



# NHBZ Weekly News

## Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

October 28, 2023 • 13 Cheshvan 5784 • Candle Lighting 5:40 pm • Shabbos Concludes 6:51 pm

Parshas Lech Lecha  
Haftorah Lech Lecha

Genesis 12:1 – 17:27  
Isaiah 40:27 - 41:16

Chumash p. 54 – 77  
Chumash p. 1133

## Prayer

### Friday, October 27

- 7:00 am Shachris
- 5:40 pm Mincha
- 5:49 pm Candle Lighting



### Shabbos, Saturday, October 28

- 9:00 am Shachris followed by Musaf:
  - ☆ Pesukei D'Zimra: **Howard Sandler**
  - ☆ Shacharis: **Stuart Klein**
  - ☆ Leyning: **Stuart Klein**
  - ☆ Haftorah: **Reuven Tzadok**
  - ☆ Sermon: **Rabbi Chaim Bogopulsky**
  - ☆ Musaf: **Alan Haber**
- 10:00-10:45 am: Rabbi Smason, "Starting Points": downstairs chapel
  - Topic: *What Book Would You Most Give as a Gift- and Why?*
- 5:35 pm Mincha
- 6:51 pm Shabbos concludes

### Father/Son Teen Minyan: This Shabbat!

Fathers, Sons, Uncles, and Grandfathers- please join Rabbi Bogopulsky at 9:00 am this Shabbat, 10/28, followed by a Kiddush.



### Minyan Times October 27 – November 4

	Fri Oct 27	Shabbos Oct 28	Sun Oct 29	Mon Oct 30	Tues Oct 31	Wed Nov 1	Thu Nov 2	Fri Nov 3	Shabbos Nov 4
Shachris (am)	7:00	9:00	8:00	7:00	7:00	7:00	7:00	7:00	9:00
Mincha/Ma'ariv (pm)	5:40	5:35	5:40	5:40	5:40	5:40	5:40	5:35	5:25

# Congregation News

## Mazel Tov on Simchas This Week!

### Birthdays:

Reuven Tzadok  
Jeff Baker

Oct 31  
Nov 2



### Anniversaries:

Leonard & Fran Alper

Oct 29



## Events

### Coming Soon

- Sunday, Oct 29 – Rabbi Ashear: Making the Most of the Life You Were Given. See insert for information!
- Wednesday, Nov 1 – The Great Blue Challah Bake, 7pm at 2 Millstone Campus Dr. Sign up [here](#). Please put NHBZ as your team captain on the form.

# Learning at NHBZ

## On-Going Classes

- **Gemara Learning with Rabbi Chaim Bogopulsky**, Weekdays, 6:15 am
- **St. Louis Kollel Amud-a-Week**, Mondays, 8:00 pm
- **“Journey through the Chumash” with Rabbi Chaim Bogopulsky**, Tuesdays, 12:00 pm  
Take an amazing journey of learning! Step by step, we will explore the Chumash.
- **Pirkei Avos / Ethics of the Fathers with Rabbi Ze’ev Smason**, Wednesdays, 12:15 pm  
Feed your soul 45 minutes of spiritual nourishment from the timeless wisdom of our Sages, full of relevant, contemporary insights and lessons. Low-calorie, gluten free, and refreshing!
- **“Gateway to Tefilla” with Rabbi Chaim Bogopulsky**, Wednesdays, after Mincha/Ma’ariv  
Deepen your understanding of the prayers we say.
- **Book of Kings with Rabbi Ze’ev Smason**, Monday-Thursday 3:00 pm (On Zoom!) An online class providing an exciting and informative look into the lives of Israel’s early kings and prophets. Thirty-minute sessions on Zoom. Join class via this link:  
<https://us04web.zoom.us/j/78974795850?pwd=tw7IIOVumZ8QelPxHvApYZsox8VUem.1>
- **Kitzur Shulchan Aruch with Rabbi Chaim Bogopulsky**, Sunday-Thursday – In between Mincha and Ma’ariv. Invest a few minutes to expand your understanding of Halacha/Jewish Law.
- **Partners in Torah** Monday nights at 8 pm. Sign up available in person.
- **“Soul Building” Series with Rabbi Yosef David**, Shabbos morning, 10:00 am
- **Pre-Mincha Shiur with Rabbi Chaim Bogopulsky**, Every Shabbos afternoon
- **Mishna Learning with Rabbi Chanan Swidler**, Every Sunday morning, after Shachris

## Parshas Lech Lecha

Parshas Lech Lecha (and Vayeira and part of Chaya Sarah) is not JUST an inside look at Avraham Avinu's diary. We are not supposed to read what happened in his life, and that's it. There is an interesting 14-year gap in Avraham's life recorded in next week's sedra. The Torah tells us that Avraham was 86 years old when Yishmael was born. The very next pasuk tells us that he was 99 years old. Are you curious about what happened to Avraham and Sarah when they were 90 and 80 years old respectively? We don't know. Neither the Torah nor any other of our sources tells us because it doesn't make any difference to us what happened to them then. The Torah tells us only that which is to be instructive to us in our lives as Jews. The Torah tells us about G-d's command to Avraham to circumcise himself because Bris Milah is incumbent upon us, and because we are to be inspired by the Torah's words to the high dedication and commitment towards that mitzvah and all of Torah that was part of Avraham Avinu's life.

We learn such beautiful lessons from Avraham and Sara - about hospitality, about chesed, about prayer ...

WHAT ABOUT ERETZ YISRAEL? What lesson do we - should we - learn about the importance, the significance, the centrality of Eretz Yisrael to Jewish Life? Can a Torah-reading-Torah-observant Jew read about G-d's sending Avraham to the land "He will show him", about G-d's repeated promises of the Land to Avraham's descendants, of the blessings that are associated with Avraham's going to the Land, and NOT get the point? Hear the message. Understand what G-d is telling each of us.

G-d says to Avraham and to each and every one of us, his children, that the Land of Israel is ours forever. Then He says it again and again and again. How come some Jews don't listen to what G-d says? (I'm not talking about those who don't listen to a lot of other things that G-d says. I'm talking about people who listen when He talks about Shabbos and Kashrus, and most other things, but somehow seem to have selective hearing.)

G-d told Avraham to go to the Land. That he would be blessed there. Why are there Jews, otherwise observant and religious, who don't think that G-d was also talking to them? (And again, I'm not talking about Jews who don't come on Aliyah for a variety of reasons, both solid and less so. I'm talking about those who have removed Aliyah from their religious agendas and from their hearts.)

It might be naive to think that our problems in Israel and the world will go away if and when more and more Jews make Aliyah, but what's wrong with naive? We've got two major challenges: Increase Torah study, observance and commitment among all of the Jewish People, wherever they are; and bring the Jewish People back to Eretz Yisrael. We are no longer in required Galut. It is no longer impossible (was it ever?) or even too difficult to live in Eretz Yisrael. A Jew who commits himself to Torah and to living in Eretz Yisrael becomes a true heir and descendant of Avraham Avinu.

***Author Unknown***

## In the Community:

Please join Shaving Israel at **Traditional Congregation** on **Sunday, October 29** at **10:30 am** for a brunch and special program honoring Sheilah Gross:

### **"What is it Like to Have a Relative in the Israel Defense Forces?"**

Featured Speakers: **Dr. Gil Gross** (Sheilah's son) will talk about his father's service in the IDF, and **Rabbi Ze'ev Smason**, **Rabbi Emeritus of Nusach Hari B'nai Zion Synagogue**, will speak about his children's service in the IDF.

**Learn about the IDF, how Shaving Israel aids IDF personnel, and how you can help, especially in these critical times.**

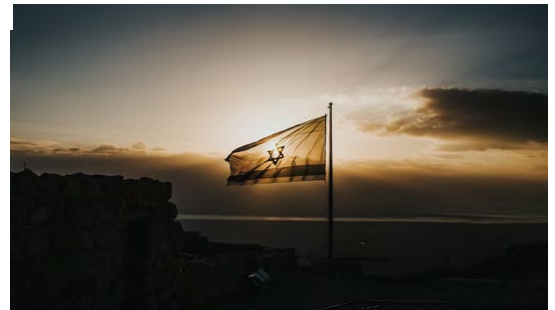
Visit the Shaving Israel website for more information and outstanding photographs of what we do.  
<https://shavingisrael.org/>



## Help for Israel

Here are some **suggested** places to donate:

1. Magen David Adom
  - ✧ Online: <https://afmda.org/donate/>
  - ✧ Mailing a check:
  - ✧ American Friends of Magen David Adom  
20 West 36th Street, Suite 1100  
New York, NY 10018
  - ✧ Call: 866-632-2763
2. United Hatzalah:
  - ✧ Online: [https://israelrescue.org/campaign/israel-under-attack/?utm\\_source=homepage&utm\\_medium=popup-new-2&utm\\_campaign=gaza2023](https://israelrescue.org/campaign/israel-under-attack/?utm_source=homepage&utm_medium=popup-new-2&utm_campaign=gaza2023)
3. Friends of the IDF:
  - ✧ Online: <https://www.fidf.org/>
  - ✧ Mailing a check:
  - ✧ "Friends of the Israel Defense Forces"
  - ✧ PO Box 4224 NY, NY 10163 USA.
  - ✧ Call: 1-888-318-3433







# THE SISTERHOOD SCOOP

## OCTOBER 28



Volume 6

Number 40

13 Cheshvan 5784

October 28, 2023

### Chronology of the Flood in History

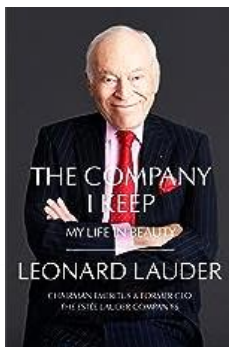
- **Cheshvan 17:** Beginning of the Mabul (Flood); Noah enters ark; rains begin.
- **Kislev 27:** Forty days of rain end; beginning of 150 days of water's swelling and churning.
- **Sivan 1:** Water calms and begins to subside.
- **Sivan 17:** The bottom of the ark touches down on the top of the mountains of Ararat.
- **Av 1:** The mountain peaks break the water's surface.
- **Elul 10 (late summer):** Noah opens the ark's window and dispatches a raven.
- **Elul 17:** Noah sends the dove the first time.
- **Elul 23:** The dove is sent a second time and returns with an olive leaf in its beak.
- **Tishrei 1:** Dove's third mission. Water completely drained.
- **Cheshvan 27:** Ground fully dried. Noah exits the ark.



### Sisterhood Invites You to Join the Book Club

#### No Experience Necessary!

All women are welcome to join the Sisterhood Book Club, which meets every other month, on the fourth Monday of odd-numbered months. The final book selection for 2023 will be ***The Company I Keep: My Life in Beauty***, by Leonard Lauder, the personal account of his mother Estée Lauder, and the company she built. The discussion will be on **Monday, November 13, 7:15 PM** at the home of **Myra Radinsky** in Clayton. For more info call Fran Alper at 314-993-4024 or [fran.alper@outlook.com](mailto:fran.alper@outlook.com) or [sisterhood@nhbz.org](mailto:sisterhood@nhbz.org)



### LECH LECHA: Leaving the Garbage Behind

*And G-d said to Avram, go for yourself from your land, from your relatives, and from your father's house to the land that I will show you. (Gen. 12:1)*

The Torah portion begins with Avraham's first trial: to give up his entire past and follow G-d's lead to a new land: G-d said to Avram, "Go for yourself from your land, from your relatives, and from your father's house to the land that I will show you." When a person leaves his hometown, he first leaves his father's house, then his neighborhood (his relatives), and then his country. Why does the verse list these in the opposite order?

When a person makes a physical departure, he first leaves his father's house, then his relatives, and then his country. However, the verse is alluding to Avraham's departure in a spiritual sense. "Leaving your hometown" means changing your old ways and leaving behind your bad habits. Therefore, the order in the verse is reversed, starting with the easier things. The culture of a person's country is not so deeply ingrained, and so it can be uprooted relatively easily. More difficult is to get rid of bad habits a person acquired amongst his social circle and friends. Finally, to shake off bad traits acquired at home is very challenging.

The Sfas Emes quotes the Zohar, which states that G-d called out "Go for yourself," in every generation, but Avraham was the only one to respond to G-d's call. G-d still calls out "go for yourself" today, and we need to respond. We must distance ourselves from bad habits and serve G-d even though it may require inconvenience or hardship.

– adapted from **by Rabbi Eli Scheller**, [www.aish.com](http://www.aish.com)

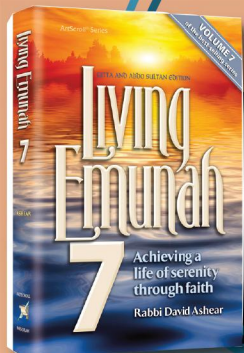
**"I believe that Abraham is the father of faith, not as acceptance but as protest -- protest at the flames that threaten the palace, the evil that threatens G-d's gracious world. We fight those flames by acts of justice and compassion that deny evil its victory and bring the world that is a little closer to the world that ought to be."**

– **Rabbi Lord Jonathan Sacks** <sup>Z"l</sup>





ST. LOUIS COMMUNITY KOLLEL PRESENTS



Rabbi Ashear is the author of the popular Living Emunah Series



# Rabbi David Ashear **LIVE** in St. Louis!

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IN MEMORY OF ELEANOR AND LIONEL KAISER

**SUNDAY, OCTOBER 29**

**8:00 PM** | **NUSACH HARI B'NAI ZION**

SUGGESTED DONATION **\$10 PER PERSON** (\$20 MAX PER FAMILY)

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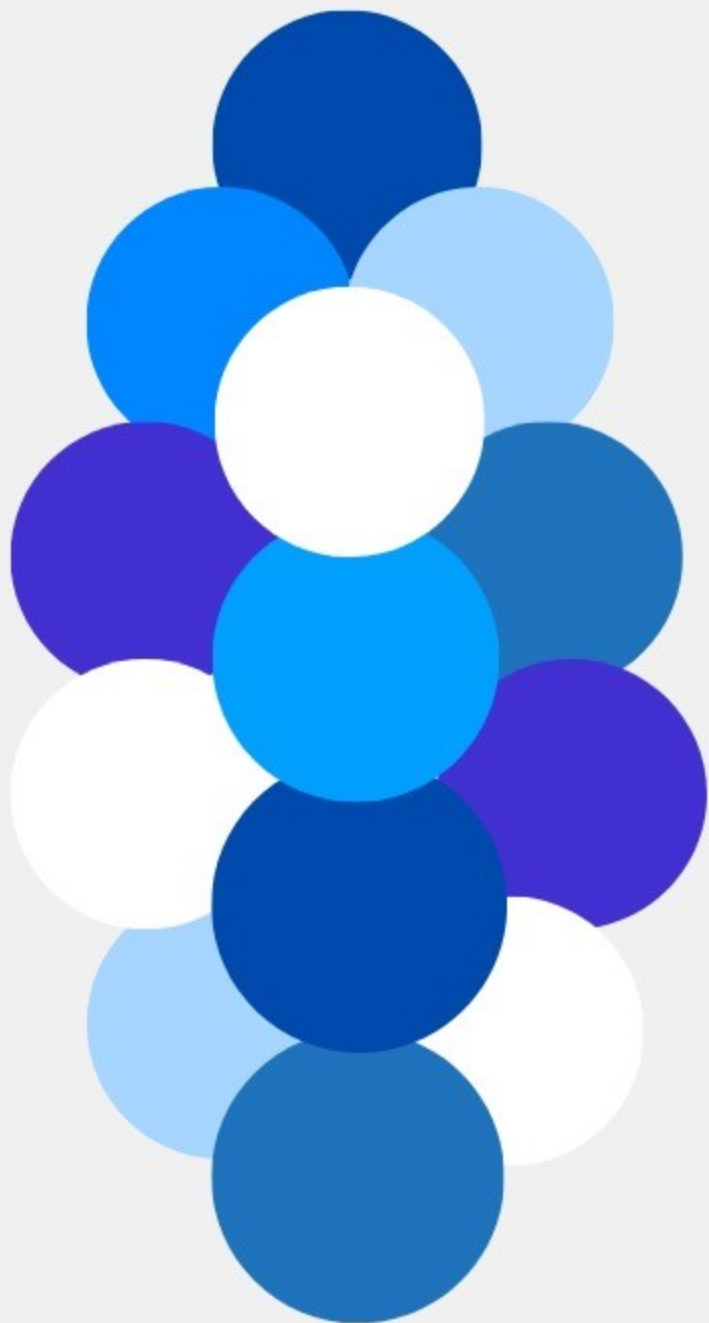
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QUESTIONS? EMAIL [YBERKOWITZ@STLKOLLEL.COM](mailto:YBERKOWITZ@STLKOLLEL.COM)





**Women and girls of St. Louis, let's gather together with intention, unity, and love for a special evening of making challah and connecting with each other.**

**We will dedicate all of the merits from our baking and prayers to our brothers and sisters in Israel. More details about the program coming soon.**

**Everyone will go home with two challot to bake for Shabbat.**

**[giti@justbakeit.org](mailto:giti@justbakeit.org)**

**Giti Fredman: 952.484.5191**

**7 p.m. November 1**

**2 Millstone Campus Drive**

# **THE GREAT BLUE CHALLAH BAKE**





# **Fathers & Sons**

## **Please Join Us**

# **SHABBAT, OCT 28TH**

**Father/Son Teen Minyan!**

**This once-monthly Shabbos Minyan will meet in the Chapel  
downstairs at 9:00 a.m. Kiddush to follow!**

**Please contact Rabbi Bogopulsky with any questions  
or if you would like to lead davening, leyning or the Haftorah.**



**[www.nhbz.org](http://www.nhbz.org) | 314.991.2100**





Esther Miller Bais Yaakov  
- HIGH SCHOOL -  
לע"נ אסתר חיה בת ר' אליהו ע"ה

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**Become an ambassador today!**

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# Early Bird Deadline is this **Wednesday – November 1<sup>st</sup>**

**Time is running out...**

**Send in your RSVP and/or Ad by Wed, Nov 1<sup>st</sup>  
to be entered in the Early Bird Raffle to win gifts!**

**Email [reserve@nhbz.org](mailto:reserve@nhbz.org), or  
Call NHBZ 314-991-2100, ext.2**







# Kosher Thanksgiving Police and Firefighters Feast

650 NORTH PRICE ROAD • ST. LOUIS, MO 63132 • 314-991-2100 • EMAIL: [OFFICE@NHBZ.ORG](mailto:OFFICE@NHBZ.ORG) • [WWW.NHBZ.ORG](http://WWW.NHBZ.ORG)

**NHBZ loves the security and protection that the Olivette Police and Firefighters provide, and is grateful for their superior service!**

Let's show our appreciation by cooking and serving a traditional Thanksgiving Dinner for Police Officers and Firefighters who must spend Thanksgiving on call at the station rather than at home with their families.

To make this happen, [We Need Sponsors](#) to defray the cost of the meal. Please consider becoming a sponsor for any amount of money. Contact [office@nhbz.org](mailto:office@nhbz.org) or call 991-2100

[We Also Need Volunteers on Thanksgiving Day](#) to do the following: Deliver and serve the Thanksgiving Feast to the Police and Firefighters on Thanksgiving Day. Come and bring your kids or grandkids. Kids will be able to see Police and Fire Station, and talk to police officers and firefighters.

**It will be lots of fun!**



**If you want to help and volunteer, Please contact Stella Vladimirov at (314) 540-4450**