



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

November 11, 2023 • 27 Cheshvan 5784 • Candle Lighting 4:34 pm • Shabbos Concludes 5:37 pm

Parashas Chayei Sarah
Haftorah Chayei Sarah

Genesis 23:1 – 25:18
I Kings 1:1 – 1:31

Chumash p. 106 – 123
Chumash p. 1136-37

Prayer

Friday, November 10

- 7:00 am Shachris
- 4:30 pm Mincha
- 4:34 pm Candle Lighting

Shabbos, Saturday, November 11

- 9:00 am Shachris followed by Musaf:
 - ☆ Pesukei D'Zimra: **TBA**
 - ☆ Shacharis: **Mateo John**
 - ☆ Leyning: **Kenneth Bressler**
- 10:00-10:45 am: Rabbi David: Downstairs
 - Topic: How Your Body and Soul Adapt to New Realities
- 4:20 pm Mincha
- 5:37 pm Shabbos concludes

☆ Haftorah: **Alan Haber**
☆ Sermon: **Rabbi Chaim Bogopulsky**
☆ Musaf: **Rabbi Chaim Bogopulsky**



Upcoming Events

- Kosher Thanksgiving for Police and Firefighters, Nov 23; Contact office@nhbz.org to volunteer or sponsor.
- Father/Son Minyan with Rabbi Bogopulsky, Nov 25.
- **Anniversary Dinner, Dec 3**

Minyan Times November 10– November 18

Minyan Men: Daily minyan will return to the Rabbi Rivkin Chapel – see article on page 5

	Fri Nov 10	Shabbos Nov 11	Sun Nov 12	Mon Nov 13	Tues Nov 14	Wed Nov 15	Thu Nov 16	Fri Nov 17	Shabbos Nov 18
Shachris (am)	7:00	9:00	8:00	7:00	7:00	7:00	7:00	7:00	9:00
Mincha/Ma'ariv (pm)	4:30	4:20	4:30	4:30	-	-	-	4:25	4:15
Ma'ariv Only (pm)	-	-	-	-	7:30	7:30	7:30	-	-

Congregation News

Mazel Tov on Simchas This Week!

Birthdays:

Tobie Dobin	Nov 11	Joey Mufson	Nov 14
Sandra Klarfeld	Nov 11	Kevin Nelson	Nov 14
Sam Lyss	Nov 11	Marilyn Liss	Nov 16

Anniversaries:

David & Gail Porter Nov 12

Mazel Tov

Susan Feigenbaum on her Birthday

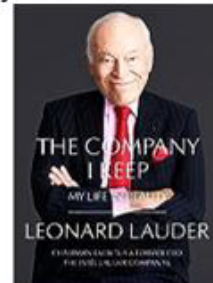
Faith & Bruce Waxman

Our apologies for missing the tribute last week.

Sisterhood Book Club Meets THIS MONDAY – Nov. 13

The book selection for November is *The Company I Keep: My Life in Beauty*, by Leonard Lauder. It is the fascinating, personal account of his mother Estée Lauder, and the company she built. The Book Club meets on Monday, Nov. 13, 7:15-8:45PM at the home of **Myra Radinsky** in Clayton. Myra will also lead the discussion.

All women are welcome to attend, but please contact Myra at 314-448-1238, or email: myraradinsky@gmail.com for directions and to RSVP. For more info call Fran Alper, 314-993-4024 or fran.alper@outlook.com or sisterhood@nhbz.org



Learning at NHBZ

On-Going Classes

- **Gemara Learning with Rabbi Chaim Bogopulsky**, Weekdays, 6:15 am
- **“Journey through the Chumash” with Rabbi Chaim Bogopulsky**, Tuesdays, 12:00 pm
Take an amazing journey of learning! Step by step, we will explore the Chumash.
- **Pirkei Avos / Ethics of the Fathers with Rabbi Ze’ev Smason**, Wednesdays, 12:15 pm
Feed your soul 45 minutes of spiritual nourishment from the timeless wisdom of our Sages, full of relevant, contemporary insights and lessons. Low-calorie, gluten free, and refreshing!
- **“Gateway to Tefilla” with Rabbi Chaim Bogopulsky**, Wednesdays at 7:00 pm, followed by Ma’ariv at 7:30 pm.
Deepen your understanding of the prayers we say.
- **Book of Kings with Rabbi Ze’ev Smason**, Monday-Thursday 3:00 pm (On Zoom!) An online class providing an exciting and informative look into the lives of Israel’s early kings and prophets. Thirty-minute sessions on Zoom. Join class via this link: <https://us04web.zoom.us/j/78974795850?pwd=tw7lIOVumZ8QelPxHvApYZsox8VUem.1>
- **Kitzur Shulchan Aruch with Rabbi Chaim Bogopulsky**, Sunday & Monday – In between Mincha and Ma’ariv, and Tuesday & Thursday at 7:15 pm, followed by Ma’ariv at 7:30 pm. Invest a few minutes to expand your understanding of Halacha/Jewish Law.
- **Partners in Torah** Monday nights at 8 pm. Sign up available in person.
- **“Soul Building” Series with Rabbi Yosef David**, Shabbos mornings, 10:00 am
- **Pre-Mincha Shiur with Rabbi Chaim Bogopulsky**, Every Shabbos afternoon
- **Mishna Learning with Rabbi Chanan Swidler**, Every Sunday morning, after Shachris

Parshas Chayei Sarah

Toward the end of Parshas Chaya Sarah, the Torah tells us that "Yitzchak went out *lasuach* -to meditate - in the field before evening." Chazal comment that Yitzchak went to the fields in order to pray ("Sichah," our Sages say, "refers only to prayer"), and thus was instituted Tefillas Mincha, the afternoon prayer that all Jews are obliged to recite daily.

But why did Yitzchak turn to the fields in order to pray? ask the commentaries. Didn't he have a house in which to pray? Tosafos answers that the field in which Yitzchak prayed was no ordinary field. It was on Mount Moriah, first designated as a place of prayer by Adam HaRishon and later consecrated by Yitzchak at the Akeidah, where he perceived the Shechinah. Centuries later it became the site of the Bais Hamikdash.

No ordinary field was this field; no ordinary prayer was this prayer. The Talmud advises us to be especially vigilant about praying Tefillas Mincha, for G-d is especially attentive to our prayers in the afternoon. Eliyahu's plea to Hashem was answered only in the afternoon.

Why is Tefillas Mincha so important and what makes it so effective? The Tur links Mincha's prominence to its timing. It comes at a time when people are most apt to be preoccupied with their daily work and business affairs. In order to pray, one has to pause and concentrate on his dependence upon the Creator, who is the source of all blessing.

This abrupt suspension of daily activity is far from easy to do. It is much easier to pray in the morning before one starts out for work. We wake up refreshed, happy in the thought that we have been granted yet another day of life. We are in the proper mood for prayer and offer thanksgiving for our very existence on earth. This is the meaning of the pasuk in Eichah, "Chadashim lavekarim rabbah emunasecha." Our faith in Hashem is greatest at the renewal of life every morning.

Likewise, at night, with a productive day behind us, it is easy to take a few moments to thank G-d for the blessings of the day.

In the afternoon, the situation is much different. We are, like Yitzchak, in the fields, in the middle of our work with its attendant 101 problems, frustrations, and aggravations. Then, in the midst of it all, we are called upon to pray – to interrupt the pursuit of our livelihood, to suspend our seeming dependence on the strength of our hands. We instead turn to Hashem in prayer.

Tefillas Mincha testifies to man's humility in the presence of G-d. This offering of worship and devotion also accounts for the prayer's name. Some assume that the word Mincha means afternoon. This isn't so. The word, used often in the Torah, means a gift, an offering. Indeed, a prayer recited in the afternoon is a precious gift, readily accepted by G-d.

This is the legacy of Yitzchak Aveinu – in the field. Whether you are in your office, at your shop, on the road, or at home, stop and take a break of inspiration. Pray Mincha with kavannah and then be confident that Hashem will hearken to your tefilla.

Rabbi Shlomo Horowitz

Manhattan Beach Jewish Center in Brooklyn, New York

Message from the President

Dear Members,

As you probably noticed, things have really been hopping lately at Nusach Hari B'nai Zion! Our shul is hosting a multitude of current and upcoming programs these days, including Father/Son Teen Minyan on Shabbos, various special guest speakers, Young Professional events, daily Torah learning classes that are open to the community, Member milestone simchas, and of course Partners in Torah, where we are seeing unparalleled crowds coming into our shul. We have also once again opened our doors to Latitude Therapy, which provides one-on-one family therapy for children and adolescents of various ages. So, when you see guests come into our shul, please be cordial and welcoming by introducing yourselves, and/or simply joining in whatever programming you see fit for yourself - there's something for everyone! See the Shabbos bulletin for events and times. We also live in challenging times, so please be cautious by making a habit of always checking your surroundings, and immediately notify the Rabbi, Scott Biondo, the Olivette Police, or myself in the event of any suspicious activity. May NHBZ continue to be a flagship of Torah learning in the Jewish community, and may we continue to flourish under the spiritual leadership of Rabbi Bogopulsky, and Rabbi Emeritus - Rabbi Smason. On a personal note, thank you also to all those who sent Happy 101st Birthday wishes to my father, Leo Bressler, this past week.

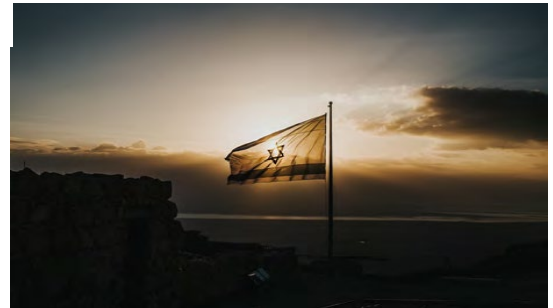
Good Shabbos,

Kenneth Bressler, Shul President

Help for Israel

Here are some **suggested** places to donate:

1. Magen David Adom
 - ✧ Online: <https://afmda.org/donate/>
 - ✧ Mailing a check:
 - ✧ American Friends of Magen David Adom
20 West 36th Street, Suite 1100
New York, NY 10018
 - ✧ Call: 866-632-2763
2. United Hatzalah:
 - ✧ Online: https://israelrescue.org/campaign/israel-under-attack/?utm_source=homepage&utm_medium=popup-new-2&utm_campaign=gaza2023
3. Friends of the IDF:
 - ✧ Online: <https://www.fidf.org/>
 - ✧ Mailing a check:
 - ✧ "Friends of the Israel Defense Forces"
 - ✧ PO Box 4224 NY, NY 10163 USA.
 - ✧ Call: 1-888-318-3433
4. Shaving Israel
 - ✧ PO Box 6991
 - ✧ Chesterfield, MO, 63006
 - ✧ www.shavingisrael.org



BREAKING NEWS

Attention Minyanmen! ***Our daily minyan is moving!***

Beginning Sunday, November 12, our daily minyan (morning and evening) will return to its original home in the Rivkin Chapel (Beis Medrash) on the lower level. Shabbos and Yom Tov davening will continue upstairs in the sanctuary.



The Tree of Life – Chai ***Our 118th Anniversary***

Let's celebrate this
milestone together

Sunday, Dec. 3, 2023

Don't miss out!
RSVP now

Deadline is November 15th



Kosher Thanksgiving Police and Firefighters Feast

650 NORTH PRICE ROAD • ST. LOUIS, MO 63132 • 314-991-2100 • EMAIL: OFFICE@NHBZ.ORG • WWW.NHBZ.ORG

NHBZ loves the security and protection that the Olivette Police and Firefighters provide, and is grateful for their superior service!

Let's show our appreciation by cooking and serving a traditional Thanksgiving Dinner for Police Officers and Firefighters who must spend Thanksgiving on call at the station rather than at home with their families.

To make this happen, [We Need Sponsors](#) to defray the cost of the meal. Please consider becoming a sponsor for any amount of money. Contact office@nhbz.org or call 991-2100

[We Also Need Volunteers on Thanksgiving Day](#) to do the following: Deliver and serve the Thanksgiving Feast to the Police and Firefighters on Thanksgiving Day. Come and bring your kids or grandkids. Kids will be able to see Police and Fire Station, and talk to police officers and firefighters.

It will be lots of fun!



If you want to help and volunteer, Please contact Stella Vladimirov at (314) 540-4450