



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

January 13, 2024 • 3 Shevat 5784 • Candle Lighting 4:42 pm • Shabbos Concludes 5:47 pm

Parashas Va'eira
Haftorah Va'eira

Exodus 6:2 – 9:35
Ezekiel 28:25 – 29:21

Chumash p. 218 – 339
Chumash p. 1149 - 50

Prayer

Friday, January 12

- 7:00 am Shachris
- 4:40 pm Mincha
- 4:42 pm Candle Lighting



Shabbos, Saturday, January 13

- 9:00 am Shachris followed by Musaf
- 10:00-10:45 am: **Rabbi Avi Feigenbaum**: Downstairs
 - Topic: Begin again: The Freedom to Be Yourself
- 4:30 pm Mincha
- 5:47 pm Shabbos concludes



SAVE THE DATE!

- ✧ NHBZ Shabbos dinner in honor of Tu B'Shvat, **Friday, January 19th**. Open to the community. RSVP by January 12th. See flyer for details.
- ✧ JNF: A Night of Unity in St. Louis. **Thursday, January 25th**, featuring Alon Ben-Gurion, grandson of David Ben-Gurion; RSVP *no later than* **January 15th**. www.jnf.org/UnityStL
- ✧ Pizza Night returns **January 28th**. See flyer for details.

Minyan Times January 12– January 20

	Fri Jan 12	Shabbos Jan 13	Sun Jan 14	Mon Jan 15	Tues Jan 16	Wed Jan 17	Thu Jan 18	Fri Jan 19	Shabbos Jan 20
Shachris (am)	7:00	9:00	8:00	7:00	7:00	7:00	7:00	7:00	9:00
Mincha/Ma'ariv (pm)	4:40	4:30	4:40	-	-	-	-	4:45	4:35
Ma'ariv Only (pm)	-	-	-	*7:45	7:30	7:30	7:30	-	-

*Monday Ma'ariv time moved to 7:45 pm to accommodate Partners in Torah

Rabbi Chaim Bogopulsky • Rabbi Aaron Borow, Emeritus • Rabbi Ze'ev Smason, Emeritus

Nusach Hari B'nai Zion • 650 N. Price Rd. St. Louis, MO 63132 • Phone 314.991.2100 • Web: www.nhbz.org

Congregation News

Mazel Tov on Simchas This Week!

Happy Birthday!

Caryn Garriga Jan 15
Abigail Bialecki Jan 16

Happy Anniversary:

Larry & Rayna Chervitz Jan 13



DECEMBER 2023 TRIBUTES CONTINUED FROM LAST WEEK

In Memory of:

June Cohen

Bruce & Faith Waxman

Leo Bressler

Bruce & Faith Waxman

Carolyn Koppel

Bruce & Faith Waxman

Sam Lyss

Bruce & Faith Waxman

In Honor of:

Phyllis & Howard Loiterstein's Anniversary

Bruce & Faith Waxman

Jackie & Craig Berkin's Anniversary

Bruce & Faith Waxman

Peggy & Jay Umansky's Anniversary

Bruce & Faith Waxman

Peggy & Jay Umansky's Birthdays

Bruce & Faith Waxman



Minyan Minute:

What is "**Minyan Minute**"? *The Minyan Minute* provides insight to our members about our minyanim. The goal is to enlighten, educate, and motivate others to join us. Please come and fulfill the important mitzvah of praying with a minyan. You will be surprised by the unexpected benefits.

"Some of the reasons I attend minyan are: to give thanks to Hashem for all that He has provided me, to enjoy the camaraderie of my fellow Jews, and for a feeling of connection to my heritage."

David Porter

"I come to minyan to have the opportunity to say Kaddish in memory of my father. I enjoy hearing the banter about how the coffee tastes or how many different counts people have for the same number of people present. I also enjoy learning before minyan."

Dan Winograd

To share your thoughts with our NHBZ kehillah (community), please contact Bruce Waxman brucewaxman@waxmanaassociates.com or Alan Zarkowsky avzark@aol.com

Parashas Va'eira

When was the last time you spoke to that old friend of yours? You know, the one with whom you had a falling out. Neither one of you knows exactly how or why the fight started, but it just kept growing. And now you two don't speak. Which reminds me of a story about a frog. There are no princes in this story, but there is a Pharaoh.

In our *parsha*, Pharaoh implores Moshe to bring an end to the plague of frogs. The *Ohr Hachaim* explains that Pharaoh only made such a plea when he feared for his life. What was so threatening about these frogs that made Pharaoh fear for his life? Ibn Ezra points to several commentators who identify the *tzefarde'im* as a certain group of dangerous Nile-dwelling creatures, which left their watery habitat to attack Egypt. The Abarbanel considers these creatures to have been life-threatening. According to their description given by *Sefomo*, the *tzefarde'im* were apparently crocodiles.

But Ibn Ezra rejects these descriptions, as does Rashi. When learning about the plague of frogs in this week's *parsha*, the astute observer will note that one verse stands out. All other mentions of the plague of frogs refer to the creatures as *tzefarde'im*, in the plural. But in this *pasuk* (8:2) the Torah refers to *hatzefarde'a*, the (singular) frog.

Rashi addresses this curiosity with a *midrash* that says that originally there was indeed only one frog, but the Egyptians hit it and it multiplied into countless croaking frogs. Frogs filling the courtyards, fields, and houses of the Egyptians. Frogs eating Egyptians out of house and home. Frogs that jumped into the Egyptians' ovens and ate their baking bread. Frogs that even jumped inside their bodies and continued their incessant, maddening croaking.

But if there was only one frog that multiplied when it was hit, why didn't the Egyptians – who watched the frog population multiply at an alarming rate – just stop hitting it? Rav Yaakov Yisroel Kanievsky, the Steipler Gaon, z"l, answers this question with a penetrating look at the nature of anger: Even when logic and common-sense dictate that beating a magic frog, like a dead horse, gets you nowhere, people who are angry will do so anyway. Instead of accepting the situation and dealing with it appropriately, they lose any grip on common sense, even to the point of putting their own lives in jeopardy.

Anger causes us to alienate friends and family, and to miss out on positive opportunities. Let's think about this the next time we're enraged. Let's think about it over Shabbos. After *Havdalah*, let's give that old friend a call.

Rabbi Mayer Waxman

Last Chance: Coat Room Cleanout

Next week we will be clearing out all unknown and extraneous stuff from the coatroom in the lobby.

If any of this belongs to you, and you don't want it thrown away, please pick it up and **take it home!**

If we think it looks "important", we will save it in a "Lost and Found" box.



Learning at NHBZ

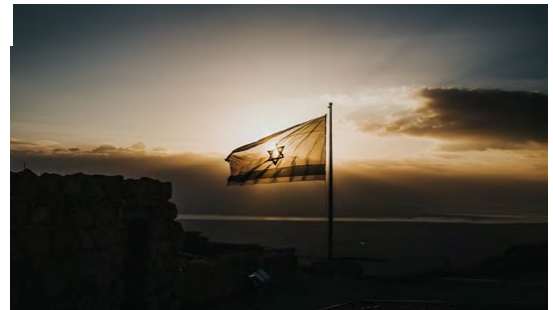
On-Going Classes

- **Gemara Learning with Rabbi Chaim Bogopulsky**, Weekdays, 6:15 am. **Resumes Monday January 22nd.**
- **“Journey through the Chumash” with Rabbi Chaim Bogopulsky**, Tuesdays, 12:00 pm Take an amazing journey of learning! Step by step, we will explore the Chumash. **Resumes Tuesday January 23rd.**
- **Pirkei Avos / Ethics of the Fathers with Rabbi Ze’ev Smason**, Wednesdays, 12:15 pm
Feed your soul 45 minutes of spiritual nourishment from the timeless wisdom of our Sages, full of relevant, contemporary insights and lessons. Low-calorie, gluten free, and refreshing! **No class January 17th!**
- **“Gateway to Tefilla” with Rabbi Chaim Bogopulsky**, resumes Wednesday, January 24th.
Wednesdays at 7:00 pm, followed by Ma’ariv at 7:30 pm
Deepen your understanding of the prayers we say.
- **Book of Kings with Rabbi Ze’ev Smason**, Monday-Thursday 3:00 pm (On Zoom!) An online class providing an exciting and informative look into the lives of Israel's early kings and prophets. Thirty-minute sessions on Zoom. Join class via this link: **No Classes January 15-17th!**
<https://us04web.zoom.us/j/78974795850?pwd=tw7II0VumZ8QelPxHvApYZsox8VUem.1>
- **Kitzur Shulchan Aruch with Rabbi Chaim Bogopulsky**, Sunday–In between Mincha and Ma’ariv, and Monday, Tuesday & Thursday at 7:15 pm, followed by Ma’ariv at 7:30 pm. Invest a few minutes to expand your understanding of Halacha/Jewish Law. **Resumes Monday January 22nd.**
- **Partners in Torah** Monday nights at 8 pm. Sign up available in person.
- **“Soul Building” Series with Rabbi Yosef David**, Shabbos mornings, 10:00 am
- **Pre-Mincha Shiur with Rabbi Chaim Bogopulsky**, Every Shabbos afternoon
- **Mishna Learning with Rabbi Chanan Swidler**, Every Sunday morning, after Shachris

Help for Israel

Here are some **suggested** places to donate:

1. Magen David Adom
 - ✧ Online: <https://afmda.org/donate/>
 - ✧ Mailing a check:
 - ✧ American Friends of Magen David Adom
20 West 36th Street, Suite 1100
New York, NY 10018
 - ✧ Call: 866-632-2763
2. United Hatzalah:
 - ✧ Online: https://israelrescue.org/campaign/israel-under-attack/?utm_source=homepage&utm_medium=popup-new-2&utm_campaign=gaza2023
3. Friends of the IDF:
 - ✧ Online: <https://www.fidf.org/>
 - ✧ Mailing a check:
 - ✧ Friends of the Israel Defense Forces
 - ✧ PO Box 4224 NY, NY 10163 USA.
 - ✧ Call: 1-888-318-3433
4. Shaving Israel
 - ✧ Online: www.shavingisrael.org
 - ✧ Mail a check:
 - ✧ PO Box 6991
 - ✧ Chesterfield, MO, 63006





THE SISTERHOOD SCOOP

JANUARY 13



Volume 7

Number 2

3 Shevat 5784

January 13, 2024

Book Club News



The Sisterhood Book Club will meet **Monday, January 22, 7:15-8:45 PM** at the home of **Sharon Summers** in Richmond Heights. **Please RSVP** for the address and directions. Contact Sharon at 314-285-1687, or email summers8032@gmail.com, or for more info, call Fran Alper at 314-993-4024, or email: fran.alper@outlook.com or sisterhood@nhbz.org.

The group will discuss the book Kirkus reviews described as *"Brilliantly readable... Readers will be enthralled throughout by the fierce logic of Horn's arguments, novelty of research, black humor, and sharp phrasing... A riveting, radical, essential revision of the stories we all know — and some we don't."*

The book has the controversial title, **People Love Dead Jews: Reports from a Haunted Present** by Dara Horn, but is a thoughtful, well-written, and highly engaging read. *Come join us!*

Criticism

If you see what needs to be repaired and know how to repair it, then you have found a piece of the world that G-d has left for you to perfect. But if you *only* see what is wrong and what is ugly, then it is you yourself that needs repair.

—from www.theRebbe.org

VA'EIRA: Stop the Craziness

It is quite unbelievable that Pharaoh can fail to learn over and over again. Every time, at the height of the plague, he sees his mistake, and sincerely decides to let the Jewish people go. But as soon as the pain has gone, he is back to his old tricks.

It seems crazy, but then again, don't we all do the same? We make mistakes and when we are feeling the pain of the consequences of those mistakes, we swear that we will never make the same mistake again. And we really do mean it – until next time that is, when the pain has subsided, and we make the same mistake again.

It's plain and simple human nature. You sit and watch absolutely nothing on TV till 3 a.m. on a workday, then swear that tomorrow will be different. And you really do mean it. Until tomorrow comes and the frustration has subsided, and you aren't tired anymore and there are some good programs on and ... at 3 a.m. you swear it will never happen again. Or you wake up with a hangover swearing never to drink again – until later that evening when you are offered a drink. Or you finish the whole cheesecake when on a diet. You feel sick and appalled at yourself and tell yourself that you are never going to even look at fattening food again because it is disgusting to you. And you do mean it at the time. But tomorrow's another day and the cheesecake looks so yummy again.

So, let's get back to Pharaoh. He's ready for another plague, just because the pain of the previous one has subsided? That's nuts. And when we do it, it's just as crazy. But we do have one advantage over Pharaoh. At least we know we are crazy!

Knowing we are crazy at least leaves us with the possibility of changing, even if it we don't take advantage of it right now. To think, like Pharaoh, that insanity is a normal way of living, is to walk into the asylum – and lock the doors behind us.

– Rabbi Shaul Rosenblatt, www.aish.org



WE STAND WITH ISRAEL

Night of Unity

Thurs., January 25, 2024 ☆ 6:00 PM

Address Provided Upon Registration

RSVP

JNF.ORG/UNITYSTL

All NHBZ members are invited to come together with community members and fellow Zionists for **A Night of Unity**. **RSVP to www.jnf.org/UnityStl with NHBZ table captain: Tereee Farbstein.** We will stand in solidarity and hear how the pivotal work of Jewish National Fund-USA provides essential aid where it matters most. We were there yesterday, we are there today, and we will be there tomorrow.

Featuring... **Alon Ben-Gurion**, the grandson of David Ben-Gurion. Alon will blend personal recollections with historical accounts, unveiling his grandfather David Ben-Gurion's pivotal role in Israel's growth, and explore the deep implications of October 7th, offering valuable insights for our community.

RSVP Required ☆ No Cost to Attend
Sponsorship Opportunities Available
Dietary Laws Observed



JEWISH
NATIONAL
FUND
USA

The Tree of Life – Chai

NHBZ 118th Anniversary Event

Sunday, December 3, 2023

As we all know, our anniversary dinner is now behind us. We are grateful for all of the hard work of so many people – too numerous to mention at this time.

We also want to thank all those who attended the dinner, were sponsors, and those who supported the dinner along the way. As you are aware, it takes a village to have such an event. We had 214 attendees, and this proved to be a significant fundraiser for our shul.

Below are the businesses that supported NHBZ with ads in our ad journal. Please review these and use their services when you are able. We thank all of these businesses for their generous support.

ABF Security Systems
Alon Systems
Als Auto Salvage
Aspen Waste System
Barry Hyatt Jewelers
Berger Memorial
Bob's Honey
Chabad
Clayton Dental
Commercial Bank
Correct Capital
Decor Jewelry
Delmar Gardens
Gatewood Wealth Solutions
Genovese Jewelers

Gladiator Pest Control
GMS Group
Hydro Dynamics Corporation
J.E. Novack Construction Co.
Jewish Federation of StL
JNF
Kim Cameron Group
Lloyd and Co.
Midwest Bank Centre
Miles Elder Law
Millenium Finanacial Group
Moneta Momeantum
Timekeepers
MTI - Mo. Torah Institute
Mungenast Lexus of St. Louis

Portico Wealth Management
Rindskopf-Roth Funeral
Shaving Israel
Shonbrun Realtors
St. Louis Friends of Israel
St. Louis Mad Science
Stanley Steemer
Sterling Bank
The Gatesworth
The Mansions on the Plaza
Total Realty STL
Vaad Hoer
Victor Shade Co.
Young Israel



**Photos from the 118th Anniversary Dinner
can now be viewed on the NHBZ Website:**

<https://www.nhbz.org/nhbz-118-anniversary-picture-gallery/>



BLOOD DRIVE

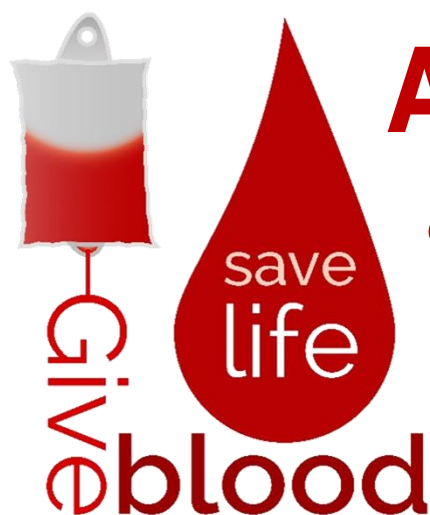
St. Louis Jewish Community

Sunday, February 4 10:00 am - 4:00 pm

Young Israel of St. Louis 8101 Delmar Blvd

Masks optional. Appointments required.

To schedule an appointment, **scan QR code**,
call ImpactLife at 800.747.5401,
or go to [bloodcenter.org/group, grp #11448](https://bloodcenter.org/group,grp/11448)



All NHBZ Members
are encouraged to participate
in the StL Jewish Community
Blood Drive



Rose Ragin Chesed Fund

Supporting our Members

What is the Rose Ragin Chesed Fund?

The fund provides for acts of chesed (lovingkindness) to support lifecycle events of NHBZ members, such as...



**Shiva trays
for mourners**



**Gifts for
newborns**



**Meals for
the sick**

How can I contribute to the Rose Ragin Chesed Fund?

- buy Rose Ragin Chesed cards and Purim Cards
- buy 'onesies' for a baby
- make a donation to the Rose Ragin Chesed Fund
- watch for upcoming special fund-raising campaigns

How else can I help?

Call Nora in the NHBZ Office – 314-991-2100, ext. 2, to...

- notify her about someone who is in need of chesed
- have a misheberach said for someone
- volunteer for the Chesed Committee

Purchase a **pack of 5** Rose Ragin Chesed cards – **\$25 minimum donation**.
Keep some handy to send out whenever you'd like. It's a great way to
honor a simcha, remember a loved one, or acknowledge anything at all.

314-991-2100, ext. 2