



NHBZ Weekly News

Welcome to Nusach Hari B'nai Zion

Affiliated with Union of Orthodox Congregations of America

March 9, 2024 • 29 Adar 1 5784 • Candle Lighting 5:44 pm • Shabbos Concludes 6:48 pm

Parashas Vayakhel
Haftorah Vayakhel

Exodus 35:1 – 38:20
2 Kings 11:17 – 12:17

Chumash p. 516 - 529
Chumash p. 1212 - 1214

Thank you to

- ☆ **Mark Garmaise** for sponsoring the father-son teen minyan Kiddush this week in honor of the anniversary of his brother and sister-in-law, **Evan Garmaise and Melissa Schapiro**
- ☆ **Irwin Fredman** for enhancing Kiddush in honor of the 70th anniversary of his Bar Mitzvah
- ☆ All our volunteers for making everything happen- we appreciate your hard work!

Prayer

Friday, March 8

- 7:00 am Shachris
- 5:40 pm Mincha
- 5:44 pm Candle Lighting

Shabbos, Saturday, March 9

- 9:00 am Shachris followed by Musaf
 - ☆ Pesukei D'Zimra: **Amir Noy**
 - ☆ Shacharis:
 - ☆ Leyning:
- 10:00-10:45 am: **Rabbi David**: Downstairs
- 5:30 pm Mincha
- 6:48 pm Shabbos concludes



- ☆ Haftorah: **Irwin Fredman**
- ☆ Sermon: **Rabbi Chaim Bogopulsky**
- ☆ Musaf: **Menachem Szus**

- ☆ Father-Son Teen Minyan **this Shabbos**, downstairs with Rabbi Chaim Bogopulsky!
- ☆ Learn about the Halachos/Laws and customs of Purim with Rabbi Chaim Bogopulsky, **Sunday, March 10th** at 9:00 am followed by breakfast!

Minyan Times March 8– March 16:

	Fri Mar 8	Shabbos Mar 9	Sun Mar 10*	Mon Mar 11^	Tues Mar 12	Wed Mar 13	Thu Mar 14	Fri Mar 15	Shabbos Mar 16
Shachris (am)	7:00	9:00	8:00	6:45	7:00	7:00	7:00	7:00	9:00
Mincha/Ma'ariv (pm)	5:40	5:30	6:45	7:45	6:45	6:45	6:45	6:40	6:35

*Daylight Savings Begins ^Rosh Chodesh

Rabbi Chaim Bogopulsky • Rabbi Aaron Borow, Emeritus • Rabbi Ze'ev Smason, Emeritus

Nusach Hari B'nai Zion • 650 N. Price Rd. St. Louis, MO 63132 • Phone 314.991.2100 • Web: www.nhbz.org

Congregation News

Milestones This Week:

Happy Birthday!

Lois Perryman	Mar 9
Rabbi Avi Okin	Mar 10
Ephraim Mufson	Mar 12
Helen Bolt	Mar 13
Rebecca Liberman	Mar 14
Alex Lyss	Mar 14
Jack Lyss	Mar 14

Happy Anniversary!

Evan Garmaise & Melissa Schapiro	Mar 9
Ram & Sally Volotzky	Mar 13
Rabbi Ze'ev & Chani Smason	Mar 13
Dan & Melanie Winograd	Mar 13

Yahrzeits Observed This Week:

Thurs eve Mar 7- Mar 8

28 Adar 1 Edythe Ferman
 28 Adar 1 Anna Rappaport
 28 Adar 1 Sidney Schwartz
 28 Adar 1 Mary Caroline Taller

Sat eve Mar 9- Sun Mar 10

30 Adar 1 Morris Goldfader

Tues eve Mar 12 - Wed Mar 13

3 Adar 2 Ben Packman
 3 Adar 2 Sophie Schneider
 3 Adar 2 Saul Steinberg

Fri eve Mar 8- Sat Mar 9

29 Adar 1 Seymour Bailis
 29 Adar 1 Shirlee Baker
 29 Adar 1 Louis David Spritz
 29 Adar 1 Shirley Troyan

Mon eve Mar 11- Tues Mar 12

2 Adar 2 Stanley Farbstein
 2 Adar 2 Dina Rothman

Wed eve Mar 13 - Thurs Mar 14

4 Adar 2 Theodore Harris

SAVE THE DATE!

- ✧ **Tuesdays at 1:00 pm** join us for Mahjong in the youth lounge.
- ✧ Be Prepared for Purim: Crash course review of the Halachos/Laws and customs of Purim, taught by Rabbi Chaim Bogopulsky followed by breakfast on **Sunday March 10th at 9:00 am**
- ✧ Esther Miller Bais Yaakov 28th anniversary dinner **March 10th at 5 pm**. See flyer for details, register [here](#). See flyer for details.
- ✧ NHBZ board installation Shabbat **March 16th**.
- ✧ Shabbos with St. Louis Kollel, **Shabbos, March 23rd**.
- ✧ NHBZ Purim Seudah, **Sunday March 24th**, which is dedicated by the Cohen-McCary-Swerdlin Families to commemorate the second Yahrzeit of their dear father, Yankel Ben Avraham Ha'Kohen. RSVP by March 15th and see flyer for further details.
- ✧ Shaving Israel presents: "The Aftermath of October 7th", on **Sunday March 31st at 3:15 pm**. Event will be held downstairs at NHBZ. Security will be provided.
- ✧ Pizza Night **Sunday, March 31st 5:00-7:00 pm**. Email Nora at office@nhbz.org if you want to volunteer. See flyer for details.

Parashas Vayakhel

Vayak'hel begins with Moses assembling the entire nation of Israel to transmit the details of the construction and fabrication of the Mishkan as described in the three previous Torah portions. However, Moses first cautions them about the fundamental mitzvah to observe Shabbat. The nation is reminded that although the construction of the Mishkan is of transcendent importance, it does not take precedence over the weekly observance of Shabbat. The portion describes that the Jewish people came forward with their generous contributions for the Mishkan's construction, producing a surplus of supplies. The craftsmen are selected, and the building begins.

Rabbi Ze'ev Smason, Emeritus



40 Participating
Organizations!

Clean Speech St. Louis Vol. 3 "Words of Peace/Oseh Shalom" begins March 1st

A community-wide campaign
to give us the tools to create
more positive relationships.
Learn practical ways to make
our world a place of Shalom.

Sign up now to take the 30-day
Clean Speech challenge.
Go to cleanspeech.com/stl

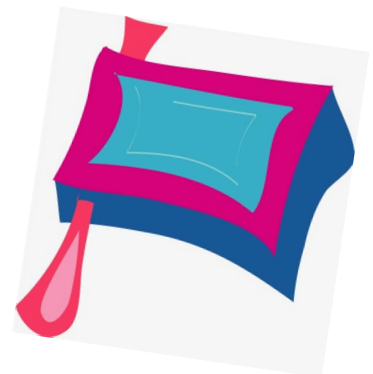


PURIM Cards Available !!!

The Chesed committee is now selling Purim cards!

Cards are available for \$5 each.

Email Nora at office@nhbz.org or call 314-991-2100 claim yours!



FEBRUARY 2024 TRIBUTES

IN MEMORY OF

Bill Yakovitz

Fran & Lenny Alper

Emily Alper

Fran & Lenny Alper

Rada Vladimirov

Phyllis & Howard Loiterstein

Daniel & Marcela Morgensztern

Irwin & Arlene Fredman

Libby Sorkin Routman

Scott, Brian, & Dr. Faye McCary

Craig & Jackie Berkin

Bob & Joni Kaiser

Dr. Jay Pepose & Dr. Susan Feigenbaum

Kenny & Barb Bressler

Jerry & Gail Tullman

Rick Benkof

Phyllis & Howard Loiterstein

Gilbert Rubin

Judith Levin

Minnie Pevnick

Judith Levin

Molly Tullman

Judith Levin

Allan Swan

Ed & Helayne Levitt

Fran Hoffman

IN HONOR OF

Norma Rubin

Fran & Lenny Alper

Mateo & Joshua John

Fran & Lenny Alper

Helayne Levitt

Phyllis & Howard Loiterstein

IN HONOR OF (con't.)

Rabbi Chaim Bogopulsky

Tony Granillo

Devora Leah Bogopulsky' s Bat Mitzvah

Marvin & Doris Lerner

Ze'ev Smason- in appreciation of his class

Marvin B Leby

Nancy & Jason Rush Daughter's

Engagement

Bob & Joni Kaiser

Happy Birthday Rabbi Ze'ev Smason

Judith Levin

Dr. Jay Pepose & Dr. Susan Feigenbaum

Happy Birthday Max Amon

Judith Levin

Happy Birthday Sivia Smason

Judith Levin

Happy Birthday Sheryl Levine

Judith Levin

Dr. Jay Pepose & Dr. Susan Feigenbaum

Happy Birthday Nathan Garmaise

Judith Levin

Happy Birthday Stuart Klamen

Dr. Jay Pepose & Dr. Susan Feigenbaum

Happy Birthday Jeff Schnitzer

Dr. Jay Pepose & Dr. Susan Feigenbaum

Happy Birthday Bob Kaiser

Dr. Susan Feigenbaum & Dr. Jay Pepose

Happy Birthday Stella Vladimirov

Dr. Jay Pepose & Dr. Susan Feigenbaum

Happy Birthday Ed Levitt

Dr. Jay Pepose & Dr. Susan Feigenbaum

Happy Birthday Marsha Feenberg

Dr. Jay Pepose & Dr. Susan Feigenbaum

Happy Birthday Shirley Blustein

Daniel & Marcela Morgensztern

Learning at NHBZ

On-Going Classes

- **Gemara Learning with Rabbi Chaim Bogopulsky**, Weekdays, 6:15 am.
- **“Journey through the Chumash” with Rabbi Chaim Bogopulsky**, Tuesdays, 12:00 pm Take an amazing journey of learning! Step by step, we will explore the Chumash.
- **Pirkei Avos / Ethics of the Fathers with Rabbi Ze’ev Smason**, Wednesdays, 12:15 pm. Feed your soul 45 minutes of spiritual nourishment from the timeless wisdom of our Sages, full of relevant, contemporary insights and lessons. Low-calorie, gluten free, and refreshing!
- **“Gateway to Tefilla” with Rabbi Chaim Bogopulsky**, Wednesdays at 7:00 pm, followed by Ma’ariv at 7:30 pm. Deepen your understanding of the prayers we say.
- **Book of Kings with Rabbi Ze’ev Smason**, Monday-Thursday 3:00 pm (On Zoom!) An online class providing an exciting and informative look into the lives of Israel’s early kings and prophets. Thirty-minute sessions on Zoom. Join class via this link: <https://us04web.zoom.us/j/78974795850?pwd=tw7lOVumZ8QelPxEvApYZsox8VUem.1>
- **Kitzur Shulchan Aruch with Rabbi Chaim Bogopulsky**, Sundays before Ma’ariv. Mondays, Tuesdays & Thursdays between Mincha and Ma’ariv. Invest a few minutes to expand your understanding of Halacha/Jewish Law.
- **Partners in Torah** Monday nights at 8 pm.
- **“Soul Building” Series with Rabbi Yosef David**, Shabbos mornings, 10:00 am
- **Pre-Mincha Shiur with Rabbi Chaim Bogopulsky**, Every Shabbos afternoon
- **Mishna Learning with Rabbi Chanan Swidler**, Every Sunday morning, after Shachris

Minyan Minute

The Minyan Minute provides insight to our members about our minyanim. The goal is to enlighten, educate, and motivate others to join us. Please come and fulfill the important mitzvah of praying with a minyan. You will be surprised by the unexpected benefits.

Join our Minyan group chat!

Scan the QR code to request to join

Or reach out to Alan Zarkowsky to be invited!

NHBZ MINYAN

WhatsApp group





Installation Shabbos

**Join us for Kiddush-Lunch
on March 16 as we install NHBZ
Officers and Directors for 2024**

“All who occupy themselves with the affairs of the community shall be engaged with them for the sake of Heaven.” (Pirkei Avos 2:2)

Officers

President	
Vice President	Jennifer Hartranft
Vice President	Stella Vladimirov
Vice President	Denny Feit
Vice President	Dan Winograd
Treasurer	Bruce Waxman
Secretary	Caryn Alper
Gabbai	Alan Zarkowsky

Board of Directors

Marcie Brook	Ed Levitt
Faye Cohen	Gavriel Matt
Meira Ganel	Fran Reisler
Evan Garmais	Nancy Rush
Tony Granillo	Jerry Tullman
Rhonnie Goldfader	Margo Tzadok
Joni Kaiser	Richard Woolf
Bobby Levine	

Trustees

Leonard Alper	Mark Ragin
Dr. Craig Berkin	Irwin Rosen
Janet Haber	Menachem Szus
Robert Kaiser	Jay Umansky
	Alan Zarkowsky

PURIM is here!!!

Purim commemorates the salvation of the Jewish people in Ancient Persia from Haman's plot to kill all Jews in a single day. Set in Persia 2,300 years ago, the "Megillah" tells how a seemingly unrelated series of events spun together to save the Jewish people from annihilation. Purim is Judaism's most dramatic, fun-filled holiday. Here are the mitzvot and customs of Purim at NHBZ:

1. Fast of Esther

- To commemorate the day of prayer and fasting that the Jewish people held in the book of Esther, we fast Thursday, March 21st beginning at 5:42 am and concluding at 7:55 pm.

2. Read the Book of Esther- Mitzvah of Mikra Megillah

- It is a Mitzvah to head the Megillah read twice, once at night and once by day!

Saturday, March 23 rd	Sunday, March 24 th
8:30 pm Ma'ariv	8:00 am Shacharis
8:45 pm Megillah Reading	8:30 am Megillah Reading

3. Give Charity- Mitzvah of Matanot L'Evyonim (to be distributed on Purim Day)

- NHBZ has, in years past, collected money for Od Yosef Chai, an organization that distributes money to the poor in Israel. Make any checks payable to Rabbi's Charity fund and bring/send them to our office. To donate by credit card, please call Nora at 314-991-2100. The deadline for contributions is Thursday, March 21st.

4. Send Gifts to Friends- Mitzvah of Mishloach Manot

- Fulfill the mitzvah of Mishloach Manot! Give actual gifts of food (two kinds of food OR one food and one drink) to at least one friend!

5. Eat a Festive Meal- Mitzvah of Seudah Purim

- Sunday, March 24th
- 4:00 pm Mincha
- 4:15 pm Purim Seudah
- Join us for a magical Purim evening, with a magician, costumes, drinks, and food! The festive meal is dedicated by the Cohen-McCary-Swerdlin Families to commemorate the second Yahrzeit of their dear father, Yankel Ben Avraham Ha'Kohen.





THE SISTERHOOD SCOOP

MARCH 9



Volume 7

Number 9

29 Adar1 5784

March 9, 2024

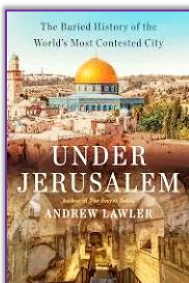
Book Club Selects Next Book

The Sisterhood Book Club will be reading ***Under Jerusalem: The Buried History of the World's Most Contested City***, by Andrew Lawler. The discussion will be **Mon, Mar. 25, 7:15-8:45 pm**, at the home of **Joyce Hochberg** in Olivette.

This intriguing book explores the findings of the many archeologists who studied what lies beneath the modern city and how it all affects today's political and social landscape.

For more information call Fran Alper at 314-993-4024 or fran.alper@outlook.com or sisterhood@nhbz.org

All women are welcome to join us!



Breaking in Order to Build

“Unlike the other furnishings of the Tabernacle, the dimensions of the Ark were all incomplete measurements. Inasmuch as the Ark housed the Torah, this alludes to the idea that the Torah must “break” us: It must be learned in such a way that it breaks our ingrained habits and negative personality traits.”

– from the Lubavitcher Rebbe,

adapted by Moshe Wisnefsky, www.chabad.org

VAYAKEL: Gathering Together

The Parshah this week begins with an immense gathering of the entire Jewish people. The opening words tell us that Moses assembled everyone together. It must have been a remarkable sight: the huge crowd, Moses himself addressing them, and Mount Sinai in the background.

There were several reasons for this gathering. One was because the Jewish people had just lived through very stormy and unsettling events. About three months previously a large proportion of the nation had served the Golden Calf, causing Moses to break the Tablets of the Law. Some people had been executed, and others died when they drank water in which the dust of the ground-up idol had been mixed.

Then followed a long period during which Moses, alone on Mount Sinai, pleaded with G d on behalf of the nation. Finally, Moses received the second set of Tablets as a sign that the people had been forgiven by G d. On the tenth of the Hebrew month of Tishrei, the day which was later to be Yom Kippur, Moses descended the mountain carrying these second Tablets of the Law. His face shone brightly with a spiritual radiance which was so intense that he had to wear a veil.

On the next day came the vast gathering described in our Torah reading. Moses spoke to the people about building the Sanctuary and also about keeping Shabbat. No doubt this had the effect of reassuring everyone, and of refocusing attention on the Divine task in which they were involved: to build a dwelling for the Divine Presence.

The Sages point out that this gathering in which the people heard about Shabbat hints at the fact that later on in history we would gather together on Shabbat. We gather in the Synagogue or the Study House, hearing teachings from the rabbi. We also gather at the Friday Night table. This family “assembly” has also in some ways the same function as that remarkable gathering of long ago described in the Parshah. After all the ups and downs of the week, we come together to refocus, to remember who we are and where we are going.

– **Dr. Tali Loewenthal**, www.chabad.org

“Parshat Shekalim” is the first of four special readings added during or immediately before the month of Adar. The Shekalim reading is related to Purim. According to the Talmud, Haman's decree was averted in merit of the mitzvah of machatzit hashek.



JOIN US FOR
THE 2024

Magical Seudah

AND

PURIM ★ PARTY

DON'T FORGET TO

*Wear Your Best
Purim Costume*

**Sunday,
March 24th**

Minchah at 4:00 and Meal at 4:15!

Featuring a Family Friendly Magic Show For All Ages,
Delicious Food, Jackie's Famous Whiskey Slush
And Other Spirits.

There is no cost for the Seudah.
RSVPs ARE REQUIRED.

Sponsorships are welcome to help defray the cost.

Please contact the office with the amount you would like to sponsor.

RSVP by March 15th

Call: 314-991-2100 or Email: office@NHBZ.org

NUSACH HARI B'NAI ZION • 650 N. PRICE ROAD • ST. LOUIS MISSOURI 63132

STAY TUNED!

MAGILLAH READING TIMES TO BE ANNOUNCED!

Sunday, Mar 31st 5:00-7:00 pm

\$15 ALL ADULTS \$8 KIDS AGES 3-12 • KIDS UNDER 3 FREE!

Cheese is Cholov Yisroel; pareve crusts available upon request. All food under the supervision of Rabbi Chaim Bogopulsky

NHBZ.ORG 314-991-2100
DON'T MISS PIZZA NIGHT!

Nusach Hari
B'nai Zion

*Dine In
at the shul*

The Lion's Den KOSHER Pizza Night

ALL YOU CAN EAT BUFFET

Includes Pizza, Pasta, Salad and French Fries plus a Dessert and a Beverage

Returns!





The aftermath of Oct 7th

Program at Nusach Hari B'nai Zion Synagogue,
650 N Price Rd
downstairs - at the lower level

Sunday March 31 at 3:30 PM

כ"א באדר ב' תשפ"ד

Please Arrive at 3:15 PM

Registration required

PROGRAM:

- Opening remarks: Dr. Laura Goldmeier,
President of Shaving Israel
- Shaving Israel in Israel after October 7th:
an eyewitness report by Meira Ganel
- **FEATURED SPEAKER** Chris Hexter:
My grandson Yair Hexter z"l gave his life
defending Israel
- Closing remarks: Rabbi Ze'ev Smason,
Midwest Regional Vice-President Coalition for Jewish
Values, Rabbi Emeritus of Nusach Hari B'nai Zion



Israeli casualties of
October 7th, 2023

REGISTRATION REQUIRED.
Register on the Shaving Israel website

Come for the program, stay for the pizza!
Pizza night to NHBZ all you can eat pizza,
pasta, and salad available for purchase

Shaving Israel
P. O. Box 6991
Chesterfield, MO 63006-6991

How you can help during
this difficult time

Donate



Visit our website to **register**:

<https://shavingisrael.org>

JSU AND B'NAI AMOONA PRESENT

ISRAEL & ANTI-SEMITISM PAST.PRESENT.FUTURE.

Open to **ALL** High School Students

In this crash course on Israel and antisemitism, participants will develop an understanding of the history of the land and state of Israel and Zionism. This will serve as a backdrop to explore October 7 and antisemitism today.

Class Dates: 2/26, 3/4, 3/11, 3/25,
4/1, 4/8 and 4/15

6:45: Pizza Dinner

7:00pm-8:30pm: Class

Where: Congregation B'nai Amoona

Questions?

Liessa@bnaiamoona.com

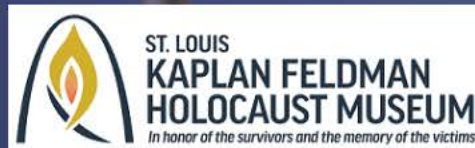
RabbiMike@jsustl.org

314-498-6279

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