



# NHBZ Weekly News

## Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

February 24, 2024 • 15 Adar 5784 • Candle Lighting 5:25 pm • Shabbos Concludes 6:33 pm

Parashas Tetzaveh  
Haftorah Tetzaveh

Exodus 27:20 – 30:10  
Ezekiel 43:10 – 27

Chumash p. 464 - 483  
Chumash p. 1159 - 60

### Thank You to:

- ☆ **David and Norma Rubin** for enhancing Kiddush in honor of the yahrzeit of David's father, **Gilbert Rubin z"l, Gedalya ben David**
- ☆ Our volunteers this week, **Jackie Berkin and Anna Rose Tendler** whose hard work is greatly appreciated by our congregation.

## Prayer

### Friday, February 23

- 7:00 am Shachris
- 5:25 pm Mincha
- 5:25 pm Candle Lighting



### Shabbos, Saturday, February 24

- 9:00 am Shachris followed by Musaf
  - ☆ Pesukei D'Zimra: **Amir Noy**
  - ☆ Shacharis: **Mateo John**
  - ☆ Leyning: **Stuart Klamen**
- 10:00-10:45 am: **Rabbi David**: Downstairs
  - ☆ Topic: Feeling the Pain and Feeling the Pleasure for Someone Else.
- 5:15 pm Mincha
- 6:33 pm Shabbos concludes

- ☆ Haftorah: **Marvin Lerner**
- ☆ Sermon: **Rabbi Chaim Bogopulsky**
- ☆ Musaf: **Richard Woolf**

### Minyan Times February 23– March 2:

	Fri Feb 23	Shabbos Feb 24	Sun Feb 25	Mon Feb 26	Tues Feb 27	Wed Feb 28	Thu Feb 29	Fri Mar 1	Shabbos Mar 2
Shachris (am)	7:00	9:00	8:00	7:00	7:00	7:00	7:00	7:00	9:00
Mincha/Ma'ariv (pm)	5:25	5:15	5:30	-	-	-	-	5:30	5:20
Ma'ariv Only (pm)	-	-	-	7:45	7:30	7:30	7:30	-	-

Rabbi Chaim Bogopulsky • Rabbi Aaron Borow, Emeritus • Rabbi Ze'ev Smason, Emeritus

Nusach Hari B'nai Zion • 650 N. Price Rd. St. Louis, MO 63132 • Phone 314.991.2100 • Web: [www.nhbz.org](http://www.nhbz.org)

# Congregation News

## Milestones This Week!

### Happy Birthday!

Adira Tzivia Friedman	Feb 24
Larry Chervitz	Feb 25
Karen Zeff	Feb 25
David Pepose	Feb 27



## Yahrzeits Observed This Week:

### Thurs eve Feb 22 - Fri Feb 23

14 Adar 1 Paul David Freistein  
 14 Adar 1 June Keisch  
 14 Adar 1 Betty Margul  
 14 Adar 1 Haviv Tzadok  
 14 Adar 1 Dave Weiner

### Sat eve Feb 24 - Sun Feb 25

16 Adar 1 Gilbert Rubin  
 16 Adar 1 David Siffer

### Mon eve Feb 26 - Tues Feb 27

18 Adar 1 Sidney Kleg  
 18 Adar 1 Minnie Pevnick

### Tues eve Feb 27 - Wed Feb 28

19 Adar 1 Joyce Levine

### Wed eve Feb 28 - Thurs Feb 29

20 Adar 1 Martin Benson  
 20 Adar 1 Mollie Tullman

### Thurs eve Feb 29 - Fri March 1

21 Adar 1 Louis Cohen  
 21 Adar 1 Marlene Gutterman

## SAVE THE DATE!

- ☆ **Tuesdays at 1:00 pm** join us for Mahjong in the youth lounge.
- ☆ Pizza Night **February 25<sup>th</sup> from 5:00-7:00 pm**
- ☆ **Echoes of Eishyhok: A Town Immortalized Through Photographs with Chana Stiefel** at the St. Louis Kaplan Feldman Holocaust Museum on **Monday February 26<sup>th</sup> at 5:30 pm.**
- ☆ Chesed Women's Social Hamantaschen Making, with Guest: Chanala Rubenfeld, the Rebbetzin from Chabad of Chesterfield, **Wednesday March 6<sup>th</sup>**, Time: 2-4 pm. Purim Cards will be available for purchase for \$5 each.
- ☆ Be Prepared for Purim: Crash course review of the Halachos/Laws and customs of Purim, taught by Rabbi Chaim Bogopulsky followed by breakfast on **Sunday March 10<sup>th</sup> at 9:00 am**
- ☆ Esther Miller Bais Yaakov 28<sup>th</sup> anniversary dinner **March 10<sup>th</sup> at 5 pm.** See flyer for details, register [here](#). See flyer for details.
- ☆ NHBZ board installation Shabbat **March 16<sup>th</sup>.**

## Parashas Tetzaveh

In 1940, the American Agudas Israel organization convened a memorial gathering upon the passing of the great rabbinic leader of Eastern Europe, Rabbi Chaim Ozer Grodzinski, z"l. At the gathering, Rabbi Joseph B. Soloveitchik, z"l, described Rabbi Grodzinski's leadership of European Jewry by comparing it to the vestments of the *kohein gadol* described in our *parsha*.

The High Priest wore a golden headband (*tzitz*) engraved with the words, "*Kodesh LaHashem* -Holy to Hashem." The headband "shall be on his forehead always, to bring them favor before Hashem." Another essential component of the *kohein gadol's* vestments was the *choshen*, the breastplate that contained twelve stones representing each of the twelve tribes of Israel. The Breastplate of Judgment was to be "on Aaron's heart when he comes before Hashem, and Aaron shall bear the judgment of the children of Israel on his heart constantly before Hashem." Rav Soloveitchik explained that the *tzitz*, the golden band worn on the forehead of the *kohein gadol*, represents the intellect, the knowledge of Torah that a leader of Israel must possess. The *choshen*, the breastplate, symbolizes the heart of love, commitment, and devotion to *Klal Yisroel*, to the tribes of Israel.

This *Shabbos*, *Shabbos Zachar*, is the Sabbath before the festival of Purim. If we were to analyze the leadership of Mordecai and Esther, we would find that their leadership of the Jewish people reflected intellect and heart, Torah knowledge, and compassion for the future of the Jewish nation. G-d has given each of us the potential to be a spiritual *kohein gadol*, to combine both Torah learning and commitment to the Jewish people. In our daily lives we have the opportunity to wear the *tzitz*, the golden headband of the *kohein gadol*, and thereby, through the study of Torah, bring the holiness of Hashem into our daily existence. In addition, we can place the *choshen*, the breastplate of the *kohein gadol* on our hearts and strive to love every Jew. In this way we will merit to bring to fruition the glory that is Hashem's mission for the tribes of Israel.

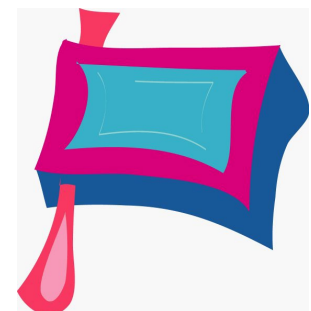
**Rabbi Bertram Leff**

## PURIM Cards Available !!!

The Chesed committee is now selling Purim cards!

Cards are available for \$5 each.

Email Nora at [office@nhbz.org](mailto:office@nhbz.org) or call 314-991-2100 claim yours!



# Learning at NHBZ

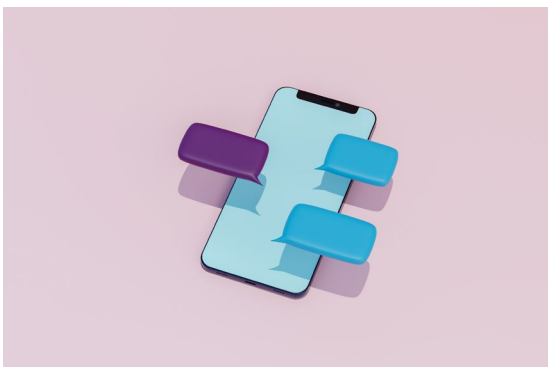
## On-Going Classes

- **Gemara Learning with Rabbi Chaim Bogopulsky**, Weekdays, 6:15 am.
- **“Journey through the Chumash” with Rabbi Chaim Bogopulsky**, Tuesdays, 12:00 pm Take an amazing journey of learning! Step by step, we will explore the Chumash.
- **Pirkei Avos / Ethics of the Fathers with Rabbi Ze’ev Smason**, Wednesdays, 12:15 pm. Feed your soul 45 minutes of spiritual nourishment from the timeless wisdom of our Sages, full of relevant, contemporary insights and lessons. Low-calorie, gluten free, and refreshing!
- **“Gateway to Tefilla” with Rabbi Chaim Bogopulsky**, Wednesdays at 7:00 pm, followed by Ma’ariv at 7:30 pm. Deepen your understanding of the prayers we say.
- **Book of Kings with Rabbi Ze’ev Smason**, Monday-Thursday 3:00 pm (On Zoom!) An online class providing an exciting and informative look into the lives of Israel’s early kings and prophets. Thirty-minute sessions on Zoom. Join class via this link: <https://us04web.zoom.us/j/78974795850?pwd=tw7lIOVumZ8QelPxHvApYZsox8VUem.1>
- **Kitzur Shulchan Aruch with Rabbi Chaim Bogopulsky**, Sundays before Ma’ariv. Mondays, Tuesdays & Thursdays at 7:15 pm, followed by Ma’ariv at 7:30 pm. Invest a few minutes to expand your understanding of Halacha/Jewish Law.
- **Partners in Torah** Monday nights at 8 pm.
- **“Soul Building” Series with Rabbi Yosef David**, Shabbos mornings, 10:00 am
- **Pre-Mincha Shiur with Rabbi Chaim Bogopulsky**, Every Shabbos afternoon
- **Mishna Learning with Rabbi Chanan Swidler**, Every Sunday morning, after Shachris

Want more NHBZ news?

Join our WhatsApp group!

Scan the QR code and request to join!



## NHBZ

WhatsApp group







# THE SISTERHOOD SCOOP

## FEBRUARY 24



Volume 7

Number 7

15 Adar1 5784

February 24, 2024

### Book Club Selects Next Book

The Sisterhood Book Club will be reading ***Under Jerusalem: The Buried History of the World's Most Contested City***, by Andrew Lawler. The discussion will be **Mon, Mar. 25, 7:15-8:45 pm**, at the home of **Joyce Hochberg** in Olivette.

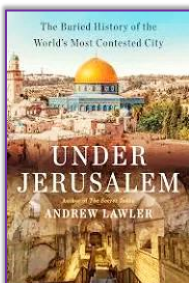
This intriguing book explores the findings of the many archeologists who studied what lies beneath the modern city and how it all affects today's political and social landscape.

For more information call

Fran Alper at 314-993-4024 or

[fran.alper@outlook.com](mailto:fran.alper@outlook.com) or [sisterhood@nhbz.org](mailto:sisterhood@nhbz.org)

**All women are welcome to join us!**



### TETZAVEH: The Kabbalah of Fashion

Is focusing on clothing superficial? The Hebrew word for garment is *begeg*, which contains the same letters as the word for betrayal, *bagad*. Since the beginning of history, the garment has been intertwined with betrayal. The Torah tells us that garments became necessary only after the sin of the Tree of Knowledge, when Adam and Eve betrayed their G-d, themselves and their innocence.

In addition to their emergence as a result of betrayal, the function of garments is also a form of betrayal and dishonesty. The very purpose of a garment is to conceal the inner core and portray an external facade. In fact, a rich person can dress as a pauper, and the pauper can dress as a rich person; a person who feels sad can dress in celebratory garments, and a happy person can don a mourner's garments, thus betraying the truth and projecting an external image inconsistent with one's inner feelings and reality.

Like the body, the soul too has "garments." The Kabbalah teaches that the soul has an inner "personality," its emotional and intellectual composition, as well as "garments," its ability to act, to speak and to think a given thought. Thought, speech, and action are called garments because they are not the soul itself and, like the body's garments, they can betray the inner makeup of the soul. A person can act, speak, or think in ways that are inconsistent with and betray his inner self.

Yet, garments, and the betrayal they represent, are not all bad. In fact, another word for garment in Hebrew is *salmah*, which is spelled the same as *shelaimah*, "complete." The Hebrew language is conveying a deep truth: the garment, the ability to betray one's inner feelings and perspective, can and should lead a person to be wholesome and complete. That's because garments influence how we feel on the inside. The reason people spend so much on clothing is because clothing have an effect. Although initially donning clothing is an external act, the garment has the power to influence one's mood and feelings.

The same is true regarding the garments of the soul. A person can feel cruel, yet he can don a garment of kindness by taking a kind action. A person can feel sad, yet he can smile and act happy. Initially, that action is a betrayal of the inner feelings, but, over time, the betrayal leads to completion. The external action will affect the inner feeling.

This explains why the Torah commands that the High Priest wear eight beautiful garments when he performs the service in the Temple. As G-d commands Moses in this week's portion: **"You shall make holy garments for your brother Aaron, for honor and glory."**

One may wonder why garments are critical to the service. Aren't beautiful garments superficial and a symbol of vanity? Why doesn't G-d focus on the priests' internal, emotional, and spiritual state rather than on the external garments? The answer is that the garments represent thought, speech and action, the metaphorical garments of the soul. The Torah is teaching us that if we want to come close to G-d, we should don beautiful garments. We should focus on positive garments, on positive action, even if those garments are a betrayal of our internal feelings. Because, ultimately, the beautiful garments, the positive action, will bring wholesomeness and completion to the internal soul.

— **Rabbi Menachem Feldman**, [www.chabad.org](http://www.chabad.org)

**NHBZ Sisterhood is invited to attend the...**

**Chesed Women's Social**

**HAMANTASCHEN MAKING**

**Wednesday, March 6, 2-4pm**



**FREE & OPEN TO THE PUBLIC**

**KINDLY RSVP BY MON. FEB. 26**

Email: [office@nhbz.org](mailto:office@nhbz.org), Phone: 314-991-2100x2

**SPECIAL GUEST:**

**CHANALA RUBENFELD,**

Rebbetzin at Chabad of Chesterfield

**Purim Cards will be available for purchase!**

"The great difference between ancient Israel and ancient Greece is that the Greeks believed in the holiness of beauty whereas Judaism spoke of *hadrat kodesh*, the beauty of holiness. I believe that beauty has power, and in Judaism it has always had a spiritual purpose: to make us aware of the universe as a work of art, testifying to the supreme Artist, G-d Himself."

— **Rabbi Lord Jonathan Sacks zt"l**, from *Dressing to Impress – Tetzaveh, Finding Faith, Covenant & Conversation*

# Calling all NHBZ members and friends



Calling all NHBZ members and friends – men, wives, and girlfriends, too!

To strengthen our minyan and improve minyan communication, we are starting an NHBZ Minyan WhatsApp group. WhatsApp is an instant messaging service that runs on your mobile phone and that allows you to send text, voice messages and videos.

***We urge all men to register for WhatApp and join our group. (Women, you can influence the guys to join!)***

Here is how to join:

- Download WhatsApp from the App store (iPhone) or from Google Play (Android), or scan the QR code at the bottom of this page
- Alan Zarkowsky will send you an invitation to join the NHBZ Minyan Group
- Accept the invitation and you are ready to go!

You will soon receive Minyan communications and a weekly '*minute of learning*'.

If you have any questions, please contact Nora at [office@nhbz.org](mailto:office@nhbz.org) or Alan at [avzark@aol.com](mailto:avzark@aol.com)

## **NHBZ Minyan – WhatsApp Group QR Code**

To scan the QR code, open the camera on your phone and point it at the QR code. Make sure the QR code is inside the box on your screen, and then tap the pop-up banner or the yellow QR code icon.







# Mother Daughter Program

**Sunday Mornings  
10:30-11:45 am**

*Girls: Kindergarten to Fifth Grade  
With new 6th grade+ program!*

## Derech Eretz

**February 4th**

**הַכֶּרֶת הַטוֹב**

*Saying thank you  
and no thank you*

**February 25th**

**נושא בעול חברו**

*Sharing someone  
else's pain*

**March 3rd**

**כבוד את אביך ואת אמך**

*Speaking and listening  
to parents and  
teachers*

**March 17th**

**יון טובה**

*Complimenting others  
and responding  
to compliments*

**Location: Nusach Hari B'nai Zion, 650 N Price Rd, Olivette, MO 63132**

*No Admission Fee*

***Be added to the Keshet Whatsapp group! Text Temima: 314 817 4336***

### **COMMITTEE:**

*Tzirel Biron, Batya Bogopulsky, Sarah Glazer, Riki Gutovich, Temima Klein, Elissa Schachter*

**Corporate sponsorships available**

*Want to be  
more involved?  
Look out for more  
details how you can  
have more of a part  
in KESHER than  
ever before.*



**Sunday, Feb 25<sup>th</sup> • 5:00-7:00 pm**

**\$15 ALL ADULTS \$8 KIDS AGES 3-12 - KIDS UNDER 3 FREE!**

Cheese is Cholov Yisroel; pareve crusts available upon request. All food under the supervision of Rabbi Chaim Bogopulsky

NHBZ.ORG 314-991-2100  
DON'T MISS PIZZA NIGHT!

Nusach Hari  
B'nai Zion

*Dine In  
at the shul*

# The Lion's Den KOSHER Pizza Night

**ALL YOU CAN EAT BUFFET**

Includes Pizza, Pasta, Salad and French Fries plus a Dessert and a Beverage

# Returns!





JOIN US FOR  
THE 2024

**Magical Seudah**

AND

**PURIM ★ PARTY**

DON'T FORGET TO

*Wear Your Best  
Purim Costume*

**Sunday,  
March 24th**

**Minchah at 4:00 and Meal at 4:15!**

Featuring a Family Friendly Magic Show For All Ages,  
Delicious Food, Jackie's Famous Whiskey Slush  
And Other Spirits.

There is no cost for the Seudah.  
**RSVPs ARE REQUIRED.**

**Sponsorships are welcome to help defray the cost.**

Please contact the office with the amount you would like to sponsor.

**RSVP by March 15th**

Call: 314-991-2100 or Email: [office@NHBZ.org](mailto:office@NHBZ.org)

NUSACH HARI B'NAI ZION • 650 N. PRICE ROAD • ST. LOUIS MISSOURI 63132

**STAY TUNED!**

**MAGILLAH READING TIMES TO BE ANNOUNCED!**



ESTHER MILLER  
BAIS YAAKOV

28<sup>th</sup>  
*Anniversary*  
**DINNER**



RABBI ZE'EV &  
CHANI SMASON  
GUESTS OF HONOR



ZAHAVA LIST  
RABBI GERSHON ZEFFREN ZT"L  
ALUMNI LEADERSHIP AWARD

*Sunday*  
**MARCH 10**

CLAYTON PLAZA HOTEL  
7750 Carondelet Avenue  
Clayton, Missouri 63105

5PM Hors D'oeuvres  
6PM Dinner

COMPLIMENTARY PARKING AVAILABLE