



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

March 11, 2023 • 18 Adar 5783 • Candle Lighting 5:44 pm • Shabbos Concludes 6:49 pm

Parsha Ki Sissa
Haftorah

Exodus 30:11 – 34:35
Kings I 18:20 – 39

Chumash pp. 484 – 515
Chumash pp. 1160 – 1162

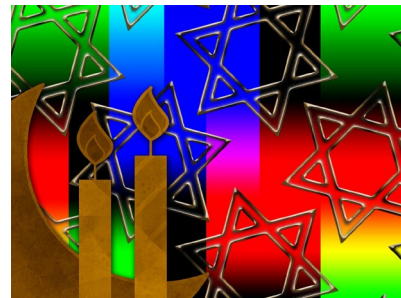
Prayer

Shabbos, Friday, March 10

- 5:40 pm Mincha, Kabbalat Shabbat, Ma'ariv
- 5:44 pm Candle Lighting

Shabbos, Saturday, March 11

- **8:30 am** Shachris followed by Musaf
Pesukei D'Zimra: **TBD**
Shacharis: **Mateo John**
Leyning: **Stuart Klamen**
- 10:00 am Kids' Program (downstairs)
- 10:00 am "Soul Building" with Rabbi Yosef David (downstairs) **NEW TIME**
This week's topic: "Why Inspiration Never Lasts Unless..."
- 5:30 pm Mincha, Shalosh Seudos, Ma'ariv
- 6:49 pm Shabbos concludes



Haftorah: **Alan Haber**
Sermon: **Please Join Synaplex**
Musaf: **Rabbi Chaim Bogopulsky**

SYNAPLEX SHABBAT, This Shabbos, March 11

An open invitation to NHBZ's



Shabbat Morning

We have a great Synaplex planned!

Thought-provoking speakers and delicious lunch await you.

See flyer for full details. Join us for Synaplex!

Minyan Times Mar 10 – Mar 18, 2023

	Fri Mar 10	Shabbos Mar 11	Sun Mar 12	Mon Mar 13	Tues Mar 14	Wed Mar 15	Thu Mar 16	Fri Mar 17	Shabbos Mar 18
Shachris (am)	7:00	8:30	8:00	7:00	7:00	7:00	7:00	7:00	9:00
Mincha/Ma'ariv (pm)	5:40	5:30	6:45	6:45	6:45	6:45^	6:45^	6:45	6:35

^Join us for a 10-minute *Shiur* (class) on Kitzur Shulchan Aruch on Wednesday and Thursday evenings

*Rememer to change your clocks on Sunday, March 12! Spring forward, 2:00 am

Congregation News

Mazel Tov on Simchas This Week! Mar 10 – Mar 18, 2023

Happy Birthday

Rabbi Avi Okin	Mar 10	Alex Lyss	Mar 14
Rebecca Liberman	Mar 14	Jack Lyss	Mar 14

Happy Anniversary

Ram & Sallie Volotzky	Mar 13
Rabbi Ze'ev & Chani Smason	Mar 13
David & Lisa Gellman	Mar 15



Coming Events

- Shabbos, Mar 11 – Synaplex Shabbat – See Flyer for Details
- Sunday, Mar 12, 3:30 pm – Sisterhood Membership Tea
- Shabbos, Mar 18 – Shabbat with the St. Louis Kollel Rabbis
- Shabbos, Mar 25 – Kiddush lunch (See below)
- Sunday, March 26, 5-7 pm – Lion's Den All-you-can-eat Dine-In Pizza Night
- Shabbos, April 1, 9:00 am – Father/Son Minyan with Rabbi Chaim Bogopulsky (downstairs)
- Shabbos, April 1 – Kiddush sponsored by Mimi Fizel in celebration of her birthday
- Shabbos, April 22 – Yom HaAtzmaut Kiddush Lunch Celebration – SAVE THE DATE
- Shabbos, April 29 – Kiddush Lunch and Learn with Sharsheret – SAVE THE DATE

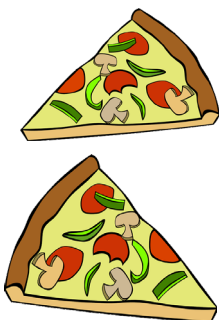
Kiddush Lunch, March 25

Kiddush lunch on March 25 will be sponsored by **Daniel & Marcela Morgensztern**, in honor of their 25th Wedding Anniversary and **Rhonnie & Stanley Goldfader**, in honor of their 50th Wedding Anniversary. Come help celebrate with them!

Maos Chitim Campaign

Please join the Vaad Hoeir of St. Louis in providing for the needs of families during Pesach (and beyond). Your contributions provide hundreds of families with Pesach food and programs. Donations accepted online at www.stlmaoschitim.com. Checks should be made payable to "Maos Chitim" and mailed to The Vaad Hoeir of St. Louis, 4 Millstone Campus Drive, St. Louis, MO 63146.

Lion's Den Pizza Night, Sunday, March 26, 5 – 7pm



The last Sunday of the month is coming! And that means...PIZZZZZA!!!!

All-you-can-eat Kosher Pizza! Plus salad, spaghetti, garlic bread and dessert! Gluten free options available upon request.

Good food, good company and good fun for the whole family!

Adults \$15, Kids 4-10 \$7, Kids 3 & under FREE

All food under the supervision of Rabbi Chaim Bogopulsky.

(Volunteer sign-up in the usual place: nhbz.org/pizza-volunteer)

NHBZ FEBRUARY 2023 TRIBUTES

IN MEMORY OF

Ed Lyss

Thomasina McFarlin
and Joanne Delaplaine

IN HONOR OF

Rabbi Ze'ev Smason

Faith & Larry Comensky

**Andrew Sher making Partner at
his New York City law firm**

Debbie & Brian Sher

**The birth of a granddaughter to
Bruce & Faith Waxman**

Feigenbaum/Pepose Family

Bob Kaiser's Retirement

Martin & Sylvia Mintzer

NHBZ Father/Son Monthly Minyan

Richard, Corey & Evan Woolf

**Recent yahrzeits of David Rubin's
beloved mother, grandmother and
grandfather**

Joni & Bob Kaiser

**Recent yahrzeit of Margo Tzadok's
beloved father**

Joni & Bob Kaiser

HAPPY BIRTHDAY TO

Rachael Pevnick

Feigenbaum/Pepose Family

Helayne Levitt

Feigenbaum/Pepose Family

Bob Kaiser

Martin & Sylvia Mintzer
Michelle & Richard Goldstein
Libby Sorkin Routman
Feigenbaum/Pepose Family

Sally Amon

Feigenbaum/Pepose Family

Stella Vladimirov

Feigenbaum/Pepose Family

Stanley Goldfader

Elliott & Joan Glassman & Family

HAPPY ANNIVERSARY TO

Norman & Marilyn Liss

Feigenbaum/Pepose Family

Stan & Rhonnie Goldfader

Linda & Norman Shore

REFUAH SHELEMA TO

Leslie Gitel

Joni & Bob Kaiser

Trib-ute (trib'yoot)

A gift, payment, declaration, or other acknowledgement of gratitude, respect or admiration.

Make a tribute to honor someone's simcha, good health or a loved one's memory.

Call (314-991-2100, ext 2) or email (office@nhbz.org) to make a tribute.

Tributes will be listed monthly in the Weekly News.



We Had a GREAT Seudah!!!! Costumes and laughter and food and fun! And, the winners are:

Best Kid's Costume: Yaakov Bogopulsky as a chef and Angela Feldman as a pirate

Best Adult Costume: Trudy Sudin as a cat

Best Group Costume: Lenny, Fran, Caryn & Joanna Alper as the Four Mitzvot of Purim

BIG thanks to the magical crew of volunteers that made it such a great event: Jackie Berkin, Anna Rose Tendler, Sally Needle, Stella Vladimirov, Gary Sudin, Alan Zarkowsky, Alan Haber and Vivian Zarkowsky. Last, and certainly not least, our Master of Ceremonies and all around organizer Lenny Alper!!! Special thanks to Fran Alper for the photo collages.

Let the crowd ROAR in appreciation for this wonderful group of core volunteers. MAZEL TOV for making our Seudah such a huge success!



Learning at NHBZ

Parshas Ki Sissa

When Moshe returns from Mount Sinai after forty days and nights, he descends with more than just the second set of *luchos*. Moshe brings the very *Shechinah* with him as well. The Torah teaches that after receiving the Law, Moshe's face shone. The *Daas Zekeinim Mibaalei Tosafos* explains that the luminosity of Moshe's face was, in fact, the light of the *Shechinah*. *Hashem* transferred the splendor of His presence to Moshe in order to assure a post-golden-calf *Kial Yisrael* that no other leader was as worthy as Moshe. Subsequently, they unanimously received him as their leader.

When the Jews saw the light, however, they became fearful and reluctant to approach Moshe. They kept their distance from him. *Rashi* comments that before the sin of the golden calf the Jews were able to withstand the *Shechinah* on Mount Sinai in all its glory and holiness. But now they were unable to endure mere beams of light from Moshe's face. From this we see the debilitating effect of sin.

In an attempt to lure them back, Moshe veiled his face in their presence. He only removed the veil when conversing with *Hashem*. But a careful reading of the chapter reveals that "Moshe spoke with the Jewish people and when he was finished, covered his face." This would imply that the Jews weren't fearful of Moshe's face at all! How do we understand an earlier verse that says the Jews were afraid to approach him?

The *Seforno* explains that generally the people were fearful and Moshe remained veiled. But they overcame those fears when they were studying Torah with him. Although it was difficult for *Kial Yisrael*, they deemed it critical to see the face of their teacher. This is based on the verse in Isaiah, "Your eyes will see your teacher." The *Maharsha* comments that when one sits before his rebbe and observes his facial features and subtle movements, he will be able to read into these nuances and thus understand more Torah.

We learn two important lessons from this *parshah*. First, Moshe made every effort to be *mikarev* Jews to study Torah. He endeavored to hide his greatness and holiness, even if it meant wearing a mask! If Jews were intimidated by his sanctity, he would contain it for the greater cause. We are all aware of the many stories of great sages who went out of their way to appear "normal," so as to draw Jews closer to them and to Torah. The Talmud teaches that even the Torah uses colloquial speech so that a broader audience of Jews will understand and follow *Halachah*. Second, Moshe removed his veil when teaching Torah. When a worthy student shows interest, a teacher must expose the student to the full range and depth and beauty of Torah. This is also the way of *Hashem-as* evident on Mount Sinai-when He taught Torah to *Kial Yisroel* with the full force of the *Shechinah* amidst fire, plumes of smoke, lightning and thunder!

Rabbi Aaron Mehlman

Congregation Ohav Shalom, New York City

On-Going Classes

- **Gemara Learning with Rabbi Bogopulsky**, Weekdays, 6:15 am
Dive into the wisdom of the Gemara (Talmud). Start your day off right!
- **St. Louis Kollel Amud-a-Week**, Mondays, 8:00 pm
- **"Journey through the Chumash" with Rabbi Bogopulsky**, Tuesdays, 12:00 pm
Take an amazing journey of learning! Step by step, we will explore the Chumash.
- **Pirkei Avos / Ethics of the Fathers with Rabbi Smason**, Wednesdays, 12:15 pm
Feed your soul 45 minutes of spiritual nourishment from the timeless wisdom of our Sages, full of relevant, contemporary insights and lessons. Low-calorie, gluten free, and refreshing!
- **Book of Kings with Rabbi Smason**, Monday-Thursday, 3:00 pm (On Zoom!)
An online class providing an exciting and informative look into the lives of Israel's early kings and prophets. Thirty-minute sessions on Zoom. Join class via this link:
<https://us04web.zoom.us/j/78974795850?pwd=tw7lOVumZ8QelPxHvApYZsox8VUem.1>
- **Kitzur Shulchan Aruch with Rabbi Bogopulsky**, Tuesday-Thursday, 6:50 pm
Invest a few minutes (right before Ma'ariv!) to expand your understanding of Halacha/Jewish Law.
- **"Soul Building" Series with Rabbi David**, Every Shabbos, **New Time 10:00 am**
- **Mishna Learning with Rabbi Swidler**, Every Sunday morning, after Shachris



THE SISTERHOOD SCOOP

MARCH 11



Volume 6

Number 9

18 Adar 5783

March 11, 2023

Join Sisterhood at the Membership Tea - this Sunday, March 12 at 3:30 pm



All paid-up Sisterhood Members are invited to a *Membership Tea*



In appreciation of our Life Members and all our dedicated Sisterhood Members

SUNDAY, MARCH 12, 3:30-5:00 PM

Join us for tea & a special program!

- ♥ socialize with old friends... and meet new friends
- ♥ welcome Rebbetzin Batya Bogopulsky
- ♥ enjoy refreshments by our own Norma Rubin, and
- ♥ learn about NHBZ Sisterhood programming opportunities



Complete the attached Membership form and send your 2023 Annual Sisterhood Dues (*still only \$25!*) to the office – or bring it with you to the tea! For more information call 314-991-2100 ext.2 or email sisterhood@nhbz.org

Refreshments under supervision of Rabbi Chaim Bogopolsky

Book Club News

The Book Club regularly meets at 7:15-8:45PM on the **4th Monday of odd-numbered months** ~with occasional modifications due to holidays~

★ **SAVE THESE DATES** ★ **SAVE THESE DATES** ★

★ **March 27** – *The Lost Shtetl: A Novel*, by **Max Gross** – about a Polish village lost in time. at the home of Linda Shore

★ **May 22** – *The Watchmakers: A Story of Brotherhood, Survival, and Hope Amid the Holocaust*, by **Harry Lenga & Scott Lenga** at the home of Devy Goldenberg

★ **July 31** – *The Golem and the Jinni: A Novel*, by **Helene Wecker** at the home of Sharon Summers

All women are welcome!



For more information call **Fran Alper** at 314-993-4024 or email fran.alper@outlook.com or sisterhood@nhbz.org

Sisterhood 'Ladies' at the Purim Seudah!



For information or to join Sisterhood, call the NHBZ office at 314-991-2100, ext. 2, or email: sisterhood@nhbz.org



An open invitation to NHBZ's



Saturday

Shabbat Morning

Join us on

March 11, 2023

Regular services begin at **8:30 a.m.**

Soul Building Series at **10:00 am**

"Why inspiration never lasts unless...."

(led by Rabbi Yosef David of Aish HaTorah)

Youth Programming begins at **10 a.m.**
(Babysitting provided for younger kids)

Break-out sessions beginning at 11:00 a.m.

- ☆ **"Lessons Learned from Israel Advocacy on College Campuses...and Beyond"**
(Led by Destiny Albritton, National Outreach Director of the Israel on Campus Coalition)
- ☆ **"From Purim to Pesach: Recognizing and Appreciating Everyday Miracles"**
(Led by Rabbi Chaim Bogopulsky)
- ☆ **"Not all that glitters is Gold - a Deeper Look at the Enigma of the Golden Calf"**
(Led by Rabbi Yosef David, Executive Director of Aish HaTorah)

Following these sessions, at approximately Noon(ish), all attendees will then re-gather together for a Kiddush lunch.

NHBZ's Synaplex Shabbat is free and open to the Jewish public. Home hospitality for the weekend is available.



Membership Tea

All paid-up Sisterhood Members
are invited to a

Membership Tea



In appreciation of our Life Members
and all our dedicated Sisterhood Members

Sunday, March 12

3:30pm ~ 5:00pm

- ♥ socialize with old friends... meet new friends
- ♥ welcome Rebbetzin Batya Bogopulsky
- ♥ enjoy refreshments by our own Norma Rubin, and
- ♥ learn about NHBZ Sisterhood programing opportunities

Let's create a revitalized Sisterhood together!



RSVP by Sunday, March 5

call 314-991-2100-ext. 2

or email: sisterhood@nhbz.org

Kashruth under the supervision of Rabbi Chaim Bogopulsky

Not yet a Sisterhood Member?

Annual Membership is \$25 ~ RSVP - and join Sisterhood at the Tea!

NHBZ SISTERHOOD ☆ SUPPORTING OUR CONGREGATION SINCE 1950 ☆ RACHAEL PEVNICK, PRESIDENT EMERITUS

For information or to join Sisterhood, call the NHBZ office at 314-991-2100, ext. 3, or email: sisterhood@nhbz.org

Sunday, March 26th • 5:00-7:00 pm

Dine-In Buffet • Adults: \$15.00 ~ Kids 4-10: \$7.00 ~ Kids 3 & under: FREE

Cheese is Cholov Yisroel; pareve crusts available upon request. All food under the supervision of Rabbi Chaim Bogopulsky

NHBZ.ORG 314-991-2100

*Nusach Hari
B'nai Zion*

EAT ... EAT! IT'S KOSHER!

The Lion's Den KOSHER Pizza Night

ALL YOU CAN EAT BUFFET

Includes Pizza, Pasta, Salad and Garlic Bread plus a Dessert and a Beverage

Returns!



We accept credit cards at
NHBZ PIZZA NIGHT



NHBZ PIZZA NIGHT



NHBZ PIZZA NIGHT