



# NHBZ Weekly News

## Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

November 4, 2023 • 20 Cheshvan 5784 • Candle Lighting 5:41 pm • Shabbos Concludes 6:44 pm

Parshas Vayeira  
Haftorah Vayeira

Genesis 18:1 – 22:24  
II Kings 4:1 - 4:37

Chumash p. 78 – 105  
Chumash p. 1134-35

This week's bulletin is generously sponsored by **Irwin Fredman**  
in memory of his mother **Henrietta Fredman**.

## Prayer

### Friday, November 3

- 7:00 am Shachris
- 4:30 pm Mincha
- 5:41 pm Candle Lighting

### Shabbos, Saturday, November 4

- 9:00 am Shachris followed by Musaf:
  - ☆ Pesukei D'Zimra: **Howard Sandler**
  - ☆ Shacharis: **Mateo John**
  - ☆ Leyning: **Kenny Bressler**
- 10:00-10:45 am: Rabbi David: downstairs chapel
  - Topic: Lessons from the Cruelty of Sodom
- 5:25 pm Mincha
- 6:44 pm Shabbos concludes

☆ Haftorah: **Rob Romanoff**  
☆ Sermon: **Rabbi Chaim Bogopulsky**  
☆ Musaf: **Rabbi Chaim Bogopulsky**



**CLOCKS "FALL BACK" THIS SUNDAY, NOVEMBER 5, AT 2:00 AM!**



### Minyan Times October 27 – November 4

Minyan Men: Daily minyan will return to the Rabbi Rivkin Chapel – see article on page 7

	Fri Nov 3	Shabbos Nov 4	Sun Nov 5*	Mon Nov 6	Tues Nov 7	Wed Nov 8	Thu Nov 9	Fri Nov 10	Shabbos Nov 11
Shachris (am)	7:00	9:00	8:00	7:00	7:00	7:00	7:00	7:00	9:00
Mincha/Ma'ariv (pm)	5:35	5:25	4:35	4:35	-	-	-	4:30	4:20
Ma'ariv Only (pm)	-	-	-	-	7:30	7:30	7:30	-	-

\* Set clocks back one hour for standard time

Rabbi Chaim Bogopulsky • Rabbi Aaron Borow, Emeritus • Rabbi Ze'ev Smason, Emeritus • Kenneth Bressler, President  
Nusach Hari B'nai Zion • 650 N. Price Rd. St. Louis, MO 63132 • Phone 314.991.2100 • Web: [www.nhbz.org](http://www.nhbz.org)

# Congregation News

## Mazel Tov on Simchas This Week!



### Birthdays:

Ethan Belau-Rush

Nov 5

Gaelyn Hartranft

Nov 7

Aaron Borow

Nov 6

Rayna Chervitz

Nov 8

### Message from the President

Dear Members,

As you probably noticed, things have really been hopping lately at Nusach Hari B'nai Zion! Our shul is hosting a multitude of current and upcoming programs these days, including Father/Son Teen Minyan on Shabbos, various special guest speakers, Young Professional events, daily Torah learning classes that are open to the community, Member milestone simchas, and of course Partners in Torah, where we are seeing unparalleled crowds coming into our shul. We have also once again opened our doors to Latitude Therapy, which provides one-on-one family therapy for children and adolescents of various ages. So, when you see guests come into our shul, please be cordial and welcoming by introducing yourselves, and/or simply joining in whatever programming you see fit for yourself - there's something for everyone! See the Shabbos bulletin for events and times. We also live in challenging times, so please be cautious by making a habit of always checking your surroundings, and immediately notify the Rabbi, Scott Biondo, the Olivette Police, or myself in the event of any suspicious activity. May NHBZ continue to be a flagship of Torah learning in the Jewish community, and may we continue to flourish under the spiritual leadership of **Rabbi Bogopulsky**, and **Rabbi Emeritus - Rabbi Smason**. On a personal note, thank you also to all those who sent Happy 101st Birthday wishes to my father, Leo Bressler, this past week.

Good Shabbos!

**Kenneth Bressler, Shul President**

## Learning at NHBZ

### On-Going Classes

- **Gemara Learning with Rabbi Chaim Bogopulsky**, Weekdays, 6:15 am
- **St. Louis Kollel Amud-a-Week**, Mondays, 8:00 pm
- **"Journey through the Chumash" with Rabbi Chaim Bogopulsky**, Tuesdays, 12:00 pm  
Take an amazing journey of learning! Step by step, we will explore the Chumash.
- **Pirkei Avos / Ethics of the Fathers with Rabbi Ze'ev Smason**, Wednesdays, 12:15 pm  
Feed your soul 45 minutes of spiritual nourishment from the timeless wisdom of our Sages, full of relevant, contemporary insights and lessons. Low-calorie, gluten free, and refreshing!
- **"Gateway to Tefilla" with Rabbi Chaim Bogopulsky**, Wednesdays at 7:00 pm  
Deepen your understanding of the prayers we say.
- **Book of Kings with Rabbi Ze'ev Smason**, Monday-Thursday 3:00 pm (On Zoom!) An online class providing an exciting and informative look into the lives of Israel's early kings and prophets. Thirty-minute sessions on Zoom. Join class via this link:  
<https://us04web.zoom.us/j/78974795850?pwd=tw7IIOVumZ8QeIPxHvApYZsox8VUem.1>
- **Kitzur Shulchan Aruch with Rabbi Chaim Bogopulsky**, Sunday-Thursday – In between Mincha and Ma'ariv. Invest a few minutes to expand your understanding of Halacha/Jewish Law.
- **Partners in Torah** Monday nights at 8 pm. Sign up available in person.
- **"Soul Building" Series with Rabbi Yosef David**, Shabbos mornings, 10:00 am
- **Pre-Mincha Shiur with Rabbi Chaim Bogopulsky**, Every Shabbos afternoon
- **Mishna Learning with Rabbi Chanan Swidler**, Every Sunday morning, after Shachris

## **NHBZ OCTOBER 2023 TRIBUTES**

### **IN MEMORY OF**

#### **Samuel Bluestein**

Arlene & Irwin Fredman  
 Amy & Denny Feit  
 Jesse & Debbie Barash  
 Ed & Heylane Levitt  
 Hal & Ellen Rosen  
 David Rosen & Amy Zisook  
 Shelley & Steve Pincus  
 Libby Sorkin Routman  
 Debbi Braunstein  
 Dana Hirt  
 Charlene Sales  
 Jim & Linda Ginsburg  
 Louis & Rebecca Goldman  
 Phyllis & Howard Loiterstein  
 Dan & Melanie Winograd  
 Susan Feigenbaum/Jay Pepose  
 Alan & Rachel Taxman  
 Eliot & Sally Katz  
 Joanna Hurley- Strategic Wealth Partners  
 Marty Oberman

#### **Estelle Kram**

Susan & Neal Kalishman  
 Susan Feigenbaum/Jay Pepose  
 Eliot & Sally Katz

### **IN HONOR OF**

#### **Susan Feigenbaum**

Marjorie Fenster  
 Boaz & Jane Roth

#### **Sanford & Jen Cohen**

Kathy Cohen

#### **Victor & Anna Rose's New Granddaughter,**

#### **Saylor Jo Mercury Tendler**

Joni & Bob Kaiser

### **REFUAH SHLEMA**

#### **Heylane Levitt**

Phyllis & Howard Loiterstein

#### **Fran Hoffman**

Susan Feigenbaum/Jay Pepose

#### **Sheryl Levine**

Susan Feigenbaum/Jay Pepose

### **MAZEL TOV**

#### **Reuven Tzadok- Happy Birthday**

Susan Feigenbaum/Jay Pepose

#### **Fran & Lenny Alper- Happy Anniversary**

Susan Feigenbaum/Jay Pepose

#### **Danielle & Eldad Bialecki- on your sons' Bar Mitzvahs**

Susan Feigenbaum/Jay Pepose

#### **Libby Sorkin Routman- Happy Birthday**

Susan Feigenbaum/Jay Pepose

#### **Sallie Volotzky- Happy Birthday**

Susan Feigenbaum/Jay Pepose

#### **Robin Rickerman- Happy Birthday**

Susan Feigenbaum/Jay Pepose

#### **Yakov Bogopulsky- Happy Birthday**

Susan Feigenbaum/Jay Pepose

## **Trib-ute (trib'yoot)**

**A gift, payment, declaration, or other acknowledgement of gratitude, respect or admiration.**

**Make a tribute to honor someone's simcha, good health or a loved one's memory.**

**Call (314-991-2100, ext 2) or email ([office@nhbz.org](mailto:office@nhbz.org)) to make a tribute.**

***Tributes will be listed monthly in the Weekly News.***

## **Parshas Veyeira**

In this parsha, G-d determines that the city of Sodom must be destroyed. But first G-d decides to inform Avraham of His decision. Why does G-d need to tell this to Avraham? Why does He, so to speak, "clear it" first with Avraham? Rashi, quoting the Midrash Tanchumah, explains G-d's reasoning: "I called Avraham 'Av hamon goyim - the father of many nations.' How can I destroy the children without first telling their father?"

This powerful and moving Midrash reveals to us the role assigned to Avraham. G-d changes his name from Avram to Avraham to better define who he is and what his responsibilities are. He is "Av hamon goyim" - not just the father of the Jewish people, but the father of many nations. G-d tells Avraham about the plight of Sodom because Avraham's responsibility is not only to his own people, but to all people. Avraham's commitment to this mandate is evident at the end of Parshas Vayera. Avraham is commanded by G-d to bring his son to an undisclosed place and offer him as a sacrifice.

The Torah relates that Avraham and Yitzchok are accompanied by two young men on their journey. Once the place of the Akeidah comes into Avraham's view, he tells the young men to stay behind, and he and Yitzchok continue on. The experience of the Akeidah was to be an exclusive encounter with G-d that only Avraham and Yitzchok could share. The young men who had accompanied Avraham and Yitzchok would not share the destiny of the Jewish people forged at the Akeidah. Yet the Torah records that "Avraham returned to the young men and they got up (vayakumu) and walked together to Be'er Sheva." Of course, Avraham went home after the Akeidah. Why does the Torah need to record this? Obviously, there must be some special significance to this pasuk.

Rav Matti Alon suggests another translation for this term, "vayakumu": "and he lifted them up." That pasuk would then be read, "And Avraham returned to the young men and he lifted them up, and they walked together." Avraham's experience at the Akeidah was a pivotal moment in history. Avraham demonstrates his total devotion to G-d, and he is promised that his descendants will be blessed and will become a great nation. Avraham then returns from this encounter to the young men he left behind. He shares his experience with them. Avraham "lifts them up." He inspires them.

Though only Avraham and Yitzchok could experience the Akeidah, they could nonetheless convey the inspiration to those who were not present. Avraham fulfills his responsibility by reaching out beyond himself, Rav Alon explains. In this way he fulfills his mission as "Av hamon goyim." Rabbi Joseph B. Soloveitchik z"l, emphasizes this aspect of Avraham's mission. He asks why our Patriarchs and Matriarchs are buried along with Adam and Chava in the Tomb of the Patriarchs. It would seem more appropriate for them to have a separate burial place befitting their role as the forebears of the Jewish people. This placement, the Rav z"l suggests, teaches that although the Jew has a unique history and a unique destiny, the Jew must be intimately connected and involved with the history and destiny of all humankind. Our role and mission as Jews goes beyond concern for our own people. The first Jews, Avraham Aveinu and Sarah Imeinu, accepted the responsibility to be teachers for all people. This mission of Avraham and Sarah is the goal we declare three times each day in the prayer of "Aleinu," when we state our commitment "lesakein olam beMalchut Shakai – to repair the world in the Kingdom of G-d.

***Rabbi Aaron Goldscheider***

*Rabbi Goldscheider is rabbi of Etz Chaim Synagogue in Jacksonville, FL*

# In the Community:

## Kosher Thanksgiving Feast for Police and Firefighters!

We appreciate the security and protection that the Olivette Police and Firefighters provide. Let's illustrate our gratitude by providing a traditional Thanksgiving meal to those who spend Thanksgiving on call at the station instead of with their families.

**To make this happen:** We need sponsors and volunteers!

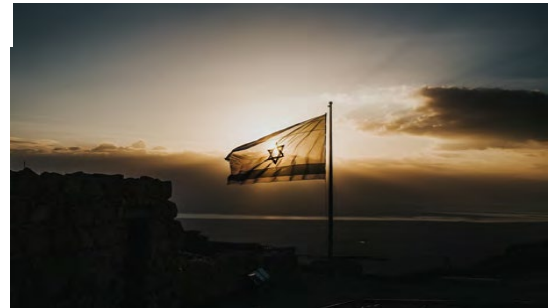
If you want to sponsor or volunteer, please reach out to either [office@nhbz.org](mailto:office@nhbz.org) or call (314)-991-2100



## Help for Israel

Here are some **suggested** places to donate:

1. Magen David Adom
  - ✧ Online: <https://afmda.org/donate/>
  - ✧ Mailing a check:
    - ✧ American Friends of Magen David Adom
    - 20 West 36th Street, Suite 1100
    - New York, NY 10018
  - ✧ Call: 866-632-2763
2. United Hatzalah:
  - ✧ Online: [https://israelrescue.org/campaign/israel-under-attack/?utm\\_source=homepage&utm\\_medium=popup-new-2&utm\\_campaign=gaza2023](https://israelrescue.org/campaign/israel-under-attack/?utm_source=homepage&utm_medium=popup-new-2&utm_campaign=gaza2023)
3. Friends of the IDF:
  - ✧ Online: <https://www.fidf.org/>
  - ✧ Mailing a check:
    - ✧ "Friends of the Israel Defense Forces"
    - ✧ PO Box 4224 NY, NY 10163 USA.
  - ✧ Call: 1-888-318-3433
4. Shaving Israel
  - ✧ PO Box 6991
  - ✧ Chesterfield, MO, 63006
  - ✧ [www.shavingisrael.org](http://www.shavingisrael.org)







# THE SISTERHOOD SCOOP

## NOVEMBER 4

Volume 6

Number 41

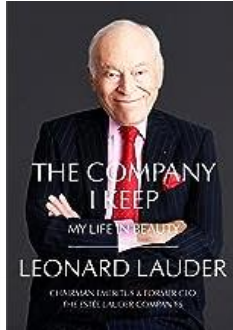
20 Cheshvan 5784

November 4, 2023

### Book Club Meets Next Monday – November 13

**All Women are Welcome!**

The final book selection for 2023 is ***The Company I Keep: My Life in Beauty***, by Leonard Lauder. It is the fascinating, personal account of his mother Estée Lauder, and the company she built.



The Book Club will meet on Monday, Nov. 13, 7:15 PM at the home of **Myra Radinsky** in Clayton. Myra will also lead the discussion. Contact Myra for directions and to RSVP.

For more info call Fran Alper at 314-993-4024 or [fran.alper@outlook.com](mailto:fran.alper@outlook.com) or [sisterhood@nhbz.org](mailto:sisterhood@nhbz.org)

### This Week in Jewish History

**November 4 (20 Cheshvan) – The passing of Rabbi Lord Jonathan Sacks <sup>21</sup> in 2020.**

**November 7 – British capture Gaza from Turkey, 1917.**

**November 9 (15 Cheshvan) – Kristallnacht, 1938, during which 300 shuls and hundreds of Jewish businesses and homes were destroyed.**

### BELIEF & TRUST

**Belief is not enough—you need trust.**

**The Talmud says that before a robber breaks in, he prays that G-d should help him.**

**He believes in G-d, but he doesn't trust Him to provide him an honest living—and so he steals and murders instead.**

**Trust in G d is when your belief changes the way you live.**

### VAYEIRA: Flow Chart of Goodness

Kindness is often presented as a central virtue of the Jewish people. Abraham, the hero of our *parshah*, together with his wife Sarah, is a paradigm of kindness. One sees their hospitality to wayfarers at the beginning of the *parshah*, and later G-d says that He loves Abraham because "he will instruct his household after him to keep the way of G-d, doing charity and justice" (Genesis 18:19).

"Charity and justice" signify acts of kindness, and the Talmud cites this verse when it declares that there are three distinguishing features of the Jewish people, the descendants of Abraham: They are 1) **modest**, 2) **merciful**, and they 3) **do acts of kindness**. "Anyone who has these qualities," the Talmud goes on to say, "is fit to join the Jewish people."

There are different opinions among the Sages as to whether these qualities are natural to the Jewish people or are special "gifts" from G-d. It is also clear that they are ideals that each person has to try to attain. However, taking all three qualities together one sees an intriguing spiritual structure.

**Modesty**, an inner sense of humility, comes from our experience at Mount Sinai. From then on, says the Talmud, there is a sense of awe in the soul of every Jew. The effect of this inner modesty and awe is to arouse the heart to **mercy**. The effect of this mercy is to encourage practical **acts of kindness** and charity.

From the soul – to the heart – to the hand. A flow-chart of goodness. Yet there is a further step, pointed out by the Lubavitcher Rebbe.

Sometimes an act of kindness can lead to a feeling of haughtiness and pride. "I have done you a favor—so I am on top!"

On the contrary, the traditional Jewish kindness inherited from Abraham is intended to lead back to mercy and love. It does this because it is triggered by modesty and self-effacement. The kindness is really the outer expression of inner self-effacement, and therefore it arouses yet further mercy and love in the heart of the one who is being kind. The flow chart creates a cyclic process. "One Mitzva draws another"; being kind, one feels yet more mercy and love, and becomes yet more kind. This is the Jewish inheritance from Abraham.

– **Dr. Tali Loewenthal**, [www.chabad.org](http://www.chabad.org)

**BREAKING NEWS**

## **Attention Minyanmen!** ***Our daily minyan is moving!***

Beginning Sunday, November 12, our daily minyan (morning and evening) will return to its original home in the Rivkin Chapel (Beis Medrash) on the lower level. Shabbos and Yom Tov davening will continue upstairs in the sanctuary.



### **The Tree of Life – Chai** ***Our 118th Anniversary***

Let's celebrate this  
milestone together

***Sunday, Dec. 3, 2023***

**Don't miss out!**  
**RSVP now**

***Deadline is November 15<sup>th</sup>***





NHBZ PRESENTS

**Renowned Educator and Israel Expert,**  
**URI GOLDFLAM**

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Motivated by the deliberate and unprovoked attack on Israel by Hamas and the slaughter of innocents that ensued, many of us have asked what we can do in addition to prayer. To help answer that question, pro-Israel supporters are working to bring the story of Israel, why the attacks happened, and what is on-the-line to the people of the United States. To do this, they are working with renowned Israel expert from Jerusalem Uri Goldflam of Travel Trailer Israel.

[\(https://www.traveltrailerisrael.com/\)](https://www.traveltrailerisrael.com/)



Uri is a former IDF paratrooper and 30+ year educator and tour guide. He is an expert in all things biblical and modern Israel, Middle East geopolitics and affairs, and is an extremely captivating speaker. Uri's expertise covers timely topics, including the Israel-Hamas war, making him an exceptional choice for a featured address that delves into the ever-changing dynamics of the war in Israel.

**Join us for this captivating speaker!**

**Sunday,**  
**November 19th**

**TIME TO BE  
ANNOUNCED**