



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

February 17, 2024 • 1 Adar 5784 • Candle Lighting 5:21 pm • Shabbos Concludes 6:26 pm

Parashas Terumah
Haftorah Terumah

Exodus 21:1 – 24:18
1 Kings 5:26 – 6:13

Chumash p. 444- 463
Chumash p. 1157 - 58

Thank You to This Week's Sponsors:

- ☆ **Dr. Jay Pepose and Dr. Susan Feigenbaum** for sponsoring the Shabbos bulletin in honor of the birthdays of their children,
Max, Sam, and Morissa Pepose
- ☆ **Ruth Novack** for sponsoring Kiddush this Shabbos

Prayer

Friday, February 17

- 7:00 am Shachris
- 5:15 pm Mincha
- 5:21 pm Candle Lighting



Shabbos, Saturday, February 10

- 9:00 am Shachris followed by Musaf
 - ☆ Pesukei D'Zimra: **Amir Noy**
 - ☆ Shacharis: **Rabbi Chaim Bogopulsky**
 - ☆ Leyning: **Stuart Klayman**
- 10:00-10:45 am: **Rabbi David**: Downstairs
 - ☆ Topic: To Be Announced
- 5:05 pm Mincha
- 6:26 pm Shabbos concludes

- ☆ Haftorah: **Brent Waxman**
- ☆ Sermon: **Rabbi Chaim Bogopulsky**
- ☆ Musaf: **Alan Haber**

Minyan Times February 16– February 24:

	Fri Feb 16	Shabbos Feb 17	Sun Feb 18	Mon Feb 19	Tues Feb 20	Wed Feb 21	Thu Feb 22	Fri Feb 23	Shabbos Feb 24
Shachris (am)	7:00	9:00	8:00	7:00	7:00	7:00	7:00	7:00	9:00
Mincha/Ma'ariv (pm)	5:15	5:05	5:20	-	-	-	-	5:25	5:15
Ma'ariv Only (pm)	-	-	-	7:45	7:30	7:30	7:30	-	-

Rabbi Chaim Bogopulsky • Rabbi Aaron Borow, Emeritus • Rabbi Ze'ev Smason, Emeritus

Nusach Hari B'nai Zion • 650 N. Price Rd. St. Louis, MO 63132 • Phone 314.991.2100 • Web: www.nhbz.org

Congregation News

Milestones This Week!

Happy Birthday!

Stuart Klayman	Feb 16
Maxwell Pepose	Feb 17
Morissa Pepose	Feb 17
Samuel Pepose	Feb 17
Rafi Matt	Feb 18
Edward Levitt	Feb 20
Andrew Epstein	Feb 21



Yahrzeits Observed This Week:

February 15 evening/February 16	February 16 evening/February 17	February 17 evening/February 18
7 Adar 1 Sabrina Glazer	8 Adar 1 Louise Haber	9 Adar 1 Robert Berner
7 Adar 1 Frieda Kaplan	8 Adar 1 Joseph Novak	9 Adar 1 Lionel J. Kaiser
7 Adar 1 Bertha Levine	8 Adar 1 Jay Novick	9 Adar 1 Sadie Rickensohl
7 Adar 1 Anna Waxman	8 Adar 1 Reuben Tockman	9 Adar 1 Ralph Saltzman
	8 Adar 1 Frieda Wormser	
February 18 evening/February 19	February 19 evening/February 20	February 21 evening/February 22
10 Adar 1 Marvin Goldenberg	11 Adar 1 Samuel Goldman	13 Adar 1 Shirley Langfeld
10 Adar 1 Ethel Pultman	11 Adar 1 David Margul	13 Adar 1 Yelizaveta Yasinev

SAVE THE DATE!

- ☆ **Tuesdays at 1:00 pm** join us for Mahjong in the youth lounge.
- ☆ Pizza Night **February 25th from 5:00-7:00 pm**; Email office@nhbz.org to volunteer!
- ☆ Esther Miller Bais Yaakov 28th anniversary dinner **March 10th at 5 pm**. See flyer for details, register [here](#).
- ☆ Chessed Women's Social Hamantaschen Making, with Guest: Chanala Rubenfeld, the Rebbetzin from Chabad of Chesterfield, **Wednesday March 6th**, Time: 2-4 pm. Purim Cards will be available for purchase for \$5 each.

Parashas Terumah

The parsha of Terumah discusses the building of the Mishkan, the portable Tabernacle that accompanied the Jews through their journey in the wilderness. Describing how the walls of the Tabernacle would stand, the text states, "The middle bar across the planks shall extend from end to end." The Targum Yonasan comments that this bar came from the tent of Avraham Avinu. In Shai LaTorah, Rabbi Shimon Miller, quoting his father, Rabbi Elimelech Miller, offers an insightful interpretation of this cryptic statement.

The Jews in the wilderness contributed gold and silver, wool, and skins to build the Mishkan and all that it contained, but it was this middle bar, which came from the tent of Avraham, that ran through the walls and kept the structure standing.

In his time, Avraham was renowned for his chesed (kindness), and continues to be the paragon for that trait. That the bar which propped up the Mishkan came from his tent provides us with an important principle: the Tabernacle can only stand if its foundation is kindness. This concept is clearly laid out in a mishnah in Avos, which states: "The world rests upon three things-on the Torah, on the service of G-d, and on acts of kindness."

The Beis Hamikdash had two of these pillars – the study of Torah and the Divine service of the priests – but the third pillar, the pillar of chesed is also necessary for the structure to survive.

William F. Buckley, Jr., the famed social and political commentator, once wrote of how impressed he was by the activities of the Jewish community in the United States on behalf of Soviet Jewry. The Jews of America, he wrote, are not related, in a narrow biological framework, to the Jews behind the Iron Curtain, yet they work hard to help, in a variety of ways, their co-religionists in the Soviet Union.

What prompted the American Jew to demonstrate outside the Soviet Mission and the United Nations? What prompted him to visit Jews in the Soviet Union and bring packages? The answer is one word, chesed. This principle must continue to be the guiding force of Jewish communal organizations and individuals. We must energize our efforts on behalf of others, constantly and consistently, and thereby rebuild the Holy Temple upon a foundation of Chesed.

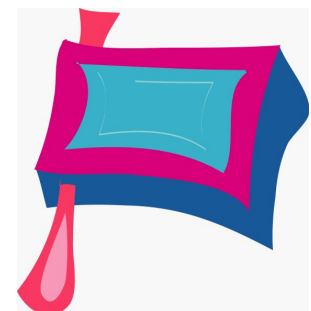
Rabbi Barry Hartman
Ahavath Achim Synagogue in New Bedford, Massachusetts

PURIM Cards Available !!!

The Chesed committee is now selling Purim cards!

Cards are available for \$5 each.

Email Nora at office@nhbz.org or call 314-991-2100 claim yours!



Learning at NHBZ

On-Going Classes

- **Gemara Learning with Rabbi Chaim Bogopulsky**, Weekdays, 6:15 am.
- **“Journey through the Chumash” with Rabbi Chaim Bogopulsky**, Tuesdays, 12:00 pm Take an amazing journey of learning! Step by step, we will explore the Chumash.
- **Pirkei Avos / Ethics of the Fathers with Rabbi Ze’ev Smason**, Wednesdays, 12:15 pm. Feed your soul 45 minutes of spiritual nourishment from the timeless wisdom of our Sages, full of relevant, contemporary insights and lessons. Low-calorie, gluten free, and refreshing! **Returns February 21st**
- **“Gateway to Tefilla” with Rabbi Chaim Bogopulsky**, Wednesdays at 7:00 pm, followed by Ma’ariv at 7:30 pm. Deepen your understanding of the prayers we say.
- **Book of Kings with Rabbi Ze’ev Smason**, Monday-Thursday 3:00 pm (On Zoom!) An online class providing an exciting and informative look into the lives of Israel’s early kings and prophets. Thirty-minute sessions on Zoom. Join class via this link: **Returns February 21st**
<https://us04web.zoom.us/j/78974795850?pwd=tw7lIOVumZ8QelPxHvApYZsox8VUem.1>
- **Kitzur Shulchan Aruch with Rabbi Chaim Bogopulsky**, Sundays before Ma’ariv. Mondays, Tuesdays & Thursdays at 7:15 pm, followed by Ma’ariv at 7:30 pm. Invest a few minutes to expand your understanding of Halacha/Jewish Law.
- **Partners in Torah** Monday nights at 8 pm.
- **“Soul Building” Series with Rabbi Yosef David**, Shabbos mornings, 10:00 am
- **Pre-Mincha Shiur with Rabbi Chaim Bogopulsky**, Every Shabbos afternoon
- **Mishna Learning with Rabbi Chanan Swidler**, Every Sunday morning, after Shachris

Minyan Minute:

What is “**Minyan Minute**”? *The **Minyan Minute** provides insight to our members about our minyanim. The goal is to enlighten, educate, and motivate others to join us. Please come and fulfill the important mitzvah of praying with a minyan. You will be surprised by the unexpected benefits.* To improve our minyan communication, please join our new NHBZ Minyan WhatsApp group.

How to join:

- Download WhatsApp from the App store (iPhone) or from Google Play (Android).
- Alan Zarkowsky will send you an invitation to join the NHBZ Minyan Group or scan the QR code
- Accept the invitation.
- Welcome and look forward to receiving Minyan communication and a weekly minute of learning.
- If you have any questions, please contact Nora at office@nhbz.org or Alan at avzark@aol.com

NHBZ MINYAN
WhatsApp group





THE SISTERHOOD SCOOP

FEBRUARY 17



Volume 7

Number 6

8 Adar1 5784

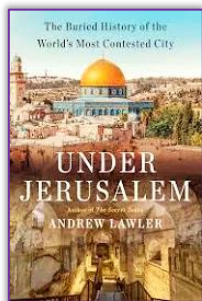
February 17, 2024

Book Club Selects Next Book

The Sisterhood Book Club will be reading ***Under Jerusalem: The Buried History of the World's Most Contested City***, by Andrew Lawler.

The discussion will be **Monday, March 25, 7:15-8:45 pm**, location TBA.

This intriguing book explores the findings of the many archeologists who studied what lies beneath the modern city and how it all affects today's political and social landscape. For more info call Fran Alper at 314-993-4024, or email fran.alper@outlook.com or sisterhood@nhbz.org. **All women are welcome!**



NHBZ Sisterhood is invited to attend the...

Chesed Women's Social
HAMANTASCHEN MAKING
Wednesday, March 6, 2-4pm



FREE & OPEN TO THE PUBLIC
KINDLY RSVP BY FEB. 26

Email: office@nhbz.org, Phone: 314-991-2100x2

SPECIAL GUEST:

CHANALA RUBENFELD,

Rebbetzin at Chabad of Chesterfield

Purim Cards will be available for purchase!

Be Happy... IT'S ADAR

The Hebrew name "Adar" is related to the word "adir," which denotes strength and power. The Rebbe, Rabbi Menachem M. Schneerson, ZT"L, points out that the term "adir" is used to refer to the Jewish people and the month when the Jewish people's fortunes are strong. Adar was the last month the Jewish people spent in Egypt before the Exodus. Adar's joy is so great, in part, because it serves as the opening to an even greater rejoicing: *the miracles of Passover.*

TERUMAH: The Temple at Home

The ideal Jewish home is called "a small sanctuary." It has the quality of the Temple, a dwelling for G-d. This week's Torah reading describes the Sanctuary which Moses and the Jewish people were going to build. They constructed it before leaving the Sinai region and carried it with them throughout the forty years in the desert. Then they brought it into the Land of Israel. It was later replaced by the Temple built in Jerusalem.

In the command to build the Sanctuary, G-d tells Moses "They shall make for Me a Sanctuary, and I will dwell in them."

G-d does not say "I will dwell in *it*," in the Sanctuary, but "in *them*." The Sages explain this means that G-d dwells in the heart of each Jewish man and woman. Each person is sacred, and the home in which they dwell is sacred.

The Sanctuary or Temple had three basic qualities which are potentially expressed in every Jewish home.

First, it was a source of Torah knowledge: in the Holy of Holies were the Tablets with the Ten Commandments brought by Moses from Sinai. Further, when Moses completed writing the Torah Scroll, one copy of the Torah was placed in the Holy of Holies.

Second, the Temple is termed a "House of Prayer." It is the Gate of Heaven, for all prayers pass through it to G-d. Throughout the generations, in whichever country they live, Jewish people face the Temple in Jerusalem when they pray. Inside the Temple, the service carried out every day expressed utter devotion to the Divine, the essence of prayer.

Third, in the Temple was a Golden Table on which were twelve loaves of bread to express the fact that G-d sends a flow of blessings into the world in order to provide every creature with its needs. This flow of blessing passes through the Temple, then radiates outwards to the world, giving food and sustenance to all.

Each of these three ideas relates in some way to the home. Let us see how.

The Jewish home today is a potential center for Torah study, where husband, wife and children regularly take the time to explore Torah teachings. Jewish books are part of the natural furniture, and many people organize an occasional Torah class or study group in their home.

What about prayer? Surely the main services are in the synagogue. But many prayers are said in the home: the morning prayers, blessings before and after eating, and the *Shema* before going to bed. And home is the ideal place to pray for those who do not attend the synagogue, for whatever reason.

G-d pours blessings into the Temple, from which they spread to the world. The Divine blessing which pours into the Jewish home is likewise shared, through warm hospitality and acts of goodness and kindness. The charity box in the home expresses this concept, as do all the deeds of generosity which take place there, reaching out to others as well.

Thus, the Jewish home is indeed "a small Sanctuary." Like the Temple, it is a center for Torah, prayer, and kindness. There, in the home as in the Temple, the Divine Presence dwells.

— **Dr. Tali Loewenthal**, www.chabad.org



Chesed Women's Social **Hamantaschen Making**



**Wednesday
March 6**

2 to 4 PM

FREE & OPEN TO THE PUBLIC
KINDLY RSVP BY FEB. 26

Email: office@nhbz.org

Phone: 314-991-2100, ext.2

SPECIAL GUEST:

CHANALA RUBENFELD,

Rebbetzin at Chabad of Chesterfield

Purim Cards will be available for purchase!

For more information call 314- 991-2100 ext. 2 or visit www.nhbz.org

Sunday, Feb 25th • 5:00-7:00 pm

\$15 ALL ADULTS \$8 KIDS AGES 3-12 - KIDS UNDER 3 FREE!

Cheese is Cholov Yisroel; pareve crusts available upon request. All food under the supervision of Rabbi Chaim Bogopulsky

NHBZ.ORG 314-991-2100
DON'T MISS PIZZA NIGHT!

Nusach Hari
B'nai Zion

*Dine In
at the shul*

The Lion's Den KOSHER Pizza Night

ALL YOU CAN EAT BUFFET

Includes Pizza, Pasta, Salad and French Fries plus a Dessert and a Beverage

Returns!





Mother Daughter Program

**Sunday Mornings
10:30-11:45 am**

*Girls: Kindergarten to Fifth Grade
With new 6th grade+ program!*

Derech Eretz

February 4th

הַכֶּרַת הַטּוֹב

*Saying thank you
and no thank you*

February 25th

נושא בעול חברו

*Sharing someone
else's pain*

March 3rd

כבוד את אביך ואת אמך

*Speaking and listening
to parents and
teachers*

March 17th

יון טובה

*Complimenting others
and responding
to compliments*

Location: Nusach Hari B'nai Zion, 650 N Price Rd, Olivette, MO 63132

No Admission Fee

Be added to the Keshet Whatsapp group! Text Temima: 314 817 4336

COMMITTEE:

Tzirel Biron, Batya Bogopulsky, Sarah Glazer, Riki Gutovich, Temima Klein, Elissa Schachter

Corporate sponsorships available

*Want to be
more involved?
Look out for more
details how you can
have more of a part
in KESHER than
ever before.*