



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

December 16, 2023 • 4 Tevet 5784 • Candle Lighting 4:22 pm • Shabbos Concludes 5:26 pm

Parashas Miketz
Haftarah Miketz

Genesis 41:1 – 44:14
1 Kings 3:15 – 4:1

Chumash p. 222 – 249
Chumash p. 1143 - 44

Thanks to our generous sponsor this Shabbos

Irwin Fredman for sponsoring this week's bulletin in memory of his father Avery Fredman, z"l.

Prayer

Friday, December 15

- 6:45 am Shachris
- 4:20 pm Mincha
- 4:22 pm Candle Lighting



Shabbos, Saturday, December 16

- 9:00 am Shachris followed by Musaf:
 - ☆ Pesukei D'Zimra: **Howard Sandler**
 - ☆ Shacharis: **Rabbi Chaim Bogopulsky**
 - ☆ Leyning: **Rabbi Yitzchok Shimon Hess**
- 10:00-10:45 am: **Rabbi David**: Downstairs
 - Topic: "It's Not My Fault, It's Not My Problem,": Why Taking Responsibility is so Difficult
- 4:10 pm Mincha
- 5:26 pm Shabbos concludes

- ☆ Haftarah: **Naftali Kadosh**
- ☆ Sermon: **Rabbi Chaim Bogopulsky**
- ☆ Musaf: **Rabbi Hess**

Asarah B'Tevet is on Friday, December 22nd. The 10th of Tevet is a day of repentance, mourning, and fasting from sunrise to sunset. This fast is to remember the siege of Jerusalem by Nebuchadnezzar II of Babylonia. This event led to the destruction of the First Temple, Solomon's Temple, the downfall of the kingdom of Judah, and the exile of the Jewish people by the Babylonians. Fast begins: 5:49 am Fast ends: 5:28 pm

Minyan Times December 15– December 23

	Fri Dec 15	Shabbos Dec 16	Sun Dec 17	Mon Dec 18	Tues Dec 19	Wed Dec 20	Thu Dec 21	Fri Dec 22	Shabbos Dec 23
Shachris (am)	^6:45	9:00	8:00	7:00	7:00	7:00	7:00	"6:45	9:00
Mincha/Ma'ariv (pm)	4:20	4:10	4:20	-	-	-	-	4:00	4:10
Ma'ariv Only (pm)	-	-	-	*7:30	7:30	7:30	7:30	-	-

^Chanukah *Monday Minyan moved to 7:30 pm "Asarah B'Tevet-Fast Day

Rabbi Chaim Bogopulsky • Rabbi Aaron Borow, Emeritus • Rabbi Ze'ev Smason, Emeritus • Kenneth Bressler, President
Nusach Hari B'nai Zion • 650 N. Price Rd. St. Louis, MO 63132 • Phone 314.991.2100 • Web: www.nhbz.org

Congregation News

Mazel Tov on Simchas This Week!

Happy Birthday!

Rodney John	Dec 15
Sandra Abrams	Dec 16
Victoria John	Dec 18
Peggy Umansky	Dec 18
David Gellman	Dec 19

Leslie Gitel	Dec 19
Rhonnie Goldfader	Dec 19
Debbie Finland	Dec 21
Mindy Woolf	Dec 21
Gavriel Matt	Dec 21

Happy Anniversary!

Ira & Myra Solomon	Dec 21
Jay & Peggy Umansky	Dec 21

SAVE THE DATE!

- Dr. Isaac Amon presents: The Story of Antisemitism: From the Hebrew Bible to October 7th; **January 4th, after Minyan, at 7:45 pm.**
- Community Shabbos dinner at NHBZ in honor of Tu Bi'Shevat, **Friday, January 19th**. Further details coming soon.
- JNF: A Night of Unity in St. Louis. **Thursday, January 25th**, featuring Alon Ben-Gurion, grandson of David Ben-Gurion

Minyan Minute:

What is "**Minyan Minute**"?

*The **Minyan Minute** provides insight to our members about our minyanim. The goal is to enlighten, educate, and motivate others to join us. Please come and fulfill the important mitzvah of praying with a minyan. You will be surprised by the unexpected benefits.*

"I look forward to attending minyan because it allows me time to count my blessings, say healing prayers for friends and family, and start the day with a wonderful group of people,"

Anonymous

"When my father died, Rabbi Smason suggested attending minyan on the night my father participated as a way to honor his memory. This has been so rewarding and has also led to new friendships and a better understanding of the importance of prayer,"

Bruce Waxman

To share your thoughts with our NHBZ kehillah (community), please contact Bruce Waxman brucewaxman@waxmanaassociates.com or Alan Zarkowsky avzark@aol.com

Parashas Miketz

In Parshas Vayeshev, Rashi comments that Yosef's face reflected that of his father. This resemblance, Rav Aharon Soloveitchik, *shlit"a*, points out, is illustrated not only in their both having dreamed prophetic dreams, but in the similarity of those dreams. The ladder in Yaakov's dream reached the heavens while planted solidly on the ground, representing his lofty idealism, his striving to transform the mundane into the transcendental while still maintaining a sense of practical realism. So too, Yosef's two dreams, taken together, follow his father's. The sheaves in the field point to a groundedness, a this-world reality, and the sun, moon and stars bespeak a lofty aspiration to reach beyond the here and now. (No wonder his brothers are envious only after Yosef's second dream. His first dream refers only to material domination, but his second vision completes the Jacobean circuit by incorporating a spiritual element. Yosef's aspirations for their father's mantle, the brothers reckoned, may come at their expense; hence their anger and their envy.)

The duality of Yaakov's and Yosef's dreams reflects the ethos of the Jewish, as opposed to the Greek, outlook. The Greek Hellenist places the highest value on preserving reality. Change and movement, to the classic Greek mind, is necessarily regression and dissolution leading to chaos. Judaism insists the contrary. While respecting the facts "on the ground", one should strive to slowly and carefully transform G-d's Creation, reaching ever higher.

Set high spiritual goals, Judaism teaches, but never lose sight of the human political dimension. Always treat people and environment with sensitivity and respect, for their good and for your own. This approach is the basis for Yosef's understanding of Pharaoh's dream: the lean cows in the dream are not satiated by a one-time feeding frenzy - they eat the fat cows yet remain emaciated. Yosef recognized that the same would be true of Egypt as a nation. Salvation and success would only come via a strategically planned, carefully implemented, sometimes painful, long-term approach. His 14-year plan brings blessing and salvation to both friend and foe.

The underlying principle of Yosef's policy, says Rav Aharon Soloveitchik, is the Torah's rejection of radical change, of apocalyptic thinking not grounded in gradual growth and transformation (represented by the rungs of the ladder in Yaakov's dream). In any endeavor, one must take a full account of the human condition, of current realities and the limitations they impose. Hence, the necessity for only one vial of oil as the basis of the Chanukah miracle, and the gradual, eight-day progression of light and power - corresponding to the growing military and political strength of the *Chashmona'im* - in our contemporary kindling of the menorah.

In our days, we have sadly seen firsthand the consequences of ignoring Yaakov and Yosef's vision. Extreme solutions to difficult and painful problems must be rejected. In our earnest hopes to bring the Moshiach, to transform the Jewish people, to redeem Eretz Yisrael and to establish communities suffused with the spirituality of Torah, we dare never neglect modalities that comprise the totality of the moral and political virtues that are the foundation for all that we do as *b'nai* and *b'nos Torah*.

Only by following the methods of our ancestors will we deserve to see the *chanukat habayit hashelishi*, the rebuilding and dedication of the third Temple, at which time, *bashuv Hashem et shivat Tziyon, hayinu kecholmim*, we will be as dreamers - following in the footsteps of Yaakov and Yosef.

Rabbi Basil Herring

Atlantic Beach Jewish Center, Atlantic Beach, NY

Learning at NHBZ

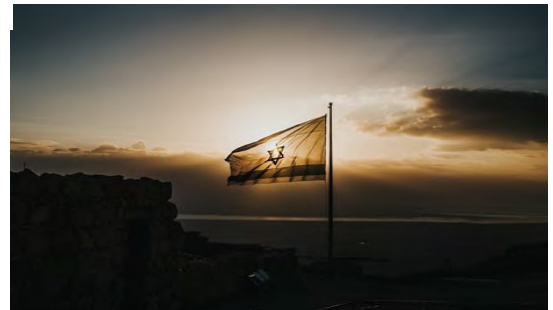
On-Going Classes

- **Gemara Learning with Rabbi Chaim Bogopulsky**, Weekdays, 6:15 am
- **“Journey through the Chumash” with Rabbi Chaim Bogopulsky**, Tuesdays, 12:00 pm
Take an amazing journey of learning! Step by step, we will explore the Chumash.
- **Pirkei Avos / Ethics of the Fathers with Rabbi Ze’ev Smason**, Wednesdays, 12:15 pm
Feed your soul 45 minutes of spiritual nourishment from the timeless wisdom of our Sages, full of relevant, contemporary insights and lessons. Low-calorie, gluten free, and refreshing!
- **“Gateway to Tefilla” with Rabbi Chaim Bogopulsky**, Wednesdays at 7:00 pm, followed by Ma’ariv at 7:30 pm.
Deepen your understanding of the prayers we say.
- **Book of Kings with Rabbi Ze’ev Smason**, Monday-Thursday 3:00 pm (On Zoom!) An online class providing an exciting and informative look into the lives of Israel’s early kings and prophets. Thirty-minute sessions on Zoom. Join class via this link:
<https://us04web.zoom.us/j/78974795850?pwd=tw7lIOVumZ8QeIPxHvApYZsox8VUem.1>
- **Kitzur Shulchan Aruch with Rabbi Chaim Bogopulsky**, Sunday–In between Mincha and Ma’ariv, and Monday, Tuesday & Thursday at 7:15 pm, followed by Ma’ariv at 7:30 pm. Invest a few minutes to expand your understanding of Halacha/Jewish Law.
- **Partners in Torah** Monday nights at 8 pm. Sign up available in person.
- **“Soul Building” Series with Rabbi Yosef David**, Shabbos mornings, 10:00 am
- **Pre-Mincha Shiur with Rabbi Chaim Bogopulsky**, Every Shabbos afternoon
- **Mishna Learning with Rabbi Chanan Swidler**, Every Sunday morning, after Shachris

Help for Israel

Here are some **suggested** places to donate:

1. Magen David Adom
 - ✧ Online: <https://afmda.org/donate/>
 - ✧ Mailing a check:
 - ✧ American Friends of Magen David Adom
20 West 36th Street, Suite 1100
New York, NY 10018
 - ✧ Call: 866-632-2763
2. United Hatzalah:
 - ✧ Online: https://israelrescue.org/campaign/israel-under-attack/?utm_source=homepage&utm_medium=popup-new-2&utm_campaign=gaza2023
3. Friends of the IDF:
 - ✧ Online: <https://www.fidf.org/>
 - ✧ Mailing a check:
 - ✧ Friends of the Israel Defense Forces
PO Box 4224 NY, NY 10163 USA.
 - ✧ Call: 1-888-318-3433
4. Shaving Israel
 - ✧ Online: www.shavingisrael.org
 - ✧ Mail a check:
 - ✧ PO Box 6991
 - ✧ Chesterfield, MO, 63006





THE SISTERHOOD SCOOP

DECEMBER 16



Volume 6

Number 46

4 Teves 5784

December 16, 2023



Thursday, January 25, 2024 ☆ 6:00 PM
Address Provided Upon Registration

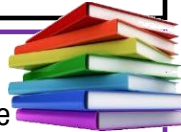
RSVP **JNF.ORG/UNITYSTL**

All NHBZ members are invited to come together with community members and fellow Zionists for **A Night of Unity**. We will stand in solidarity and hear how the pivotal work of Jewish National Fund-USA provides essential aid where it matters most. We were there yesterday, we are there today, and we will be there tomorrow.

Featuring... **Alon Ben-Gurion**, the grandson of David Ben-Gurion. Alon will blend personal recollections with historical accounts, unveiling his grandfather David Ben-Gurion's pivotal role in Israel's growth, and explore the deep implications of October 7th, offering valuable insights for our community.

RSVP Required ☆ No Cost to Attend
Dietary Laws Observed ☆ Sponsorship Opportunities Available

Book Club News



The Book Club usually meets on the fourth Monday of odd-numbered months at 7:15-8:45 PM. The first meeting of 2024 will be **January 22** when the Book Club will discuss **People Love Dead Jews: Reports from a Haunted Present** by Dara Horn, described in the Washington Post as "...one of those unexpected, memorable books... riveting, gorgeously written."

For more info call Fran Alper at 314-993-4024 or fran.alper@outlook.com or sisterhood@nhbz.org

MIKEITZ: Natural Wisdom

Parshat Mikeitz tells of Pharaoh's dreams of the 7 cows, and the 7 sheaves of grain. Pharaoh's advisors try to interpret the dreams – suggesting that perhaps 7 daughters will die, or 7 kingdoms will rebel.

Pharaoh rejects these interpretations as incorrect. But how does he know? The answer is that Pharaoh had actually dreamed the interpretations, but then forgot them. The verse implies this by saying that no one was able to "interpret for Pharaoh."

This teaches us a profound lesson in life: You can't convince anyone of anything – you can only try to get him in touch with a truth he already knows. Buried within the farthest corner of our memory, lies an inborn conscience, a natural wisdom that G-d programmed into every human being. That helps explain how we recognize evil when we see it, and why a person's gut reaction so often proves true.

But intuition is not enough. It is the task of parents and teachers to bring that G-d-given knowledge forward into the conscious mind.

This concept appears again later in the parsha. Joseph reveals his identity to his brothers – only *after* they realize their mistake of having sold Joseph 22 years earlier. Joseph understood a key principle of education: Personal realization is 100 times greater than being told.

So, in looking for solutions in life, beware of those who try to impose their position on you, and find instead a mentor who will help you ... discover *you*.

– Rabbi Shraga Simmons, www.aish.com

REMINDER: The Importance of the Minyan What Women Can Do

Ladies, remember an essential part of our Sisterhood Mission is to support our shul and our community. A foundation of our shul and our community is **prayer** – and our **daily minyan** is the optimal vehicle for prayer for our community. To help strengthen and support our minyan, please encourage your husbands and sons to **commit to regularly attending** one, two, three or more minyanim each week. Your encouragement can make the difference to help inspire the guys to fulfill this vital mitzvah. And, of course, you might consider attending too!



TOWN HALL MEET & GREET

WESLEY BELL

DEMOCRATIC PRIMARY CHALLENGER,
MO'S 1ST CONGRESSIONAL DISTRICT

SUNDAY, DECEMBER 17, 2023
10 – 11:30 AM

YOUNG ISRAEL OF ST. LOUIS
8101 DELMAR BLVD

SECURITY PROVIDED
REFRESHMENTS SERVED

Wesley Bell is an American attorney, former public defender, former municipal prosecutor and judge, former municipal prosecutor, and former city council member for Ferguson, Missouri. Currently, Bell holds the office of prosecuting attorney for St. Louis County.

He will be competing against incumbent Rep. Cori Bush in the Democratic primaries for the 2024 US House elections.



Young Israel is expressly not participating in, or intervening in, any political campaign on behalf of (or in opposition to) any candidate for elective public office. Young Israel has made no statement of position (verbal or written) in favor of or in opposition to any candidate for public office.

בס"ד

DISCOVER THE
POWER OF YOUR
JEWISH HERITAGE



FAMILY DAYS

OF MEANING, INSPIRATION AND FUN

Featuring two amazing guest speakers



**RABBI DOVID
GOLDSHTEYN**
RABBI WITH A
BLACK BELT



**RABBI LEIBY
BURNHAM**
RABBI / AUTHOR /
PSYCHOTHERAPIST

Choose from a variety of
classes on the Authenticity
of Torah and Relationships



**SUN 24 AND
MON 25 DECEMBER**
10:15 AM - 3:00 PM

COST FOR SEMINAR

Both days - \$36 per adult
One day - \$25 per adult
Free for kids

COST FOR LUNCH

1st day (Deli) - \$15 adult
\$7.50 per child (ages 5 - 12)
2nd day (Chinese) - \$20 adult
\$10 per child (ages 5-12)
kids under 5 eat free

LOCATION

Epstein Hebrew Academy
8645 Old Bonhomme Rd.
St. Louis, MO 63132ds

Limited seating
RSVP by calling 314-862-2474
or emailing cwolff@aishstl.com

FREE FOR
KIDS 12 &
UNDER





Rose Ragin Chesed Fund

Supporting our Members

What is the Rose Ragin Chesed Fund?

The fund provides for acts of chesed (lovingkindness) to support lifecycle events of NHBZ members, such as...



**Shiva trays
for mourners**



**Gifts for
newborns**



**Meals for
the sick**

How can I contribute to the Rose Ragin Chesed Fund?

- buy Rose Ragin Chesed cards and Purim Cards
- buy 'onesies' for a baby
- make a donation to the Rose Ragin Chesed Fund
- watch for upcoming special fund-raising campaigns

How else can I help?

Call Nora in the NHBZ Office – 314-991-2100, ext. 2, to...

- notify her about someone who is in need of chesed
- have a misheberach said for someone
- volunteer for the Chesed Committee

Purchase a **pack of 5** Rose Ragin Chesed cards – **\$25 minimum donation**.
Keep some handy to send out whenever you'd like. It's a great way to
honor a simcha, remember a loved one, or acknowledge anything at all.

314-991-2100, ext. 2