



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

August 5, 2023 • 18 Av 5783 • Candle Lighting 7:50 pm • Shabbos Concludes 8:53 pm

Parshas Eikev
Haftorah Eikev

Deuteronomy 3:23 – 7:11
Isaiah 49:14 – 51:3

Chumash pp. 980 – 998
Chumash pp. 1197 – 1199

We thank our generous sponsors

- **Ed & Helayne Levitt** for the Kiddush in celebration of their 35th Wedding Anniversary and
- **Stephen & Myra Radinsky** for the enhancing the kiddush with cake in celebration of their 57th Wedding Anniversary. MAZAL TOV!! (That's 92 combined years of marriage, Folks. YAY!)
- **Boris & Alla Yasinev** for Shalosh Seudos in commemoration of the yahrzeit of their beloved father, **Nachum Shapiro**^{z"l}

Prayer

Shabbos, Friday, August 4

- 6:15 pm Mincha, Kabbalat Shabbat, Ma'ariv
- 7:50 pm Candle Lighting

Shabbos, Saturday, August 5

- 9:00 am Shachris followed by Musaf
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Mateo John**
 - Leyning: **Stuart Klamen**
- 10:00 – 11:30 am Youth Programming (downstairs)
- 10:00 – 10:45 am Special Guest Speaker **Rabbi Daniel Sentell** (downstairs in the Chapel)
Today's Topic: "Challenges in End-of-Life Decision Making"
- 7:35 pm Mincha, Shalosh Seudos, Ma'ariv
- 8:53 pm Shabbos concludes



Minyan Times Aug 4 – Aug 12, 2023

	Fri Aug 4	Shabbos Aug 5	Sun Aug 6	Mon Aug 7	Tues Aug 8	Wed Aug 9	Thu Aug 10	Fri Aug 11	Shabbos Aug 12
Shachris (am)	7:00	9:00	8:00	7:00	7:00	7:00	7:00	7:00	9:00
Mincha/Ma'ariv (pm)	6:15	7:35	6:20	6:20	6:20	6:20	6:20	6:15	7:25

Rabbi Bogopulsky Weekday Classes on Hiatus this Week

Weekday classes with **Rabbi Chaim Bogopulsky** are on hiatus this week. Please watch your emails and the Weekly News for the date when each class resumes. Stay cool. Happy Summer!

Congregation News

Mazel Tov on Simchas This Week! Aug 5 – Aug 11, 2023

Happy Birthday

Julie Eisenberg Aug 6
Jonah Shifren Aug 6
Allan Swan Aug 6



Happy Anniversary

Ed & Helayne Levitt Aug 7
Stephen & Myra Radinsky Aug 7
Jeff & Terri Schnitzer Aug 8

Events

Coming Soon

- This Shabbos – Kiddush sponsored by **Ed & Helayne Levitt** in celebration of their 35th Wedding Anniversary, and kiddush enhanced by **Stephen & Myra Radinsky** in celebration of their 57th Wedding Anniversary
- Next Shabbos, Aug 12 – Ethan Cohen's Bar Mitzvah
- Sunday, Aug 13, 7:00 pm – Scotch, Cigars & Learning (Men Only)
- Wednesday, Aug 16, 7:15 pm – Rebbetzin on a Ride (Women Only)
- Friday, Aug 25, 7:30 pm – SAVE THE DATE: Ignite YP Shabbos Dinner at NHBZ



Ethan Cohen Bar Mitzvah, Next Shabbos, August 12, 2023

With gratitude to HaShem, **Sandy & Jenn Cohen** invite you to Ethan Cohen's Bar Mitzvah on Shabbos, August 12, 2023. Please join us for Kiddush lunch.

NHBZ Proud and Inspired – A Great Success!

The first NHBZ Online Fundraising Campaign came to a SUCCESSFUL conclusion!

Thanks to each and every one of you for stepping up – PROUD AND INSPIRED!!



We had 90 donors and reached 90% of our goal. We especially want to thank **Bob Kaiser** and **Menachem Szus** for organizing the campaign and for their many hours of hard work to make the campaign a success!

We also want to thank our TEAM PLAYERS!

FIRST PRIZE (2 tickets to Pizza Night): **TEAM BOGOPULSKY**

SECOND PRIZE (1 ticket to Pizza Night): **TEAM WAXMAN**

HONORABLE MENTION: **TEAM HARTRANFT**

BOOBY PRIZE (Prize to be named): **TEAM OAK**

Stay tuned for all the great programming your generosity supports! NHBZ – PROUD & INSPIRED!

NHBZ JULY 2023 TRIBUTES

IN MEMORY OF

Bernard Winograd

Irwin & Arlene Fredman
Amy & Denny Feit
Reuven & Margo Tzadok
Howard & Phyllis Loiterstein
Linda & Norman Shore
Joni & Bob Kaiser
Daniel & Marcela Morgensztern
Jerry & Gail Tullman

IN HONOR OF

Alan & Vivian Zarkowsky's 50th Wedding Anniversary

Daniel & Marcela Morgensztern
Feigenbaum/Pepose Family

Scott McCary's Graduation

Feigenbaum/Pepose Family

Alan Morgensztern's Graduation

Feigenbaum/Pepose Family

Sam Shanker becoming a Bar Mitzvah

Feigenbaum/Pepose Family

Jay & Peggy Umansky for the Engagement of their son

Daniel & Marcela Morgensztern
Ed & Helayne Levitt
Joni & Bob Kaiser

Ed & Helayne Levitt's 35th Wedding Anniversary

Daniel & Marcela Morgensztern



HAPPY BIRTHDAY TO

Mark Ragin

Eliot & Sally Katz
Feigenbaum/Pepose Family

Judy Levin

Eliot & Sally Katz
Feigenbaum/Pepose Family

Caryn Alper

Libby Sorkin Routman
Feigenbaum/Pepose Family
Joni & Bob Kaiser

Fran Alper

Libby Sorkin Routman
Feigenbaum/Pepose Family
Joni & Bob Kaiser

Joanna Alper

Libby Sorkin Routman
Feigenbaum/Pepose Family
Joni & Bob Kaiser

Anna Rose Tendler

Feigenbaum/Pepose Family

Naomi Shanker

Feigenbaum/Pepose Family

Jane Lyss

Feigenbaum/Pepose Family

Cantor Murray Hochberg

Feigenbaum/Pepose Family

Vivian Zarkowsky

Feigenbaum/Pepose Family

Sally Needle

Daniel & Marcela Morgensztern
Rachael Pevnick
Libby Sorkin Routman

Learning at NHBZ

● Parashas Eikev

“And it will be, if you hearken diligently to My commands that I command you today to love Hashem your G-d and to serve Him with all your heart and with all your soul. Then I will give the rain of your land in its time – the early rain and the late rain – and you will gather in your grain and your wine and your oil.” These verses indicate that our service of Hashem “with all our heart and soul” will cause our agricultural efforts – and by extension, all our financial toil – to be blessed with success.

The Mishnah in Avos emphasizes this ideal: “Pleasing is Torah with *derech erez* [a worldly occupation], for the efforts of both causes sin to be forgotten. And any Torah that is not accompanied by work will become nullified in the end and lead to sin.” In the Talmud, Rabbi Yismael champions this position. “*Hanheig bahem minhag derech erez*. Combine them [words of Torah] with a worldly occupation.” The simple strategy presents an incredible challenge. For Torah study, according to Rav Chaim Volozhin, must be your pursuit during all free moments, and Torah ethics must be reflected in all of your conduct as you are pursuing your livelihood.

Nonetheless, Rabbi Yishmael’s view is forcefully challenged by Rabbi Shimon bar Yochai. “Is it possible,” he asks, for one to be beholden to the agricultural cycle of plowing, sowing, harvesting, and processing and still have time to study properly? “What will become of Torah?!” cries Rabbi Shimon bar Yochai. Which view do we accept? Abaye remarks that many followed Rabbi Yishmael and succeeded, while many followed Rabbi Shimon bar Yochai and did not succeed. And Rava, the Talmud informs us, told his students to look after their livelihoods during the planting and harvest seasons and not report to the study hall.

The Rambam, as interpreted by many sages, maintains that the view of Rabbi Yishmael is the approach for the majority of people. Nonetheless, a select few, who understand the sacrifices and responsibilities entailed, may opt for the view of Rabbi Shimon bar Yochai and expect to be supported by the community as they dedicate themselves to the study of Torah. That is our situation today: a majority of working Torah Jews combined with a cadre of Torah scholars. It behooves us to stress to the world of Rabbi Shimon bar Yochai how much respect is needed for the world of Rabbi Yishmael. As one of the greatest sages of Eretz Yisrael commented to one of his contemporaries after listening to him tell a group of yeshiva students that their studies during the war put them, too, on the front lines. It is also our obligation to educate and persuade the world of Rabbi Yishmael to appreciate how crucial it is for Klal Yisrael to have the world of Rabbi Shimon bar Yochai.

The phenomenal growth of kollelim across the country has strengthened each and every community by raising the general level of observance and learning. Moreover, we must reject any camp that sees only its own point of view and refuses to acknowledge the validity of other positions. Our Sages recognized and appreciated both points of view.

Rabbi Raphael Marcus
Congregation B’nai Torah in Toronto, Canada

On-Going Classes

- **Gemara Learning with Rabbi Chaim Bogopulsky**, Weekdays – **ON HIATUS**
- **St. Louis Kollel Amud-a-Week**, Mondays, 8:00 pm
- **“Journey through the Chumash” with Rabbi Chaim Bogopulsky**, Tuesdays – **ON HIATUS**
Take an amazing journey of learning! Step by step, we will explore the Chumash.
- **Pirkei Avos / Ethics of the Fathers with Rabbi Ze’ev Smason**, Wednesdays, 12:15 pm
Feed your soul 45 minutes of spiritual nourishment from the timeless wisdom of our Sages, full of relevant, contemporary insights and lessons. Low-calorie, gluten free, and refreshing!
- **“Gateway to Tefilla” with Rabbi Chaim Bogopulsky**, Wednesdays – **ON HIATUS**
Deepen your understanding of the prayers we say.
- **Book of Kings with Rabbi Ze’ev Smason**, Monday-Thursday 3:00 pm (On Zoom!)
An online class providing an exciting and informative look into the lives of Israel’s early kings and prophets. Thirty-minute sessions on Zoom. Join class via this link:
<https://us04web.zoom.us/j/78974795850?pwd=tw7lOVumZ8QeIPxHvApYZsox8VUem.1>
- **Kitzur Shulchan Aruch with Rabbi Chaim Bogopulsky**, Sunday-Thursday – **ON HIATUS**
Invest a few minutes (right before Ma’ariv!) to expand your understanding of Halacha/Jewish Law.
- **“Soul Building” Series with Rabbi Yosef David**, **ON HIATUS** – Guest Rabbis will speak each week
- **Pre-Mincha Shiur with Rabbi Chaim Bogopulsky**, Every Shabbos afternoon – **ON HIATUS**
- **Mishna Learning with Rabbi Chanan Swidler**, Every Sunday morning, after Shachris

Starting Points Returns, Last Shabbos of the Month, Starting September 30, 2023

Mark your calendars and join **Rabbi Ze’ev Smason** when “Starting Points” returns, Sept. 30!

Mystical Dimensions of the High Holidays with Rabbi Emeritus Ze’ev Smason

We are very pleased to announce a new Home Group Discussion Series with **Rabbi Ze’ev Smason** at the home of **Don & Julie Eisenberg**. Classes will meet at 7:15 pm on Mondays, August 14, August 28 and September 11. **Seating is limited** and we anticipate the classes “selling out.” Please RSVP [here](#). Once classes are full, please join the waitlist (there is a link on the RSVP page). We will notify you if seats open. Thank you for your eager participation!

NHBZ Needs a Weed Puller (or Two)

We need a few good workers for some very rewarding (ok, tedious) work. To keep our Shul looking beautiful, we need some weed pullers! Early morning hours are the most comfortable. Please call the Office at 314-991-2100, ext. 2 if you are available to lend a hand. Great short term, part-time job for a teenager!

High Holidays Around the Corner

With the holidays coming up soon, we will be updating the Yizkor book and members will have the opportunity to pick their holiday seats! Watch the Weekly News and your emails for updates.



THE SISTERHOOD SCOOP

AUGUST 5



Volume 6

Number 28

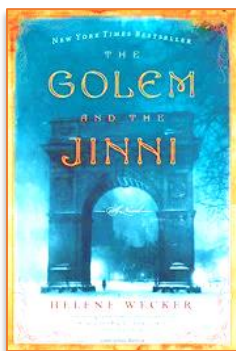
18 Av 5783

August 5, 2023

Book Club Meeting a Success!

The book club met this week on Monday July 31 to discuss the thought-provoking first novel by Helene Wecker, *The Golem and the Jinni*.

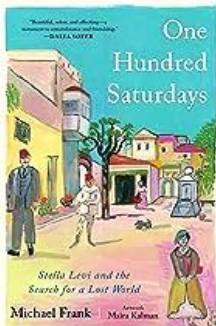
Sharon Summers hosted the group at her home, and she skillfully led the discussion of this imaginative and volatile story. Themes ranged from good and evil, and faith and free will, to artificial intelligence and what it means to be human. Many thanks to Sharon for her wonderful hospitality, and to all who participated!



★ **SAVE THESE DATES** ★ **SAVE THESE DATES** ★

Monday, September 11

One Hundred Saturdays: Stella Levi and the Search for a Lost World, by Michael Frank; at the home of Sallie Volotzky



Monday, November 13

The Company I Keep: My Life in Beauty, by Leonard Lauder; location TBA

For more info call Fran Alper at 314-993-4024 or fran.alper@outlook.com or sisterhood@nhbz.org

EIKEV: 'Bread from Earth, Blessings from Heaven'

Almost all the blessings in the Jewish prayer book were instituted by our sages and are not Biblically mandated. The only exception is the commandment to bless G-d after eating bread, as Moses tells us in this week's Torah portion:

And you will eat and be sated, and you shall bless the L-rd, your G-d, for the good land He has given you. (Deut. 8:10)

Over time, the blessing (often called Grace After Meals) evolved and is now a series of four blessings composed over more than a millennium. The Talmud explains who composed each blessing and when. We will focus on the first two:

With regard to the origins of the four blessings of Grace after Meals, Rav Nachman said: Moses instituted for Israel the first blessing of "Who feeds all," when the manna descended for them and they needed to thank G-d. Joshua instituted the blessing of the land when they entered Eretz Yisrael. (Berachot 48a)

Why on earth do we thank G-d with a blessing about bread from the heavens? The bread we eat, bread grown from the ground with great investment of toil and time, is categorically different from the manna in the desert, which miraculously descended from the heavens each morning of their 40-year sojourn. Why then do we say the first blessing, composed by Moses for the miraculous manna, and not begin directly with the blessing composed by Joshua as he and the Jews entered Israel and ate natural bread grown from the land?

Perhaps the sages included the blessing composed by Moses because it captures the essence of the purpose for the blessing.

While much of the previous Torah portion is dedicated to reminding the Jewish people never to forget the awesome experience at Sinai, this week's portion focuses on the spiritual dangers of entering the land of Israel. The miracles of the Exodus from Egypt and the journey through the wilderness were about to end. Moses cautioned the people that in the Land of Israel there would be great temptation to attribute success to their own power and wisdom. Now that they would be growing bread by the sweat of their own brows, they might forget about G-d and attribute a successful harvest to their own ability to navigate and channel nature's force. Moses therefore reminds us that when we eat natural bread, when we are satiated, when we enjoy blessing, we must recognize G-d as its source.

Perhaps this is why the Sages included Moses's blessings for the manna—the bread from the heavens—together with Joshua's blessings for the bread of the land of Israel, the bread of the earth. For the purpose of the Grace After Meals is to recognize that the natural bread is a blessing from G-d no less than the bread from the heavens. Both Moses and Joshua teach us to recognize the truth: that G-d is manifest not only in miracles but also in nature; not only in the bread from the heavens but also in the bread from the earth.

— **Rabbi Menachem Feldman**, www.chabad.org

It's that time of year again!

Everyone is Invited to participate in Sisterhood's



New Year Greetings Fundraiser for 5784

NHBZ Sisterhood wishes you Health, Happiness & Prosperity in the New Year...

...and invites you to wish L'Shana Tova Tikatevu to everyone in our NHBZ family!

Send your donation (\$10 min / NO max) to NHBZ Sisterhood and your name will be published in the 5784 Rosh Hashanah Bulletin! See flyer for details.



New Year Greetings

fundraiser

The **NHBZ Sisterhood** wishes you
Health, Happiness & Prosperity in the New Year...

...and invites you to wish **L'Shana Tova Tikatevu**
to everyone in our NHBZ family!

Make your check payable to **NHBZ** – write 'Sisterhood Greeting' on the
memo line – suggested minimum donation is \$10 per name – no maximum!

Names will be published in the 5784 Rosh Hashanah Bulletin

Send your contribution, along with the form below, **by August 28** to:

NHBZ Sisterhood
650 North Price Road
St. Louis, MO 63132

or you may email your greeting information directly to bookkeeper@nhbz.org
or visit the website www.nhbz.org to make a payment

FOR QUESTIONS, CALL THE NHBZ OFFICE, 314-991-2100, EXT.3, OR EMAIL: sisterhood@nhbz.org

NHBZ SISTERHOOD NEW YEAR GREETING ~ FOR ROSH HASHANAH 5784 BULLETIN

Name _____

Phone _____ Email _____

Amount enclosed \$ _____ [suggested minimum donation is \$10 per name – no maximum!]

Please list my name as follows:

Proceeds benefit NHBZ's Passport to Israel Program and other NHBZ Sisterhood projects

Wishing you a Good and Sweet Year!





NHBZ Men's Learning

650 NORTH PRICE ROAD • ST. LOUIS, MO 63132 • 314-991-2100 • EMAIL: OFFICE@NHBZ.ORG • WWW.NHBZ.ORG

Scotch & Cigars **And Torah Learning** Outside on the NHBZ Patio

650 N. Price Road

Sunday August 13

~Please Join us for minyan at~
6:15 PM - Program at 6:45

Kosher Food under the supervision of Rabbi Bogopulsky.



Sponsors in any amount are welcome.
Please contact the office

314-991-2100 or office@nhbz.org

650 NORTH PRICE ROAD • ST. LOUIS, MO 63132 • 314-991-2100 • EMAIL: OFFICE@NHBZ.ORG • WWW.NHBZ.ORG



Please Join Us, Ladies!
FOR A WOMEN'S LEARNING EVENT

REBBETZIN ON A RIDE

When a free spirited, and undisciplined Rebbetzin signs up for a 75 mile charity ride there are lots of physical and spiritual lessons to be culled. Join us for a detailed narrative from training to finish line with lots of Jewish nuggets along the way.



WEDNESDAY
AUG
16th

**7:15 PM at NHBZ,
650 N. Price Road**

Join us as we welcome
Rebbetzin **Giti Fredman** and hear
all about her amazing journey.

RSVP recommended but not required.



Rose Ragin Chesed Fund

Supporting our Members

What is the Rose Ragin Chesed Fund?

The fund provides for acts of chesed (lovingkindness) to support lifecycle events of NHBZ members, such as...



**Shiva trays
for mourners**



**Gifts for
newborns**



**Meals for
the sick**

How can I contribute to the Rose Ragin Chesed Fund?

- buy Rose Ragin Chesed cards and Purim Cards
- buy 'onesies' for a baby
- make a donation to the Rose Ragin Chesed Fund
- watch for upcoming special fund-raising campaigns

How else can I help?

Call Nancy in the NHBZ Office – 314-991-2100, ext. 2, to...

- notify her about someone who is in need of chesed
- have a misheberach said for someone
- volunteer for the Chesed Committee

Purchase a **pack of 5** Rose Ragin Chesed cards – **\$25 minimum donation**. Keep some handy to send out whenever you'd like. It's a great way to honor a simcha, remember a loved one, or acknowledge anything at all.

314-991-2100, ext. 2