



# NHBZ Weekly News

## *Welcome to Nusach Hari B'nai Zion*

Affiliated with Union of Orthodox Congregations of America

February 3, 2024 • 24 Shevat 5784 • Candle Lighting 5:05 pm • Shabbos Concludes 6:10 pm

Parashas Yisro  
Haftarah Yisro

Exodus 18:1 – 20:23  
Isaiah 6:1 – 7:6; 9:5-6

Chumash p. 394 – 415  
Chumash p. 1154 - 56

## Prayer

### Friday, February 2

- 7:00 am Shachris
- 5:00 pm Mincha
- 5:05 pm Candle Lighting

### Shabbos, Saturday, February 3

- 9:00 am Shachris followed by Musaf
  - ☆ Pesukei D'Zimra: **Amir Noy**
  - ☆ Shacharis: **Mateo John**
  - ☆ Leyning: **Rabbi Chaim Bogopulsky**
- 10:00-10:45 am: **Rabbi David**: Downstairs
  - ☆ Topic: Conquering My Thoughts: I Drive My Thoughts, They Don't Drive Me.
- 4:50 pm Mincha
- 6:10 pm Shabbos concludes



- ☆ Haftarah: **TBA**
- ☆ Sermon: **Rabbi Chaim Bogopulsky**
- ☆ Musaf: **Rabbi Chaim Bogopulsky**



### Minyan Times February 2– February 10:

	Fri Feb 2	Shabbos Feb 3	Sun Feb 4	Mon Feb 5	Tues Feb 6	Wed Feb 7	Thu Feb 8	Fri Feb 9	Shabbos Feb 10
Shachris (am)	7:00	9:00	8:00	7:00	7:00	7:00	7:00	7:00	9:00
Mincha/Ma'ariv (pm)	5:00	4:50	5:05	-	-	-	-	5:10	5:00
Ma'ariv Only (pm)	-	-	-	*7:45	7:30	7:30	7:30	-	-

\*Monday Ma'ariv time moved to 7:45 pm to accommodate Partners in Torah

Rabbi Chaim Bogopulsky • Rabbi Aaron Borow, Emeritus • Rabbi Ze'ev Smason, Emeritus

Nusach Hari B'nai Zion • 650 N. Price Rd. St. Louis, MO 63132 • Phone 314.991.2100 • Web: [www.nhbz.org](http://www.nhbz.org)

# Congregation News

## Mazel Tov on Simchas This Week!

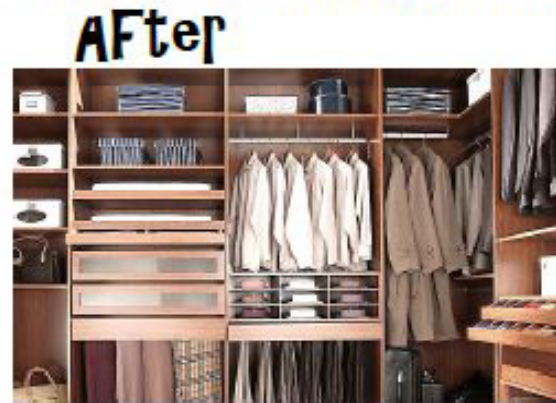


### Happy Birthday!

Max Amon	Feb 4	Kerry Klarfeld	Feb 4	Rabbi Ze'ev Smason	Feb 4
Paul Kleiman	Feb 4	Jennifer Cohen	Feb 5	Jeffrey Schnitzer	Feb 5
Sivya Smason	Feb 5	Catherine Morgan	Feb 6	Nathan Garmaise	Feb 8
Sheryl Levine	Feb 8				

## Coat Room Cleanout Completed!

**Thank you** to those who removed their personal items from the lobby coatroom prior to the Cleanout. **Items that remained were placed in the "Lost and Found."** If you are missing anything – coats, shoes, pets, etc. – call the office to reclaim your stuff!



## SAVE THE DATE!

- ✧ **Tuesdays at 1:00 pm** join us for Mahjong in the youth lounge.
- ✧ Pizza Night **February 25<sup>th</sup> from 5:00-7:00 pm**; Email [office@nhbz.org](mailto:office@nhbz.org) to volunteer!
- ✧ Esther Miller Bais Yaakov 28<sup>th</sup> anniversary dinner **March 3<sup>rd</sup> at 5 pm**. See flyer for details, register [here](#).
- ✧ Chesed Women's Social Hamantaschen Making, with Guest: Chanala Rubenfeld, the Rebbetzin from Chabad of Chesterfield, **Wednesday March 6<sup>th</sup>**, Time: TBD. Purim Cards will be available for purchase for \$5 each.

### NHBZ

WhatsApp group



Want more NHBZ news?

Join our WhatsApp group! Simply scan the QR code with your phone's camera to stay connected.



## Parashas Yisro

"And Moshe went up to G-d." The great event, toward which all of creation moved from the hour of its inception, was about to take place. The entire universe was hushed and attentive to the sublime drama that was about to unfold in the wilderness of Sinai. In view of the vivid circumstances surrounding the Divine Revelation, it is most disconcerting that its substance rapidly dissipated. For shortly after Sinai, the Hebrews create a golden calf and Moshe, learning of it from atop the mountain, shatters the tablets containing the Ten Commandments. What a magnificent beginning! What an abysmal ending!

Where in lay the difference between the first set of tablets, which were broken, and the second set, which Moshe later fashioned, and which remained whole? Why were the latter more enduring? Why were they received in sincerity by the Jewish nation? Rashi comments that the first tablets, which were given amid tumult, thundering and a great assembly, were affected by the evil eye, whereas, the second tablets, which were given under more modest circumstances, were able to endure. There is nothing more beautiful than modesty. But while this teaching of Rashi contains a very important moral lesson, it still does not fully explain the circumstances surrounding the second tablets.

Why did G-d command Moshe to hew these second tablets instead of giving them to him ready-made from Above, as He had with the first pair? And if it was, for some reason, essential that Moshe hew them by himself, could he not have done so at the top of the mountain? Why did G-d instruct him to hew them at the foot of the mountain and carry them up to the top? It is precisely this incident that explains the durability of the second tablets.

The first tablets were given to Moshe ready-made by G-d. They were given from Above to be carried down. G-d made his revelation, but the Jewish people were not spiritually prepared to fully appreciate and receive it. In a great moment of inspiration, they had exclaimed, "We will do, and we will listen." But the moment passed. Backsliding was the result. Confusion and disgrace followed. The second tablets, on the other hand, were brought up from below. They were hewed by the hand of man. The Jewish people, purged and cleansed by the unfortunate incident of the Golden Calf and its aftermath, were, at this point, spiritually ready to receive the message of the tablets. They had prepared themselves for its reception. They elevated themselves to be suitable receptacles for the word of G-d. G-d inscribed the tablets, but Moshe prepared them and brought them up to be inscribed. These tablets could endure.

Frequently people complain, "Why is Judaism meaningless to me? It doesn't move me. I am not affected by its message. When I attend services, it leaves me cold. Nothing happens to me. The rabbi, the cantor do not inspire me sufficiently." These people mistakenly view religion as something external to themselves, as something separate and apart. They do not realize that one must prepare himself to receive the message of G-d. "Hew for yourself" – make yourself a proper receptacle to receive G-d's word. Then it will affect you. Attending services is not like attending a show or theater. Services require active participation, not merely passive observation. The rabbi and cantor cannot pray and be devout for you. Prepare your own tablets and ascend the mountain. Then G-d will inscribe his word upon them.

**Rabbi Melvin I. Burg**

*Congregation Pri Eitz Chaim Ocean Avenue Jewish Center in Brooklyn, NY*

# Learning at NHBZ

## On-Going Classes

- **Gemara Learning with Rabbi Chaim Bogopulsky**, Weekdays, 6:15 am.
- **“Journey through the Chumash” with Rabbi Chaim Bogopulsky**, Tuesdays, 12:00 pm Take an amazing journey of learning! Step by step, we will explore the Chumash.
- **Pirkei Avos / Ethics of the Fathers with Rabbi Ze’ev Smason**, Wednesdays, 12:15 pm. Feed your soul 45 minutes of spiritual nourishment from the timeless wisdom of our Sages, full of relevant, contemporary insights and lessons. Low-calorie, gluten free, and refreshing!
- **“Gateway to Tefilla” with Rabbi Chaim Bogopulsky**, Wednesdays at 7:00 pm, followed by Ma’ariv at 7:30 pm. Deepen your understanding of the prayers we say.
- **Book of Kings with Rabbi Ze’ev Smason**, Monday-Thursday 3:00 pm (On Zoom!) An online class providing an exciting and informative look into the lives of Israel’s early kings and prophets. Thirty-minute sessions on Zoom. Join class via this link:  
<https://us04web.zoom.us/j/78974795850?pwd=tw7lIOVumZ8QelPxHvApYZsox8VUem.1>
- **Kitzur Shulchan Aruch with Rabbi Chaim Bogopulsky**, Sundays before Ma’ariv. Mondays, Tuesdays & Thursdays at 7:15 pm, followed by Ma’ariv at 7:30 pm. Invest a few minutes to expand your understanding of Halacha/Jewish Law.
- **Partners in Torah** Monday nights at 8 pm. Sign up available in person.
- **“Soul Building” Series with Rabbi Yosef David**, Shabbos mornings, 10:00 am
- **Pre-Mincha Shiur with Rabbi Chaim Bogopulsky**, Every Shabbos afternoon
- **Mishna Learning with Rabbi Chanan Swidler**, Every Sunday morning, after Shachris

## Minyan Minute:

What is **“Minyan Minute”**? *The Minyan Minute provides insight to our members about our minyanim. The goal is to enlighten, educate, and motivate others to join us. Please come and fulfill the important mitzvah of praying with a minyan. You will be surprised by the unexpected benefits.*

We need your assistance to insure we continue to have a daily minyan. Please let us know which days (morning and/or evening) we can count on you attending. Email to [gabbai@nhbz.org](mailto:gabbai@nhbz.org), or leave a message with Nora at 314-991-2100 ext. 2.

**To share your thoughts with our NHBZ kehillah (community), please contact Bruce Waxman [brucewaxman@waxmanaassociates.com](mailto:brucewaxman@waxmanaassociates.com) or Alan Zarkowsky**





# Mother Daughter Program

**Sunday Mornings  
10:30-11:45 am**

*Girls: Kindergarten to Fifth Grade  
With new 6th grade+ program!*

## Derech Eretz

**February 4th**

**הַכֶּרֶת הַטוֹב**

*Saying thank you  
and no thank you*

**February 25th**

**נושא בעול חברו**

*Sharing someone  
else's pain*

**March 3rd**

**כבוד את אביך ואת אמך**

*Speaking and listening  
to parents and  
teachers*

**March 17th**

**יון טובה**

*Complimenting others  
and responding  
to compliments*

**Location: Nusach Hari B'nai Zion, 650 N Price Rd, Olivette, MO 63132**

*No Admission Fee*

***Be added to the Keshet Whatsapp group! Text Temima: 314 817 4336***

### **COMMITTEE:**

*Tzirel Biron, Batya Bogopulsky, Sarah Glazer, Riki Gutovich, Temima Klein, Elissa Schachter*

**Corporate sponsorships available**

*Want to be  
more involved?  
Look out for more  
details how you can  
have more of a part  
in KESHER than  
ever before.*



ESTHER MILLER  
BAIS YAAKOV

28<sup>th</sup>  
*Anniversary*  
DINNER



RABBI ZE'EV &  
CHANI SMASON  
GUESTS OF HONOR



ZAHAVA LIST  
RABBI GERSHON ZEFFREN ZT"L  
ALUMNI LEADERSHIP AWARD

*Sunday*  
**MARCH 3**

CLAYTON PLAZA HOTEL  
7750 Carondelet Avenue  
Clayton, Missouri 63105

5PM Hors D'oeuvres  
6PM Dinner

COMPLIMENTARY PARKING AVAILABLE