



# NHBZ Weekly News

## Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

March 25, 2023 • 3 Nisan 5783 • Candle Lighting 6:58 pm • Shabbos Concludes 8:03 pm

Parsha Vayikra  
Haftorah Vayikra

Leviticus 1:1 – 5:26  
Isaiah 43:21 – 44:23

Chumash pp. 544 – 567  
Chumash pp. 1165 – 1166

### Thanks to our generous sponsors this Shabbos

Kiddush Lunch is sponsored by

- **Daniel & Marcela Morgensztern**, in honor of their 25th Wedding Anniversary and **Rhonnie & Stanley Goldfader**, in honor of their 50th Wedding Anniversary. Mazel Tov!

## Prayer

### Shabbos, Friday, March 24

- 6:55 pm Mincha, Kabbalat Shabbat, Ma'ariv
- 6:58 pm Candle Lighting

### Shabbos, Saturday, March 25

- 9:00 am Shachris followed by Musaf  
Pesukei D'Zimra: **Howard Sandler**  
Shacharis: **Rabbi Chaim Bogopulsky**  
Leyning: **Benjamin Winograd & Stuart Klamen**

Haftorah: **Reuven Tzadok**  
Sermon: **Rabbi Chaim Bogopulsky**  
Musaf: **David Rubin**

- 10:00 am Kids' Program (downstairs)
- 10:00 am "Soul Building" with Rabbi Yosef David (downstairs)  
This week's topic: "TBA"

- 6:15 pm *Shiur* from **Rabbi Chaim Bogopulsky** **NEW Pre-Mincha Shiur on Shabbos Afternoon**
- 6:45 pm Mincha, Shalosh Seudos, Ma'ariv
- 8:03 pm Shabbos concludes



### Minyan Times Mar 24 – Apr 1, 2023

	Fri Mar 24	Shabbos Mar 25	Sun Mar 26	Mon Mar 27	Tues Mar 28	Wed Mar 29	Thu Mar 30	Fri Mar 31	Shabbos Apr 1
Shachris (am)	6:50	9:00	8:00	7:00	7:00	7:00	7:00	6:55	9:00
Mincha/Ma'ariv (pm)	6:55	6:45	7:00	7:00	7:00	7:00	7:00	7:00	6:50

*Shiur* (class) on Kitzur Shulchan Aruch (Code of Jewish Law) on Sunday – Thursday evenings between Mincha & Ma'ariv

### Father/Son Teen Minyan, Next Shabbos, April 1, 9:00 am



Fathers, sons, grandfathers, uncles and friends please join Rabbi Bogopulsky in the Chapel downstairs for this special minyan. Contact Rabbi Bogopulsky if you would like to lead davening. Kiddush to follow!

# Congregation News

## Mazel Tov on Simchas This Week! Mar 24 – Apr 1, 2023

### Happy Birthday

Marcia Lyons	Mar 24	Alan Haber	Mar 31
Alla Yasinev	Mar 26	Dorrie Lerner	Mar 31
Mimi Fiszal	Mar 27	Irl Solomon	Mar 31
Amarah Friedman	Mar 31	Keith Zeff	Apr 1

\* A belated Happy Birthday to Helen Bolt Mar 13



### Happy Anniversary

Ronald & Ina Makovsky	Mar 25	Daniel & Marcela Morgensztern	Mar 28
Stanley & Rhonnie Goldfader	Mar 25	Adrian Shifren & Caryn Garriga	Mar 30

### Coming Events

- Shabbos, Mar 25 – Kiddush lunch sponsored by Daniel & Marcela Morgensztern and Stanley & Rhonnie Goldfader for their anniversaries
- Sunday, March 26, 5-7 pm – Lion's Den All-you-can-eat Dine-In Pizza Night
- Shabbos, April 1, 9:00 am – Father/Son Minyan with Rabbi Chaim Bogopulsky (downstairs)
- Shabbos, April 1 – Kiddush sponsored by Mimi Fiszal in celebration of her 75<sup>th</sup> birthday
- Shabbos, April 15 -- Kiddush lunch sponsored by Szus Family
- Shabbos, April 22 – Yom HaAtzmaut Kiddush Lunch Celebration – SAVE THE DATE
- Shabbos, April 29 – Kiddush Lunch and Learn with Sharsheret – See flyer

### Twelve Years Ago...



Our beautiful Shul was just taking form. This photo was taken March 29, 2011. Want to see more? You can see the entire building process here:

[https://www.nhbz.org/photo/nhbz\\_slideshow/slides\\_asc.php?gal=94](https://www.nhbz.org/photo/nhbz_slideshow/slides_asc.php?gal=94)

Come grow with us! Your "Nu" Spiritual Home. Mazel tov, NHBZ!

### Lion's Den All-You-Can-Eat Pizza, Sunday, March 26, 5-7 pm

Delicious, hot KOSHER pizza! Fun for the whole family.

Pizza. Pasta. Salad. Fun.

**Adults \$15; Kids 4-10 \$7; Kids 3 and under FREE!**

All food under supervision of Rabbi Bogopulsky. See flyer for all the details



### No More Nuts at NHBZ



For the health and safety of our members and guests, NHBZ is now a NUT-FREE food zone! (Eccentric personalities always welcome).

We endeavor to keep any food with nuts as an ingredient out of the building. Please refrain from bringing nut-based foods and snacks into the Shul. And, be sure a Mashgiach or the Rabbi check-in ALL food and drink brought into the synagogue. We greatly appreciate your cooperation.

## Updating the Mishabayrach Lists

In advance of Pesach, we will be preparing a new Mishabayrach list for the cholim (those who are not well). Even if you've provided a name in the past, please resubmit the information now. We are making a new list.

To request someone's name be added to the prayer list, provide the following:

- Person's English name and Hebrew name (including the mother's Hebrew name, which we use when praying for healing)
- Whether you want the English name read aloud or kept confidential
- Whether you request the name be read for 30 days or indefinitely (we will be revising the list at least every 6 months)
- Name of person making the prayer request

Please use this [form](#) or email the information to the Office ([office@nhbz.org](mailto:office@nhbz.org)) or call 314-991-2100, ext.

## Selling Chometz – Pesach 2023/5783

Dear Members and Friends,

We are pleased to offer three methods to designate Rabbi Chaim Bogopulsky as your *shliach* (proxy) to sell your chometz this year: you may personally meet with Rabbi Bogopulsky, email an authorization form, or send by regular (USPS) mail. Please note that the preferred method is to meet with the Rabbi in person.

Rabbi Bogopulsky will be available after evening minyan Thursday (3/23) and Monday through Thursday (3/27-3/30) next week. He will also be available after morning minyan on Tuesday (3/28) and Wednesday (3/29), as well as after Chumash class on Tuesday (approximately 12:45 pm). Rabbi Bogopulsky is also available by appointment. Those who are unable to make it to Shul may contact the Rabbi to schedule a house visit.

Below is a sample form authorizing Rabbi Bogopulsky to be your *shliach* for Pesach this year, to begin on the evening of April 5 and conclude on the evening of April 13, 2023.

**Your authorization form MUST be in Rabbi Bogopulsky's possession no later than 3:00 P.M. Tuesday, April 4.** If you plan on sending the form by regular ("snail") mail, please allow sufficient time for its arrival to the NHBZ office no later than Friday, March 31.

**It is customary to offer an honorarium to the Rabbi for this service. If you choose to do so, then payments should be made by cash or by check directly to Rabbi Chaim Bogopulsky.**

If you have any questions about the process of the sale of chometz, or to schedule an appointment please contact Rabbi Bogopulsky by email ([rabbibogopulsky@nhbz.org](mailto:rabbibogopulsky@nhbz.org)) or phone (845-642-6758). Please do not wait until the last minute. And, don't forget to sell the Chometz in your business, too!

\*\*\*\*\*

Date \_\_\_\_\_

I / We appoint Rabbi Chaim Bogopulsky to be my/our agent regarding the sale of CHOMETZ prior to Passover, and subsequent re-purchase after Passover, as necessary. This agency is bound by the dictates of Halacha and all necessary qualifications to ensure that this agency and sales, purchases and rentals enacted thereby meet these requirements and are deemed to be part of this agreement.

Reference is made to the standard SHTAR HARSHA'AH in this regard. Included in this agency is the right to appoint further agents and to rent/sell real and personal property as need be to ensure that the HALACHIC concerns regarding chometz on Passover are met.

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

**[CLICK HERE TO  
DOWNLOAD FORM](#)**

# Learning at NHBZ

## Parshas Vayikra

The third book of the Torah is called Vayikra. This first word refers to G-d who "*called*" Moshe to present to him the laws of the Korbonos, the various sacrifices. Hashem called Moshe frequently. Certainly, this is a great compliment to a human being, to be called by G-d. Yet Moshe was a very humble person and, consequently, when he wrote down the word Vayikra, he wrote it with a small "aleph" at the end of the word, and is the way it appears in the Chumash as well as in the text of the Torah. Why? Visually, it looks as if the word is Vayiker rather than Vayikra. It is a lesser praise to say Vayiker than Vayikra. Vayiker means that G-d chanced to meet Moshe, whereas Vayikra means that He called Moshe.

A famous Chassidic teacher, R. Bunin, explains that Moshe Rabbeinu "was not impressed with his own achievements. He remained small in his own eyes, like an ordinary man standing on a high roof. Surely, such a man would take no pride in his height. He knows that it is only the roof which raises him to great heights. Moshe understood his greatness, but he was certain that it was not of his own doing. Rather, it was Hashem who had blessed and raised him. How then could he show pride?"

Why did Hashem request that our ancestors offer sacrifices? There are two distinct opinions – 1) the Rambam, followed by Abarbanel, and 2) the Ramban, supported by Ibn Ezra. The Rambam (Maimonides) states that the Israelites became accustomed to idolatrous sacrifices – a practice universally used for worship in those times. To wean them away, G-d tolerated the sacrifices, but commanded that they be directed to Him, according to His laws – kosher animals to be used and the most humane method of slaughter employed - shechita.

Ramban (Nachmonides) and Ibn Ezra reject this interpretation. The Hebrew word for sacrifice is Korban, which is derived from a root word meaning "to draw near". According to the Ramban, "sacrifices were a positive vehicle through which the sinner could come closer, or return, to G-d. He points out that each mandated step of the sacrificial ritual had a symbolism that had a potent effect upon the penitent. As he acted out these steps, he was overwhelmed with the awareness that he had sinned against G-d with his body, soul, thought and speech. Our sages stress that the sacrifice had to be preceded by restitution of the wrong committed and by repentance, expressed in a confession (Vidui). The thrust of the sacrifice was to affect and change the worshipper, as opposed to pagan sacrifice, where the objective was to affect and placate the idol".

The first portion of Vayikra discusses five major offerings, which were given during the days we had a Mishkan (tabernacle). 1) Olah – the burnt offering to atone for not having lived up to one's potential as a Jew. 2) Neder or Nedava – to show that all of our possessions belong to G-d. 3) Chatas – the sin offering – to atone for accidental sins. 4) Asham – the guilt offering – to atone for specific sins. 5) Todah – thanksgiving offering – to express gratitude to the Almighty.

Provisions are made for the poor who are permitted to bring kosher birds, or even wheat, for their sacrifices in place of expensive animals.

The Rambam rules that when the third Holy Temple will be built it is the Todah, the thanksgiving offering, that will be offered exclusively, expressing our gratitude to Hashem for His goodness.

***Rabbi Aaron Borow, Emeritus***



## On-Going Classes

- **Gemara Learning with Rabbi Bogopulsky**, Weekdays, 6:15 am
- **St. Louis Kollel Amud-a-Week**, Mondays, 8:00 pm
- **“Journey through the Chumash” with Rabbi Bogopulsky**, Tuesdays, 12:00 pm  
Take an amazing journey of learning! Step by step, we will explore the Chumash.
- **Pirkei Avos / Ethics of the Fathers with Rabbi Smason**, Wednesdays, 12:15 pm  
Feed your soul 45 minutes of spiritual nourishment from the timeless wisdom of our Sages, full of relevant, contemporary insights and lessons. Low-calorie, gluten free, and refreshing!
- **Book of Kings with Rabbi Smason**, Monday-Thursday, 3:00 pm (On Zoom!)  
An online class providing an exciting and informative look into the lives of Israel's early kings and prophets. Thirty-minute sessions on Zoom. Join class via this link:  
<https://us04web.zoom.us/j/78974795850?pwd=tw7lOVumZ8QeIPxHvApYZsox8VUem.1>
- **Kitzur Shulchan Aruch with Rabbi Bogopulsky**, Sunday-Thursday, 6:50 pm  
Invest a few minutes (right before Ma'ariv!) to expand your understanding of Halacha/Jewish Law.
- **“Soul Building” Series with Rabbi David**, Every Shabbos, 10:00 am (downstairs)
- **Pre-Mincha Shiur with Rabbi Bogopulsky**, Every Shabbos afternoon, before Mincha
- **Mishna Learning with Rabbi Swidler**, Every Sunday morning, after Shachris

## In the Community

- **JSU 3<sup>rd</sup> Annual Meat-Up, SAVE THE DATE, Sunday, April 30**

Please join JSU for gourmet BBQ, Sushi, Jon's Secret Meat Rub, Yard Games/Entertainment, the Clydesdales (if available), characters, miniature ponies and more! See flyer for dates and details.



**ONLY 20 SEATS AVAILABLE!**

- Pick-up and drop-off at NHBZ parking lot
- Airconditioned 20 passenger bus
- Gift bag with bottled water and snacks

**\$55/person (based on 20 participants)**

**This repeat performance is back by popular demand!!!**

**Sunday, May 21, 12:30 pm** (Please have lunch before the tour)

Enjoy a guided 4-hour tour of historic Jewish St. Louis with guide **Linda Koenig**.

Learn about the contributions St. Louis Jewish residents made to both the Jewish community and the community at large.

A sampling of the itinerary: What is the Jewish connection to Keiner Plaza, the Wainwright Building, Macy's, the Old Courthouse, the 1904 World's Fair, Aloe Plaza, the Old Cathedral, and the Arch grounds? Who was St. Louis, and what was his relationship with the French Jews? What is that big monument across Kingshighway from the Chase? Did you know the Zionist flag first flew in St. Louis? Where and when and why?

We will see former synagogues, the old YMHA and a very historic Jewish cemetery among many other historic Jewish St. Louis sites.

RSVP Today <https://www.nhbz.org/event/the-jewish-st-louis-bus-tour/>



# THE SISTERHOOD SCOOP

## MARCH 25



Volume 6

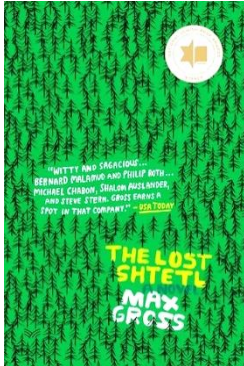
Number 11

3 Nissan 5783

March 25, 2023

### March 27 Book Club Meeting Changed to Monday April 24

The book club discussion of the novel, *The Lost Shtetl*, by Max Gross, originally scheduled for March 27 has been changed to **Monday, April 24**, 7:15-8:45 pm. There is now more time to read this delightful novel and join the group discussion after Passover at the home of Linda Shore. Watch for further details.



☆ **SAVE THESE DATES** ☆ **SAVE THESE DATES** ☆

☆ **May 22 – The Watchmakers: A Story of Brotherhood, Survival, and Hope Amid the Holocaust**, by Harry Lenga & Scott Lenga at the home of Devy Goldenberg

☆ **July 31 – The Golem and the Jinni: A Novel**, by Helene Wecker at the home of Sharon Summers

**All women are welcome!**

For more information call Fran Alper at 314-993-4024 or email [fran.alper@outlook.com](mailto:fran.alper@outlook.com) or [sisterhood@nhbz.org](mailto:sisterhood@nhbz.org)



**“The purest righteous do not complain about evil; rather, they increase justice. They do not complain about godlessness but increase faith. They do not complain about ignorance but increase wisdom.”**

– Rabbi Abraham Isaac HaKohen Kook

### Vayikra / A LIFE LESSON: **Do As I Do**

In this week's Torah Portion, G-d tells Moses the procedures the Jewish people must follow if they commit a sin. And if:

*“... the entire assembly of Israel shall err ... the elders ... shall lean their hands upon the head of the bull before G-d...”* –Lev. 4:13-15

If the Jewish nation as a whole commits a sin, the atonement for their actions falls primarily on their leaders. Why is it that the leaders have to make amends for a sin that they never committed? The reason is that oftentimes people in a position of authority believe that one set of ethics applies to them, while there's another set of rules for those that they're leading. But G-d tells us that if leaders feel this way, they miss the mark of what it means to be a leader.

In the real world, those in any "organization" will always follow the example of those who are in charge. Children pick up all the habits - good and bad - of their parents, employees pick up the behavior of their bosses, and the Jewish people followed the example of those who led them. And when the Jewish people erred, G-d knew that their behavior was a direct result of the actions being done by those who were leading them. If the people sinned, it was in large part due to the environment that was created by the elders that allowed the sin to foster.

In our own lives, we all play some sort of leadership role. And the behavior of those we lead will always be a direct result of our own behavior. If a child answers the telephone and is told by his parent who is standing right next to him to tell the caller he isn't home, the child then internalizes this behavior. So when the parent tells this child the following week that he or she should never tell a lie, the child now faces a serious internal conflict. On one hand, he wants to listen to his parent. But, on the other hand he also wants to emulate the actions of his parent whom he respects. Does he listen to what he says, or do as he does?

G-d tells us that people will usually follow actions they see over the words they hear - and this is why the elders had to bring an atonement when the Jewish people committed a sin. G-d tells us that the reason the people sinned was that the breeding ground for the negative behavior already existed.

People will follow what you do over what you say. If you want to instill certain type of behavior in others, then create the environment for it to happen. Not by declarations, but by embracing and living the desired behavior yourself.

– by Adam Lieberman, [www.aish.com](http://www.aish.com)

**Remember, it's about removing chometz, not Spring cleaning!**



**It's time to solicit help from family members so the work is not so overwhelming.**



**VAAD HOEIR OF ST. LOUIS**  
ועד העיר סט. לואיס

Rabbi M.H. Eichenstein זצ"ל  
Chief Rabbi 1942-1981

March 22, 2023

Rabbi S. Rivkin זצ"ל  
Chief Rabbi 1982-2003

Rabbi Menachem Greenblatt  
Rabbi Yosef Landa  
Rabbanim Achraim

Rabbi Zvi Zuravin  
Executive Director

Rabbi Avraham Bloch  
ראש השוחטים

Rabbi Yitzchak Kowalsky  
Senior Rabbinical Coordinator

Mr. Alan Kandel  
President

As a reminder to the public to be aware that just because a product is found in the "Kosher for Passover" section of a supermarket, does not necessarily mean it is Kosher for Passover. Most food products require special certification for Passover. Look for a "P" designation next to the kosher symbol, or specific "Kosher L'Pesach" mention made on the product. Since there are some products on the market that say, "Kosher for Passover," but contain *kitniyos* or other problematic ingredients, we recommend that consumers use accepted national certifications such as the OU, OK, Kof-K, cRc, Star-K, etc. It is very important to check every label. Local St. Louis supermarkets do not consult the Vaad regarding Passover products. Often, they do not even separate Kosher for Passover from Non-Kosher for Passover items. Only "Kohn's Kosher" is under Vaad Hoeir supervision.

Please do not hesitate to contact the Vaad office at [information@ovkosher.org](mailto:information@ovkosher.org) with any questions.

Thank you.



**Sunday, March 26<sup>th</sup> • 5:00-7:00 pm**

**Dine-In Buffet • Adults: \$15.00 ~ Kids 4-10: \$7.00 ~ Kids 3 & under: FREE**

**Cheese is Cholov Yisroel; pareve crusts available upon request. All food under the supervision of Rabbi Chaim Bogopulsky**

NHBZ.ORG 314-991-2100

*Nusach Hari  
B'nai Zion*

**EAT ... EAT! IT'S KOSHER!**

# The Lion's Den KOSHER Pizza Night

**ALL YOU CAN EAT BUFFET**

**Includes Pizza, Pasta, Salad and Garlic Bread plus a Dessert and a Beverage**

# Returns!



We accept credit cards at

**NHBZ PIZZA NIGHT**



**NHBZ PIZZA NIGHT**



**NHBZ PIZZA NIGHT**





**Please Join Us For**  
**Father/Son Teen Minyan**

# ***SHABBAT, APRIL 1ST***

**We are proud to introduce a Father/Son Teen Minyan!**  
**This once-monthly Shabbos Minyan will meet in the Chapel**  
**downstairs at 9:00 a.m. Kiddush to follow!**

**Please contact Rabbi Bogopulsky with any questions**  
**or if you would like to lead davening, leyning or the Haftorah.**



**[www.nhbz.org](http://www.nhbz.org) | 314.991.2100**

**‘Sharsheret Supports STL’**  
*and*  
**Nusach Hari B’nai Zion**  
*present*



**Jewish Genes and  
Hereditary Cancer**

*Understand how this impacts  
men as well as women*

***Shabbos, April 29, 2023***

***Kiddush Lunch & Learn following morning services***

**Sharsheret** (‘chain’ in Hebrew) represents the connections we build to support Jewish women and their families at every stage of breast or ovarian cancer. Sharsheret educates Jewish women and men about the increased cancer risks they face because of their higher propensity to carry hereditary cancer gene mutations, including, but not limited to, the BRCA mutation, and what this means for future generations and the linkage to cancers beyond breast and ovarian (pancreatic, prostate, male breast, melanoma, uterine, colon, thyroid, and Lynch Syndrome).

**Sharsheret Supports STL** is the local community partner of the national Sharsheret organization. and a program of Nishmah at the J. It provides opportunities for women and their families that complement the programs and resources available from the national organization. For more information, contact Debbi Braunstein at [dbraunstein@jcc.org](mailto:dbraunstein@jcc.org) or 314-442-3266.



**SHARSHERET**  
Community Partners







# JOIN US FOR THE 3RD ANNUAL **MEAT** ★ **UP** ★

## Honorary Chairs

Lenny & Renee  
Kohn  
Jon & Jody  
Rubin

## Founding Chairs

Moshe & Chavi  
Andrew  
Danny & Chaya  
Manne

- ★ Gourmet BBQ & Meats
- ★ Sushi
- ★ Charactures
- ★ Yard Games

- ★ Jon's Secret Meat Rub
- ★ Clydsdales (if available)
- ★ Miniature ponies
- ★ And much, much more!



Sunday, April 30th  
5:30PM-8:30PM



Grant's Farm 10501  
Gravois Rd. St. Louis, MO  
63123



\$136 per person



RSVP at [jsustl.org/MeatUp](http://jsustl.org/MeatUp)  
(Adults 21+)

*Sponsorship opportunities available.  
For more information contact Alana Umansky  
Minoff (314) 303-0861 or [info@jsustl.org](mailto:info@jsustl.org)*







# Rose Ragin Chesed Fund

## Supporting our Members

### What is the Rose Ragin Chesed Fund?

The fund provides for acts of chesed (lovingkindness) to support lifecycle events of NHBZ members, such as...



**Shiva trays  
for mourners**



**Gifts for  
newborns**



**Meals for  
the sick**

### How can I contribute to the Rose Ragin Chesed Fund?

- buy Rose Ragin Chesed cards and Purim Cards
- buy 'onesies' for a baby
- make a donation to the Rose Ragin Chesed Fund
- watch for upcoming special fund-raising campaigns

### How else can I help?

Call Nancy in the NHBZ Office – 314-991-2100, ext. 2, to...

- notify her about someone who is in need of chesed
- have a misheberach said for someone
- volunteer for the Chesed Committee

Purchase a **pack of 5** Rose Ragin Chesed cards – **\$25 minimum donation**.  
Keep some handy to send out whenever you'd like. It's a great way to  
honor a simcha, remember a loved one, or acknowledge anything at all.

**314-991-2100, ext. 2**