



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

June 10, 2023 • 21 Sivan 5783 • Candle Lighting 8:06 pm • Shabbos Concludes 9:10 pm

Parsha Beha'aloscha
Haftorah Beha'aloscha

Numbers 8:1 – 12:16
Zechariah 2:14 – 4:7

Chumash pp. 774 – 797
Chumash pp. 1182 – 1184

Prayer

Shabbos, Friday, June 9

- 6:30 pm Mincha, Kabbalat Shabbat, Ma'ariv
- 8:06 pm Candle Lighting

Shabbos, Saturday, June 10

- 9:00 am Shachris followed by Musaf
Pesukei D'Zimra: **Howard Sandler**
Shacharis: **TBA**
Leyning: **TBA**
- 10:00 am Youth Program (downstairs)
- 10:00 am "Soul Building" with Rabbi Yosef David (downstairs in the Chapel)
Today's Topic: "When Is Gratitude Not Warranted: Are There People or Times That I Don't Have to Show Gratitude?"
- 7:15 pm *Shiur* from **Rabbi Chaim Bogopulsky**
- 7:45 pm Mincha, Shalosh Seudos, Ma'ariv
- 9:10 pm Shabbos concludes



Haftorah: **Bruce Waxman**
Sermon: **Rabbi Chaim Bogopulsky**
Musaf: **Alan Haber**

Minyan Times June 9 – June 17, 2023

	Fri Jun 9	Shabbos Jun 10	Sun Jun 11	Mon Jun 12	Tues Jun 13	Wed Jun 14	Thu Jun 15	Fri Jun 16	Shabbos Jun 17
Shachris (am)	7:00	9:00	8:00	7:00	7:00	7:00	7:00	7:00	9:00
Mincha/Ma'ariv (pm)	6:30	7:45	6:30	6:30	6:30	6:30	6:30	6:30	7:50

Father/Son Teen Minyan, Next Shabbos, June 17, 9:00 am



Fathers, sons, grandfathers, uncles and friends please join Rabbi Bogopulsky in the Chapel downstairs for this special minyan. Contact Rabbi Bogopulsky if you would like to lead davening. Kiddush to follow!

Jacob Levin Monument Dedication, Sunday, June 18, 11:00 a.m.

The monument dedication for Jacob Levin^{a"h}, beloved husband of Judy Levin, will take place at Chesed Shel Emeth Cemetery, 650 White Road, Chesterfield, MO, at 11:00 a.m. on June 18, 2023. May our prayers be a comfort to the family.

Mazel Tov on Simchas This Week! June 10 – June 16, 2023

Happy Birthday

Barb Bressler	June 12	Sarah Pernik	June 15
Nathan Brook	June 12		

Happy Anniversary

Dr. Laura & David Goldmeier	June 14
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Coming Events

- This Shabbos, June 10 – Kiddush lunch in honor of Bruce & Faith Waxman's Wedding Anniversary
- Shabbos, June 17 – Kiddush lunch sponsored by Les & Sari Neudorf, in memory of Herman Neudorf^{fa'h}
- Sunday, June 18, 9:00 am – Father's Day Pancake Breakfast
- Shabbos, June 24 – Kiddush lunch in honor of Alan & Vivian Zarkowsky's 50th Wedding Anniversary
- Sunday, June 25, 5–7 pm – Lion's Den PIZZA NIGHT
- Shabbos, July 1 – Kiddush sponsored by The Alper Family in honor of the birthdays of Joanna, Fran and Caryn Alper
- Shabbos, July 8 – 2023 Graduation Shabbos, SAVE THE DATE



**FATHER'S DAY
PANCAKE BREAKFAST**

Treat your dad and the whole family
to a special morning!

Sunday, June 18, 2023 9:00 am
Nusach Hari B'nai Zion
650 N Price Rd, Olivette, MO 63132
Please email the office if you would like to
help sponsor this event.
office@nhbz.org
RSVPs requested, but not required

SCAN THE CODE
LINK TO THE EVENT



It's PIZZA NIGHT, Sunday, June 25, 5:00 – 7:00 PM

The Lion's Den is OPEN! Fresh, hot, delicious KOSHER pizza!

Good food and great fun for kids of all ages! And, who doesn't love a good slice o' pie?

Pizza. Pasta. Salad. Fun.

Adults \$15; Kids 4-10 \$7; Kids 3 and under FREE!

All food under supervision of Rabbi Chaim Bogopulsky.



*To volunteer, please go to nhbz.org/pizza-volunteer and let us know how you'd like to help!

2023 Graduation Shabbos!, July 8, 2023



We are CELEBRATING accomplishments on July 8, 2023!

From nursery school to post-graduate degrees, we want to join in the celebration! Children, grandchildren, parents and friends – all graduations welcome!

We will publish the graduates (and their accomplishment) in the July 8 Weekly News. Join us for sweet snacks at Kiddush as we say "Mazel Tov! Well done! Keep up the good work!"

Please fill out this [form](#), use the QR code or call the Office at 314.991.2100, ext. 2 with the information on your graduate.

What's Up?? What's APP!



If you haven't already joined the NHBZ What's App Group, it's never too late! The best way to know the latest news, events and volunteering opportunities is through our What's App group chat. Be in the know.

<https://chat.whatsapp.com/I93gZD69vU07X7k3iVLmKx>

Relocation of Classes

As some of you may know, we have a camp using the Multipurpose and Children's Rooms for the summer. This means that the Rabbis' weekday classes will meet upstairs in the Social Area.

We also made a slight adjustment for Shabbos morning. To accommodate both the Youth Programs and "Soul Building" with **Rabbi Yosef David**, "Soul Building" will meet in the Chapel (downstairs).

Thank you for your understanding and cooperation!

Learning at NHBZ

Parsha Beha'aloscha

In this week's parsha, Miriam is punished with *tzaraat* for speaking *lashon hara* about Moshe Rabbeinu. As the Torah dictates that one who is inflicted with *tzaraat* must remain "outside the camp" until the blemish clears. The people did not journey until Miriam was brought in. It was time for B'nai Yisrael to move on toward Eretz Yisrael, but they were told to wait for Miriam. This gesture, Rashi explains, came in order to honor Miriam for an act of chesed performed many years earlier, as a young girl in Egypt.

When Moshe was three months old, their mother had no choice but to put him in a basket in the river. If the authorities had found him, they would have killed him instantly. Miriam waited a short time by the riverbank to see how he would survive. For that short time that she waited by her brother's side, Hashem honored her, measure for measure, by enjoining all of B'nai Yisrael to wait by her side at her time of need. Nonetheless, Rav Moshe Feinstein, zt"l, asks, why did her reward come at this time, following her sin?

Moshe Rabbeinu asked Hashem a question that continues to be asked today: Why do righteous people suffer? The Talmud tells us Hashem's response. Only a perfect *tzaddik* does not suffer; but one who is not perfect may suffer.

Miriam lived her life as a perfect *tzaddeiket*. She never deserved even the slightest bit of pain. However, as King Shlomo tells us in Kohelet, no one goes through an entire lifetime without some sort of sin. Miriam's flaw, as small as it was, came many years into her illustrious life. She was now imperfect, and deserved some sort of retribution, which came in the form of *tzaraat*. This would be the low point of her life. The entire nation became aware of her private conversation, and must have lost some of their great respect for her. "She is just like us; she's imperfect." Hashem had to act to clear things up.

"If a talmid chacham sins at night," our Sages inform us, "don't think ill of him in the morning, for he certainly did *teshuvah*." Miriam repented immediately for her error. The sin was erased. However, the laws of *tzaraat* mandated that she wait the minimum seven days. "Wait with her" the B'nai Yisrael were therefore told. "She is not away from the camp because of her sin, for it no longer exists. She is away to fulfill the Torah's laws of *tzaraat*."

Just as Miriam had waited for her brother, who was left alone through no fault of his own, she too was to be waited on in her isolation for a sin she was no longer responsible for. Had she still been tainted, she would not have been deserving of such honor. This was the greatest form of respect possible, returning her to the status of a perfect *tzaddeiket* in this most public showing of honor.

Rabbi Zelig Mandel
Congregation Ahavntz Yisrael in Morristown, New Jersey

Trib-ute (trib'yoot)

A gift, payment, declaration, or other acknowledgement of gratitude, respect or admiration.

Make a tribute to honor someone's simcha, good health or a loved one's memory.

Call (314-991-2100, ext 2) or email (office@nhbz.org) to make a tribute.

Tributes will be listed monthly in the Weekly News.

On-Going Classes

- **Gemara Learning with Rabbi Chaim Bogopulsky**, Weekdays, 6:15 am
- **St. Louis Kollel Amud-a-Week**, Mondays, 8:00 pm
- **“Journey through the Chumash” with Rabbi Chaim Bogopulsky**, Tuesdays, 12:00 pm
Take an amazing journey of learning! Step by step, we will explore the Chumash.
- **Pirkei Avos / Ethics of the Fathers with Rabbi Ze’ev Smason**, Wednesdays, 12:15 pm
Feed your soul 45 minutes of spiritual nourishment from the timeless wisdom of our Sages, full of relevant, contemporary insights and lessons. Low-calorie, gluten free, and refreshing!
- **“Gateway to Tefilla” with Rabbi Chaim Bogopulsky**, Wednesdays, after Mincha/Ma’ariv
Deepen your understanding of the prayers we say.
- **Book of Kings with Rabbi Ze’ev Smason**, Monday-Thursday, 3:00 pm (On Zoom!)
An online class providing an exciting and informative look into the lives of Israel’s early kings and prophets. Thirty-minute sessions on Zoom. Join class via this link:
<https://us04web.zoom.us/j/78974795850?pwd=tw7lIOVumZ8QelPxHvApYZsox8VUem.1>
- **Kitzur Shulchan Aruch with Rabbi Chaim Bogopulsky**, Sunday-Thursday, 6:50 pm
Invest a few minutes (right before Ma’ariv!) to expand your understanding of Halacha/Jewish Law.
- **“Soul Building” Series with Rabbi Yosef David**, Every Shabbos, 10:00 am (downstairs)
- **Pre-Mincha Shiur with Rabbi Chaim Bogopulsky**, Every Shabbos afternoon, before Mincha
- **Mishna Learning with Rabbi Chanan Swidler**, Every Sunday morning, after Shachris

Gateway to Tefilla: Making Davening Meaningful, First Class, June 14, 7:00 pm

Rabbi Chaim Bogopulsky will help us deepen our comprehension of our prayers, the meaning and significance of the words we say. With a better understanding, we get closer to HaShem. Mark your calendars to join us on this sacred journey. All levels of knowledge encouraged to attend. (Class will begin after Mincha/Ma’ariv at 6:30pm. Please make every effort to join the Minyan! And, stay for the class.)

The Body, Soul and the Afterlife, A Home Group Discussion led by Rabbi Smason

We are thrilled to announce a special series of classes! **Don & Julie Eisenberg** invite you to their home at 7:15 pm on the following Monday evenings in June and July for home group discussions led by **Rabbi Ze’ev Smason, Emeritus**.

- June 12 Do You Believe There Is A Soul?
- June 26 Life After Life: What Happens After We Die?
- July 10 Resurrection and Reincarnation: Jewish Concepts?
- July 24 Dreams: Messages From Afar?

LIMITED SPACE! RSVP [here](#) or through the Office (314-991-2100, ext 2 or office@nhbz.org). Address provided when you RSVP. Once spaces filled, there will be a first come/first served waitlist. If spaces open, they will be offered on the day of the class to those wait-listed. If you RSVP for a class and find you cannot attend, please notify the Office at your earliest convenience.

NHBZ needs YOU!

NHBZ is open 24 hours per day, 7 days per week, and 52 weeks per year; We need your help; whatever your skills, we have an opportunity for you: office work, cooking, pickup and delivery, repairs, Pizza night, Sukkah raising, outreach committee, building committee, you-name-it!

If you see an event listed in the Weekly News, we need volunteers!
Please contact the office (314-991-2100, ext 2, or email office@nhbz.org) with your availability and how you would like to contribute.



THE SISTERHOOD SCOOP

JUNE 10



Volume 6

Number 21

21 Sivan 5783

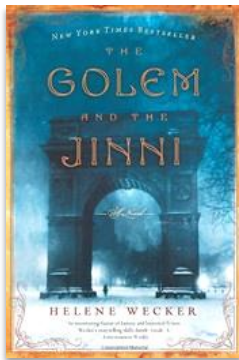
June 10, 2023

This Date in History

~22 Sivan – Miriam Quarantined (1312 BCE). Miriam, the elder sister of Moses and Aaron, was afflicted with *tzaraas* (leprosy) after speaking negatively of Moses, and was quarantined outside of the camp for seven days. *Lashon hara*, negative talk, is a sin that has caused numerous tragedies for the Jewish people, and indeed the world, since the very beginning of history. -www.chabad.org

NHBZ Book Club Warms Up for Summer Reading!

Book Club's next book is *The Golem and the Jinni: A Novel*, by Helene Wecker. The book will be discussed on **Monday, July 31, 7:15-8:45 PM** at the home of **Sharon Summers**. Combining the genre of historical fiction with elements of fantasy, this inventive and delightful novel tells the story of two displaced magical creatures in 19th century New York City.



★ **SAVE THESE DATES** ★ **SAVE THESE DATES** ★

★ **September 11 – One Hundred Saturdays:**

Stella Levi and the Search for a Lost World, by Michael Frank at the home of Sallie Volotzky

★ **November 13 – The Company I Keep: My Life in Beauty, by Leonard Lauder; Location: TBA**

All women are welcome! For more information call Fran Alper at 314-993-4024

or email fran.alper@outlook.com or sisterhood@nhbz.org

From Sisterhood's
Archives!
June 2016



A few of Sisterhood's Fashion Show Fashionistas!

BEHA'ALOSCHA: "Speak Lower, I Can't Hear You"

He (G-d) said, "Please hear my words..." (Numbers 12:6)

Miriam and Aharon spoke *lashon hara*, derogatory speech, against Moshe. Although they had not acted with malice, in fact speaking more out of concern for Moshe's welfare, G-d's anger flared up and He rebuked them. However, when G-d addressed them He spoke in a very soft tone, starting: "Please hear My words..." The Sifsei Chachamim explains that even though G-d was angry at Miriam and Aharon, He still spoke to them in a soft tone, for if He would have spoken to them in a harsh and angry tone, His words would not have been heeded.

When a person is spoken to harshly he feels under attack. His pride is at stake and he therefore does not fully hear what is being said. If G-d was careful in how He spoke to Miriam and Aharon who were prophets, then how much more so should we speak carefully to our spouses, colleagues, or acquaintances. Even when one must confront an enemy, or admonish someone for a terrible misdeed, one should speak gently, for gentle words have a greater effect than words that are shouted and screamed. King Solomon teaches "A soft answer turns away wrath." While one provocative remark can kindle anger, even the most intense fury can be soothed by a gentle word. Always remember: the louder the word the quieter it is heard.

– by **Rabbi Eli Scheller**, www.aish.com

Pesach Sheni testifies that no matter how far we may have strayed, no matter what distant road we may have traversed, G-d will always accept us if we indicate our yearning to come home. This then, is our choice: We can reinvent ourselves, or we can remain mired in our failures. **It's all up to us.**

– from *Rebbetzin Esther Jungreis*

The Importance of the Minyan ★ What Women Can Do ★

Ladies, remember an essential part of our Sisterhood Mission is to support our shul and our community. A foundation of our shul and our community is **prayer** – and our **daily minyan** is the optimal vehicle for prayer for our community. To help strengthen and support our minyan, **be an influencer** ☺. Encourage the men in your life – husbands, sons, brothers, in-laws – to **commit to regularly attending** one, two, three **or more** minyanim each week. Your encouragement can make the difference to help inspire the guys to fulfill this vital mitzvah. And, of course, you can attend too!



Please Join Us For **Father/Son Teen Minyan**

Shabbat, June 17th

We are proud to introduce a Father/Son Teen Minyan!
This once-monthly Shabbos Minyan will meet in the Chapel
downstairs at 9:00 a.m. Kiddush to follow!

Please contact Rabbi Bogopulsky with any questions
or if you would like to lead davening, leyning or the Haftorah.

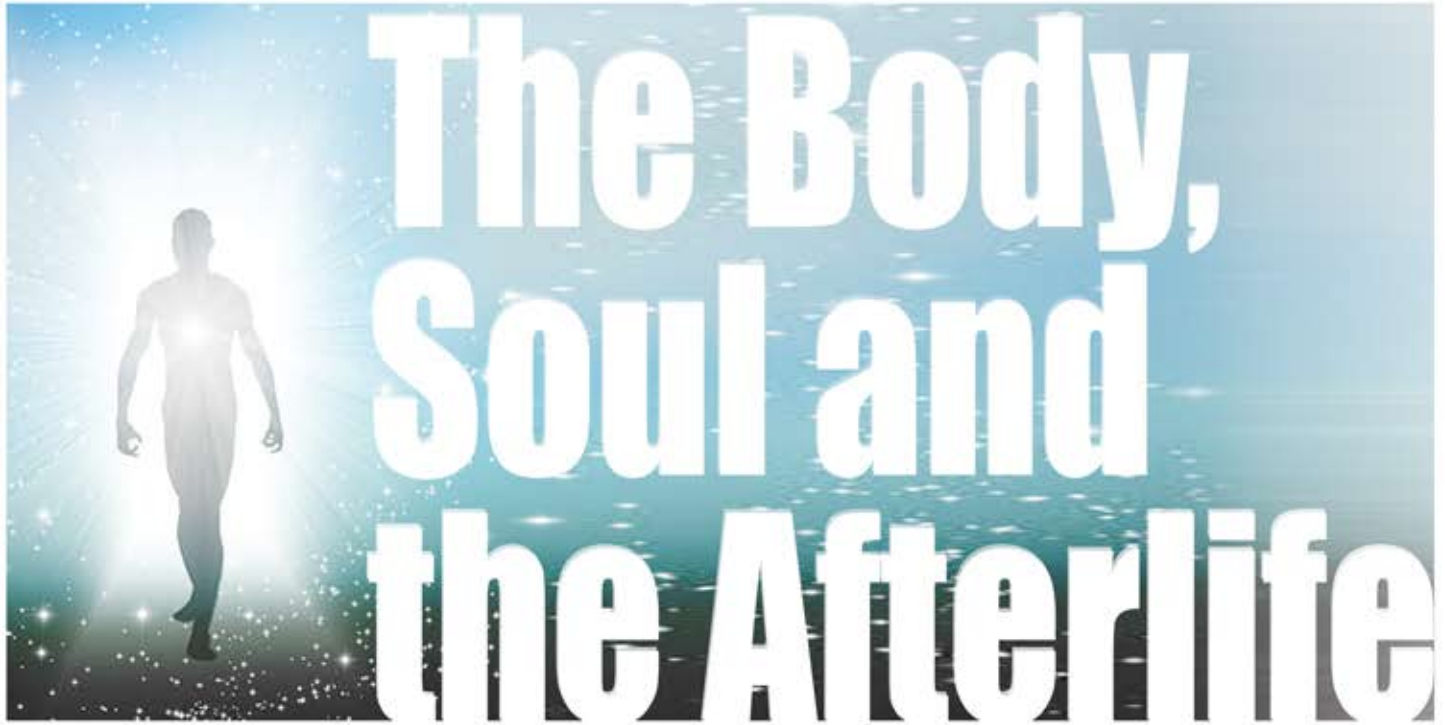


www.nhbz.org | 314.991.2100



A Homegroup Discussion

Led by Rabbi Ze'ev Smason



The Body, Soul and the Afterlife is a
Homegroup Discussion Series

Led by Rabbi Ze'ev Smason on Mondays at 7:15 P.M.
At the home of Julie and Don Eisenberg.

- **June 12** Do you Believe There is a Soul?
- **June 26** Life After Life: What Happens After We Die?
- **July 10** Resurrection and Reincarnation: Jewish Concepts?
- **July 24** Dreams: Messages From Afar?

Registration is limited,
Please call the office for address and directions.

Sunday, June 25th • 5:00-7:00 pm

Dine-In Buffet • Adults: \$15.00 ~ Kids 4-10: \$7.00 ~ Kids 3 & under: FREE

Cheese is Cholov Yisroel; pareve crusts available upon request. All food under the supervision of Rabbi Chaim Bogopulsky

NHBZ.ORG

314-991-2100

Nusach Hari
B'nai Zion

**WE'RE
BACK! ON
PIZZA NIGHT**

The Lion's Den KOSHER Pizza Night

ALL YOU CAN EAT BUFFET

Includes Pizza, Pasta, Salad and Garlic Bread plus a Dessert and a Beverage

Returns!



We accept credit cards at

NHBZ PIZZA NIGHT



Delicious

NHBZ PIZZA NIGHT



NHBZ PIZZA NIGHT



Rose Ragin Chesed Fund

Supporting our Members

What is the Rose Ragin Chesed Fund?

The fund provides for acts of chesed (lovingkindness) to support lifecycle events of NHBZ members, such as...



**Shiva trays
for mourners**



**Gifts for
newborns**



**Meals for
the sick**

How can I contribute to the Rose Ragin Chesed Fund?

- buy Rose Ragin Chesed cards and Purim Cards
- buy 'onesies' for a baby
- make a donation to the Rose Ragin Chesed Fund
- watch for upcoming special fund-raising campaigns

How else can I help?

Call Nancy in the NHBZ Office – 314-991-2100, ext. 2, to...

- notify her about someone who is in need of chesed
- have a misheberach said for someone
- volunteer for the Chesed Committee

Purchase a **pack of 5** Rose Ragin Chesed cards – **\$25 minimum donation**.
Keep some handy to send out whenever you'd like. It's a great way to
honor a simcha, remember a loved one, or acknowledge anything at all.

314-991-2100, ext. 2