



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

March 2, 2024 • 22 Adar 1 5784 • Candle Lighting 5:36 pm • Shabbos Concludes 6:41 pm

Parashas Ki Sisa
Haftorah Ki Sisa

Exodus 30:16 – 34:35
I Kings 18:1 – 18:39

Chumash p. 484 - 515
Chumash p. 1160 - 62

☆ Thank you to **Shirley Bluestein** for sponsoring kiddush this Shabbos, in honor of her birthday

Prayer

Friday, March 1

- 7:00 am Shachris
- 5:30 pm Mincha
- 5:36 pm Candle Lighting

Shabbos, Saturday, March 2

- 9:00 am Shachris followed by Musaf
 - ☆ Pesukei D'Zimra: **Amir Noy**
 - ☆ Shacharis: **Rabbi Chaim Bogopulsky**
 - ☆ Leyning: **Stuart Klamen**
- 10:00-10:45 am: **Rabbi Avi Feigenbaum**: Downstairs
 - ☆ Topic: "Be a Giver, Not a Taker"
- 5:20 pm Mincha
- 6:41 pm Shabbos concludes



- ☆ Haftorah: **Rob Romanoff**
- ☆ Sermon: **Rabbi Chaim Bogopulsky**
- ☆ Musaf: **Menachem Szus**

It is with a heavy heart that we pass along the message that beloved staff member and friend of NHBZ, Allan Swan, has passed away. Services will be on Friday, March 8th at Ronald L. Jones Funeral Chapels, located at 2161 East Fair Ave, St. Louis, MO, 63107. Visitation will be from 10:00 to 11:00 am, followed by a service.

Minyan Times March 1– March 9:

	Fri Mar 1	Shabbos Mar 2	Sun Mar 3	Mon Mar 4	Tues Mar 5	Wed Mar 6	Thu Mar 7	Fri Mar 8	Shabbos Mar 9
Shachris (am)	7:00	9:00	8:00	7:00	7:00	7:00	7:00	7:00	9:00
Mincha/Ma'ariv (pm)	5:30	5:20	5:35	-	-	-	-	5:40	5:30
Ma'ariv Only (pm)	-	-	-	7:45	7:30	7:30	7:30	-	-

Rabbi Chaim Bogopulsky • Rabbi Aaron Borow, Emeritus • Rabbi Ze'ev Smason, Emeritus

Nusach Hari B'nai Zion • 650 N. Price Rd. St. Louis, MO 63132 • Phone 314.991.2100 • Web: www.nhbz.org

Congregation News

Milestones This Week:

Happy Birthday!

Devy Goldenberg Mar 4
Shirley Bluestein Mar 5
Victor Tendler Mar 5
Janet Haber Mar 6

Happy Anniversary!

Gary & Trudy Sudin Mar 6
Andy & Betty Epstein Mar 7



Yahrzeits Observed This Week:

Thurs eve Feb 29 - Fri Mar 1

21 Adar 1 Louis Cohen
21 Adar 1 Marlene Gutterman

Fri eve Mar 1 - Sat Mar 2

22 Adar 1 Stan Gellman
22 Adar 1 Larry Siegel

Sat eve Mar 2 - Sun Mar 3

23 Adar 1 Mary Beitchman
23 Adar 1 Julius Cohen
23 Adar 1 Harold Roth
23 Adar 1 Fannie Spiegelglass

Sun eve Mar 3 - Mon Mar 4

24 Adar 1 Isadore Cohen
24 Adar 1 Milton Rosen

Mon eve Mar 4 - Tues Mar 5

25 Adar 1 Jacob Cohen
25 Adar 1 Lillian Frumkin
25 Adar 1 Neal Novak
25 Adar 1 Miriam Tzadok

Tues eve Mar 5 - Wed Mar 6

26 Adar 1 Noson Klarfeld
26 Adar 1 Lillian Moldafsky
26 Adar 1 Belle Ulstein

Wed eve Mar 6 - Thurs Mar 7

27 Adar 1 Mildred Abrams

SAVE THE DATE!

- ✧ **Tuesdays at 1:00 pm** join us for Mahjong in the youth lounge.
- ✧ Chesed Women's Social Hamantaschen Making, with Guest: Chanala Rubinfeld, the Rebbetzin from Chabad of Chesterfield, **Wednesday March 6th**, Time: 2-4 pm. Purim Cards will be available for purchase for \$5 each.
- ✧ Father-Son Minyan **Saturday, March 9th**.
- ✧ Be Prepared for Purim: Crash course review of the Halachos/Laws and customs of Purim, taught by Rabbi Chaim Bogopulsky followed by breakfast on **Sunday March 10th at 9:15 am**
- ✧ Esther Miller Bais Yaakov 28th anniversary dinner **March 10th at 5 pm**. See flyer for details, register [here](#). See flyer for details.
- ✧ NHBZ board installation Shabbat **March 16th**.
- ✧ NHBZ Purim Seudah, **Sunday March 24th**, which is dedicated by the Cohen-McCary-Swerdlin Families to commemorate the second Yahrzeit of their dear father, Yankel Ben Avraham Ha'Kohen. RSVP by **March 15th** and see flyer for further details.

Parashas Ki Sisa

When Moshe returns from Mount Sinai after forty days and nights, he descends with more than just the second set of *luchos*. Moshe brings the very *Shechinah* with him as well. The Torah teaches that after receiving the Law, Moshe's face shone. The *Daas Zekeinim Mibaalei Tosafos* explains that the luminosity of Moshe's face was, in fact, the light of the *Shechinah*. *Hashem* transferred the splendor of His presence to Moshe in order to assure a post-golden-calf *Kial Yisrael* that no other leader was as worthy as Moshe. Subsequently, they unanimously received him as their leader.

When the Jews saw the light, however, they became fearful and reluctant to approach Moshe. They kept their distance from him. *Rashi* comments that before the sin of the golden calf the Jews were able to withstand the *Shechinah* on Mount Sinai in all its glory and holiness. But now they were unable to endure mere beams of light from Moshe's face. From this we see the debilitating effect of sin.

In an attempt to lure them back, Moshe veiled his face in their presence. He only removed the veil when conversing with *Hashem*. But a careful reading of the chapter reveals that "Moshe spoke with the Jewish people and when he was finished, covered his face." This would imply that the Jews weren't fearful of Moshe's face at all! How do we understand an earlier verse that says the Jews were afraid to approach him?

The *Seforno* explains that generally the people were fearful and Moshe remained veiled. But they overcame those fears when they were studying Torah with him. Although it was difficult for *Kial Yisrael*, they deemed it critical to see the face of their teacher. This is based on the verse in Isaiah, "Your eyes will see your teacher." The *Maharsha* comments that when one sits before his rebbe and observes his facial features and subtle movements, he will be able to read into these nuances and thus understand more Torah.

We learn two important lessons from this *parshah*. First, Moshe made every effort to be *mikarev* Jews to study Torah. He endeavored to hide his greatness and holiness, even if it meant wearing a mask! If Jews were intimidated by his sanctity, he would contain it for the greater cause. We are all aware of the many stories of great sages who went out of their way to appear "normal," so as to draw Jews closer to them and to Torah. The Talmud teaches that even the Torah uses colloquial speech so that a broader audience of Jews will understand and follow *Halachah*. Second, Moshe removed his veil when teaching Torah. When a worthy student shows interest, a teacher must expose the student to the full range and depth and beauty of Torah. This is also the way of *Hashem-as* evident on Mount Sinai-when He taught Torah to *Kial Yisroel* with the full force of the *Shechinah* amidst fire, plumes of smoke, lightning and thunder!

Rabbi Aaron Mehlman

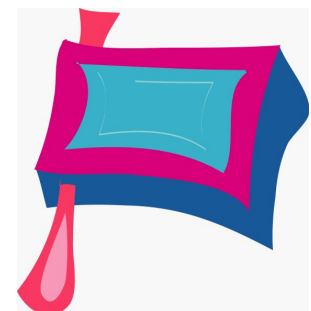
Congregation Ohav Shalom, New York City

PURIM Cards Available !!!

The Chesed committee is now selling Purim cards!

Cards are available for \$5 each.

Email Nora at office@nhbz.org or call 314-991-2100 claim yours!



Learning at NHBZ

On-Going Classes

- **Gemara Learning with Rabbi Chaim Bogopulsky**, Weekdays, 6:15 am.
- **“Journey through the Chumash” with Rabbi Chaim Bogopulsky**, Tuesdays, 12:00 pm Take an amazing journey of learning! Step by step, we will explore the Chumash.
- **Pirkei Avos / Ethics of the Fathers with Rabbi Ze’ev Smason**, Wednesdays, 12:15 pm. Feed your soul 45 minutes of spiritual nourishment from the timeless wisdom of our Sages, full of relevant, contemporary insights and lessons. Low-calorie, gluten free, and refreshing!
- **“Gateway to Tefilla” with Rabbi Chaim Bogopulsky**, Wednesdays at 7:00 pm, followed by Ma’ariv at 7:30 pm. Deepen your understanding of the prayers we say.
- **Book of Kings with Rabbi Ze’ev Smason**, Monday-Thursday 3:00 pm (On Zoom!) An online class providing an exciting and informative look into the lives of Israel’s early kings and prophets. Thirty-minute sessions on Zoom. Join class via this link: <https://us04web.zoom.us/j/78974795850?pwd=tw7lOVumZ8QelPxEvApYZsox8VUem.1>
- **Kitzur Shulchan Aruch with Rabbi Chaim Bogopulsky**, Sundays before Ma’ariv. Mondays, Tuesdays & Thursdays at 7:15 pm, followed by Ma’ariv at 7:30 pm. Invest a few minutes to expand your understanding of Halacha/Jewish Law.
- **Partners in Torah** Monday nights at 8 pm.
- **“Soul Building” Series with Rabbi Yosef David**, Shabbos mornings, 10:00 am
- **Pre-Mincha Shiur with Rabbi Chaim Bogopulsky**, Every Shabbos afternoon
- **Mishna Learning with Rabbi Chanan Swidler**, Every Sunday morning, after Shachris

Minyan Minute

The Minyan Minute provides insight to our members about our minyanim. The goal is to enlighten, educate, and motivate others to join us. Please come and fulfill the important mitzvah of praying with a minyan. You will be surprised by the unexpected benefits.

- ☆ Enjoy a freshly brewed cup of coffee before and after minyan.
- ☆ Start your day with friendly and appreciative minyan men.
- ☆ Visit Monday or Thursday to be called to the Torah for an honor.
- ☆ Pray for health and wellness for your family and friends.
- ☆ Join the Rabbi in saying a daily psalm for our brothers and sisters in Israel.

If you have any questions, please contact Nora at office@nhbz.org or Alan at avzark@aol.com



THE SISTERHOOD SCOOP

MARCH 2



Volume 7

Number 8

22 Adar1 5784

March 2, 2024

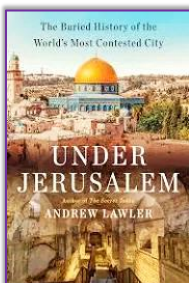
Book Club Selects Next Book

The Sisterhood Book Club will be reading ***Under Jerusalem: The Buried History of the World's Most Contested City***, by Andrew Lawler. The discussion will be **Mon, Mar. 25, 7:15-8:45 pm**, at the home of **Joyce Hochberg** in Olivette.

This intriguing book explores the findings of the many archeologists who studied what lies beneath the modern city and how it all affects today's political and social landscape.

For more information call Fran Alper at 314-993-4024 or fran.alper@outlook.com or sisterhood@nhbz.org

All women are welcome to join us!



KI SISA: The Day of Opportunity

"However, you must observe my Shabbos, for it is a sign between Me and you for your generations, to know that I am Hashem, Who makes you holy."

– Exodus 31:13

The verse states that Shabbos is a sign between us and G-d. What does it mean that Shabbos is a "sign"?

Imagine that it's been a long day and you barely ate anything. You hop over to the pizza shop and the lights are off - the store is closed. "Interesting," you think to yourself, "they are never closed at this time." A few days later you pass by in the morning and again it's closed. You figure that the owner must be away on vacation. A week later it's still closed. You assume that they must be renovating. One day you pass by and you see that the sign "Delicious Pizza" has been removed. You now understand that the store has closed down. Once the sign is removed you know it no longer exists.

Shabbos is the cornerstone of our faith and is equivalent to all of the commandments, for through the commandment of Shabbos one expresses his belief that G-d created the world in six days and rested on the seventh. Observing Shabbos indicates that one believes in the Creator. When one desecrates Shabbos he's removing his sign of being a believing Jew. [Chofetz Chaim]

Shabbos helps us understand our place in the world. During the week human beings are busy building and changing the world. Every seven days we stop, we pull back from building the world and remind ourselves that we are not G-d. In ceasing from all creative activity we make the statement to ourselves and to humanity that although we can manipulate the world, we don't own it; the universe belongs to G-d.

Shabbos is not a day of restrictions; it's a day of opportunity. It's a day you can sit back knowing that you're in G-d's hands and that everything is being taken care of for you. It's a day that enables you to refresh, reconnect and reJEWvenate.

– Rabbi Eli Scheller, www.aish.com



NHBZ Sisterhood is invited to attend the...

Chesed Women's Social
HAMANTASCHEN MAKING
Wednesday, March 6, 2-4pm



FREE & OPEN TO THE PUBLIC
FOR MORE INFORMATION OR TO RSVP:

Email: office@nhbz.org, Phone: 314-991-2100x2

SPECIAL GUEST:

CHANALA RUBENFELD,

Rebbetzin at Chabad of Chesterfield

Purim Cards will be available for purchase!

"At times, Jews found it hard to bow down to G-d—but they were certainly never willing to bow down to anything less. That is why, alone of all the many peoples who have entered the arena of history, Jews—even in exile, dispersed, and everywhere a minority—neither assimilated to the dominant culture nor converted to the majority faith."—Rabbi Lord Jonathan Sacks ^{zt"l}

A Stiff-Necked People, Ki Tissa, Covenant & Conversation

AD DEADLINE: THURSDAY, FEBRUARY 29

ESTHER MILLER
BAIS YAAKOV

28th
Anniversary
DINNER



RABBI ZE'EV &
CHANI SMASON
GUESTS OF HONOR



ZAHAVA LIST
RABBI GERSHON ZEFFREN ZT"L
ALUMNI LEADERSHIP AWARD

Sunday
MARCH 10

CLAYTON PLAZA HOTEL
7750 Carondelet Avenue
Clayton, Missouri 63105

5PM Hors D'oeuvres
6PM Dinner

COMPLIMENTARY PARKING AVAILABLE

JOIN US FOR
THE 2024

Magical Seudah

AND

PURIM ★ PARTY

DON'T FORGET TO

*Wear Your Best
Purim Costume*

**Sunday,
March 24th**

Minchah at 4:00 and Meal at 4:15!

Featuring a Family Friendly Magic Show For All Ages,
Delicious Food, Jackie's Famous Whiskey Slush
And Other Spirits.

There is no cost for the Seudah.
RSVPs ARE REQUIRED.

Sponsorships are welcome to help defray the cost.
Please contact the office with the amount you would like to sponsor.

RSVP by March 15th

Call: 314-991-2100 or Email: office@NHBZ.org

NUSACH HARI B'NAI ZION • 650 N. PRICE ROAD • ST. LOUIS MISSOURI 63132

STAY TUNED!

MAGILLAH READING TIMES TO BE ANNOUNCED!



Fathers & Sons

Please Join Us

SHABBAT-March 9th

Father/Son Teen Minyan!

This once-monthly Shabbos Minyan will meet in the Chapel downstairs at 9:00 a.m. Kiddush to follow!

Please contact Rabbi Bogopulsky with any questions or if you would like to lead davening, leyning or the Haftorah.



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