAILS

STARTING MASECHES ERUCHIN SUNDAY FEBRUARY 19

GUEST SPEAKER
RAV HENOCH PLOTNIK

Learn. Unite. Grow.











The Annual Rabbi Noah Weinberg Memorial Lecture

featuring the incomparable Rabbi Gavriel Friedman aka **Rav Gav**

The Power of Speech What goes on behind the scenes when we talk

Sunday, February 19 at 7:30 pm

Hilton St. Louis Frontenac 1335 S. Lindbergh Blvd. Saint Louis, Missouri 63131



For more information call 314-862-2474 or email cwolff@aish.com

Dessert reception to follow

\$10 suggested donation

This lecture is dedicated in loving memory of Jerry Axelbaum, a"h by the Axelbaum family.