



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

August 12, 2023 • 25 Av 5783 • Candle Lighting 7:42 pm • Shabbos Concludes 8:44 pm

Parshas Re'eh
Haftorah Re'eh

Deuteronomy 11:26 – 16:17
Isaiah 54:11 – 55:5

Chumash pp. 998 – 1023
Chumash p. 1199

**Mazel Tov to Ethan, Sandy & Jenn Cohen and Family
on the occasion of Ethan's Bar Mitzvah**

We thank our generous sponsor

Sally Needle for this week's NHBZ Weekly News in appreciation of **Rabbi Chaim Bogopulsky, Jackie Berkin, Anna Rose Tendler, Vivian Zarkowsky, Nancy Stenn, Teretha Carter** and **Kevin Nelson** for their help in the expression of HaKoras Hatov to Hashem

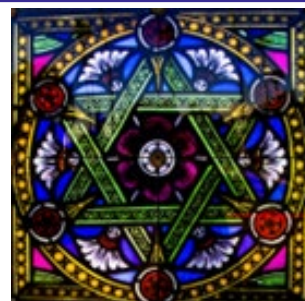
Prayer

Shabbos, Friday, August 11

- 6:15 pm Mincha, Kabbalat Shabbat, Ma'ariv
- 7:42 pm Candle Lighting

Shabbos, Saturday, August 12

- 9:00 am Shachris followed by Musaf
 - Pesukei D'Zimra: **Howard Sandler** Haftorah: **Marvin Lerner**
 - Shacharis: **Rabbi Chaim Bogopulsky** Sermon: **Rabbi Chaim Bogopulsky**
 - Leyning: **Ethan Cohen** Musaf: **Rabbi Shmuel Miller**
- 10:00 – 11:30 am Youth Programming (downstairs)
- 7:05 pm *Shiur* from **Rabbi Chaim Bogopulsky**
- 7:35 pm Mincha, Shalosh Seudos, Ma'ariv
- 8:44 pm Shabbos concludes



Minyan Times Aug 11 – Aug 19, 2023

	Fri Aug 11	Shabbos Aug 12	Sun Aug 13	Mon Aug 14	Tues Aug 15	Wed Aug 16	Thu Aug 17*	Fri Aug 18*	Shabbos Aug 19
Shachris (am)	7:00	9:00	8:00	7:00	7:00	7:00	6:45	6:45	9:00
Mincha/Ma'ariv (pm)	6:15	7:25	6:10	6:10	6:10	6:10	6:10	6:10	7:15

*Rosh Chodesh

Rabbi Bogopulsky Daily Classes Resume

Daily classes (Gemara and Kitzur Shulchan Aruch) with **Rabbi Chaim Bogopulsky** resume this week. Weekly classes ("Journey through the Chumash" and "Gateway to Tefilla") remain on hiatus.

Rabbi Chaim Bogopulsky • Rabbi Aaron Borow, Emeritus • Rabbi Ze'ev Smason, Emeritus • Kenneth Bressler, President
Nusach Hari B'nai Zion • 650 N. Price Rd. St. Louis, MO 63132 • Phone 314.991.2100 • Web: www.nhbz.org



**With Gratitude To Hashem
With Great Pride And Joy
In Honor of Our Dear Son Ethan's Bar Mitzvah
Parashat Re'eh
Sandy & Jenn Cohen**

Please join us for Kiddush Lunch to Celebrate!

Congregation News

Mazel Tov on Simchas This Week! Aug 12 – Aug 18, 2023

Happy Birthday

Isaac Amon	Aug 12	Michael Morgensztern	Aug 16
Jamie Mufson	Aug 13	David Rubin	Aug 16
Judy Ziegelman	Aug 14	Nancy Rush	Aug 18
Bobby Levine	Aug 16		



Happy Anniversary

Larry & Shirley Hollander	Aug 14	Ari & Lila Belasen	Aug 17
Robert & Sandra Abrams	Aug 15		

Events

Coming Soon

- This Shabbos – Ethan Cohen's Bar Mitzvah
- Sunday, Aug 13, 7:00 pm – Scotch, Cigars & Learning (Men Only)
- Wednesday, Aug 16, 7:15 pm – Rebbetzin on a Ride (Women Only)
- Friday, Aug 25, 7:30 pm – Ignite YP Shabbos Dinner at NHBZ (See p. 5)
- Shabbos, Aug 26, 9:00 am – Father/Son Teen Minyan with **Rabbi Chaim Bogopulsky**

Monument Dedication Notices, August 20, 2023

A monument dedication for **Janet Goldenberg^a**^h, beloved sister of members **Anna Rose & Victor Tendler** and **Larry Goldenberg**, and other siblings, will take place on Sunday, August 20, 2023 at 10:00 am at Chesed Shel Emeth Cemetery, 650 White Road, Chesterfield, MO 63017.

A monument dedication for **Sarah (Sally) Talisnik^a**^h, will take place on Sunday, August 20, 2023 at 10:30 am also at Chesed Shel Emeth Cemetery, 650 White Road, Chesterfield, MO 63017.

May our presence and prayers be a comfort to the families. May the memories of our beloved family and friends always be a blessing.

Starting Points Returns, Last Shabbos of the Month, Starting September 30, 2023

Mark your calendars and join **Rabbi Ze'ev Smason** when "Starting Points" returns, Sept. 30!

NHBZ Needs a Weed Puller (or Two)

Help us spruce up for the Holidays! A few hours of work for few good workers and the gardens look fresh. To keep our Shul looking beautiful, we need some weed pullers! Please call the Office at 314-991-2100, ext. 2 if you can lend a hand. Great short term, part-time job for a teenager!

RESERVED



High Holiday Seating

It is now mid-Summer, and Rosh Hashanah is just around the corner!

One of the benefits of Full Membership at NHBZ is having a guaranteed seat for Rosh Hashanah and Yom Kippur. This year, we are continuing the approach that we started last year. Guaranteed seats will be either **reserved** or **open**. You may choose a specific seat to reserve; or, if you prefer open seating, you may sit in any unreserved seat. There will be enough seats to guarantee that all Full Members have a seat.

~ Again this year, seats will be reserved only upon request ~

If you want a reserved seat, please contact Lenny Alper at lenny.alper@outlook.com or Nancy Stenn at office@nhbz.org **by 5:00 pm Friday, September 1** and we can help you **reserve the same seat as last, or pick a new seat** to your liking. Your seat will be marked as reserved. If you do not want a reserved seat, you do not need to contact us, and you may sit in any seat **that is not marked as reserved**.

***If you want a reserved seat, you must contact us
by 5:00 pm Friday, September 1***



Yizkor Book of Remembrance 2023/5784

It is time to update the Book of Remembrance. Please use the links in the email sent to members this week. Review your entries from last year, and email office@nhbz.org with any changes or "same as last year." Please update your information before Friday, Sept. As in the past, we request a \$10 donation for each name listed (or group of names such as "and family") in the Book of Remembrance, and an additional \$36 donation for each Name Read Aloud during Yizkor. The Book of Remembrance is used on Yizkor throughout the year for Yom Kippur, Shemini Atzeres, Passover and Shavuot. The Office is always available to answer questions and to help. 314-991-

Mystical Dimensions of the High Holidays with Rabbi Emeritus Ze'ev Smason

As anticipated, the Home Group Discussion Series with **Rabbi Ze'ev Smason** at the home of **Don & Julie Eisenberg** is **SOLD OUT**. Please use the RSVP page [here](#), and use the link on the RSVP page to join the waitlist. We will notify you if seats open. Thank you for your enthusiasm!

Learning at NHBZ

Parashas Re'eh

The name of our Sedra means - "see". *"See, I set before you this day a blessing and a curse."* Moshe Rabeinu told the Israelites that they have free will. They are free to choose the path in life which will be productive and a blessing, or have the free will to choose the path that will eventually turn out to be a curse. Doesn't it seem to be very elementary? Surely, if you are given a choice to choose between blessing and curse, every human being would choose the path leading to blessing rather than the reverse! Apparently, life is not so simple but in actuality is very complex. Studies have shown that smoking may be harmful to your health. Why then do people still smoke? Consuming too much alcohol can be disastrous to one's life and can destroy other lives, if one drinks and then drives. Why are there so many alcoholics? People on drugs pose a threat to themselves and are extremely dangerous to others. Why are the numbers of people who are drug addicts escalating? Perhaps a loss of self-esteem, through job loss, or a real sense of hopelessness and helplessness, cause people to turn to drugs and alcohol. There are a myriad of reasons that cause people to "choose the curse". The Torah seems to give an antidote to self-destruction ... in the opening sentence of our sedra, *"See, I have set before you this day a blessing...."*

The Vilna Gaon, the famous Rav of Vilna of the 18th century, analyzes this sentence by commenting on each word. **Re'eh** - "**See**" - is written in the singular form (Re'u would be the plural for Y'all see). Why does the Torah begin our sedra with the word Re'eh - see, in the singular, addressed to each individual? The Vilna Gaon teaches - a person should not say, who am I to choose the good path in life? If a majority of people are behaving otherwise, why should I be the good guy and endeavor to do good? Therefore the Torah addresses the individual - Re'eh - see what is before you. Do what is good, right and proper, and don't pay attention to what the rest of society is doing - be it smoking or drinking or doing drugs; be it a life without the performance of any mitzvos. **Anochi** - "**I**", refers to G-d. See that G-d has set before us a blessing. A person should not say, how can I stand up to the great temptations in this world? The answer - because I (G-d) will assist the human being and help him to overcome the temptation. Alcoholics Anonymous has 12 steps to assist a person to overcome his addiction. One of the most important of these is a belief in a power higher than oneself - in the power of G-d. **Nosain** - "**set**" is not in the past tense. See G-d sets before you, in the present.

A person should not think that if he once chose the wrong path, in the past, that there is no chance of mending and fixing the wrong. Therefore, the Torah uses the word Nosain - G-d sets before us always the opportunity to choose the right path. Lifnaycham - "**before you**". If one should say, how do I know what is the proper path and what is the wrong way? Everything is not black and white, good or evil! Therefore, the Torah says - it is "**before you**" - open your eyes and see with a discerning look, examine the historical developments of our people and everything will become crystal clear. **Hayom** - "**this day**". Perhaps a person will say, what hope do I have, I am too far gone, I am too far removed from the good path. I am tied down to a lifestyle that doesn't permit me to live more ethically and Jewishly! Therefore, the Torah states - *"See, G-d sets before you today a blessing"*. Everyday should be viewed as the possibility for a new beginning. A Baal Teshuva, a person who does Teshuva, who repents of past misdeeds, is like a newborn today. *"See, G-d sets before you this day a blessing."*

Author Unknown
From the OU Archives

On-Going Classes

- **Gemara Learning with Rabbi Chaim Bogopulsky**, Weekdays, 6:15 am
- **St. Louis Kollel Amud-a-Week**, Mondays, 8:00 pm
- **“Journey through the Chumash” with Rabbi Chaim Bogopulsky**, Tuesdays – **ON HIATUS**
Take an amazing journey of learning! Step by step, we will explore the Chumash.
- **Pirkei Avos / Ethics of the Fathers with Rabbi Ze’ev Smason**, Wednesdays, 12:15 pm
Feed your soul 45 minutes of spiritual nourishment from the timeless wisdom of our Sages, full of relevant, contemporary insights and lessons. Low-calorie, gluten free, and refreshing!
- **“Gateway to Tefilla” with Rabbi Chaim Bogopulsky**, Wednesdays – **ON HIATUS**
Deepen your understanding of the prayers we say.
- **Book of Kings with Rabbi Ze’ev Smason**, Monday-Thursday 3:00 pm (On Zoom!)
An online class providing an exciting and informative look into the lives of Israel’s early kings and prophets. Thirty-minute sessions on Zoom. Join class via this link:
<https://us04web.zoom.us/j/78974795850?pwd=tw7lIOVumZ8QelPxHvApYZsox8VUem.1>
- **Kitzur Shulchan Aruch with Rabbi Chaim Bogopulsky**, Sunday-Thursday – 6:50 pm
Invest a few minutes (right before Ma’ariv!) to expand your understanding of Halacha/Jewish Law.
- **“Soul Building” Series with Rabbi Yosef David**, **ON HIATUS** – Guest Rabbis will speak each week
- **Pre-Mincha Shiur with Rabbi Chaim Bogopulsky**, Every Shabbos afternoon – Before Mincha
- **Mishna Learning with Rabbi Chanan Swidler**, Every Sunday morning, after Shachris



The poster features a vibrant, abstract background with shades of pink, red, and orange. At the top, there are two logos: a scroll with the text "Nusach Hari B'nai Zion" and the "IGNITE YP" logo. The main title "YOUNG PROFESSIONALS SHABBAT DINNER" is prominently displayed in the center. Below the title, the date and time "August 25, 2023 | 7:00 pm" are listed. A section titled "Shabbat dinner hosts are invited to attend" provides contact information for Rabbi Bogopulsky and Jennifer Hartranft. The bottom section promotes sponsorship opportunities with silver, gold, and platinum levels, and includes a text code to become a sponsor. The footer lists the names of the Shabbat Dinner Hosts.

Nusach Hari B'nai Zion **IGNITE YP**

YOUNG PROFESSIONALS
SHABBAT DINNER

August 25, 2023 | 7:00 pm

Shabbat dinner hosts are invited to attend
For more information and to become a host contact
Rabbi Bogopulsky: 845-642-6758
or Jennifer Hartranft: 314-853-9613

HOST THE SHABBAT DINNER WITH US VIA THE SPONSORSHIP OPPORTUNITIES BELOW

SILVER \$300 | GOLD \$500 | PLATINUM \$1000

Text SHABBATHOST to 44-321 to become a sponsor

Shabbat Dinner Hosts:
Rabbi Chaim and Batya Bogopulsky | Janet and Alan Haber
Jennifer and Bryson Hartranft | Dr Daniel and Marcella Morgensztern
Ephraim and Michelle Mufson | Zev Rosenberg



THE SISTERHOOD SCOOP

AUGUST 12



Volume 6

Number 29

25 Av 5783

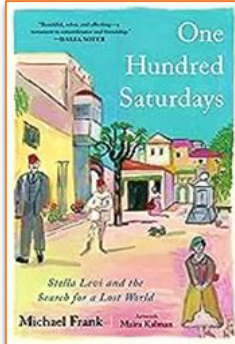
August 12, 2023

Sisterhood wishes Mazel Tov to **ETHAN COHEN** on becoming a Bar Mitzvah!!



Book Club Invites YOU to Join!

The next book selection is **One Hundred Saturdays: Stella Levi and the Search for a Lost World**, by Michael Frank. One of Wall Street Journal's Ten Best Books of the Year, this remarkable story of 99-old Stella Levi whose conversations with the author over the course of six years bring to life her resilience, wisdom, and ability to survive.



The discussion of the book will be **Monday, September 11, 7:15-8:45pm** at the home of **Sallie Volotzky**.

The final book selection for 2023 will be **The Company I Keep: My Life in Beauty**, by Leonard Lauder and the discussion will be on **Monday, November 13** at the home of **Myra Radinsky**.

For more info call Fran Alper at 314-993-4024 or fran.alper@outlook.com or sisterhood@nhbz.org

Blessing the New Month... Elul

When we bless the month of Elul, we complete the act of blessing begun the *previous* Tishrei. When we bless Shabbos Mevarchim Elul, it is as the culmination and fulfillment of G-d's blessing the previous Shabbos Mevarchim Tishrei. Thus, in G-d's blessing there is manifest the principle of "the beginning is wedged in its end, and the end in the beginning." Elul is the 12th and final month in the Jewish calendar (the sixth month counting from Nisan). **It is a month that connects the past year with the coming year—a time when we reflect on where we stand and where we should be going.**

— from www.chabad.org

PARSHAS RE'EH: 'Oh Say Can You See'

"See, I present before you today a blessing and a curse" (Deut. 11:26).

R Yitzchok Meir of Gur says that G-d has given a person the wisdom and understanding to be able to distinguish between right and wrong, between a blessing and curse.

We have not only the intelligence to make wise decisions but also the ability to do so. Yet, we often see people making unwise decisions that are to their own detriment, and they fail to use these G-d-given strengths in their own favor.

This thought occurs to me when I see intelligent and even scholarly people smoking cigarettes, knowingly poisoning themselves. True, it would require effort and some tolerance of discomfort to break the habit, but certainly one's life is dear enough that one should willingly accept the discomfort in the interest of survival. People who readily accept the discomfort of a surgical procedure to save their lives nonetheless appear unable to do so with regard to discontinuing smoking.

The reason for this discrepancy is that one's judgment is distorted by what one would like to believe. The Torah states this very clearly: "A bribe will blind the eyes of the wise" (Deuteronomy 16:19). One's wisdom is ineffective when a bribe has affected one's judgment capacity. A blind person would indeed wish to avoid falling into a pit, but he cannot help himself if he cannot see it. This is true of every unwise decision. Smoking is just one stark example. We are constantly under the influence of biases that impair our judgment.

The blind person cannot make himself sighted, but we do have the ability to overcome the blindness of our biases. We just need to be on the alert and on the defensive, realizing our vulnerability.

Moses chose his words very deliberately: "See, I present before you today a blessing and a curse." See, indeed. You have the ability to overcome the blindness of your biases.

— Rabbi Dr. Abraham Twerski, www.chabad.org

"Teshuvah is something more than the accounting of the rights and wrongs in a person's life. Teshuvah is the expression of the world's existential yearning to come closer to G-d."

— Rabbi David Samson

It's that time of year again!

Everyone is Invited to participate in Sisterhood's



New Year Greetings

Fundraiser for 5784

NHBZ Sisterhood wishes you Health, Happiness & Prosperity in the New Year...

...and invites you to wish L'Shana Tova Tikatevu to everyone in our NHBZ family!

Send your donation (\$10 min / NO max) to NHBZ Sisterhood and your name will be published in the 5784 Rosh Hashanah Bulletin! See flyer for details.



New Year Greetings

fundraiser

The **NHBZ Sisterhood** wishes you
Health, Happiness & Prosperity in the New Year...

...and invites you to wish **L'Shana Tova Tikatevu**
to everyone in our NHBZ family!

Make your check payable to **NHBZ** – write 'Sisterhood Greeting' on the
memo line – suggested minimum donation is \$10 per name – no maximum!

Names will be published in the 5784 Rosh Hashanah Bulletin

Send your contribution, along with the form below, **by August 28** to:

NHBZ Sisterhood
650 North Price Road
St. Louis, MO 63132

or you may email your greeting information directly to bookkeeper@nhbz.org
or visit the website www.nhbz.org to make a payment

FOR QUESTIONS, CALL THE NHBZ OFFICE, 314-991-2100, EXT.3, OR EMAIL: sisterhood@nhbz.org

NHBZ SISTERHOOD NEW YEAR GREETING ~ FOR ROSH HASHANAH 5784 BULLETIN

Name _____

Phone _____ Email _____

Amount enclosed \$ _____ [suggested minimum donation is \$10 per name – no maximum!]

Please list my name as follows:

Proceeds benefit NHBZ's Passport to Israel Program and other NHBZ Sisterhood projects

Wishing you a Good and Sweet Year!





NHBZ Men's Learning

650 NORTH PRICE ROAD • ST. LOUIS, MO 63132 • 314-991-2100 • EMAIL: OFFICE@NHBZ.ORG • WWW.NHBZ.ORG

Scotch & Cigars **And Torah Learning** Outside on the NHBZ Patio

650 N. Price Road

Sunday August 13

~Please Join us for minyan at~
6:15 PM - Program at 6:45

Kosher Food under the supervision of Rabbi Bogopulsky.



Sponsors in any amount are welcome.
Please contact the office

314-991-2100 or office@nhbz.org

650 NORTH PRICE ROAD • ST. LOUIS, MO 63132 • 314-991-2100 • EMAIL: OFFICE@NHBZ.ORG • WWW.NHBZ.ORG



Please Join Us, Ladies!
FOR A WOMEN'S LEARNING EVENT

REBBETZIN ON A RIDE

When a free spirited, and undisciplined Rebbetzin signs up for a 75 mile charity ride there are lots of physical and spiritual lessons to be culled. Join us for a detailed narrative from training to finish line with lots of Jewish nuggets along the way.



WEDNESDAY
AUG
16th

**7:15 PM at NHBZ,
650 N. Price Road**

Join us as we welcome
Rebbetzin **Giti Fredman** and hear
all about her amazing journey.

RSVP recommended but not required.



Youth Programs for Shabbos Mornings

WHEN?

Every Shabbos Morning
10:00-11:30 AM

WHERE?

Nusach Hari B'nai Zion Congregation,
650 North Price Road, Olivette

WHO?

- ★ Kids ages 3-6
- ★ Kids ages 7-12
- ★ Teens ages 13+

WHAT?

Learning... davening...
games... fun!



Join Rabbi Chaim Bogopulsky
and NHBZ families for a
unique Shabbos experience.
Open to all ages, no charge

