

Shabbos and Yom Tov Edition



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion
Affiliated with Union of Orthodox Congregations of America

Shabbos - September 23, 2023 • 8 Tishrei 5784

Candle Lighting 6:40 pm • Shabbos Concludes 7:42 pm

Parshas Haazinu
Haftarah Vayeilech

Deuteronomy 32:1 - 32:52
Hosea 14:2-10; Joel 2:11-27;
Micah 7:18-20

Stone Chumash pp. 1100 – 1111
Stone Chumash pp. 1204 – 1205

Prayer

Friday, September 22

- 7:00 am Shachris
- 6:35 pm Mincha, Ma'ariv
- 6:40 pm Candle Lighting

Shabbos, September 23

- 9:00 am Shachris followed by Musaf
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Rabbi Chaim Bogopulsky**
 - Leyning: **Rabbi Chaim Bogopulsky**
- Haftarah: **Alan Haber**
- Sermon: **Rabbi Chaim Bogopulsky**
- Musaf: **David Rubin**
- 10:00 – 11:30 am Youth Programming (downstairs)
- 10:00 am Guest Speaker **Rabbi Avi Feigenbaum** (downstairs)
This week's topic: "It's a New Year: Don't Blame, Take Responsibility!"
- 5:55 pm *Shiur* from **Rabbi Chaim Bogopulsky**
- 6:25 pm Mincha, Shalosh Seudos, Ma'ariv
- 7:42 pm Shabbos concludes



Erev Yom Kippur, Sunday, September 24

- Before 6:37 pm Candle lighting at home (No candle lighting at NHBZ)
- 6:45 pm Kol Nidre: **Elie Needle**
- 6:50 pm Fast begins

Minyan Times September 22 – September 30, 2023

	Fri Sep 22	Shabbos Sep 23	Sun Sep 24*	Mon Sep 25**	Tues Sep 26	Wed Sep 27	Thur Sep 28	Fri Sep 29^^	Shabbos Sep 30^^
Shachris (am)	7:00	9:00	8:00	8:30	7:00	7:00	7:00	7:00	9:00
Mincha/Ma'ariv (pm)	6:35	6:25	-	-	6:30	6:30	6:30	6:15	6:15
Mincha only (pm)	-	-	1:30	4:45	-	-	-	-	-
Ma'ariv only (pm)	-	-	6:45^	7:30	-	-	-	-	-

*Sep 24: Erev Yom Kippur – Fast begins 6:50pm ^Kol Nidre **Sep 25: Yom Kippur ^^Sep 29 – Oct 1 Sukkot Yom Tov

Yom Kippur – Annual Canned Food Drive – Sunday, September 24

As in the past, we're conducting a food drive for the Jewish Food Pantry. Please bring your non-perishable, canned or boxed food items to the lobby when you arrive for Kol Nidre on September 24.

We ask everyone to bring an amount of food that would be **at least** equal to the amount you would eat during the time of the Yom Kippur fast.

Erev Yom Kippur, Sunday, September 24

- 1:30 pm Mincha
- Before 6:37 pm Candle lighting (at home)
- 6:40 pm Take out Torahs
- 6:45 pm Kol Nidre
- 6:50 pm Fast begins
- 9:00 pm Ma'ariv Concludes

Yom Kippur • Monday, September 25, 2023 • 10 Tishrei 5784

Fast Concludes after Shofar is Sounded

Torah Portion	Leviticus 16:1–17	Machzor pp. 202	Stone Chumash pp. 636-645
Maftir	Numbers 29:7–11	Machzor p. 206	Stone Chumash pp. 894-895
Haftarah	Isaiah 57:14–58:14	Machzor pp. 207-208	Stone Chumash pp. 1237-1238

Yom Kippur, Monday, September 25

- 8:30 am Shachris
- | | |
|--|---|
| <p>Pesukei D'Zimra: TBD</p> <p>Shacharis: Rabbi Chaim Bogopulsky</p> <p>Leyning: Elie Needle</p> <p>Haftarah: Kenny Bressler</p> | <p>Sermon: Rabbi Chaim Bogopulsky</p> <p>Musaf: Elie Needle</p> <p>Mincha: Rabbi Chaim Bogopulsky</p> <p>Neila: Elie Needle</p> |
|--|---|
- 10:00 am Learners' Service
 - 10:00 am Children's Program
 - 11:30 am Drasha
 - 11:45 am Yizkor
 - 12:30 pm Musaf
 - 4:45 pm Mincha
 - 6:10 pm Neila
 - 7:30 pm Ma'ariv
 - 7:42 pm Havdalah
 - 7:44 pm Shofar sounded
 - After Shofar Fast concludes

Sukkot, Friday, September 29 – Sunday, October 1

Chol Hamoed Sukkot, Monday, October 2 – Thursday, October 5

Hoshana Rabba, Friday, October 6

Shemini Atzeret, Friday evening, October 6 – Shabbos, October 7

Simchat Torah, Motzei Shabbos, October 7 – Sunday, October 8

See the High Holiday Newsletter for the Complete Schedule or click [here](#) for electronic copy

OUR VERY SPECIAL THANK YOU



Once again, **Lenny Alper**, this time with the help of **Teretha Carter** and **Kevin Nelson**, orchestrated the set-up of the Sanctuary and Social Hall for the High Holidays. Thank you so very much, Lenny, for the time, effort and assistance you provide our Shul.



Congregation News

Mazel Tov on Simchas This Week! September 24 – September 30, 2023

Happy Birthday

Ruth Novack Alper September 30
Talia Shifren September 30

Happy Anniversary

Alan & Marcie Brook September 28



Events

Coming Soon

- Next Shabbos, Sep 30 – “Starting Points” with **Rabbi Ze’ev Smason, Emeritus**
- Motzei Shabbos, Oct 7 – Simchat Torah Seudah (Details below)
- Sunday, Oct 8, 10:00 am – Simchat Torah Celebration for the Entire Family (see flyer)

Rabbi Classes On Hiatus

- Rabbi David’s “Soul Building”: No class until October 14, 2023
- Rabbi Smason’s Pirkei Avos (Wednesday) Class: No class until October 11, 2023

We wish you and your families a happy, healthy, safe and prosperous New Year

Belly Up to the Bar(s) – A Simchat Torah Seudah, NHBZ Style



Thanks to **Jackie Berkin, Sally Needle and Anna Rose Tendler**, we are having a Simchat Torah Seudah! FREE TO ALL! Join us for dinner, Motzei Shabbos, October 7, after davening/Hakafos.

We will raise the bar(s) on this one! PASTA bar, SALAD bar, garlic bread, other treats plus Jackie’s Famous Whiskey Slush!!! All food under the supervision of Rabbi Chaim Bogopulsky.

RSVPs requested [here](#)*. Walk-ins welcome. Sponsors (\$25 minimum) invited.

* **DID YOU KNOW....**RSVPs help us know how much food to buy. Please take a moment and let us know how many of your family plan to join us. Just click the link above.

Thank You, Stanley Steemer for Making Us Look So Good!



Thanks goes to Stanley Steemer for generously donating the cleaning of our Social Hall carpet.

Please show them our appreciation by scheduling your next carpet cleaning through Stanley Steemer at 314.770.9999.

Thank you **Marcie Brook, Sue Rudman and Kami Barclay** for making it happen so easily!

STANLEY STEEMER

We are here for your cleaning needs!
Please contact us to schedule your cleaning!

Use promo code "STEEMER" and receive 10% off your cleaning!
minimum charges do apply

NHBZ – Yom Kippur Appeal Letter – 2023/5784

I would like to extend my family's greetings to you and your family for a Happy and Sweet New Year!

This past year has seen a lot of positive growth and energy here at Nusach Hari Bnai Zion. We welcomed Rabbi Bogopulsky and his wonderful family to our congregation, and they now begin their second year with us. We saw Rabbi Ze'ev Smason transition from Senior Rabbi to Rabbi Emeritus. Our Shul Administrator Nancy Stenn, and our Bookkeeper, Hindy Anton, helped keep our synagogue on track on a daily basis as usual; while our Board of Directors and Executive Committee spent countless hours making impactful decisions with the best interest of the synagogue at heart.



We hosted multiple simchas, Bar Mitzvahs, weddings and baby namings. We celebrated several milestone birthdays and anniversaries in honor of our esteemed members. We continued to host our popular community events such as Pizza Night and Synaplex, as well as monthly Sisterhood Book Club discussions; and we prepared our annual Thanksgiving meal for the Olivette Police and Firefighters. We initiated some fantastic new programming and events including: Father/Son Teen Minyan, Scotch, Cigars & Torah learning program, Father's Day Pancake breakfast, Mother/Daughter learning program, Sisterhood Membership Tea, and our recent YP Ignite Dinner for young adults. We also offer an amazing assortment of new and continuing classes and learning opportunities on a daily basis – including Shabbos – led by Rabbi Bogopulsky, Rabbi Smason, Rabbi David, Rabbi Feigenbaum, Rabbi Berkowitz, Rabbi Miller, and numerous other community Rabbis.

We continued to attend to the daily physical operations of our building, and we made sure that we kept our services running safely and responsibly, while adhering to the halachic standards expected of an orthodox synagogue.

All of the above would not – could not – be possible without your generous donations to, and financial support of our synagogue. During Rosh Hashanah and the Ten Days of Awe, it is our belief that Repentance, Prayer, and Charity are transformative. This is your opportunity to fulfill the mitzva of Tzedakah: During these Ten Days of Awe, I am reaching out and asking you to commit to our mission to provide a warm and welcoming Shul open to all Jews at every level of observance. Commit to building up our programming for children. Commit to our future by reaching out to young adults and young families. Commit to strong Israel programming. Commit to outstanding educational and social programs. Commit to NHBZ with your financial investment in our future. Nusach Hari B'nai Zion has existed for over 100 years, and with your continued support, we will exist for another 100 years.

Contributions may be made by mailing a check, calling the office with your credit card, or by going to <https://www.nhbz.org/2023-5784-yom-kippur-appeal/>. Please also consider dedications to have friends and relatives recognized.

May you have a Happy, Healthy, and Prosperous year, and may we all be inscribed in the Book of Life. Thank you for your continued support,

Kenneth Bressler, Shul President

Learning at NHBZ

Parshas Vayishlach

More than any other Patriarch, Yaakov Avinu is blessed with detailed coverage of his life in the Torah. From his prenatal condition, through his adolescence and into young manhood, he is forced to struggle with his contentious brother Eisav. He survives by his wit. Heeding his mother's counsel, Yaakov contends for Yitzchak's blessing, an act that brings forth the savage rage of Eisav. Yaakov flees for his life. He seeks refuge and finds a bride in the home of his uncle, Lavan, in Syria.

Some twenty years later, after working for many years as an indentured servant to Lavan, Yaakov concludes a "final agreement on boundaries" and a "peace process" with his uncle. Yaakov, perhaps flushed with success, begins his inevitable journey home to his father, Yitzchak. He sends a diplomatically-couched message to his brother. "I'm coming home." Traditional gifts are sent in the age-old Middle Eastern tradition but to no avail – Eisav and his army of four hundred are approaching.

Yaakov's game plan, as described in the Midrash, comprises three steps: gifts to Eisav, prayer to G-d, and, preparation for war. Yaakov is still a reluctant warrior. Reviewing his strategy, Yaakov's mindset is defensive. He divides his camp in half to allow at least some of his family to escape in the event of a tragedy. As for his prayer, Yaakov's moving plea seems not to receive an immediate response from the Almighty. Yet an amazing providential event follows. Yaakov's family fords the Yabok river and in the night, Yaakov remains alone on the other bank. He faces a mighty struggle through the night with physical, spiritual & psychological ramifications.

The Rambam describes the encounter with Eisav's angel as a pre-confrontation prophecy. This was the moment of truth that Yaakov avoided for over twenty years. It resulted in the emergence of a new personality – that of a willing contender, rather than that of a committed dodger. The angel's blessing of Yaakov's new name, Yisrael, represents a spiritual metamorphosis, a new emergence of his personality, and a realignment of his psycho-genetic essence. When he ultimately does confront his older brother, Eisav embraces him. What brought about this gesture? Obviously, Eisav's four hundred men were not meant to be an honor guard. For a committed anti-Semite to embrace a Jew requires a psychological investigation. Permit me then to suggest the following: psychological aggressive transference may occur when the subject is confronted with trauma.

Over the passage of twenty years, Eisav obviously harbored an image of his brother that fueled his hatred and nurtured the emerging ideology of prejudice which became a foundation stone in his personality. Yaakov became bigger than life itself. Eisav viewed him as the villain, the robber of his birthright, the conniving socio-religious climber who would manipulate a blind father into bestowing blessings upon him. Eisav felt cheated and his hatred festered. But as Divine providence guided this encounter, Yaakov emerged from the angelic combat maimed, and he limped as a result of the damage to his thigh. This was not the Yaakov that Eisav remembered or that he perceived in his mind's eye. Yaakov's presence did not match the caricature of evil, the shylock, the Fagin. The new image confronting Eisav was Yaakov the refugee from Lavan. His appearance evoked pity and remorse. Eisav was in shock! One can almost imagine Eisav's comment; "My poor brother Yaakov, a cripple, look what my miserable uncle inflicted on him. If Lavan was here, I would tear him limb from limb." Liberated from his hatred, Eisav runs to embrace Yaakov, his anger by trauma has been transferred to Lavan.

Lesson: The world of Eisav is ready to accept the Jew as a refugee, as a victim of the Holocaust, but G-d prefers Israel as the emerging Jew, for even his limp is cured as he reenters the land of Israel. "Vayevo Yaakov Shaleim – and Yaakov arrived complete" – complete in his health, in his wealth, and in his knowledge of Torah.

Rabbi Dr. S. Zevulun Lieberman, Congregation Beth Torah, Brooklyn, NY



New Year Greetings

5784 🍎 2023/24

The NHBZ Sisterhood thanks the following for participating in this year's New Year Greeting campaign to wish everyone in our NHBZ family Good Health, Happiness, and Prosperity in the New Year!

Shana Tova U'metuka

Caryn Alper
Joanna Alper
Lenny & Fran Alper
Jesse & Debbie Barash
Craig & Jackie Berkin
Sam & Shirley Bluestein
Alan, Marcie, Nathan
and Eliana Brook
Don & Julie Eisenberg
Teree Farbstein
Amy & Denny Feit and Family
Mimi Fiszal
Meira Ganel
Rhonnie & Stanley Goldfader
Sandy and Marvin Greenberg
Alan and Janet Haber
Joni & Bob Kaiser
Sally & Eliot Katz
Michael & Charlene Kass
Judith Levin

Ed & Helayne Levitt
Phyllis & Howard Loiterstein
Gavriel, Sarah Beth, Asher,
Rafi, and Eleora Matt
Dr. Daniel & Marcela
Morgensztern and Family
Sally Needle
Ruth Alper Novack & Family
Lois Perryman
Rachael Pevnick and Family:
Larry & Robin Pevnick & Family
Andrea & Stan Goldenberg & Fam
Debbie & Brian Sher and Family
Steve & Myra Radinsky
Hal & Ellen Rosen
Libby Sorkin Routman and Family
Sharon Summers
Jerry & Gail Tullman
Stella & Leonid Vladimirov
Faith & Bruce Waxman

Names listed above include donations received through September 12.

There is still time to add your name to the list. Please be generous.

All proceeds support NHBZ's Passport to Israel Program.



Call the Office @ 991-2100, ext.3



Email: sisterhood@nhbz.org



Support our NHBZ Sisterhood



9.12.23.v5



THE SISTERHOOD SCOOP

Shabbos Shuvah ♥ Shabbos Shuvah

SEPTEMBER 23

Volume 6

Number 35

8 Tishrei 5784

September 23, 2023

NHBZ Sisterhood wishes you and your family **'Gemar chatimah tova'**

Thank You to everyone who participated in the Sisterhood New Year Greetings Fundraiser for 5784

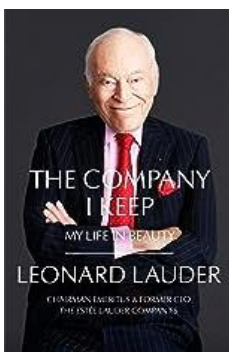
There is still time to add your name to the list to wish everyone in our NHBZ family a L'Shana Tova Tikatevu & Gemar chatimah tova!

Send your donation (\$10 min / NO max) to NHBZ Sisterhood and your name will be published in the next Shabbos Bulletin!

Sisterhood Invites You to Join the Book Club

No Experience Necessary!

All women are welcome to join the Sisterhood Book Club, which meets every other month, on the fourth Monday of odd-numbered months. The final book selection for 2023 will be ***The Company I Keep: My Life in Beauty***, by Leonard Lauder, the personal account of his mother Estée Lauder, and the company she built. The discussion will be on **Monday, November 13, 7:15 PM** at the home of **Myra Radinsky** in Clayton. For more info call Fran Alper at 314-993-4024 or fran.alper@outlook.com or sisterhood@nhbz.org



THE FIRST STEP TOWARDS GETTING SOMEWHERE IS TO DECIDE THAT YOU ARE NOT GOING TO STAY WHERE YOU ARE. – JP Morgan

10 Ideas for Rosh Hashanah and Yom Kippur

- 1) Life is short.** However much life expectancy has risen, we will not, in one lifetime, be able to achieve everything we might wish to achieve. This life is all we have. So the question is: How shall we use it well?
- 2) Life itself, every breath we take, is the gift of G-d.** Life is not something we may take for granted. If we do, we will fail to celebrate it. Yes, we believe in life after death, but it is in life before death that we truly find human greatness.
- 3) We are free.** Judaism is the religion of the free human being freely responding to the G-d of freedom. We are not in the grip of sin. The very fact that we can do teshuva, that we can act differently tomorrow than we did yesterday, tells us we are free.
- 4) Life is meaningful.** We are not mere accidents of matter, generated by a universe that came into being for no reason and will one day, for no reason, cease to be. We are here because there is something we must do; to be G-d's partners in the work of creation, bringing the world that is closer to the world that ought to be.
- 5) Life is not easy.** Judaism does not see the world through rose-tinted lenses. The world we live in is not the world as it ought to be. That is why, despite every temptation, Judaism has never been able to say the messianic age has come, even though we await it daily.
- 6) Life may be hard, but it can still be sweet.** Jews have never needed wealth to be rich, or power to be strong. To be a Jew is to live for the simple things: love, family, community. Life is sweet when touched by the Divine.
- 7) Our life is the single greatest work of art we will ever make.** On the Yamim Noraim, we step back from our life like an artist stepping back from their canvas, seeing what needs changing for the painting to be complete.
- 8) We are what we are because of those who came before us.** We are each a letter in G-d's book of life. We do not start with nothing. We have inherited wealth, not material but spiritual. We are heirs to our ancestors' greatness.
- 9) We are heirs to another kind of greatness: to Torah and the Jewish way of life.** Judaism asks great things of us and by doing so makes us great. We walk as tall as the ideals for which we live, and though we may fall short time and again, the Yamim Noraim allow us to begin anew.
- 10) The sound of heartfelt prayer, together with the piercing sound of the shofar, tell us that that is all life is – a mere breath – yet breath is nothing less than the spirit of G-d within us. We are dust of the earth but within us is the breath of G-d.**

– adapted from **Rabbi Lord Jonathan Sacks** ^{Z"l}



A L I V E M U S I C A L

HAVDALAH

Under the Stars

Shabbat Shuva

for the entire
community with
**Rabbi
Shmuel Miller**

Motzei Shabbat,
Saturday Night,
September 23

8:30-9:15pm

HF Epstein Hebrew Academy

8645 Old Bonhomme Rd
in the back playing field

Contact: frontoffice@eha.org | 314.994.7856



You're Invited!



**Sunday, October 8th
10:00am at Nusach Hari**

**Simchat Torah
Celebration for
the Entire Family!**

Children of all ages are welcome.



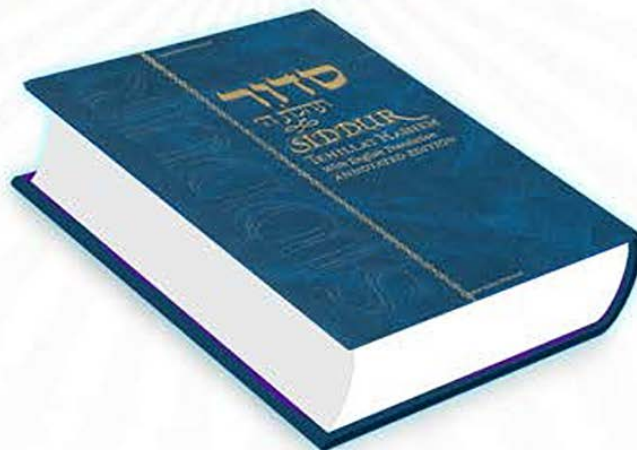


YOU'RE INVITED TO JOIN US FOR A
Weekly Class

Led by our very own Rabbi Chaim Bogopulsky!

GATEWAY TO TEFILLA:

*Making
Davening
Meaningful*



Wednesdays Evenings at 7:00pm

Mincha/Maariv 6:30 followed by class at 7:00.