



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

December 2, 2023 • 19 Kislev 5784 • Candle Lighting 4:22 pm • Shabbos Concludes 5:25 pm

Parashas Vayishlach
Haftarah Vayishlach

Genesis 32:4 – 36:43
Obadiah 1:1 – 1:21

Chumash p. 170 – 197
Chumash p. 1141 - 42

Thanks to our generous sponsors this Shabbos

Fran Reisler and Ronald Reisler for sponsoring Kiddush in honor of the birthday of their husband and father **Dr. David Reisler!**

Irwin Fredman for sponsoring the bulletin in memory of his mother **Henrietta Fredman** on her yahrzeit.

Jason Rush and Michelle Mufson for sponsoring Kiddush for the Father/Son Minyan

Prayer

Friday, December 1

- 7:00 am Shachris
- 4:20 pm Mincha
- 4:22 pm Candle Lighting

Shabbos, Saturday, December 2

- 9:00 am Shachris followed by Musaf:
 - ☆ Pesukei D'Zimra: **TBA**
 - ☆ Shacharis: **Stuart Klamen**
 - ☆ Leyning: **Stuart Klamen**
- 10:00-10:45 am: **Rabbi Feigenbaum**: Downstairs
 - Topic: Finding Sanity in the Madness
- 4:10 pm Mincha
- 5:25 pm Shabbos concludes

- ☆ Haftarah: **Brent Waxman**
- ☆ Sermon: **Rabbi Chaim Bogopulsky**
- ☆ Musaf: **Ron Reisler**



Father/Son Teen Minyan
with *Rabbi Chaim Bogopulsky*
This Shabbos, Dec. 2nd – downstairs!

Minyan Times December 1– December 9

Minyan Men: Daily minyan has returned to the Rabbi Rivkin Chapel

	Fri Dec 1	Shabbos Dec 2	Sun Dec 3	Mon *Dec 4	Tues Dec 5	Wed Dec 6	Thu Dec 7	Fri Dec 8	Shabbos Dec 9
Shachris (am)	7:00	9:00	8:00	7:00	7:00	7:00	7:00	6:45	9:00
Mincha/Ma'ariv (pm)	4:20	4:10	4:20	-	-	-	-	4:20	4:10
Ma'ariv Only (pm)	-	-	-	7:30	7:30	7:30	7:30	-	-

*Monday Evenings will be Ma'ariv only at 7:30 pm

Rabbi Chaim Bogopulsky • Rabbi Aaron Borow, Emeritus • Rabbi Ze'ev Smason, Emeritus • Kenneth Bressler, President
Nusach Hari B'nai Zion • 650 N. Price Rd. St. Louis, MO 63132 • Phone 314.991.2100 • Web: www.nhbz.org

Congregation News

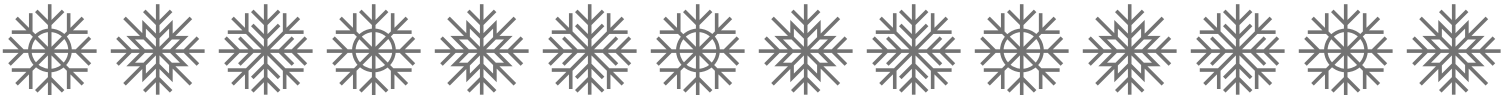
Mazel Tov on Simchas This Week!

Birthdays:

David Reisler	Dec 1	Menachem Szus	Dec 2
Gail Rose	Dec 2	Maxwell Goldman	Dec 4
Chava Bogopulsky	Dec 5		

Anniversaries:

Leonid & Stella Vladimirov	Dec 3
Scott & Leslie Gitel	Dec 4
Milton & Tammy Sallis	Dec 7



Learning at NHBZ

On-Going Classes

- **Gemara Learning with Rabbi Chaim Bogopulsky**, Weekdays, 6:15 am
- **“Journey through the Chumash” with Rabbi Chaim Bogopulsky**, Tuesdays, 12:00 pm
Take an amazing journey of learning! Step by step, we will explore the Chumash.
- **Pirkei Avos / Ethics of the Fathers with Rabbi Ze’ev Smason**, Wednesdays, 12:15 pm
Feed your soul 45 minutes of spiritual nourishment from the timeless wisdom of our Sages, full of relevant, contemporary insights and lessons. Low-calorie, gluten free, and refreshing!
- **“Gateway to Tefilla” with Rabbi Chaim Bogopulsky**, Wednesdays at 7:00 pm, followed by Ma’ariv at 7:30 pm.
Deepen your understanding of the prayers we say.
- **Book of Kings with Rabbi Ze’ev Smason**, Monday-Thursday 3:00 pm (On Zoom!) An online class providing an exciting and informative look into the lives of Israel’s early kings and prophets. Thirty-minute sessions on Zoom. Join class via this link:
<https://us04web.zoom.us/j/78974795850?pwd=tw7IIOVumZ8QelPxHvApYZsox8VUem.1>
- **Kitzur Shulchan Aruch with Rabbi Chaim Bogopulsky**, Sunday–In between Mincha and Ma’ariv, and Monday, Tuesday & Thursday at 7:15 pm, followed by Ma’ariv at 7:30 pm.
Invest a few minutes to expand your understanding of Halacha/Jewish Law.
- **Partners in Torah** Monday nights at 8 pm. Sign up available in person.
- **“Soul Building” Series with Rabbi Yosef David**, Shabbos mornings, 10:00 am
- **Pre-Mincha Shiur with Rabbi Chaim Bogopulsky**, Every Shabbos afternoon
- **Mishna Learning with Rabbi Chanan Swidler**, Every Sunday morning, after Shachris

Annual Membership Meeting and Election of Officers Sunday, Dec. 10, 11:00 am



Did you ever wonder how the officers of NHBZ are elected?
Do you want to have a say in the future direction of NHBZ?
Do you want to express your opinions to the Board of Directors?

*You are invited to attend the Annual Membership Meeting and Election of Officers
Sunday, December 10 at 11:00 am.*

Each year, we hold a Membership meeting to give a 'state of the shul' report and elect officers and members of the Board of Directors. This is an opportunity for you to interact directly with the Rabbi, President and other officers and Board members about the business of the shul. If you would like to give your opinion, make suggestions or just listen, this is your chance.

Here is how the election works. We have a nominating committee that consists of all past presidents. That committee deliberates throughout the year, and comes up with a proposed slate of officers that is presented to the Board in October. At the Membership meeting, the slate is officially nominated, *and other nominations are accepted from the floor. You can even nominate yourself.* Members in good standing may nominate others and have the privilege of voting. Nominees must be members in good standing for at least one year at time of nomination. The Officers and new Board members take office on January 1, 2024.

We have eight officers and fifteen Board members. Officers serve for one year. Board members serve for three years, with one third of the Board up for election each year.



Join us for Mahjong!

When: December 5th, from 1-3 pm

Where: Youth Lounge at NHBZ

Who: Anyone

Bring your own Mahjong card, & to RSVP please email Jennifer Hartranft at: jennihart93@gmail.com



Parshas Vayishlach

Parashas Vayishlach begins with Yaakov anticipating an attack from his brother Eisav and preparing for this confrontation in three ways. First, Yaakov sends Eisav gifts of goats, ewes, rams and camels, hoping that this elaborate gesture will placate his brother's jealousy and hatred. Yaakov goes so far as to specify the exact words of greetings his messengers are to say to Eisav on his behalf. Next, Yaakov prays. He cries out to G-d, "Rescue me, please, from the hand of my brother, from the hand of Eisav, for I am afraid, lest he come and strike me down, mother and children." Last, Yaakov sends half his family across the Yabbok River reasoning that "if Eisav comes to one camp and smites it, the camp that is left will escape." Yaakov does not count on goodwill or his Divine merits to deliver him. In addition to praying and placating, he splits the camp. He does everything in his power to save his children and family.

After making these arrangements, "Yaakov was left alone and wrestled with a man there until the break of dawn." The Midrash identifies this "man" as the archangel of Eisav, who dislocates Yaakov's right thigh in the scuffle. The Talmudic Sage Rav Yehoshua ben Levi states that this cosmic confrontation between Yaakov and the angel of Eisav kicked up a dust storm that reached all the way up to the Divine throne. How did this angel appear to Yaakov? Rav Shmuel ben Nachman, explains that he appeared in the guise of a heathen. The halacha states that a Jew who is joined by a heathen on the road should make sure that the heathen is to his right side, so that if the heathen attacks him, the Jew will be able to ward him off with his stronger hand. Hence, Yaakov's right side was closest to the angel and his right hip was dislocated by him. Rav Shmuel ben Acha, recording the opinion of Rabba ben Ulla, disagrees. The angel appeared to Yaakov in the guise of a scholar, he maintains. The law is that whoever walks to the right of his teacher is considered ignorant. Hence, Yaakov-having assumed the man was a scholar-positioned himself to the left of the angel.

What impelled our Sages to describe the appearance of this angel? What difference does it make? What lesson does it impart to us, the grandchildren of Yaakov? Historically, Jews have had to contend with two very different types of threats to our survival. One is the brute force of a heathen, when our enemies seek to wrestle us to the ground. In such moments, we must defend ourselves to protect Jewish lives. At other times, however, our enemies threaten us not with physical attacks, but with spiritual ones. These bombardments come from so-called enlightened individuals, who attack the beliefs and practices of Torah Judaism with sarcasm and ridicule. They kick up a storm of confusion and doubt in the minds of the children of Yaakov. This is the other face of Eisav, the one that poses as a scholar and attempts to wrestle the Jew, intellectually and emotionally, to the ground.

We, Yaakov's descendants, have wrestled and continue to wrestle with both of these dangers – from without and from within – through the long, dark night of exile. Our response, like that of our forefather Yaakov, must be threefold. We must take the high road and, while maintaining our integrity and principles, make appropriate gestures toward Eisav. At the same time, we must strategize within our own camp to fend off the attacks – both overt and insidious – of secular society. We do not live in a vacuum. We exist in this world and in its cultures. But we must nevertheless maintain our unique identity and treasure our unique values. We must "split the camp" and live in this world while simultaneously remaining apart. And we must pray. We must pray for ourselves and for our children, for our community and for the greater community of Klal Yisrael, for those who observe and for those who do not yet observe. Ultimately, our fate rests in the Hands of our Creator, and we must turn to Him to bring an end to our exile and redeem us, finally and completely, from all the angels of Eisav.

Rabbi Yehoshua S. Hect

Beth Israel Synagogue, Westport-Norwalk, Connecticut

In the Community:

Thank you to the Sponsors and Volunteers of the Thanksgiving for Olivette Police Officers & Firefighters!

As it has been for the last six years, once again our congregation cooked and brought the traditional Hot Kosher Thanksgiving meal to Olivette police and firefighters!

This year it was more important than ever to illustrate our tremendous gratitude and support that our shul has for our first responders.

We are thankful for all our shul members who donated money and who worked many hours to make this event possible:

Our Mashgiach and cooks:

Norma Rubin, Jackie Berkin, and Bob Kaiser.

Our volunteers, who prepared and delivered the food:

Faye, Bryan and Scott McCary; Marcela, David and Michael Morgensztern; Anna Rose Tendler; Sallie Volotzky; Stella Vladimirov.

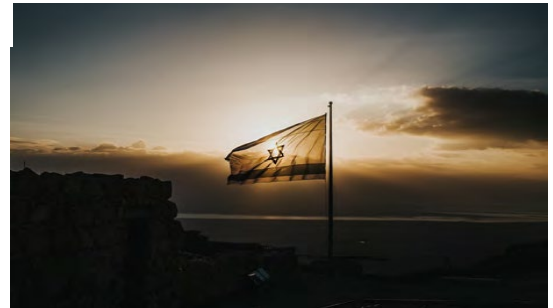
Our members, who donated money for the event:

Debbie and Jessie Barash; Shirley Bluestein; Susan Feigenbaum and Jay Pepose; Janet and Alan Haber; Eliot and Sally Katz; Joni and Bob Kaiser; Sally Needle; Sari Neudorf; Lois Perryman; Libby Sorkin Routman; Terry and Jeff Schnitzer.

Help for Israel

Here are some **suggested** places to donate:

1. Magen David Adom
 - ✧ Online: <https://afmda.org/donate/>
 - ✧ Mailing a check:
 - ✧ American Friends of Magen David Adom
20 West 36th Street, Suite 1100
New York, NY 10018
 - ✧ Call: 866-632-2763
2. United Hatzalah:
 - ✧ Online: https://israelrescue.org/campaign/israel-under-attack/?utm_source=homepage&utm_medium=popup-new-2&utm_campaign=gaza2023
3. Friends of the IDF:
 - ✧ Online: <https://www.fidf.org/>
 - ✧ Mailing a check:
 - ✧ Friends of the Israel Defense Forces
 - ✧ PO Box 4224 NY, NY 10163 USA.
 - ✧ Call: 1-888-318-3433
4. Shaving Israel
 - ✧ PO Box 6991
 - ✧ Chesterfield, MO, 63006
 - ✧ www.shavingisrael.org





THE SISTERHOOD SCOOP

DECEMBER 2



Volume 6

Number 44

19 Kislev 5784

December 2, 2023

Be Thyself - VAYISHLACH, LESSONS IN LEADERSHIP, COVENANT & CONVERSATION

“We must wrestle with ourselves, as Jacob did on that fateful night, throwing off the person we persistently compare ourselves to, accepting that some people will like us and what we stand for while others will not, understanding that it is better to seek the respect of some than the popularity of all. This may involve a lifetime of struggle, but the outcome is an immense strength. No one is stronger than one who knows who and what they are.” – Rabbi Lord Jonathan Sacks ZT”L

Book Club News



We thank **Myra Radinsky** for hosting the Book Club on November 13 and for leading the discussion of **The Company I Keep: My Life in Beauty**, by Leonard Lauder, relating the fascinating, personal account of his mother Estée Lauder, and the company she built.

The Book Club meets on the fourth Monday of odd-numbered months at 7:15-8:45 PM. The first meeting of 2024 will be January 22 when the Book Club will discuss **People Love Dead Jews: Reports from a Haunted Present** by Dara Horn, described in the Washington Post as “...one of those unexpected, memorable books... riveting, gorgeously written.”

For more info call Fran Alper at 314-993-4024 or fran.alper@outlook.com or sisterhood@nhbz.org

VAYISHLACH: Not Just Tenderloin Steak

In Israel and the world over we are mourning the loss of innocent and wonderful Jews. Children and teenagers are cut down by forces of evil. The tragedies are at times unspeakable. How can we respond?

“Esau anguished Yaakov in injuring his thigh. Esau’s descendants anguish Jacob’s descendants, but in the end, we will be saved from them... the sun shone to heal him and he was saved from anguish, so will the sun of the Messiah shine, and he will heal us from our anguish and redeem us speedily in our days, amen!” (Sefer HaChinuch)

Jews are forbidden to eat the sinew of the thigh of any Kosher animal. Most of us don’t eat any of the hind-quarters of a cow. We stay away from the Gid HaNashah.

“Therefore, the children of Israel should not eat the sinew of the hip unto this day; because he touched the hollow of Jacob’s thigh, even in the sinew of the thigh-vein.”

This unusual Mitzvah is explained by the Sefer HaChinuch:

“though Israel will suffer many oppressions in the exile by the nations and the descendants of Esau, [the Jews] should trust that they will not perish, but rather that their descendants and name will stand firm forever, and that their redeemer will come and redeem them from their oppressor.

The guardian angel of Esau, fought with Jacob our forefather and wished to eliminate Jacob and his descendants from the world, but could not get the better of him (Bereishis 32:26). He anguished him in injuring his thigh. Esau’s descendants anguish Jacob’s descendants, but in the end, Jacob will be saved from them... the sun shone to heal him and he was saved from anguish, so will the sun of the Messiah shine, and he will heal us from our anguish and redeem us speedily in our days, amen!”

No one can deny the pain that the Jewish people have suffered and continue to suffer from those that wish to eliminate us throughout the ages. Slavery in Egypt, the destructions of Jerusalem, the Crusades, the Pogroms, the Holocaust, and unthinkable acts of terrorism that we are experiencing today. We are a traumatized nation.

We cannot eradicate evil, and we cannot erase that pain – but we can respond to it.

We may suffer anguish and indescribable pain, but we will not be destroyed. Somehow, the anguish serves to make us even stronger. If we have to see, experience, and feel the anguish, how do we respond as Jews?

Let’s ask ourselves why we survive... What can we do to become more civil; more moral; and how can we make a change in the world?

– Rabbi Yaacov Haber, www.ourah.org



Please Join Us For
Father/Son Teen Minyan

SHABBAT, DEC 2ND

We are proud to introduce a Father/Son Teen Minyan!
This once-monthly Shabbos Minyan will meet in the Chapel
downstairs at 9:00 a.m. Kiddush to follow!

Please contact Rabbi Bogopulsky with any questions
or if you would like to lead davening, leyning or the Haftorah.



www.nhbz.org | 314.991.2100

Keep Driving Our State Tax Dollars Towards Jewish Education



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Deadline
December 15

NEXT EXIT

Need
Help?

Contact Hillel Anton
at EAO@agudahMO.org
or 314-200-5781

Deadline to donate for the
2023-2024 school year scholarships is
DECEMBER 15, 2023

For more information or to donate,
visit AgudahMO.org/EAO

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Schools:

