



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

September 2, 2023 • 16 Elul 5783 • Candle Lighting 7:13 pm • Shabbos Concludes 8:15

Parshas Ki Savo
Haftorah Ki Savo

Deuteronomy 26:1 – 29:8
Isaiah 60:1 – 22

Chumash pp. 1068 – 1085
Chumash pp. 1201 – 1202

We thank our generous sponsors

The extended Szus Family for Shalosh Seudos "in memory of our mom, grandma and great-grandma, **Sonia Szus**^{am}. Sonia passed away 14 Elul 5780."

Prayer

Shabbos, Friday, September 1

- 7:00 pm Mincha, Kabbalat Shabbat, Ma'ariv
- 7:13 pm Candle Lighting

Shabbos, Saturday, September 2

- 9:00 am Shachris followed by Musaf
 - Pesukei D'Zimra: **Howard Sandler**
 - Shacharis: **Rabbi Chaim Bogopulsky**
 - Leyning: **Rabbi Yitzchok Shimon Hess**
- 10:00 – 11:30 am Youth Programming (downstairs)
- 10:00 – 10:45 am Soul Building with **Rabbi Yosef David** (downstairs)
Today's topic: "Turning Apathy and Indifference into Passionate Enthusiasm, Part 2"
- 7:00 pm Mincha, Shalosh Seudos, Ma'ariv
- 8:15 pm Shabbos concludes



Minyan Times Sep 1 – Sep 9, 2023

	Fri Sep 1	Shabbos Sep 2	Sun Sep 3	Mon Sep 4	Tues Sep 5	Wed Sep 6	Thu Sep 7	Fri Sep 8	Shabbos Sep 9
Shachris (am)	7:00	9:00	8:00	<u>8:00</u>	7:00	7:00	7:00	7:00	9:00
Mincha/Ma'ariv (pm)	7:00	7:00	7:05	7:05	7:05	7:05	7:05	6:50	6:50

Father/Son Teen Minyan, Next Shabbos, 9:00 am (downstairs Chapel)

Fathers, sons, grandfathers, uncles and friends, please join **Rabbi Chaim Bogopulsky** in the Chapel downstairs for this special minyan. Contact Rabbi Bogopulsky if you would like to lead davening. Kiddush follows!

Congregation News

Mazel Tov on Simchas This Week! Sep 2 – Sep 8, 2023

Happy Birthday

Eli Judah Bialecki	Sep 2	Faith Waxman	Sep 3
Jonah Alexander Bialecki	Sep 2	Meira Ganel	Sep 4
Sanford Cohen	Sep 2	Miriam Tzadok	Sep 4
Michelle Goldstein	Sep 2	Myra Solomon	Sep 8
Howard Sandler	Sep 3		

Happy Anniversary

Louis & Rebecca Goldman	Sep 5
Michael & Charlene Kass	Sep 7
Jerry & Gail Tullman	Sep 8



Events

Coming Soon

- Friday, Sep 8, 12:00 pm
- Shabbos, Sep 9, 9:00 am
- Wednesday, Sep 13, 2:30 pm
- Motzei Shabbos, Oct 7
- Yizkor Book Updates and Lulav/Esrog Orders Due
- Father/Son Teen Minyan with **Rabbi Bogopulsky**
- Community Coffee with JFS – details coming soon
- Simchas Torah Seudah – details coming soon

Yizkor Book of Remembrance 2023/5784

Please review your entries [here](#), then use [this form](#) to let us know of any changes or if “same as last year.” We request a \$10 donation for each name listed (or group of names such as “and family”) in the Book of Remembrance, and an additional \$36 donation for each Name Read Aloud during Yizkor. The Book of Remembrance is used on Yizkor throughout the year for Yom Kippur, Shemini Atzeres, Passover and Shavuos. **Deadline for updates is NEXT FRIDAY, September 8**

Lulav & Esrog Sets -- Order yours today.

It is time to place your orders for Lulav & Esrog sets. Please use [this link](#) to place your orders, or you may email your orders to the Office at office@nhbz.org, or call 314-991-2100. Be sure to leave your name, call back phone number and your order. Prices are as follows:

- Basic Lulav & Esrog set \$50
- Deluxe Lulav & Esrog set \$75
- Standard Lulav & Esrog set \$65
- Premium Lulav & Esrog set \$90

***All orders must be received and paid for on or before Next Friday, Sept. 8, 2023**
No exceptions, as order will be placed Monday morning, Sept. 11, 2023

Project “Information Update” Needs YOU – LAST CALL

If you have not yet responded to our request to update your information, the time is NOW. Only about 35% of our membership has replied. We need the information to create an updated member directory. Please mail, email or call the Office with your updated member information. A volunteer will call anyone who has not replied. Let's make that a short list!

Learning at NHBZ

On-Going Classes

- **Gemara Learning with Rabbi Chaim Bogopulsky**, Weekdays, 6:15 am
- **St. Louis Kollel Amud-a-Week**, Mondays, 8:00 pm
- **“Journey through the Chumash” with Rabbi Chaim Bogopulsky**, Tuesdays, 12:00 pm
Take an amazing journey of learning! Step by step, we will explore the Chumash.
- **Pirkei Avos / Ethics of the Fathers with Rabbi Ze’ev Smason**, Wednesdays, 12:15 pm
Feed your soul 45 minutes of spiritual nourishment from the timeless wisdom of our Sages, full of relevant, contemporary insights and lessons. Low-calorie, gluten free, and refreshing!
- **“Gateway to Tefilla” with Rabbi Chaim Bogopulsky**, Wednesdays, after Mincha/Ma’ariv
Deepen your understanding of the prayers we say.
- **Book of Kings with Rabbi Ze’ev Smason**, Monday-Thursday 3:00 pm (On Zoom!)
An online class providing an exciting and informative look into the lives of Israel’s early kings and prophets. Thirty-minute sessions on Zoom. Join class via this link:
<https://us04web.zoom.us/j/78974795850?pwd=tw7lOVumZ8QeIPxHvApYZsox8VUem.1>
- **Kitzur Shulchan Aruch with Rabbi Chaim Bogopulsky**, Sunday-Thursday – 6:50 pm
Invest a few minutes (right before Ma’ariv!) to expand your understanding of Halacha/Jewish Law.
- **“Soul Building” Series with Rabbi Yosef David**, Shabbos morning, 10:00 am
- **Pre-Mincha Shiur with Rabbi Chaim Bogopulsky**, Every Shabbos afternoon
- **Mishna Learning with Rabbi Chanan Swidler**, Every Sunday morning, after Shachris

Mystical Dimensions of the High Holidays with Rabbi Emeritus Ze’ev Smason

As anticipated, the Home Group Discussion Series with **Rabbi Ze’ev Smason** at the home of **Don & Julie Eisenberg** is **SOLD OUT**. Please join the waitlist [here](#), we will notify you if seats open. Thank you for your enthusiasm!





THE SISTERHOOD SCOOP

SEPTEMBER 2



Volume 6

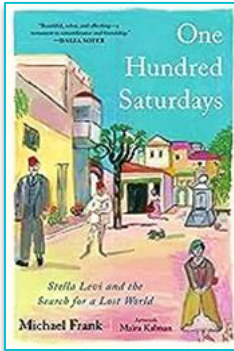
Number 32

16 Elul 5783

September 2, 2023

Book Club Meets Mon., Sept. 11

The next book selection is ***One Hundred Saturdays: Stella Levi and the Search for a Lost World***, by Michael Frank. One of Wall Street Journal's Ten Best Books of the Year, this remarkable story of 99-old Stella Levi whose conversations with the author over the course of six years bring to life her resilience, wisdom, and ability to survive.



The discussion of the book will be **Mon, Sept. 11, 7:15-8:45pm** at the home of **Sallie Volotzky**.

The final book selection for 2023 will be ***The Company I Keep: My Life in Beauty***, by Leonard Lauder and the discussion will be on **Monday, November 13** at the home of **Myra Radinsky**.

For more info call Fran Alper at 314-993-4024 or fran.alper@outlook.com or sisterhood@nhbz.org

The Month of Elul is called "the month of repentance," "the month of mercy" and "the month of forgiveness." Elul follows the months of Tammuz and Av—months of tragedies that were brought upon us through our sins. These were days when G-d revealed to the Jewish people great mercy. Since those days, this time has been designated as a time of mercy and forgiveness, an opportune time for teshuvah—repentance. We approach G-d with a desire to return and connect... and He reciprocates with Divine expressions of mercy and forgiveness.

— excerpted from www.chabad.org

PARSHAS KI SAVO: ***Don't Think It—Say It***

A woman once complained to a marriage counselor that her husband never says that he loves her. The therapist turned to the husband for his perspective. "I told her thirty years ago that I love her," he explained, "and if anything changes, I'll let her know."

In the land of Israel, during the Temple era, every farmer would take the first fruits of a tree to Jerusalem and give it to the priest, the kohen, standing next to the altar. This mitzvah, called *bikkurim*, was an expression of gratitude to G-d for the abundant produce and the opportunity to live in the land of Israel.

But, in addition to handing the fruit to the priest, the farmer was obligated to make a verbal declaration. This statement was a short summary of Jewish history from the times of Jacob until the conquest of the land of Israel. The declaration emphasizes G-d's kindness and the miracles that affected our destiny.

While it is true that actions speak louder than words, there is an element of appreciation that is expressed more by our words than our deeds. Actions express dedication and commitment but cannot convey warmth and emotion. When you give a gift to a friend as thanks for a favor, a well-written card strengthens the connection and generates more closeness than the gift itself.

As parents, spouses, or friends, it is not sufficient to just do things for another person. Our love and care must be articulated with warmth and affection. We cannot appreciate a kindness done to us in our hearts only; we must express it with words of acknowledgement and thanks. Strong communication fuels the relationship and keeps the spark alive.

Tell those close to you how much you appreciate them every day. Set aside a few minutes to pray and thank G-d for all of His blessings. And to that woman's husband, tell your wife that you love her. She knows it already, but she needs to hear it. She deserves to hear it.

— from **Rabbi Michael Gourarie**, www.chabad.org

Time is Running Out!

Everyone is Invited to participate in Sisterhood's New Year Greetings Fundraiser for 5784



NHBZ Sisterhood wishes you Health, Happiness & Prosperity in the New Year...

...and invites you to wish L'Shana Tova Tikatevu to everyone in our NHBZ family!

Send your donation (\$10 min / NO max) to NHBZ Sisterhood and your name will be published in the 5784 Rosh Hashanah Bulletin! See flyer for details.

Asking for Help

"If you wish to change your personality, study Torah and implement it in your daily living, and pray to G-d to remove your undesirable traits. You cannot do it by yourself." – Rabbi Yisroel Friedman (1796-1850)



New Year Greetings

fundraiser

The **NHBZ Sisterhood** wishes you
Health, Happiness & Prosperity in the New Year...

...and invites you to wish **L'Shana Tova Tikatevu**
to everyone in our NHBZ family!

Make your check payable to **NHBZ** – write 'Sisterhood Greeting' on the
memo line – suggested minimum donation is \$10 per name – no maximum!

Names will be published in the **5784 High Holiday Newsletter**

Send your contribution, along with
the form below, **by Sun.Sept. 3** to:

NHBZ Sisterhood
650 North Price Road
St. Louis, MO 63132

or email your greeting information directly to bookkeeper@nhbz.org
or visit the website www.nhbz.org to make a payment

Time is running out!
Send Today!

FOR QUESTIONS, CALL THE NHBZ OFFICE, 314-991-2100, EXT.3, OR EMAIL: sisterhood@nhbz.org

NHBZ SISTERHOOD NEW YEAR GREETING ~ FOR ROSH HASHANAH 5784 BULLETIN

Name _____

Phone _____ Email _____

Amount enclosed \$ _____ [suggested minimum donation is \$10 per name – no maximum!]

Please list my name as follows:

Proceeds benefit NHBZ's Passport to Israel Program and other NHBZ Sisterhood projects

Wishing you a Good and Sweet Year!





Fathers & Sons

Please Join Us

SHABBAT, SEPT 9TH

Father/Son Teen Minyan!

This once-monthly Shabbos Minyan will meet in the Chapel downstairs at 9:00 a.m. Kiddush to follow!

Please contact Rabbi Bogopulsky with any questions or if you would like to lead davening, leyning or the Haftorah.



www.nhbz.org | 314.991.2100